

**Martha Gulati MD, MS, FACC, FAHA, FASPC, FESC**

**Curriculum Vitae**

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[www.drmarthagulati.com](http://www.drmarthagulati.com) (webpage)

@drmarthagulati (twitter)

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**Education**

<b>Masters of Science (MS)</b>	2001-2002
Health Studies for Clinical Professionals University of Chicago, Chicago, IL, USA	
<b>Cardiology Fellowship</b>	1998-2001
University of Chicago, Chicago, IL, USA	
<b>Internal Medicine Residency</b>	1995-1998
University of Chicago, Chicago, IL, USA	
<b>Medical Doctorate (MD)</b>	1991-1995
University of Toronto, Toronto, CANADA	
Undergraduate Science Program	1989-1990
University of Western Ontario, London, Ontario, CANADA	
<b>Bachelors' of Science (BSc)</b>	1987-1989, 1990
General Science	
McMaster University, Hamilton, CANADA	

**Appointments**

<b>Professor of Medicine</b>	2016-2020
<b>Chief, Division of Cardiology (Inaugural)</b>	
University of Arizona (Phoenix) Phoenix, AZ	
<b>Physician Executive Director- Heart Institute</b>	2016-2020
Banner University Medical Center Phoenix Phoenix AZ	
<b>Cardiology Fellowship Program Director</b>	2018-2020
University of Arizona (Phoenix) Phoenix, AZ	
<b>Associate Professor of Medicine</b>	2010-2015
Department of Internal Medicine, Division of Cardiovascular Medicine The Ohio State University Columbus, Ohio	
<b>Associate Professor of Clinical Public Health</b>	2011-2015
College of Public Health, Division of Epidemiology The Ohio State University Columbus, Ohio	

<b>Women's Academic Advancement Program Leader in the Center for Faculty Advancement, Mentoring and Engagement (FAME) Associate Director</b> The College of Medicine The Ohio State University Columbus, Ohio	2011-2015
<b>Sarah Ross Soter Chair in Women's Cardiovascular Health (Inaugural Holder of Chair)</b> The Ohio State University Columbus, Ohio	2010-2015
<b>Section Director for Preventive Cardiology and Women's Cardiovascular Health (Inaugural Director)</b> The Ohio State University Columbus, Ohio	2010-2015
<b>Director for Cardiac Rehabilitation</b> The Ohio State University Columbus, Ohio	2013-2015
<b>Associate Professor of Medicine</b> Northwestern University Chicago, Illinois	2010
<b>Assistant Professor of Medicine Assistant Professor of Preventive Medicine</b> Northwestern University Chicago, Illinois	2005-2010
<b>Associate Medical Director, Center for Women's Cardiovascular Health</b> The Bluhm Cardiovascular Institute of Northwestern Memorial Hospital Northwestern University Chicago, IL	2005-2010
<b>Lawrence E. and Nancy S. Glick Family Distinguished Physician in Women's Cardiovascular Health</b> Appointment for commitment and achievements as a medical leader in Women's Cardiovascular Health and Clinical Research. Northwestern University Chicago, Illinois	2008-2010
<b>Assistant Professor of Preventive Medicine</b> Rush University Medical Center	2002-2005

Chicago, Illinois

**Assistant Professor of Medicine** 2002-2004  
Division of Cardiology, Department of Medicine  
Rush University Medical Center  
Chicago, Illinois

**Research Director for The Heart Center for Women** 2003-2004  
Rush University Medical Center  
Chicago, Illinois

**Assistant Director of Cardiology Consult Service** 2003-2004  
Rush University Medical Center  
Chicago, Illinois

**Clinical Associate of Medicine** 2001-2002  
Department of Medicine, Division of Cardiology  
University of Chicago Pritzker School of Medicine  
Chicago, Illinois

**Certification and Licensure**

Fellow, American College of Cardiology (FACC) 2005  
Fellow, American Heart Association (FAHA) 2010  
Fellow, European Society of Cardiology (FESC) 2020  
  
Recertification, American Board of Internal Medicine (Cardiology) 2015  
Diplomate, American Board of Internal Medicine (Cardiology) 2004, 2014  
Diplomate, American Board of Internal Medicine (Internal Medicine) 1999  
National Board of Medical Examiners (I,II,III)  
Licensed Physician: Illinois # 336-066376 Inactive  
Licensed Physician: Ohio #35-09630 Active  
Licensed Physician: Arizona #51813 Active  
License of the Medical Council of Canada #82372 1997  
MCCQE Part I (1995)/II (1997)

**Professional Memberships and Activities**

Fellow, European Society of Cardiology (FESC) 2020-current  
Academic University Cardiologists: Elected Member 2017-current  
American Heart Association- Board President, Phoenix AZ 2019-2020  
American Heart Association- Board Member, Phoenix, AZ 2016-2020  
American Heart Association – Go Red For Women Committee Member 2010-2015  
Columbus, OH (Leadership Committee- Medical Leadership Team)  
American Heart Association – Go Red For Women Committee Member, 2002-2010  
Chicago, IL (Leadership Committee- Medical Leadership Team)  
Sigma Xi (University of Chicago Chapter): member 2002-2003  
American Heart Association: member 1998-current  
American Heart Association: fellow (F.A.H.A.) 2010-current

American College of Cardiology: member	1998-current
American College of Cardiology: fellow (F.A.C.C.)	2003-current
American College of Sports Medicine	2010-current
American Society of Preventive Cardiology (President-Elect)	2020-current
American Society of Preventive Cardiology (treasurer/executive board)	2018-2020
American Society of Preventive Cardiology (member)	2013-current
American Society of Preventive Cardiology: fellow (FASPC)	2016-current
National Lipid Association: member	2011-current
European Society of Cardiology: member	2008-current
European Society of Cardiology: fellow (FESC)	2020-current

### Honors and Awards

<b>Linda Joy Pollin Women Heart health Leadership Award</b>	2021
<i>7<sup>th</sup> Annual Awardee from Cedars Sinai Hospital, Los Angeles, CA</i>	
<b>Master CardioNerd Award</b>	2020
<i>First Awardee for supporting the mission to democratize cardiovascular education by providing mentorship, sponsorship, networking &amp; promotion</i>	
<b>High Blood Pressure Research Council of Australia</b>	2020
<i>RW Wright Award &amp; Lectureship</i>	
<b>WomenHeart Nanette Wenger Award</b>	2020
<b>Special Congressional Recognition</b>	2020
<i>Honoured by Congress for Outstanding Achievement as a Woman Leader in Arizona Healthcare (STEM)</i>	
<b>Fierce Healthcare's 2019 Women of Influence Awards</b>	2019
<b>American Society of Preventive Cardiology Nanette Wenger Award</b>	2019
<b>Arizona Business Magazine's Most Influential Woman in Arizona Award</b>	2019
<b>American College of Cardiology Bernadine Healy Leadership Award in Women's Cardiovascular Disease</b>	2019
<i>Awarded to a Fellow of the American College of Cardiology who demonstrates leadership and accomplishment in the field of cardiovascular disease in women exemplified by research, teaching, practice or service.</i>	
<b>US News &amp; World Report Cardiology Rankings Top 50 in nation</b>	2018
<i>Under my leadership, hospital went from unranked cardiology division (2016-17) to 61<sup>st</sup> in Nation (2017-18) to 43<sup>rd</sup> in Nation (2018-19)</i>	
<b>Executive Leadership in Academic Medicine (ELAM)</b>	2018
<i>Graduated May 2, 2019 (Class of 2019)</i>	
<b>AAMC Awards for Excellence Competition 2018 Gold Award</b>	2018
<i><a href="#">Heart to Heart video</a> series/campaign for Excellence Competition</i>	
<b>2017 Outstanding Women in Business – Phoenix Business Journal</b>	2017
<b>Academic University Cardiologists- Elected Member</b>	2017
<b>National Aeronautics and Space Administration (NASA) Group Achievement Award</b>	2015
<i>Awarded for work by Sex &amp; Gender Report Team for publication in the Journal of Women's Health</i>	
<b>American Heart Association: Women in Cardiology Mentoring Award</b>	2014

