

Titania - To Dance with the Dolphins

I have always loved dolphins. On a trip to New Zealand, I was devastated when they did not swim with me on a dolphin tour. I cried all the way back to the bed-and-breakfast; a four-hour journey. I later swam with one at Sea World in 2002, hugged and kissed her! Amazing experience!

I had no idea my dolphin lamp breaking during my flood was the first series of dolphin-related mishaps. Fortunately, my neighbour fixed my lamp a few months later. Months on, I had to put my dolphin blanket away; too large for my current washing machine.

Next to go was my \$250 20-year-old dolphin toilet seat. The most beautiful one I had seen. I have since spied some lovely ones. I had bitten the bullet and put a deposit on it. Working in a low-paying job at the time, I had it on lay-by for six months. Why such an investment? I was depressed and knew it would create happiness each time I saw it and that, it did. One night, it snapped without warning and I bawled. Come morning, I fixed it as best I could with clear packaging tape. I felt something inside me broke.

The end of my dolphin disasters? Noooo, the Universe had one more in mind. My 20-year-old porcelain dolphin bedside lamp went next. I despaired... So many dolphin things. Was there any more to this? When I see a certain animal in abundance, either in person or otherwise, I know this is a message from the Universe to discover the totem meaning of said animal to learn what they have to teach me.

Approaching midnight now, I did just that. On my phone, on private search engine Duck Duck Go, I looked up the spiritual meaning of dolphin... Playfulness, letting go of shackles and sadness, love, self-love, alertness, joy. I cried to be drowning in past hurts and have to come up for air. Dolphins are about connecting with the spiritual realm, tying it in with the mundane, healing, youthfulness, peace, connecting with one's inner child, protection, courage, healing, self-confidence, virtue, strength, reclaiming one's voice, honesty, knowingness, personal power, simply being and growing, navigating tumultuous waters, rebirth, freedom, vitality, purity, intuition, balance and conquering obstacles. In the ancient world, the Greek Sun God, Apollo transformed into one and dolphins are the messengers of the Gods. Thank you, dolphins!