

# Sow and Tell

April, 2022  
Volume 61, Issue 8

A Publication of The Five Hills Garden Club  
Member of the National Capital Area Garden Clubs, Central Atlantic Region, District III

President: Shelia Creswell, 703-229-3333  
Editor: Lucia Bacon, 703-973-4065, [lwbpiglet@cox.net](mailto:lwbpiglet@cox.net)  
[fivehillsgardenclub@gmail.com](mailto:fivehillsgardenclub@gmail.com)

## PRESIDENT'S MESSAGE

Spring is parading by in all its glory! With the excitement of flowers and trees blossoming, birds singing, and nature coming alive, COVID seems to have lessened its hold. In keeping with this "EXCITEMENT," the **Five Hills Garden Club will meet in person this month.**

We will be returning to our regular meeting place which is on the lower level of the Vienna Presbyterian Church. **PLEASE NOTE: ONLY THE PARK STREET ENTRANCE OF THE CHURCH WILL BE UNLOCKED.** Upon entering the church, proceed down the hall until you see the elevator on your right.

Take it to the lower level. Our meeting room is across from the elevator. For those bringing food to this meeting, the kitchen is on the right. I am looking forward to seeing you!

We will be electing officers at the meeting. The Nominating Committee presented the following slate at the March meeting: President – Andy Bothwell, Vice President and Membership – Joy Salpini, Treasurer – Trish Philips, Recording Secretary – Lucia Bacon, and Corresponding Secretary – Carolyn Staska.

NGC's Gardening School Course 2 and Course 4 were offered this month. Noreen Linnemann and I took Course 2 and Andy Bothwell took Course 4. These courses are excellent! Please ask one of us about them.

I encourage you to participate in one of the many offerings of our garden club, our state garden club and other organizations, and most important NATURE itself! ENJOY!

Shelia



## Upcoming Events

- Apr 12 In-Person Board Meeting 10am**
- Apr 19 In-Person General Meeting 10am**
- Apr 20 Spring Clean-Up**
- Apr 22 (Rain Date)**
- May 10 Board Meeting 10am**
- May 17 General Meeting 10am**  
**Plant Exchange**



## WHAT'S INSIDE

President's Message .....	1
Calendar & Upcoming Events .....	2-3
Membership .....	4
Horticulture & Design .....	4
Civics .....	5
Community Activities .....	6
Garden Therapy .....	6
Conservation .....	7-8
Field Trip .....	9

## Program For April 19th Meeting

### Creating a Haven for Nature (Ray Smith)

Ray Smith, Master Naturalist, shares his passion and practice of landscaping in harmony with nature. He will demonstrate how the tenets of the Master Naturalist program can be realized in our own gardens, by showing how his own yard has evolved to support nature in all its forms, with a particular emphasis on landscaping with native plants to benefit wildlife. He will also discuss bluebirds and how to attract them in our yards.

Val Plisko - Program Chair

### White Elephant Table is Back!

Do you still have treasures that didn't make it to the yard sale? With the club back to attending meetings in person in April and May, the White Elephant fundraising table is back too.

For those new members who aren't familiar with the White Elephant Table -- This is a fundraising effort for the club. Members bring items from their homes that they no longer want, or need. Items are displayed at our monthly meetings, and purchased "by donation." Items that are not taken, are typically donated to Pennywise Thriftshop in Vienna.

Please bring some items to place on the table. If you have a particular item that you want a minimum donation for, feel free to put a "suggested price" sticker on the item.

If you have questions, contact Ways and Means Chair, Joy Salpini, at [jlsalpini@gmail.com](mailto:jlsalpini@gmail.com) or call Joy at [703-945-3487](tel:703-945-3487).

Joy Salpini - Ways & Means Chair

### Installation Luncheon

Five Hills Garden Club Members,

The next page has your invite to the 5HGC Installation Luncheon. We are planning to have a grand time at the Country Club of Fairfax in Fairfax, VA, as we change over our 2020-2022 club board and committee members to our 2022-2024 board and committee members. Arlene Stewart president of the area garden clubs will be our guest.

I will be taking **RSVP's now until May 31st** for those who would like to attend on June 21, 2022. (11:00 am -2:00pm). You can contact me by email [lura@emieng.com](mailto:lura@emieng.com) or phone [703-615-1881](tel:703-615-1881) **OR** there will be a sign up at both the April and May meetings.

Payment will be collected at both meetings or can be mailed to Valerie Warriner, 13479 Lake Shore Dr., Herndon, VA 20171. PLEASE MAKE CHECKS PAYABLE TO FIVE HILLS GARDEN CLUB.