<i>Awarded annually to recognize individuals who have an outstanding record of effectively mentoring women cardiologists and to underscore the importance of mentoring in the professional development of women</i>	
<b>International Association of Cardiologists: The Leading Physicians of the World</b>	2013
<b>Woman's Day Red Dress Award</b>	2012
<i>Given for groundbreaking efforts to raise the awareness of heart disease in women and advance research in this field.</i>	
<b>American College of Cardiology First Annual Heart of Women's Health CREDO Awardee</b>	2011
<i>Awarded by the American College of Cardiology and the Coalition to Reduce Racial and Ethnic Disparities in CV Outcomes (credo) to recognize and honor the exceptional contributions of cardiovascular specialists to improve cardiovascular healthcare of women patients.</i>	
<b>American Medical Women's Association (AMWA) Gender Equity Award</b>	2010
<i>Chosen by the Northwestern University medical students to acknowledge the efforts of a medical professional who has helped create an environment for gender equity in both their professional demeanor and accomplishments and in their teaching responsibilities</i>	
<b>Alpha Phi Ursa Major Award</b>	2010
<i>Awarded annually by Alpha Phi Fraternity for Professional Achievement</i>	
<b>Pioneer Award from Institute of Women's Health Research</b>	2009-2010
<i>Research grant awarded through Northwestern University's Institute of Women's Health for research focusing on, the sex and gender determinants of health and disease</i>	
<b>Lawrence E. and Nancy S. Glick Family Distinguished Physician Award In Women's Cardiovascular Health</b>	2008-2010
<i>Appointment for commitment and achievements as a medical leader in Women's Cardiovascular Health and clinical research</i>	
<b>Marquis Who's Who of American Women</b>	2008-2020
<b>Marquis Who's Who in Medicine and Healthcare</b>	2006-2020
<b>Marquis Who's Who in America</b>	2006-2020
<b>Marquis Who's Who in the World</b>	2006-2020
<b>Best Doctors in America</b>	2007-2020
<b>Inspiring Women Award from the Women's National Basketball Association (WNBA)</b>	2007
<b>Girls On The Run Inspiration Award</b>	2005
<b>Chicago's Top 40 Under 40, selected by Crain's Business</b>	2005
<b>AstraZeneca Young Cardiovascular Investigator Award</b>	2004
<i>First Prize in Clinical Research (Junior Faculty)</i>	
<b>American Society of Nuclear Cardiology Young Investigator Competition</b>	2004
<i>Young Investigator Award: First Runner-up</i>	
<b>AstraZeneca Young Cardiovascular Investigator Award</b>	2003
<i>Third Prize in Clinical Research (Junior Faculty)</i>	
<b>American College of Cardiology Foundation</b>	2003
<i>Harry B. Graf Career Development Award for Heart Disease Prevention</i>	

<b>AstraZeneca Young Cardiovascular Investigator Award</b> <i>First Prize in Clinical Research (Junior Faculty)</i>	2002
<b>American College of Cardiology, Illinois Chapter</b> <i>Second Prize in Clinical Research</i>	2002
<b>University of Chicago Department of Health Studies Scholarship Award</b> <i>Admission Scholarship Award for Masters Program in Health Studies.</i>	2001
<b>University of Toronto</b>	
<b>Dr. Delbert S. Hoare Award and Medal</b> Awarded for leadership and academic standing in the graduating medical class	1995
<b>Gordon Cressy Student Leadership Award</b>	1995
<b>Medical Society Honor Award</b>	1995
<b>Dr. Marvin Auerback Scholarship</b>	1995
<b>Honors Standing Year III, Faculty of Medicine</b>	1994
<b>Honors Standing Year II, Faculty of Medicine</b>	1993
<b>Medical Class President</b>	1993
<b>Israel Medical Association Scholarship</b>	1993
<b>Mary L. Cassidy Scholarship: Second year med school scholarship</b>	1992
<b>McMaster University</b>	
<b>Dean's Honor Role</b>	1987-1991
<b>Senate Scholarship</b>	1989
<b>University of Western Ontario</b>	
<b>Alpha Phi Academic Award</b>	1990
<b>Descartes Medal: Canadian Mathematics Competition; ranked first in school, Top 10% of Canada</b>	1987

### Committee Assignments and Administrative Services

#### National Committees

#### **American College of Cardiology Committees**

<b>Finance Committee</b> Member	2021-Present
<b>Covid-19 Response Task Force</b> Member	2020-2021
<b>Solution Set Oversight Committee</b> Member	2019-2021
<b>ACC/AHA Writing Group- Chest Pain Guidelines</b> Chair, Writing Group	2017- present
<b>Science and Quality Strategic Execution &amp; Operations Leadership Sub-Committee</b> Member	2016-2021
<b>ACC CardioSmart</b> Editor-in-Chief	2015-2021
<b>Cardiovascular Disease In Women Committee</b> Member	2015-2018
<b>Population Health Committee</b> Member	2015-2018
<b>ACTION Registry-GWTG Research and Publications Committee</b> Member	2015-2021

<b>Standard ECG and Stress Testing for ACC Needs Assessment</b>	2014
Expert Advisor	
<b>Core Cardiology Training Symposium (COCATS)</b>	2012-2015
Writing Group/Task Force 2 Member: Training in Electrocardiography, Ambulatory Electrocardiography, and Exercise Testing	
<b>Women in Cardiology Council</b>	2009-2015
Ad Hoc Member	
<b>ACC Scientific Sessions</b>	2003-present
Abstract Reviewer	
<b><i>American Heart Association Committees</i></b>	
<b>AHA Writing Group-Engaging Families in Cardiovascular Care</b>	2020-Present
Co-Chair, Writing Group	
<b>AHA Committee for Scientific Sessions Program 2017</b>	2016-2017
Committee Member	
EPI/CVSN Council Representative	
<b>AHA Obesity Grant Review Committee</b>	2016-2017
Grant Reviewer	
<b>AHA Consumer Health and Quality Coordinating Committee</b>	2015-2019
Member	
<b>EPI/CVSN Prevention Science- Hypertension Science Committee</b>	2014-2018
Member	
<b>American Heart Association Prevention Science Committee</b>	2013-2018
Member	
<b>American Heart Association CLCD Exercise &amp; Cardiac Rehab Committee</b>	2013-2018
Member	
<b>American Heart Association Heart Insight Editorial Board</b>	2012-2018
Member, Editorial Board	
<b>Women in Cardiology Committee of the Council on Clinical Cardiology</b>	2014- 2016
Ex-Officio	
<b>Women in Cardiology Committee of the Council on Clinical Cardiology</b>	2012- 2016
Past Chair to the Women in Cardiology Committee	
<b>Women in Cardiology Committee of the Council on Clinical Cardiology</b>	2010-2012
Chair to the Women in Cardiology Committee	
<b>Women in Cardiology Committee of the Council on Clinical Cardiology</b>	2008-2010
Vice Chair to the Women in Cardiology Committee	
<b>Student Scholarships in Cardiovascular Disease and Stroke</b>	2008-2010
Member	
<b>Women in Cardiology Committee of the Council on Clinical Cardiology</b>	2007-2008
Member	
<b>AHA Scientific Sessions</b>	2003-present
Abstract Reviewer	

