

# OPAWL



**Emilia Sugiyama**  
*President*

As we wind down the year and prepare for Thanksgiving, we have much to be thankful for. First, let's give thanks that our homes in OPA survived the fires. It was a scary time for us all and the fires brought the best out in our residents. Something to be proud of.

Last month our yahoo email got hacked and lost and then our website also got lost. But the good news is that we are up and running and our website got a complete facelift. It's is easy to navigate and find things. I invite you to check it out. I am updating it frequently with photos and our calendar is up to date. While I spent many hours recreating it, it is not perfect and there is still work to be done but for now....I'm just happy we are back online. Here is our website: [www.OPAWomen.org](http://www.OPAWomen.org).

We recently celebrated our annual Membership Social at the end of September and it was a perfect evening with twinkling lights and warm air. Thank you to Annette Mason for opening your home and to the ladies that put it on. It was also nice to have the gals from Beverly's House there. Please visit our website for our photo gallery.

Please continue to share your photos and stories for our newsletter. We have some fun stuff scheduled! Share, share!

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### Orange Park Acres Women's League

*Encouraging Friendship, Philanthropy and Community for a thriving Orange Park Acres*



# ANNUAL MEMBERSHIP Social

This year's Annual Membership Social was held September 28, 2017 in Annette Mason's beautiful backyard. Her backyard was decorated with twinkling lights strung from tree branches. This year's theme was friendship and featured beautiful table bouquets of rosemary, the "herb of friendship" and balloons with our Logo as well as all of our sections written on hearts that attached to the balloons strings.

We dined on delicious Italian food that was catered by OPUS, and with the wine flowing the social featured two surprise events:

- The beautiful women from Beverly's House provided an engaging presentation and were presented with a donation from OPAWL of \$1500.
- Two annual achievement awards were presented to Kathy Manulkin and Lois Widly for their ongoing contributions to OPAWL. They received a one of a kind gift...a beautiful crystal Waterford clock which was symbolic because those two ladies are "unique and timeless" themselves.

The evening was great fun in the spirit of OPAWL: Friendship, Community, and Philanthropy. A special thank you to Lisa Schuss, of the Garden Club, for her beautiful and thoughtfully designed "fairy gardens." They were spread out through out the tables and each one more unique and intriguing than the last.

A HUGE thank you to Annette Mason for opening her home up. Hosting a party creates extra work and extra labor to making everything look so pretty....so Thank you!



# BEVERLY'S HOUSE What's up...

FALL 2017

## Rising Tide News



**IN THIS NEWSLETTER:**

- SITE UPDATES
- RECENT EVENTS
- STAFF SPOTLIGHT: MITZI
- LIFE AT THE LIGHTHOUSE
- YOUTH SPOTLIGHT: ELIAS
- ACHIEVING GOALS

FOR MORE INFO ON RISING TIDE, PLEASE VISIT:

[www.orangewood4you.org](http://www.orangewood4you.org)

RISING TIDE IS A PROGRAM OF



**WILL IT BE EASY? NOPE. WORTH IT? ABSOLUTELY.**

### 44 Women Luncheon with Simone Biles



In June, Orangewood had its 44 Women for Orangewood luncheon, which raises money for Orangewood Foundation College Scholarships. Several of our Rising Tide youth came to the Disneyland Hotel that morning and volunteered to work at the event, assist with setup, greet guests, etc. They were pleasantly surprised when each one had the opportunity to meet with our featured speaker, the record breaking, most decorated American Olympic Gymnast, Simone Biles.

At the luncheon Simone shared a story that the majority of our youth can relate to. She revealed her struggle of being born into a chaotic home with a mother who battled addiction. Like most of the youth in Rising Tide, she experienced being placed in foster care and separated from her siblings. Simone communicated

hope and resiliency with her narrative of overcoming circumstances, believing in herself and dedicating herself to her passion. Our youth looked on with respect and awe, because they could all identify with her background, trials and hardships within her family. One of our residents remarked that she had never heard a story where someone from foster care had become so successful. She said that hearing Simone's story inspired her and gave her hope for herself and her own future.

Each youth was given a copy of Simone's inspirational Autobiography, but most of them walked away with something even more special. A new appreciation of how generous our donors are, how much people really care about them, and a renewed sense of hope for themselves.



***"She inspired me and gave me hope for myself and my own future."***

# OPAWL SCC SCHOLARSHIP Recipient

Our committee which includes, Jan Diaz, Kay Alvarez, Kathy Manulkin, and myself received 36 online applications for this year's Scholarship. With so many really excellent applications it is difficult to narrow down to just one. Each of us uses our criteria to choose only three and then discuss together which one is the most deserving.

Linda Feregrino Arcos was this year's recipient and she was selected based on her excellent scholastic achievements, numerous volunteer activities, campus leadership and involvement. She is the first in her family to graduate high school and attend college. Since Junior High she has helped her family find resources to improve their standard of living. Her goal is to earn a Masters Degree in Business Administration with a focus on Economics to help social welfare organizations here and internationally.

Below is the personal "thank you" from Linda along with a photo taken at the presentation. Pictured are Rose Rock, Kay Alvarez, Linda Feregrino Arcos, John Hernandez (Interim President of SCC)



## Orange Park Acres Women's League Scholarship

Dear Orange Park Acres Women's League,

I would like to thank you for the generous scholarship that you have granted me. I am tremendously grateful for this opportunity you have imparted on me. You have brought me a giant step forward on my career path and future aspirations. With this scholarship, you have eliminated a giant pound of financial burden off my shoulder, which will truly allow me to focus and help me to achieve my goals. I am enormously grateful for your help. In bestowing me this reward, you lift my spirits as I acknowledge that you have much hope and anticipation in the difference I can make, and have truly encouraged me to have confidence in myself of being able to make that change and make my future career ambitions reality. Indeed, as you have lent me a hand, I hope to do the same to help out many in my community, using the educational skills and learning that I set out to gain in my college and future endeavors. You have given me much aid in helping me overcome a number of obstacles I will face in my academic journey. Thus, thank you so much!