Thank you,

Lura Marshall - Hospitality Chair



Please Join Us

*Five Hills Garden Club  
Installation Luncheon*

*Fairfax Country Club  
5110 Ox Rd.*



Choice of lunch

- Pasta Primavera with Penne Pasta (\$30)
- Chicken Marsala with Mushrooms(\$41)
- Grilled Salmon with Lemon Thyme Butter (\$42) (GF)

Tuesday, JUNE 21 11:00 AM

RSVP- Lura Marshall  
lura@emieng.com



## MEMBERSHIP

### Membership dues are due

Just a reminder, dues (\$70 for Active Members / \$75 for Associate Members) were due March 31st. You still have a little time to get them in, with a deadline of April 15th.

During Covid we relaxed our rules on membership attendance. Now that we are meeting at the church again everyone needs to reacquaint themselves with our bylaws on membership requirements:

Section A, 2b. Attend at least five regularly scheduled general meetings during the year. A member who misses five or more meetings per year in two consecutive years shall be moved to Associate Membership.

Andy Bothwell, Chair

## HORTICULTURE & DESIGN



**Horticulture:** Bring a first bloom of spring from your yard or neighborhood.

**Design:** Make an arrangement using spring bulbs.



Jane Schmiedekamp - Horticulture and Design Chair

## GARDEN WORK DAY

Wednesday, April 20

Rain date: Friday, April 22

Join us to beautify our gardens at Glyndon Park. We will start at the big garden on Glyndon Street. Secondly we will move to the new garden on Beulah Street. Many hands will make the work go faster.

Please bring rakes, shovels, hand trowels, clippers and trash bags. Don't forget your garden gloves and bottled water.

We will start at 9:30 am. It will be fun to be gardening together again.



Easter flowers for the dinner table at Iliff.

Noreen Linnemann, Chair



## Meet the Author!

One of my neighbors is local author Barbara Roberts. Her new book [A Rose Named Peace](#) will be published next month and she has invited members of Five Hills to a Book Party at Bards Alley Bookshop in Vienna on Saturday, May 14th. A picture book for elementary age children, [A Rose Named Peace](#) has appeal to gardeners of all ages. It tells the story of the development of a hybrid tea rose in France that became known as the Peace Rose, following World War II. The Peace Rose, (*Rosa 'Madame A. Meilland'*) revolutionized hybrid tea roses with its unique coloring of yellow petals edged with pink, hardiness and disease resistance. A forever stamp with the Peace Rose was introduced by the U.S. Postal Service in 2018 at the headquarters of the American Rose Society, the oldest single plant horticultural society in the United States.

Barbara will be available to sign copies of the book on Saturday, May 14 from 2 to 3 PM. If you plan to attend, you can let Bards Alley know by calling (571) 459-2653, so that they can plan for cake and refreshments, but it is not necessary to RSVP. If you are not able to attend that day but would like Barbara to autograph a book for you or for a young reader or gardener, please let the bookshop know and they will arrange that for you.

Bard's Alley is located at 110 Church St. in Vienna. All are welcome on Saturday, May 14 from 2 to 3 PM to support a local author and local bookshop.

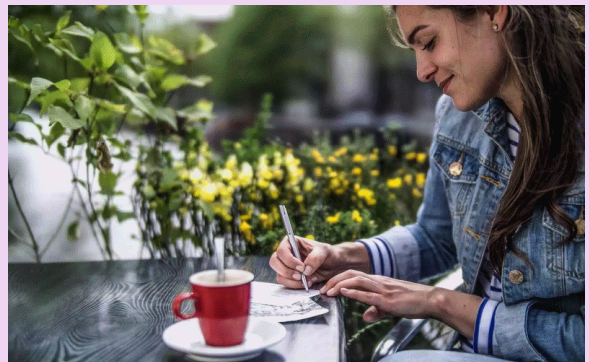
This is the link to a photograph of the [book](#) with more information about the author and her connection to the story of the Peace Rose and a link to some photos of the [Peace Rose Forever Stamp](#).

Julia Smith

## Adopt a Senior

Lura Marshall and Anne Nelson would like to thank members for participating in the "Adopt a Senior" program. JR Curry the Iliff Activities director reported that the recipients are thrilled to be receiving cards and notes from Five Hills Garden Club members.