<b><i>American Heart Association Writing Groups</i></b>	
<b>ACC/AHA Writing Group-Engaging Families in Cardiovascular Care</b> Co-Chair, Writing Group	2020-Present
<b>AHA ACOG Presidential Advisory</b> Promoting Risk Identification/Reduction of CVD in Women/OB/GYN	2018
<b>Chest Pain Guidelines</b> Chair	2017-present
<b>Scientific Advisory Statement: Preventing and Experiencing Ischemic Heart Disease as a Woman</b>	2014-2016
<b>Scientific Advisory Statement: The Impact of Hypertension on Cognitive Function</b>	2015-2017
<b>Scientific Advisory Statement: Role of Contemporary Non-Invasive Testing in the Clinical Evaluation of Women with Suspected Ischemic Heart Disease</b>	2012-2014
<b>Scientific Advisory Statement: Women and Exercise</b>	2009
<b>Scientific Advisory Statement: Assessing Physical Fitness in the US Population</b>	2012-2013
<b>Scientific Advisory Statement: Exercise Standards for Testing &amp; Training</b>	2010-2013
<b>Scientific Advisory Statement: A Clinician's Guide to Cardiopulmonary Exercise Testing in Adults</b>	2008-2010
<b>Scientific Advisory Statement on Functional Capacity Writing Group</b>	2006-2007
<b>Women's Cardiovascular Disease Prevention Guideline Writing Group</b>	2006-2007
<b><i>American Society for Preventive Cardiology</i></b>	
<b>President-Elect</b>	2020-present
<b>Scientific Sessions Program Chair</b>	2020-present
<b>Women in Preventive Cardiology Committee</b>	2020-present
<b>Treasurer/</b>	2018-2020
<b>Executive Committee</b>	2018-present
<b>Board Member</b>	2014-present
<b>Communication Committee Chair</b>	2016-2018
<b><i>Journal of Cardiac Failure</i></b>	
<b>Patient Empowerment Editor</b>	2021-present
<b><i>Leaders Empowering the Advancement of Diversity in Education, Research and Science (LEADERS) in Women's Health</i></b>	
<b>Steering Committee</b> Organize focused agenda for annual meeting for Women's Health Summit	2016-present
<b>Member</b>	2014-present
<b><i>CardioNerds</i></b>	
<b>Advisor</b> Narratives in Cardiology	2020-present
<b><i>American College of Obstetricians &amp; Gynecologists</i></b>	
<b>Postpartum Task Force</b> Presidential Task Force on Redefining the Postpartum Visit Working Group Member	2017-2018



<b>Group on Women in Medicine and Science (GWIMS)</b>	
Institutional (Ohio State University) Representative for GWIMS	2012-2015
Steering Committee Member (Elected Member) AAMC	2013-2016
<b>HealthyWomen Women's Health Advisory Council</b>	
Member	2010-2015
<b>Women's Heart Alliance</b>	
Scientific Advisory Board	2019-Current
<b>WomenHeart</b>	
Board Member	2014-2020
Scientific Advisory Committee Board Member	2013-present
<b>South Asian Health Initiative</b>	
Working Group Member	2013-2016
<i>South Asian Health: From Research to Practice and Policy, NIH initiative established to address cancer and cardiovascular health disparities among South Asian immigrant communities in the United States</i>	
<b>Regional Committees</b>	
<b>American Heart Association</b>	
<b>AHA Phoenix</b>	
Board President	2019-2020
Board Member	2016-2020
<b>AHA Columbus</b>	
Circle of Red- Columbus	2011-2012
<b>AHA Chicago</b>	
By Women for Women: Local Spokesperson for National Campaign for Excellence in Research on Cardiovascular Diseases and Stroke in Women	2009-2010
Chicago Go Red For Women Committee Member	2002-2010
Leadership Committee- Medical Leadership Team	
<b>Sister to Sister (Illinois Chapter)</b>	
Board of Directors: member	2008-2010
<b>Institutional Committees</b>	
<b>University of Arizona</b>	
University of Arizona Promotions and Tenure Committee	2017-2018
University of Arizona Women in Medicine & Science	2017-2020
University of Arizona Director of Women in Medicine and Science Search Committee	2019
University of Arizona Chair of Surgery Search Committee	2019-2020
University of Arizona Dean of Nursing Search Committee	2018-2019
University of Arizona Chief of Pulmonary Search Committee	2018-2019
University of Arizona Internal Medicine Search Committee	2017-2019
Women In Medicine & Science- Executive Committee Member	2016-2020
<b>The Ohio State University</b>	
OSU Outreach and Engagement- Review Committee for the Emerging Community Engagement Award	2014-2015
OSU College of Medicine Admissions Committee	2013-2015
Faculty Advancement, Mentoring and Engagement (FAME)	2012-2015
Leadership Development Committee	2012-2015

Member	
Women's Academic Advancement Program Leader in the Center for Faculty Advancement, Mentoring and Engagement (FAME) Associate Director	2011-2015
Medical school applicant Admissions Screener	2011-2013
Medical school applicant Recruitment	2011-2015
<b>Northwestern University</b>	
NMH Medical Peer Review Committee	2009-2010
NMH Women's Board Eleanor Wood-Prince Grant Review Committee	2007-2010
<b>Rush University Medical School</b>	
Medical school applicant interviewer	2002-2005
<b>Departmental Committees</b>	
<b>University of Arizona-Phoenix</b>	
University of Arizona Translational Cardiovascular Director-Co-Chair	2019-2020
<b>The Ohio State University</b>	
Endocrinology Section Director Search Committee- Chair	2012- 2013
Heart and Vascular Executive Committee- Member	2012- 2014
Cardiology fellowship applicant interviewer	2011- 2015
Internal Medicine applicant interviewer	2011- 2015
<b>Northwestern University Feinberg School of Medicine</b>	
Bluhm Cardiovascular Institute Clinic Task Force Committee	2007-2008
Internal medicine residency applicant interviewer	2005-2010
Cardiology fellowship committee and applicant interviewer	2005-2010
<b>Rush University Medical School</b>	
Internal medicine residency applicant interviewer	2002-2005
Cardiology fellowship applicant interviewer	2002-2004
<b><u>Educational Activities</u></b>	
<b>Middle/High School Education</b>	
<b>University of Arizona</b>	2020
Created and organized Cardiology Academy for inner-city high school juniors to provide Underrepresented Minorities to careers in cardiology over 1 week with Office of Diversity and Inclusion	
<b>University of Arizona Connect2STEM</b>	2017, 2018
<b>Logan Hocking Middle School, Logan OH</b>	2013 ,2014
Lecture About Heart Disease and Careers in Medicine	
<b>Metro High School, Columbus, Ohio</b>	2012
Lecture given on Gender Differences in Heart Disease Public STEM school for gifted children	
<b>Northwestern University Feinberg School of Medicine</b>	
<b>Institute of Women's Health Research at Northwestern</b>	2009
Cardiology Summer Academy: Developed and led a program for inner-city high school seniors girls from the Chicago Public School System to provide young women with the opportunity to engage in hands-on learning experiences to explore basic science research and clinical applications occurring in the field of cardiology	

(1 week summer program)

## **Undergraduate Education**

**University of Chicago Pritzker School of Medicine** 1995-2002

Instructed third year medical students on ECG interpretation.

Instructed first year medical students in cardiology in clinical pathophysiology

Instructed third year medical students in clinical clerkship lecture series.

Instructed first year medical students on interviewing techniques.

Instructed second year medical students on physical exam

### **Rush University Medical School**

Cardiovascular Clinical Examination- Core lecture for first year medical students 2002-2005

### **Northwestern University Feinberg School of Medicine**

Physical Examination: Instructed second year medical students on cardiac physical exam 2005-2008

Profession of Medicine: Instructed first year medical students on medical ethics 2007-2008

Physical Examination: Instructed first year medical students on physical examination 2008-2009

Cardiology Clinic Rotation: Supervised third year medical student in outpatient clinical setting (weekly) 2009-2010

### **Ohio State University**

Core Curriculum Lectures:

Cardiology Lecture: Sex Differences in CVD (First Year Medical Students) 2015

Cardiology Prevention Lecture (First Year Medical Students) 2015

Cardiology Prevention Lecture (First Year Medical Students) 2014

Other:

Professor's Rounds 2/1/2012- Cardiology Bedside Teaching 2012

Professor's Rounds 9/12/2012- Cardiology Bedside Teaching 2012

Med II Student ECG Conference (small group session) 10/5/12 2012

Learning Community Leader (monthly meeting with 11 medical students) 2012-2016

### **University of Arizona**

Cardiology Prevention Lecture (First Year Medical Students) 2016

Cardiology Cardiovascular Disease in Women Lecture (First Year Medical Students) 2017