Sincerely,

*Linda Feregrino Arcos*

# SAVE THE DATE



 **REMINDER**

**OPAWL "Garden & Home Section"  
4th ANNAUL Fall Pumpkin Decorating with Succulents Event**

**All OPAWL members** are invited and if you contact me, I will advise if there is space for additional friends or family members.

*Many of you signed up at the recent OPAWL Membership Social and others have been also requesting to participate. It is important to RSVP so I know how to plan for enough food, succulents and other needed materials.*

**CALL LOIS WIDLY TO RSVP**

**DATE:** Thursday, November 9, 2017  
**WHERE:** Home of Lois Widly 11155 Meads Ave. OPA  
**PHONE:** 714-943-0836 cell  
**TIME:** 10:15 AM until 6:30 pm. (lunch provided at 12 noon.)



FOR A MERRY LITTLE  
*christmas party*

Saturday, December 16th

*OPAWL Ornament Exchange Social*

at the home of Dorothy Neblett

Bring your Spouse or Partner!

Evite to follow

# MONTHLY FOODIE SECTION

The Foodie section met Monday, October 9 at Woody's Diner in Orange. This restaurant venue on Chapman has seen quite a few different eateries try to make it here recently. I think all that attended will agree that Woody's is a good fit and will be around for some time. The menu is diverse and our lunch choices were just as diverse. The breakfast dishes were good, sandwiches were all eaten up, and the salads were fresh and satisfying. We even had two birthdays and the birthday

ladies, Mary Suchy and Kay Thomsen both enjoyed hot fudge sundaes.

Written by: Jan Diaz



**DON'T  
MISS  
THE  
NEXT  
LUNCH  
11/13/17**



## **BENIHANA**

November 13, 2017  
11:30 AM  
2100 E Ball Road, Anaheim CA

# RECIPE OF THE MONTH



## SAUSAGE AND HERB STUFFING

### Ingredients

- ♥ 16 cups 1-inch bread cubes, white or sourdough (1 1/2 pound loaf)

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- ♥ 8 tablespoons (1 stick) unsalted butter

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- ♥ 2 cups medium-diced yellow onion (2 onions)

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- ♥ 1 cup medium-diced celery (2 stalks)

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- ♥ 2 Granny Smith apples, unpeeled, cored and large-diced

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- ♥ 2 tablespoons chopped flat-leaf parsley

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- ♥ 1 tablespoon kosher salt

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- ♥ 1 teaspoon freshly ground black pepper

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- ♥ 3/4 pound sweet or spicy Italian sausage, casings removed

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- ♥ 1 cup chicken stock

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- ♥ 1 cup dried cranberries

### Directions

**Watch how to make this recipe.**

Preheat the oven to 300 degrees F.

Place the bread cubes in a single layer on a sheet pan and bake for 7 minutes. Raise the oven temperature to 350 degrees F. Remove the bread cubes to a very large bowl.

Meanwhile, in a large saute pan, melt the butter and add the onions, celery, apples, parsley, salt and pepper. Saute over medium heat for 10 minutes, until the vegetables are softened. Add to the bread cubes.

In the same saute pan, cook the sausage over medium heat for about 10 minutes, until browned and cooked through, breaking up the sausage with a fork while cooking. Add to the bread cubes and vegetables.

Add the chicken stock and cranberries to the mixture, mix well, and pour into a 9 by 12-inch baking dish. Bake for 30 minutes, until browned on top and hot in the middle. Serve warm.

# SECTIONS & OTHER INFO

## LITERATURE GROUP

The Literature Group is not meeting in November and December. For January's book please call Kathy Manulkin at (714)639-8686

## HOT TROTTERS GROUP

Contact Connie Bowin at 714-602-6210

## GAD-ABOUTS GROUP

Check Evite for details or contact Judy Denton (714) 639 7515

## FOODIE LUNCHEON GROUP

Next lunch is on 11/13/17 at Benihana's Anaheim. The restaurant was chosen by Phyllis Helt. Please plan on bringing cash or check. Next luncheon will be announced at this luncheon.

## BUNCO GROUP

We had a great final BUNCO. We start up again in January 2018. We had a meeting and voted to give **BEVERLY HOUSE \$300.00 and BETHANY HOUSE \$200.00** the extra proceeds for the year. We also gave Donna A. **\$70.00** for making our Chili for the **CHILI COOK-OFF**. She didn't want the money and donated it to increase the proceeds of the Chili Cook-off. All the BUNCO Ladies are fun and generous. We are so pleased to help where we can. Come join us next year!! In the mean time enjoy your every day.

## HOME & GARDEN

Contact Rose Ellen Cunningham (714)532-1326

## BEGINNING BRIDGE

Contact Annette Mason (714)538-4683

## OCT Birthdays

- 4 - Mary Suchy
- 9 - Kay Thomsen
- 12 - Jana Shuler
- 17 - Carla Garcia
- 19 - Patrice Christman
- 20 - Hermelinda Pineda
- 22 - Kathy Spain Bonnaud
- 24 - Joyce Redfern
- 28 - Emilia Sugiyama
- 28 - Reyna Tanner