Anne Nelson - Garden Therapy Chair



## Amur Honeysuckle

*Amur honeysuckle (Lonicera maackii)*  
family: *Caprifoliaceae (honeysuckles)*

**Origin:** Native of eastern Asia

There is a bush that has invaded my neighborhood. It is somewhat pretty, with white flowers and later red berries that the birds like to eat, so what is it and what is wrong with it? It is **INVASIVE AND NOT A NATIVE AND DEER DO NOT EAT IT!**



It is a native of eastern Asia introduced widely for erosion control, as a hedge or screen, and for ornamental purposes through the mid-1980s, when its invasive potential was first realized. It had largely replaced other types of bush honeysuckles in the horticultural industry. Now it covers large areas in metropolitan areas, bottomlands, forests and woodlands, land along streams, in fencerows, gardens, railroads, roadsides, and shaded, disturbed areas. It is

aggressively invasive in most midwestern states and has become the dominant species in the understory of many remnant wooded areas in and around cities. It has used rivers and highways as dispersal corridors to invade rural parts of the states. Asian bush honeysuckles invade and quickly out compete native plants.

In spring, because they leaf out so early, bush honeysuckles steal light from native plants, such as spring wildflowers and a variety of germinating seeds, which need a sunny forest floor in spring to flower, fruit, and gather energy for the next year. They also compete for soil moisture and nutrients. They may produce a chemical that inhibits the growth of native plants.

Birds and small animals eat the berries and deposit the seeds elsewhere, spreading these invasive weeds. When stems or branches are cut off, the plant re-sprouts with more branches, leaves, flowers and fruits. Bush honeysuckles also spread from the roots, suckering to create new bushes nearby to further dominate an area.

Then in fall, bush honeysuckles remain green after other woody species have lost their leaves. This gives the bush honeysuckles extra strength and nutrition, which is another competitive advantage.



### **Amur Honeysuckle (continued)**

Bush honeysuckles are large, upright, spreading shrubs reaching up to 15–20 feet in height, with flowers that change from white to yellow; juicy red berries; and opposite, simple leaves that green up much earlier than surrounding native vegetation.

Leaves are deciduous, opposite, simple, 1–3 inches long, narrowly oval with a rounded or pointed tip, the margin entire (not toothed or lobed); upper surface green, lower surface pale green and slightly fuzzy. In late autumn, leaves typically remain green and attached well after the leaves of our native trees and shrubs have fallen.

Bark is grayish brown, tight, with broad ridges and grooves.

Twigs are grayish brown, thornless; the older branches are hollow.

Flowers May–June, fragrant, paired, growing from the leaf axils, tubular, 1 inch long, slender, distinctly 2-lipped, with upper lip having 4 narrow lobes, lower lip with 1 narrow lobe. Petals change from white or pink to yellowish as they age.

Fruits mature in September–October; red berries about ¼ inch across, 2–6 seeded, in pairs in the axils of the leaves.

So how do we control this invasive bush?

Control measures may involve one or more of the following techniques: prescribed burning (this is used in an upper meadow in River Bend Park about every two years, this must be repeated for about 5 years to be effective), hand pulling of seedlings when the soil is moist, cutting (down to ground level) and herbicide treatments. Herbicides should be applied to the cut stump immediately after cutting for best results. A 20 percent solution of glyphosate should be applied to the cut stump by wiping it on with a paint brush or a sponge to prevent re-sprouting. Note: the herbicide Garlon does not control bush honeysuckle.

Many thanks to the Missouri Department of Conservation.

Elizabeth Huebner - Conservation chair



## Historic London Town & Gardens



**839 Londontown Road, Edgewater MD**

**Date:** Wednesday, May 11, 2022

The colonial town includes – William Brown House and historic area, 10 acres of cultivated ornamental and woodland gardens, located by the South River. (Located 15 miles from Annapolis)

**Schedule:** Arrive 15 minutes early – 9:45 a.m. - to check in at the Visitor Center

Tour: 10:00 – 11:00

11:00 – Admission includes exploring the site & garden

**Cost:** \$12 per person for the “House & Historic Area” tour

**Lunch:** London Town has a picnic area for lunch, and each carpool could bring water, and snacks or lunch with them. (Suggesting a picnic - since everyone will be driving @ 1 ½ hours each way, and this gives club members more time to enjoy the garden.)

**Pathways:** There are gravel paths in the historic area, and the paths vary in evenness; and in the gardens there are gravel and grass paths, as well as stairs. Wear comfortable shoes.

**Payment:** You can either pay Rosemarie Jaksetic at the garden club meeting on April 19, or mail a check for \$12 made out to Rosemarie Jaksetic, 3103 Valentino Court, Oakton, VA 22124. (London Town requires a deposit, and full payment in advance of the trip.)

**Deadline:** Friday, April 22. If you don't use the “sign-up Sheet” at the April meeting, please send Rosemarie an email that you plan to attend – [ejaksetic@aol.com](mailto:ejaksetic@aol.com)

Rosemarie Jaksetic - Field Trip Coordinator