Cardiology Cardiovascular Disease in Women Lecture (First Year Medical Students: Cardiology Special Interest Group) 2019

## **Graduate Education**

**University of Illinois, Chicago School of Public Health** 2003

Lecturer for "Quantitative Methods in Epidemiology-I"

### **University of Chicago, Department of Health Studies**

Lecturer for "Introduction to Epidemiology" (Masters Program) 2003-2007

Lecturer for "Issues on Women's Health" (Masters Program) 2005-2009

Lecturer for "Health Status Assessment" (Masters Program) 2005-2007

### **Northwestern University Feinberg School of Medicine**

Women's Health Rotation 2005-2010

Internal medicine resident rotated in cardiology clinic over 1 month (weekly)	
Prevention of Cardiovascular Disease/Lipid Conference	2007-2010
Ran educational conference for cardiology fellows (monthly)	
Cardiology Fellow rotated in cardiology clinic over 1 year (weekly)	
<b>Ohio State University</b>	2010-2015
Family Medicine resident rotation rotated in cardiology clinic over 1 month (weekly)	
Internal Medicine resident rotation rotated in cardiology clinic over 1 month (weekly)	
Cardiology Fellow rotated in cardiology clinic over 1 year (weekly)	
Internal Medicine resident rotation rotated Preventive Cardiology Rotation	2012-2015
-Prepared curriculum and directed rotation, 1 resident/month	
Endocrinology Fellowship rotation in Preventive Cardiology Rotation	2012-2015
Prepared curriculum and directed rotation, 1 fellow/month	
<b>University of Arizona</b>	2016-2020
Cardiology Fellow rotated in cardiology clinic over 1 year (weekly)	2016-2020
Ob/Gyn- Lecture on CVD in women	2016
Cardiology Fellow ECG Review	2017
Cardiology Fellow Lecture- Women & Heart Disease	2018
Cardiology Fellow Lecture-Breast Cancer and CVD	2019

**Mentoring and Advising Activities**

<b>(1) Advisor to Fellows and Residents in Research Projects</b>	
<b>2019-2021</b>	
Devesh Rai	Gender differences in National Guidelines
Kari Evans	Impact of substance abuse on CVD in Pregnancy
<b>2019-2020</b>	
Chandana Shekar	Role of Coronary Artery Calcium in Women
Eve Marie Benson	Differences in Patient experience by geographical region among adults with ASCVD
Serge Harb	Stress Testing Protocol Independently associated with Mortality
Allison Bigeh	Inflammatory Bowel Disease and Cardiac Risk
Byomesh Tripathi	Role of Coronary Artery Calcium in Women
Mahmoud Al Rafai	Influence of Influenza Infection on In-Hospital Acute Myocardial Infarction Outcomes
Anurg Mehta	Temporal Trends in E-Cigarette Use Among U.S. Adults: Behavioral Risk Factor Surveillance System, 2016 to 2018
<b>2018-2020</b>	
Pensee Wu	CVD Prevention at AHA
<b>2018-2020</b>	
Victor Okunrintemi	Adverse Pregnancy Outcomes and CVD
<b>2018-2019</b>	
Camila Maestas	Gender & Patient Reported Outcomes
<b>2014-2015</b>	
	Age-specific Differences & patient reported Outcomes in Individuals with ASCVD
	Inflammatory Bowel Disease and Cardiac Risk

Ashley A. Buffomante <b>2013-2014</b>	Depression & Anxiety in Women with Heart Disease
Khadijah Breathett	Pre-Eclampsia and CVD Risk
Grace Ayafor	Gender Difference in Vascular Access for Cardiac Cath
Monica Arora <b>2012-2013</b>	Gender Differences in Stress Testing
Khadijah Breathett	Pre-Eclampsia and CVD Risk
Grace Ayafor	Gender Difference in Vascular Access for Cardiac Cath
Christina Salazar <b>2011-2012</b>	Women and Cardiovascular Disease
Christina Salazar	Women and Cardiovascular Disease
Gina Meltzer	Women and Cardiovascular Disease
Khadijah Breathett <b>2010-2011</b>	Pre-Eclampsia and CVD Risk
Kavita Sharma <b>2009-2010</b>	Role of Exercise Testing in Men and Women
Priya Kohli	Exercise Testing in Women
<b>2009-2010</b>	Gender Differences in Stress Testing
Monica Arora <b>2007-2010:</b>	Gender Differences in Stress Testing
Dina Sparano	Cardiac Syndrome X in Women
<b>2003-2004:</b>	Gender Differences in Stress Testing
Preeti Kansal	Gender Differences in the Value of ST-Segment Depression during Adenosine Stress Testing
Samir Patel	The Impact of Contemporary Guideline Compliance on Risk Stratification Models for Acute Coronary Syndromes in The Registry of Acute Coronary Syndromes (TRACS)
<b>2002-2003:</b>	
Johann Aasbo	Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Renal Function in Patients with Atherosclerotic Renal Artery Stenosis
David Bromet	Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Renal Function in Patients with Atherosclerotic Renal Artery Stenosis
Stamatis Dimitropoulos	Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Renal Function in Patients with Atherosclerotic Renal Artery Stenosis
Roy Venzon	Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Renal Function in Patients with Atherosclerotic Renal Artery Stenosis

**(2) Advisor to Medical Students in Research**

**Class of 2013:**

Serena Wang Gender Differences in Cardiac Surgery Mortality

**Class of 2012:**

Julia Fuchs Lipid and Metabolic Syndrome Database  
**Class of 2011:**  
 Clair O'Connell Gender Differences in Stress Testing  
**Class of 2006:**  
 Pravin Pratap Gender Differences in the Value of ST-Segment  
 Depression during Adenosine Stress Testing

**(3) Advisor to Cardiology Fellows Senior Scholar Presentation**

**Class of 2010:**  
 Priya Kohli, MD Exercise Testing in Women  
**Class of 2009:**  
 Smriti Banthia, MD Physical Activity: Is 30 minutes enough?  
**Class of 2007:**  
 Anne Sheridan, MD Cardiovascular Disease in Women

**(4) Supervision of Fellows in Clinical Training (clinic fellow)**

2017-2020: Lindsey Trutter, MD  
 2013-2014: Nishaki Mehta, MD  
 2007-2010: Priya Kohli, MD  
 2003-2005: Carolina Karam-Demori, MD

**(5) Cardiology Specialty-Specific Mentor to Residents**

Class	Resident	Cardiology Fellowship
2020	Allison Bigeh	Ohio State University
2019	Camila Maestas	University of New Mexico
2017	Ashley Buffomante, MD	Ohio State University
2016	Jordan Thomas, MD	University of Toledo
2011	Monica Arora, MD	University of Texas Southwestern 2011-2014
2010	Dina Sparano, MD	University of Chicago 2010-2013
2009	Pravin Pratap, MD	University of South Florida 2009-2012
2007	Brian Nolan, DO	Oregon Health Sciences 2007-2010
2007	Jennifer Wright, MD	Loyola University 2007-2010

**(6) Cardiology Specialty-Specific Mentor to Medical Students**

Class	Student	Residency
2018	Maria Martin	University of Arizona (Meds/Peds)
2016	Shane Ruckel	University of Utah (IM)
2016	Marie Hu	The Mayo Clinic (IM)
2016	David Ellis	Oregon Health Sciences Center (IM)
2016	Monique Delisser	Oakland, CA (Internal Medicine)
2013	Serena Wang	
2011	Claire O'Connell	Children's National Medical Center (Pediatrics)
2006	Pravin Pratap	Case Western Reserve University (IM)
2004	Brian Nolan	Oregon Health Sciences (IM)

