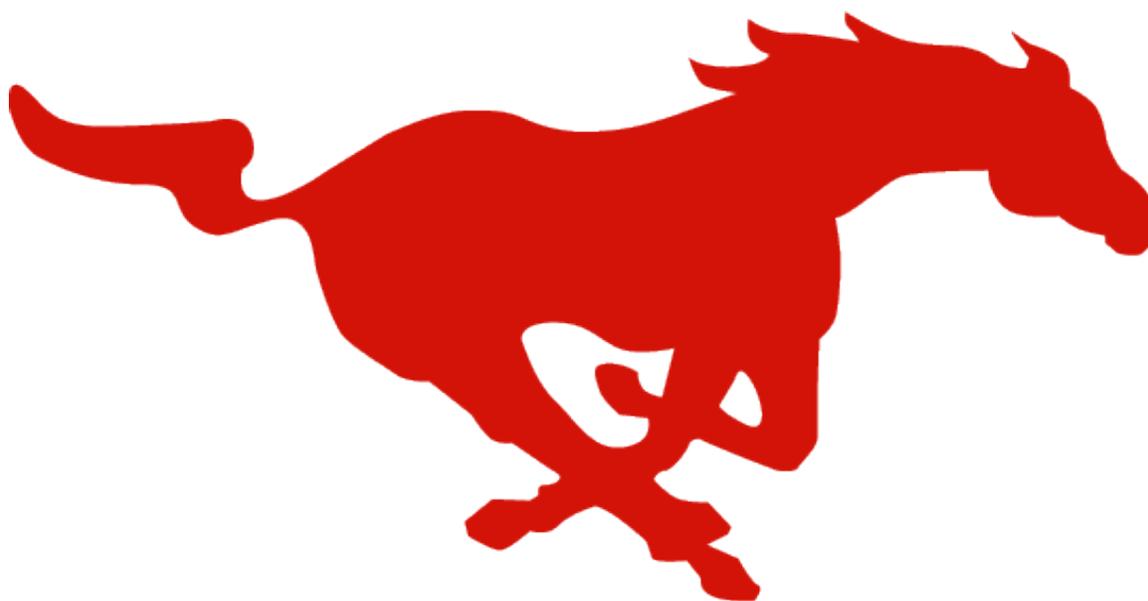


Learning For Leadership Charter School Extracurricular Activities Handbook



GO MUSTANGS!!!

Mission Statement: Learning for Leadership Charter School Extracurricular Programs are committed to maximizing our player's potential on and off the field. Our "Commitment to Excellence" will focus on character development, academic achievement, conditioning, mental preparation, fundamentals, and teamwork.

Table of Contents

Page(s)

LLCS Commitment to Excellence	3
Our Extracurricular Philosophy	3
Sportsmanship Message	4
Role of the Parent	4 - 5
Communication Chain of Command	5
Policies and Procedures	
Academic Eligibility	6
School Attendance	6
School Discipline	6
Injury Procedure	6
In Case of Illness	6
Uniform Care	6
Fees	7
Transportation	7
Extracurricular Activities Eligibility	
Medical	7
Academic	7
General	7
Forms You May Need	
Permission to Participate	8
Annual Health Questionnaire	
Physical Examination	
Eligibility Verification	

Learning for Leadership Charter School “Commitment to Excellence”

Learning for Leadership Charter School recognizes extracurricular activities play a role in the academic, social, physical and emotional growth and development of students by nurturing the following attitudes and skills within program participants:

- Positive self image
- Ability to work with others
- Leadership qualities
- Goal setting and follow-through skills
- Physical ability
- Healthy habits regarding mind and body
- Competitive experience and understanding of the value of cooperation
- The joy of learning
- Self-discipline
- Ethical standards

Our Extracurricular Philosophy

Mission Statement: Learning for Leadership Charter School Extracurricular Programs are committed to maximizing our player’s potential on and off the field. Our “Commitment to Excellence” will focus on character, academic achievement, conditioning, mental preparation, fundamentals, and teamwork.

Goal: Represent Learning for Leadership Charter School as best we can

1. Athletic department staff models the mission of the LLCS Extracurricular program for opponents and surrounding community.
2. Each student athlete leads by example on and off the court and maintain academic/conduct standards.
3. During extracurricular events all parties involved (department staff, student athletes, parents, community members) support an atmosphere focused on sportsmanship, fair competition and a positive environment.
4. Have fun!

