

## Apple Almond Salad From Lucia Bacon

Serves 4-6

### Dressing:

1/4 cup of salad oil  
2 tablespoons of sugar  
2 tablespoons of malt vinegar  
1/4 tsp salt  
1/8 tsp almond extract

### Salad:

6 cups torn mixed greens  
1-2 medium apples-cut into bite sized wedges  
1 cup thinly sliced celery  
2 tablespoons sliced green onions  
1/3 cup sliced almonds

### Dressing:

In a screw cap jar combine oil, sugar, vinegar, salt and almond extract.  
Cover jar and shake well until ALL of the sugar and salt are dissolved.  
Chill in refrigerator for several hours.

### Salad:

Combine greens, apple, celery and spring onions.  
When ready to serve add sliced almonds and dressing and serve immediately!