**Research**

**Active Research**

<b>Hypertension Assessment Study</b> Role: PI (investigator Initiated)	2019-2021
<b>Global Congestive Heart Failure Study</b> Role: Site PI Funding: Award \$665,875	2018-2020
<b>Women Ischemic Syndrome Evaluation (WISE) Study</b> Role: Co-Investigator PIs: Dr. Carl Pepine and Dr. C. Noel Bairey-Merz	2004-present
<b>Women Take Heart-WISE Collaboration Study</b> Role: Co-Investigator	2003-present
<b>St. James Women Take Heart Project</b> Role: Principal Investigator from 2004-present Role: Co-Investigator: 2001-2004	2001- present
<b>Prior Research</b>	
<b>WOMEN (What is the Optimal Method for Ischemia Evaluation in Women?) Study</b> Role: Clinical Events Committee Chair, Co-investigator	2005-2010
<b>STILETTO (Syndrome X Trial: Identifying underLying Endothelial dysfunction and Testing Treatment Outcomes in women) Study</b> Role: Principal Investigator	2007-2010
<b>LIFE (Lifestyle Interventions and Independence for Elders)</b> Role: Co-Chair, Medical Safety Committee (Central); Exercise Intervention (NU Site)	2009-2010
<b>Women's Health Initiative (WHI)</b> Role: Co-Investigator (Rush University Medical Center Site) Rush University Medical Center, Chicago, IL	2004-2005
<b>Make Better Choices (MBC) Study</b> Role: Data Safety and Monitoring Board PI- Dr. Bonnie Spring, University of Illinois, Chicago NIH funded study	2004-2005
<b>The Registry for Acute Coronary Syndromes (TRACS Study)</b> Role: Co-Investigator	2002-2004
<b>Heart Failure Adherence and Retention Trial (HART)</b> Role: Co-Investigator, End-points committee Rush University Medical Center, Chicago, IL	2002-2005
<b>Contractile Cardiac Tissue</b> Role: Co-Investigator Supervisor: Dr. E.H. Sonnenblick, Division of Cardiology and Physiology Albert Einstein School of Medicine, Bronx, NY Performed studies concerning the structure-function Relationship of regulatory proteins in contractile tissue, requiring the application of molecular biological techniques.	1991

## Grants

**Past Grants**

**2013-2015**

**Women In Philanthropy Unrestricted Grant**

Role: Principal Investigator

\$52,000

**2013-2015**

**Heit Research Award**

Role: Principal Investigator

Title: Chronic Kidney Disease and the Effect of Exercise

**2011-2012**

**Gerlach Translational Award for 2011-2012**

Role: Principal Investigator

Title: Sex-specific Genetic Variability in Mechanistic Pathways and Cardiovascular Outcomes in Women with Non-obstructive Coronary Artery Disease (Substudy to the Women Ischemic Syndrome Evaluation (WISE) Study)

\$25,000

**2009-2010**

Role: Co-Investigator

Principal Investigator(s): Marco Pahor, Jack Guralnik

**Lifestyle Interventions and Independence for Elders (LIFE) Study**

Funding: National Institute of Health/National Institute of Aging (NIA) (active)

(sub contract from University of Florida- AG022376)

9/1/09-9/31/10

**2009-2010**

**Pioneer Award**

Role: Principal Investigator

Title: Gender Differences and Temporal Trends after Stress Testing

Funding: Institute of Women's Health Research (active)

\$25,000

**2008-2010**

Role: Principal Investigator

Title: Women with chest pain and normal coronary arteries.

Woman's Board of Northwestern Memorial Hospital Grant Recipient

\$100,000

**2009**

Role: Co-Principal Investigator with Institute of Women's Health

Title: Cardiology Summer Academy-Program funded to enroll 16 high school girls, from disadvantaged backgrounds, who attend school on the south side of Chicago. The role of the project was to provide young women with the opportunity to engage in hands-on learning experiences to explore basic science research and clinical applications occurring in the field of cardiology.

Illinois Department of Public Health: Office of Women's Health

Contract # 96180179 TIN: 36-2167817. Completed

\$9500

**2003-2004**

Role: Principal Investigator

Title: The Prognostic Value of the Duke Treadmill Score in Asymptomatic Women



American College of Cardiology Foundation: Harry B. Graf Career Development Award for Heart Disease Prevention: Research Grant. Completed.

\$35,000

**2003-2004**

Role: Principal Investigator

Title: Gender Differences in the Predictive Value of ST-Segment Depression during Adenosine Stress Testing

Fujisawa Young Investigator Grant Completed.

\$40,000

**Personal Development**

Executive Leadership in Academic Medicine (ELAM) Drexel University Philadelphia, PA	2019
AAMC Mid-Career Women Faculty Professional Development Seminar Austin, TX	2013
AAMC Early Career Women Faculty Professional Development Seminar Washington, DC	2009
American Heart Association 30 <sup>th</sup> Ten-Day Seminar on the Epidemiology and Prevention of Cardiovascular Disease- Fellow Lake Tahoe, CA	2004
Clinical Cardiovascular Investigator (CCI) Program American College of Cardiology/National Heart, Lung, and Blood Institute Bethesda, Maryland	2000

**Editorial Work**

**Editor-in-Chief**

CardioSmart for the American College of Cardiology 2015-2021

**Editorial Board:**

Journal of Cardiac Failure- Editorial Board 2021-present

*Patient Empowerment Editor*

US Cardiology Review 2020-Present

*Editorial Board Member*

American Heart Association Heart Insight Editorial Board 2012-present

Woman's Day Magazine: Heart Health Advisory Board 2013-present

**Journal Reviewer:**

American Heart Journal 2005-Current

American Journal of Cardiology 2003-Current

Anesthesia & Analgesia 2005-Current

Archives of Internal Medicine 2005-Current

Circulation 2003-Current

Circulation: Imaging 2011-Current

Chest 2005-Current

Journal of Adolescent Health 2006-Current

Journal of the American Medical Association 2006-Current

Journal of the American Medical Association-Cardiology 2015-Current

Journal of the American College of Cardiology 2007-Current

Journal of the American Society of Echocardiography	2009-Current
Journal of General Internal Medicine	2004-Current
Journal of Human Hypertension	2009- Current
Journal of Women's Health	2011- Current

### **Abstracts and Presentations**

#### **Abstracts**

1. **Gulati M**, Pandey DK, Lauderdale D, Arnsdorf MF, Wicklund R, Black HR. Exercise capacity and all-cause mortality in women: St James Women Take Heart Project. *Circulation* 2002;106(Supplement):II-601.
2. **Gulati M**, Pandey DK, Lauderdale DS, Arnsdorf MF, Wicklund R, Al-Hani AJ, Calvin JE, Black HR. Chronotropic Incompetence and All Cause Mortality in Asymptomatic Women: The St James Women Take Heart Project. *Circulation* 2003;107(7):E7001-E7039.
3. Pandey DK, **Gulati M**, Wicklund R, Black HR. Exercise Capacity Predicts Risk of Coronary Death in Asymptomatic Women: The St James Women Take Heart Project. *Circulation* 2003;107(7):E7001-E7039.
4. **Gulati M**, Pandey DK, Lauderdale D, Arnsdorf MF, Wicklund R, Black HR. The Prognostic Value of the Duke Treadmill Score in Asymptomatic Women: The St James Women Take Heart Project. *Circulation* 2003;106(Supplement):II-601.
5. Aasbo JD\*, Bromet DS\*, Venzon RP\*, Dimitropoulos S\*, **Gulati M**, Kavinsky CJ, Schaer GL, Snell JR. Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Renal Function in Patients with Atherosclerotic Renal Artery Stenosis. *Journal of the American College of Cardiology* 2004;43(Supplement A):100A
6. **Gulati M**, Pandey DK, Arnsdorf MF, Lauderdale D, Wicklund R, Al-Hani AJ, Black HR. The Duke Treadmill Score and Cardiac Mortality in Asymptomatic Women: The St James Women Take Heart Project. *Journal of the American College of Cardiology* 2004;43(Supplement A):238A
7. **Gulati M**, Patel S\*, Jaffe AS, Joseph A, Calvin JE. The Impact of Contemporary Guideline Compliance on Risk Stratification Models for Acute Coronary Syndromes in The Registry of Acute Coronary Syndrome (TRACS). *Journal of the American College of Cardiology* 2004;43(Supplement A):262A
8. Dimitropoulos S\*, Venzon R\*, Bromet DS\*, Aasbo JD\*, **Gulati M**, Caralis DG, Kavinsky CJ, Schaer GL, Snell RJ. Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Hypertension in Patients with Atherosclerotic Renal Artery Stenosis. *Journal of the American Society of Hypertension* 2003;17(2):146A.
9. **Gulati M**, Pratap P, Kansal P, Calvin JE, Hendel RC. Gender Differences in the Value of ST-Segment Depression during Adenosine Stress Testing. *Journal of Nuclear Cardiology* 2004; 11 (Supplement):S19
10. **Gulati M**, Shaw LJ, Arnsdorf MF, Thisted RA, Bairey Merz CN, Al-Hani AJ, Black HR. The Prognostic Value of Exercise Capacity in Women: Nomogram for the Female Population. *Circulation* 2004; 100 (Supplement): III-560.
11. Carnethon MR, **Gulati M**, Greenland P. Prevalence and Cardiovascular Disease Correlates of Low Cardiorespiratory Fitness in Adolescents and Adults: National