Sportsmanship is Everyone’s Responsibility

A message from the Executive Director of the Minnesota State High School League

Dear Parents:

Good sportsmanship is the attitude and behavior that exemplifies positive support for the interscholastic athletic and activity programs of the Minnesota State High School League’s member schools, as well as for the individuals who participate. People involved in all facets of interscholastic athletic and activity programs are expected to demonstrate respect for others and display good sportsmanship. It is essential that student-participants,

coaches, parents, student groups and fans in general are constantly reminded that Good Sports Are Winners! Sportsmanship is an important issue of concern in interscholastic athletics and activities. Positive experiences do not occur by chance; rather they are a result of the education structure, the right perspective, the right leadership and the true understanding of sportsmanship. Good sportsmanship is not merely a campaign – it is the essence of what educational athletics and activities are about. Let all of us who have the opportunity promote the ideals of sportsmanship, so that today’s students and tomorrow’s citizens may build a better society.

The Minnesota State High School League and the Sportsmanship Advisory Committee trust that you will do your part in promoting good sportsmanship within your school and community. Remember, sportsmanship is EVERYONE’S responsibility!

Sincerely,

Dave Stead MSHSL Executive Director

Source: Minnesota State High School League

Role of the Parent

Much of the joy of being a high school sports parent comes from watching your children compete in athletic events. There are very few kids who are not bolstered by looking into the stands and seeing their parents cheering for them. As part of their responsibilities, parents should be involved in their child’s education process; this includes being actively involved in afterschool activities. Fortunately, the majority of parents behave appropriately at school sporting events. But those who misbehave can spoil it for all the rest. It takes only a few out-of-control parents to ruin what should be a pleasant atmosphere into one that is stressful for everyone. The following are rules for personal behavior that must be followed:

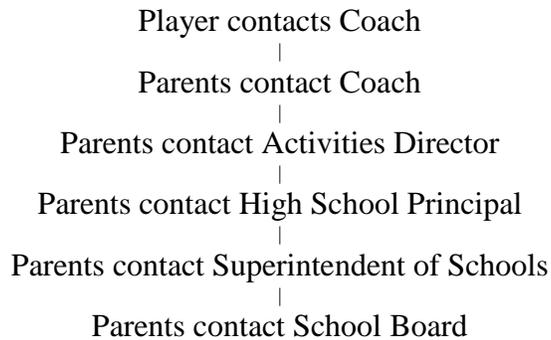
- Express interest, encouragement and support to your child and to the coaching staff.
- Learn the rules of the game so that you may understand and appreciate why certain situations take place.
- Lend a hand when a coach or school administrator asks for help.
- Recognize and show appreciation for an outstanding play or achievement by either team.
- Inappropriate and/or harassing comments should not be made to athletes, parents, officials or coaches of either team.
- Shouting out instruction or criticism may hinder the overall experience of the student-athlete.
- Negative comments and gestures of displeasure toward the coach, visiting team, or officials, only undermine the efforts of all involved.
- Remember that interscholastic athletics and activities are learning experiences for students and those mistakes are sometimes made.

- Praise students in their attempt to improve themselves as students, as athletes and as people, as you would praise a student working in the classroom.
- Good sportsmanship among all spectators is a goal worth working for, but especially for parents, who have the obligation not only to control their behavior, but to also remind others around them of their responsibilities when necessary.
- When parents misbehave, it is the duty of other parents and school administrators to step in and correct the situation. A simple rule of thumb for all spectators to follow is that absolutely nothing in their actions should interfere with any youngster's enjoyment of the game.
- We hope you'll join us by being a good sport always!

Source: Minnesota State High School League

Communication Chain of Command

Our organization has developed this chain of command to make sure all communication issues are followed in a professional manner. Use the following order of command when handling issues that may arise during the season and/or offseason. This policy is very important to make sure that your issue is handled effectively and timely. Thank you for your cooperation.



Policies and Procedures

SCHOOL ATTENDANCE

Participants must attend all classes in order to participate in practices or games. See student handbook for further information. The Athletic Director and School Administrator will grant exceptions to this rule on an individual basis. (3 tardies = 1 unexcused absence).

1 unexcused absence = Write up

2 unexcused absences = Miss practice that day or half of contest

3 unexcused absences = Miss next two contests, meet with Athletic Director

4 unexcused absences = Dismissed from team for remainder of season

INJURY PROCEDURE

If an injury occurs during practice or game, a coach will make an effort to contact the parent/mentor. If it is an emergency, we will call 911 and contact you as soon as possible. All injured players will dress for practice and games unless your doctor or head coach decides it is not practical.

