



## Presidents Message

It is my honor and privilege to serve as the fifth President for our nurses of Indian heritage in North Carolina. It has been a very impressive journey for IANA-HC thus far with lots of individual career accomplishments, chapter involvement at local, national and global level, along with achieving chapter excellence at NAINA.

Nurses are the life and soul of the healthcare profession, providing comfort, kindness, and care to patients every day. It's indeed a challenging job that requires hard work, dedication, and a very thick skin. Nurses are the ultimate healthcare monitors -vigilant observers and problem solvers, poised to take action whatever the challenge. Our mindset is one of preserving the unique attributes of our roles while embracing the progress that helps us excel.

Nursing has an incredible journey, from where nurses used the second hand of a wristwatch to calculate IV drip rates, universal precautions didn't exist and nurse lived by the kardex, a roadmap to all things for the patient care to present time where it is highly specialized in every aspect of healthcare delivery, education, research, and policy formation. Nursing is a much broader career now and plays a key role at all levels of health care. Today, we are more likely to find an RN teaching at a university, conducting research or occupying hospital administrative positions than we were a decade ago. We need to appreciate the scientific and technological advances that allow us to deliver sophisticated care in a contemporary fast-paced environment. At the same time, preserving and practicing the time-honored skills of listening, therapeutic conversation, and personal touch in caring for patients and families.

Every member of IANA-NC matters, just like a family. It's not a Cliche on a mission statement but the foundation of success for our association and I am in complete accordance with NAINA President's goal to create a kind of culture that "Everyone Matters", a culture that puts people first and where true success is measured by the way we touch the lives of people in which all members can realize their professional and personal gifts matters and share those gifts with others. Everyone matters about everybody's value, that we all count, that we all should stand tall for who we are, as we are. At the end, it is about truly caring for every precious human being whose life we touch. It's all about bringing our deepest sense of right, authentic caring and high ideas to this association. Let's do it together!

Everyone wants to contribute -Trust them. Leaders are everywhere -Find them. Some people are on a mission - Celebrate them. Others wish things were different - Listen to them. Everybody matters- Show them (Bob Chapman)

God Bless!

Sumana Gaddam BSN, RN, CCRN

President  
IANA-NC