- Health and Nutrition Examination Survey, 1999 – 2002. *Circulation* 2005; 111 (14): e184-251.
12. **Gulati M**, Shaw LJ, Lauer MS, Thisted RA, Black HB, Bairey Merz CN, Wicklund R, Al-Hani AJ, Arnsdorf MF. Heart Rate Response to Exercise Stress Testing in Asymptomatic Women: The St. James Women Take Heart Project. *Circulation* 2005; 112 (Supplement):II-809.
  13. **Gulati M**, Arnsdorf MF, Shaw LJ, Bairey Merz CN, Thisted RA, Black HR. Fitness, the Metabolic Syndrome and Mortality in Women. *Circulation* 2005; 112 (Supplement):II-829.
  14. Cooper-DeHoff RM, McClure C, Johnson D, **Gulati M**, Shaw L, Handberg EM, Zineh I, Johnatty S, Kelsey S., Arnsdorf MF, Black HR, Bairey Merz CN, Pepine CJ. Adverse Cardiovascular Outcomes in Women with No Obstructive CAD: A report from the NHLBI-sponsored WISE Study and the St. James WTH Project. *Circulation* 2006;114:II-339.
  15. McClure C, Johnson BD, **Gulati M**, Cooper-DeHoff RM, Shaw L, Handberg EM, Zineh I, Kelsey SF, Arnsdorf MF, Black HR, Bairey Merz CN, Pepine CJ. Role of the Framingham Risk Score in Symptomatic Women: A Report From The NHLBI-sponsored Women's Ischemia (WISE) Study and the St James Women Take Heart (WTH) Project. *Circulation* 2007.
  16. **Gulati M**, Black HR, Arnsdorf MF, Al-Hani A, Bakris G. Measurement of Renal Function in Asymptomatic Women. Does it Add Information Beyond the Framingham Risk Score as a Predictor of Death? *Journal of Clinical Lipidology* 2008;2:S35.
  17. Klein L, Lloyd-Jones DM, Greenland P, Ning H, Kang J, Limacher MC, Margolis KL, Howard BV, Robinson JG, Wong ND, **Gulati M**, Carla S. Dupree CS, LaCroix AZ, Chae, CU. Heart Failure Incidence and Prognosis in Post-Menopausal Women According to Different Diagnostic Criteria: The Women's Health Initiative Hormone Therapy Randomized Trials. *Circulation* 2009;120: S399.
  18. Klein L, Chae CU, Greenland P, Hongyan Ning, Kang J, Limacher MC, Margolis KL, Howard BV, Robinson JG, Wong ND, **Gulati M**, Dupree CS, LaCroix AZ, Lloyd-Jones DM. Hormone Therapy and Heart Failure Incidence and Prognosis in Post-Menopausal Women: The Women's Health Initiative Hormone Therapy Randomized Trials. *Circulation* 2009;120: S504.
  19. **Gulati M**, Black HR, Arnsdorf MF, Al-Hani A, Bakris G. Renal Dysfunction, Cardiorespiratory Fitness and the Risk of Death in Women. *Circulation* 2009;120: S487.
  20. Arora, M, Sparano D, Johnson N, O'Conner C, Holly T, **Gulati M**. Temporal Effect on Gender Differences in Patients Undergoing Evaluation for Coronary Artery Disease. *Journal of the American College of Cardiology* 2010;55:S-A138.E1295
  21. Abdelmoneim SS, Mulvagh S, Barr L, Pack Q, **Gulati M**, Allison T. Impact of Utilizing a Women-Based Formula for the Calculation of Chronotropic Response during Exercise Treadmill Testing in Women: Long-term Outcome. *Journal of the American College of Cardiology* 2012;S-A478
  22. Ayafor G, Abdel-Rasoul M, **Gulati M**, Capers W. PCI in Elderly Women: Superior Outcomes with Transradial versus Transfemoral Approach. *Journal of the American College of Cardiology* 2013:S-A395

23. Vinh D, Snider M, Hevezi M, **Gulati M**. Interdisciplinary Cardiovascular Risk Reduction and Lipid Management Clinics: A Health System-Wide Model. *Journal of the American Pharmacists Association* Mar/Apr 2013; 53:2 Abstract #26
24. Smith SM, Huo T, Handberg E, **Gulati M**, Bairey Merz CN, Pepine CJ, Cooper-DeHoff RM. Mortality Risk Associated with Apparent Resistant Hypertension Amongst Women. *Circulation* 2014
25. Lewis SJ, Mehta L, Douglas P, **Gulati M**, Limacher M, Poppas A, Walsh M, Bohannon K, Rzeszut A, Duvernoy C. The Professional Life of Cardiologists: Insights From the Third American College of Cardiology Professional Life Survey. *Journal of the American College of Cardiology* 2016
26. Gordon NF, Salmon RD, Wright BS, Faircloth GC, Gordon TL, Hargrett M, Berk MR, Franklin BA, **Gulati M**. Evaluation of the CardioSmart Population Health Management Initiative: Changes in Health Risk and participant satisfaction. *J Am Coll Cardiol.* 2017;69:1836
27. Poster Presentation: SCAI 2017  
Sultan M, Verma D, Agarwall S, Bharadwaj S, Byrne T, Owan T, Amabile O, Tasset M, Flores E, Papendorf J, Bertram S, Gellert G, Morris M, Capampangan D, **Gulati M**, Su W, Fang K, Pershad A.  
Incidence-Rate of Stroke in Patients with Known Patent Foramen Ovale Stratified Over CHADS2 Risk Score: A Long-term (10 year) Follow-up Study.
28. Poster Presentation: SCAI 2017  
Flores E, Verma D, Sultan M, Agarwall S, Bharadwaj S, Byrne T, Owan T, Amabile O, Tasset M, Papendorf J, Bertram S, Gellert G, Morris M, Capampangan D, **Gulati M**, Su W, Fang K, Pershad A. "Stroke Risk in Patients with Patent Foramen Ovale Undergoing Implantation of Intracardiac Devices Such as Permanent Pacemaker or Implantable Cardioverter-Defibrillator. Accepted for
29. Poster Presentation: ESC 2019  
August 31, 2019  
Paris, FRANCE  
Mohamed M, Lopez-Mattei J, Iliescu C, Purwani P, Bharadwaj A, Kim P, Palaskas P, Rashid M, Potts J, Kwok C, **Gulati M**, Al Zubaidi AB, Mamas M.  
Acute Myocardial Infarction with Leukaemia: A national analysis of prevalence, predictors and outcomes in United States hospitalisations (2004-2014).
30. European Society of Cardiology  
September 1, 2019  
Paris, FRANCE  
Harb S, Menon V, Wu W, Cremer P, Cho L, **Gulati M**, Jaber W.  
The selected stress testing protocol is independently associated with with mortality irrespective of exercise capacity and comorbidities.
31. European Society of Cardiology September 2, 2019  
Paris, FRANCE  
Harb S, Menon V, Wu W, Cremer P, Cho L, **Gulati M**, Jaber W.  
Validation of seven different exercise stress testing protocols in a large 25-year stress testing registry.
32. Poster Presentation: TCT 2019  
September 27, 2019