IN CASE OF ILLNESS

Contact the coach or athletic director at 612-735-9305.

UNIFORM CARE

All participants are to turn their uniforms in after each game. Uniforms will be washed and reissued the day of the next contest. **There will be \$90 (\$40 for shorts/50\$ for tops) charge for any lost or damaged uniform.**

FEES

Learning for Leadership Charter School covers all participation fees. It is part of our belief that all opportunities should be made available to students no matter the financial status of the family.

TRANSPORTATION

Learning for Leadership Charter School will provide transportation to and from all games. Parent/Mentors are required to pick their son/daughter(s) from Learning for Leadership Charter School after all home and away games. Communication of times will be sent home by the coach of that team. If you cannot pick up your son/daughter you must arrange for someone else to do so. Please contact the head coach or athletic director to inform them of who will be picking up your son/daughter if it is not a parent or guardian. **Parent/Mentor understands if their son/daughter is not picked up on time this may lead to forfeiture of their privilege to participate in extracurricular activities.**

To help build a sense of community it is expected that all participants will ride the bus to and from away games. However, there may be certain circumstances when you may need to pick up your son/daughter from an away game. In these occasions, the parent/mentor must give verbal or written consent to the head coach. However, written notification at

least one day in advance is preferred. No participant will be allowed to drive without this notification. No participant may ride home with another participant's family without written notification from both sets of parents/mentors.

Extracurricular Activities Eligibility

We are a member of the Minnesota State High School League (MSHSL). As a member, we must follow all of their bylaws. You may view Minnesota State High School League Bylaws by going to www.mshsl.org and click on resources.

In addition to the State High School League bylaws our program eligibility guidelines are as follows:

ACADEMIC ELIGIBILITY

All participants must maintain at least a C- in each of their courses. Participants must have fewer than (2) missing assignments in any specific course. Academic areas will be checked every other week in order to track performance. Participants who do not meet the academic requirements will be ineligible until they meet these requirements.

BEHAVIORAL ELIGIBILITY

A participant, who receives a violation of the Student Handbook, will fall in to the consequences below. Please see Extracurricular Activities Eligibility Form for further detail.

- 1st offense- Write up and miss next practice or 10 minutes of next contest**
- 2nd offense- Miss practice that day or half of contest**
- 3rd offense- Miss next two contests, meet with Athletic Director**
- 4th offense- Dismissed from team for remainder of season**

MEDICAL ELIGIBILITY

Minnesota State High School League requires all participants to have a physical exam on file. Physicals are good for three years from the date of the examination. Each participant must have an Annual Health Questionnaire on file. During the second and third years of the physical duration, the student athlete must provide an Annual Health Questionnaire.

GENERAL ELIGIBILITY

Minnesota State High School League requires all participants

2010 – 2011 Extracurricular Permission Form

Required Forms (all forms are attached to handbook)

All participants must have the following forms on file in order to participate:

_____ Eligibility Brochure

_____ Current Physical Examination Form (Within 3 years)
or
Annual Health Questionnaire

_____ Extracurricular Permission Slip (Below)

*** A participant is ineligible for contests until all forms are on file ***

Cut-----

LLCS Extracurricular Permission Form

(Return before beginning of season)

IN ORDER TO PARTICPATE, PLAYERS AND PARENTS/GUARDIANS MUST SIGN THIS ACKNOWLEDGEMENT PAGE BY THE END OF THE FIRST WEEK OF PRACTICE.

I give permission for my child to participate in basketball during the 2010-2011 season at Learning for Leadership Charter School. I have attached all of the required sheets (above) to this sheet.

Student Name (please print) _____

Student
Signature _____ Date _____

Parent
Signature _____ Date _____

INDICATE WHAT SPORTS YOUR CHILD WILL BE PLAYING during 2010-2011 at Learning For Leadership Charter School. Circle the following that apply.

BOYS

Soccer

Basketball

GIRLS

Soccer

Basketball

Forms

The following forms are attached for your convenience:

1. MSHSL Annual Sports Health Questionnaire
 - a. Only completed in between the years when a physical is needed. The parent/guardian completes this form with their child (you do not need to visit a doctor to complete this form).

2. Sports Qualifying Physical Examination Clearance Form
 - a. Needs to be completed every 3 years and must have a copy kept on file at the school. This must be taken to a physician and/or doctor and completed fully by them.

3. Athletic Eligibility Brochure
 - a. Must be completed at the beginning of each school year (only 1 time per year). Must be completed by parent/guardian and student athlete. All questions (#1-11) must be answered to be accepted by the athletic department.