Pandya B, Biglari D, Gramze N, Hurst T, Centorino L, Gopalan R, Arabia F, Fang K, Su W, Kalya R, Abbas F, Patel N, Gellert G, Spangola J, Lafferty J, **Gulati M**, Verma D. Impact of Immediate Coronary Angiography on In-hospital and Intermediate Term Survival In Patients With Out-of-Hospital Cardiac Arrest And No ST Segment Elevation: Updated Meta-Analysis

## **Oral Presentations**

### **International**

1. 7<sup>th</sup> International Symposium on Multiple Risk Factors in Cardiovascular Disease: Prevention and Intervention-Health Policy, Venice, Italy. October 24, 2008  
Measurement of Renal Function in Asymptomatic Women. Does it Add Information Beyond the Framingham Risk Score as a Predictor of Death?  
**Gulati M**, Black HR, Arnsdorf MF, Al-Hani A, Bakris G
2. 23<sup>rd</sup> Great Wall International Congress of Cardiology, Beijing, CHINA. October 2012  
Gender differences in Cardiovascular Assessment  
October 12, 2012  
**Gulati, M.**  
Core Components of Cardiac Rehabilitation & Secondary CVD Prevention  
October 13, 2012  
**Gulati, M.**
3. International Menopause Society- 14 World Congress. Cancun, MEXICO. May 1, 2014  
Gender Specific Aspects of CVD in Women  
**Gulati, M.**
4. SIGMA Canadian Menopause Society: 2<sup>nd</sup> national Scientific Conference- Menopause Redefined: The New Dawn. Toronto, CANADA. September 12, 2015  
Women and Cardiovascular Disease  
Toronto, ON CANADA  
**Gulati, M.**
5. Hypertension Summit 2015. London, UK. October 6, 2015  
Women and Cardiovascular Disease: Is there a Sex Difference?  
**Gulati, M.**
6. Hypertension Summit 2015. London, UK October 8, 2015  
Gestational Hypertension, Pre-Eclampsia and Risk of Cardiovascular Disease  
**Gulati, M.**
7. Egypt Society of Cardiology & the American College of Cardiology  
Cairo, Egypt- April 20, 2017  
ASCVD Prevention -Egypt  
Title: Risk Factor Burden and Risk Assessment of Cardiovascular Disease  
**Gulati, M.**
8. Saudi Heart Association & the American College of Cardiology  
Riyadh, Saudi Arabia- April 21, 2017  
ASCVD Prevention -Saudi Arabia  
Title: Risk Factor Burden and Risk Assessment of Cardiovascular Disease  
**Gulati, M.**
9. European Society of Cardiology (ESC), Barcelona, SPAIN

- August 2017  
Title: CardioSmart for our International Chapters for the American College of Cardiology  
**Gulati, M.**
10. 28<sup>th</sup> Annual Great Wall International Congress of Cardiology, Beijing, CHINA.  
October 13, 2017  
Moderator: The American College of Cardiology and GW-ICC: Prevention in Cardiovascular Medicine: Hypertension, Smoking Cessation and Lipids  
**Gulati, M.**
  11. 28<sup>th</sup> Annual Great Wall International Congress of Cardiology, Beijing, CHINA.  
October 13, 2017  
Title: State of Hypertension in the U.S. 2017  
**Gulati, M.**
  12. Mexican Society of Cardiology & the American College of Cardiology  
Mexico City, Mexico- December 14, 2017  
ASCVD Prevention - Mexico City  
Title: Risk Factor Burden and Risk Assessment of Cardiovascular Disease  
**Gulati, M.**
  13. Canadian Women's Health Summit 2018, Ottawa, ON CANADA  
April 6, 2018  
Session Moderator  
Title: Risk Factor Management: Sex-Specific Considerations  
**Gulati, M.**
  14. Canadian Women's Health Summit 2018, Ottawa, ON CANADA  
April 6, 2018  
Title: Mentorship in the field of women and heart disease  
**Gulati, M.**
  15. Canadian Women's Health Summit 2018, Ottawa, ON CANADA  
April 6, 2018  
Investigator Competition  
Title: Preterm Delivery as a Risk Factor for Cardiovascular Disease: A Meta-Analysis  
**Gulati, M.**
  16. European Society of Cardiology (ESC), Munich, GERMANY  
August 25, 2018  
Title: Squaring the circle: from congenital to acquired complex valvular and myocardial disease  
Session Chair  
**Gulati, M.**
  17. European Society of Cardiology (ESC), Munich, GERMANY  
August 26, 2018  
Women In Cardiology- Bridging The Gap  
Title: The female cardiologist: a medical and business case  
**Gulati, M.**
  18. European Society of Cardiology (ESC), Munich, GERMANY  
August 28, 2018  
Title: Prevention guidelines and their gaps in daily practice

- Discussant  
**Gulati, M.**
30. First Annual Dr. Nanette Kass Wenger International Conference on Cardiovascular Disease in Women  
Belgrade, SERBIA  
December 3, 2018  
Title: Women's Cardiovascular Health: Where Are We Heading  
**Gulati, M.**
  31. First Annual Dr. Nanette Kass Wenger International Conference on Cardiovascular Disease in Women  
Belgrade, SERBIA  
December 3, 2018  
Title: Role of Social Media in Medicine: From Advocacy to Education  
**Gulati, M.**
  32. World Congress of Cardiology, Dubai, UAE  
December 5, 2018  
Title: The connection between the breast and heart in a woman- Breast cancer and cardiovascular disease  
**Gulati, M.**
  33. World Congress of Cardiology, Dubai, UAE  
December 7, 2018  
Title: Atrial Fibrillation & Stroke in Women  
**Gulati, M.**
  24. Soochow Cardiology Program  
May 7, 2019  
Title: The Best From ACC Scientific Sessions 2019  
Suzhou, CHINA  
**Gulati, M.**
  25. Changzhou City Cardiology Talk  
May 8, 2019  
Title: The Best From ACC Scientific Sessions 2019  
Wuxi, CHINA  
**Gulati, M.**
  26. Ningbo City Cardiology Talk  
May 11, 2019  
Title: The Best From ACC Scientific Sessions 2019  
Ningbo, CHINA  
**Gulati, M.**
  27. CACPR Annual Meeting, Saskatoon, Canada  
June 15, 2019  
Keynote Speaker  
Title: Gender Differences in Cardiovascular Disease – Implications for Disease Management and Cardiac Rehab  
**Gulati, M.**
  28. Conferencista del XVIII Congreso Paraguayo de Cardiología y Cirugía Cardiovascular  
Asunción, PARAGUAY

- August 15, 2019  
Go Red For Women Symposium  
Title: Women and cardiovascular conditions. Is there really gender difference?  
**Gulati, M.**
29. Conferencista del XVIII Congreso Paraguayo de Cardiología y Cirugía  
Cardiovascular  
Asunción, PARAGUAY  
August 15, 2019  
Title: Social networks and Cardiology: changing the conversation for health care.  
**Gulati, M.**
30. Conferencista del XVIII Congreso Paraguayo de Cardiología y Cirugía  
Cardiovascular  
Asunción, PARAGUAY  
August 15, 2019  
Go Red For Women Symposium  
Title: Why the woman's heart needs specialized attention  
**Gulati, M.**
31. European Society of Cardiology (ESC) 2019  
Paris, FRANCE  
August 31, 2019  
Social Media in Cardiology  
Chair: **Gulati, M.**
32. Canadian Cardiovascular Congress (CCC) 2019  
Montreal, CANADA  
October 27, 2019  
Session: Her Heart Matters  
Title: Spectrum of Ischemic Heart Disease in Women: Unique Challenges and Opportunities  
**Gulati, M.**
33. Masters of Medicine Conference 2020  
Kingston, JAMAICA  
January 18, 2020  
Title: The 5 most important CAD trials in the past 5 years. What have we learned?  
**Gulati, M.**
34. Masters of Medicine Conference 2020  
Kingston, JAMAICA  
January 19, 2020  
Title: Heart Disease in Women  
**Gulati, M.**
35. American College of Cardiology- India  
India (Virtual Conference)  
November 7, 2020  
Cardiovascular Risk Management Webinar  
Title: Sex Differences in Cardiovascular Disease  
**Gulati, M.**
36. American College of Cardiology- India  
India (Virtual Conference)



- November 8, 2020  
Cardiovascular Risk Management Webinar  
Title: Preventing Cardiovascular Disease in Women  
**Gulati, M.**
37. Saudi Heart Association/ Saudi Cardiac Clinical Pharmacist  
Saudi Arabia (Virtual Conference)  
December 19, 2020  
Title: The Exercise Guidelines  
**Gulati, M.**
38. Third Annual Dr. Nanette Kass Wenger International Conference on  
Cardiovascular Disease in Women  
Belgrade, SERBIA  
December 21, 2020  
Title: Educate, Advocate, Legislate- Panel Discussion  
**Gulati, M.**
39. National Institute for Prevention and Cardiovascular Health  
Dublin, Ireland  
February 11, 2021  
Women Heart Matters  
Title: Why Sex Matters in Cardiovascular Health  
**Gulati, M.**
40. The Canadian Women's Heart Health Symposium  
Ottawa, CANADA  
February 12, 2021  
Debate: Can Social Media Positively Transform Women's Heart Health? (Pro  
Discussant)  
**Gulati, M.**
41. International Congress of the Egyptian Society of Cardiology  
CardioEgypt  
Cairo, Egypt  
February 16, 2020  
Title: The ABC's of Cardiovascular Prevention  
**Gulati, M.**
42. International Congress of the Egyptian Society of Cardiology  
CardioEgypt  
Cairo, Egypt  
February 16, 2020  
Title: Women & Cardiovascular Disease: Is there really a sex-difference?  
**Gulati, M.**
43. PCR Webinar- PCR Online  
INOCA in Specific Scenarios  
May 7, 2021  
Title: Understanding MINOCA  
**Gulati, M.**
44. European Society of Cardiology- ACNAP Congress 2021  
Women's Hearts Matter  
June 18, 2021

Title: Unique Considerations for heart disease prevention in Women  
**Gulati, M.**

**National**

1. American Heart Association, Scientific Sessions, Chicago, IL, November 19, 2002  
Exercise Capacity and All-Cause Mortality in Women: St James Women Take Heart Project.  
**Gulati M**, Pandey, DK, Lauderdale D, Arnsdorf MF, Wicklund R, Black HR
2. American College of Cardiology, Scientific Sessions, New Orleans, LA, March 10, 2004  
The Duke Treadmill Score and Cardiac Mortality in Asymptomatic Women: The St James Women Take Heart Project  
**Gulati M**, Pandey, DK, Lauderdale D, Arnsdorf MF, Wicklund R, Black HR.  
American College of Cardiology, Scientific Sessions, New Orleans, LA, March 10, 2004  
Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Renal Function in Patients with Atherosclerotic Renal Artery Stenosis  
AasboJD, Dimitropoulos S, Bromet DS, Butzel DW, Venzon R, **Gulati M**, Calvin JE, Kavinsky CJ, Schaer GL, Snell RJ.
3. American Thoracic Society, Orlando, FL, May 23, 2004  
Combination Therapy of Subcutaneous Treprostinil and Oral Sildenafil: A Proof of Concept Study  
Gomberg-Maitland M, **Gulati M**, Rich S.
4. American Society of Nuclear Medicine, New York, NY, October 2, 2004  
Gender Differences in the Value of ST-Segment Depression during Adenosine Stress Testing  
**Gulati M**, Pratap P\*, Kansal P\*, Calvin JE, Hendel RC.  
Presented in the Young Investigator Competition at ASNC: Awarded first runner-up
5. American Heart Association, Scientific Sessions, New Orleans, LA  
November 9, 2004  
Mike Pollack Featured Research in Exercise: Effects on Cardiovascular Function and Prognosis  
The Prognostic Value of Exercise Capacity in Women: Nomogram for the Female Population  
**Gulati M**, Shaw LJ, Arnsdorf MF, Thisted RA, Bairey Merz CN, Al-Hani AJ, Black HR.
6. Second International Conference on Women, Heart Disease & Stroke  
Orlando, FL,  
February 2005  
The Prognostic Value of Exercise Capacity in Women: Nomogram for the Female Population  
**Gulati M**, Shaw LJ, Arnsdorf MF, Thisted RA, Bairey Merz CN, Al-Hani AJ, Black HR.
7. American Heart Association, Scientific Sessions, Dallas, TX, November 14, 2005  
News conference "**Unlocking the Secrets of a Woman's Heart**"  
Fitness, the Metabolic Syndrome and Mortality in Women

- Martha Gulati**, Northwestern University, Chicago, IL
8. American Heart Association, Scientific Sessions, Dallas, TX, November 15, 2005  
Heart Rate Response to Exercise Stress Testing in Asymptomatic Women: The St. James Women Take Heart Project  
**Gulati M**, Shaw LJ, Lauer MS, Thisted RA, Black HB, Bairey Merz CN, Wicklund R, Al-Hani AJ, Arnsdorf MF.
  9. American Heart Association, Scientific Sessions, Dallas, TX, November 16, 2005  
Fitness, the Metabolic Syndrome and Mortality in Women  
**Gulati M**, Arnsdorf MF, Shaw LJ, Bairey Merz CN, Thisted RA, Black HR.
  10. American College of Cardiology Scientific Sessions, Atlanta, GA, March 13, 2006  
Meet the Expert Session, Co-Chair
  11. American Society of Pediatric Otolaryngology, Chicago, IL, May 22, 2006  
Improved Infant Swallowing after GERD Treatment: A Function of Improved Laryngeal Sensation?  
Suskind DL, Thompson DM, **Gulati M**, Huddleston P, Liu DC, Baroody FM.
  12. American Heart Association, Scientific Sessions, Chicago, IL, November 12, 2006  
Adverse Cardiovascular Outcomes in Women with No Obstructive CAD: A report from the NHLBI-sponsored WISE Study and the St. James WTH Project  
Cooper-DeHoff RM, McClure C, Johnson D, **Gulati M**, Shaw L, Handberg EM, Zineh I, Johnatty S, Kelsey S, Arnsdorf MF, Black HR, Bairey Merz CN, Pepine CJ.
  13. American College of Cardiology, Scientific Session, New Orleans, LA, March 27, 2007.  
Session: Modern Exercise Testing Interpretation: An Oxymoron? (Invited Speaker)
  14. The Consortium for Southeastern Hypertension Control (COSEHC) and Inter-American Society of Hypertension (IASH), Miami, FL, May 9, 2007.  
Title: Diagnosis of Coronary Disease in Women: Challenges and Opportunities.  
**Gulati M**
  15. American Society of Hypertension, San Francisco, CA, May 7, 2009  
**Late Breaking Session Presentation**  
Title: Renal Dysfunction, Cardiorespiratory Fitness and the Risk of Death in Women.  
**Gulati M**, Black HR, Arnsdorf MF, Al-Hani A, Bakris G
  16. American Heart Association, Scientific Sessions, Orlando, FL, 2009  
Hormone Therapy and Heart Failure Incidence and Prognosis in Post-Menopausal Women: The Women's Health Initiative Hormone Therapy Randomized Trials.  
Klein L, Chae CU, Greenland P, Hongyan Ning, Kang J, Limacher MC, Margolis KL, Howard BV, Robinson JG, Wong ND, **Gulati M**, Dupree CS, LaCroix AZ, Lloyd-Jones DM.
  17. American Heart Association, Scientific Sessions, Chicago, IL, 2010  
**Late Breaking Clinical Trial**  
Comparative Effectiveness Of Exercise Electrocardiography Versus Exercise Electrocardiography Plus Myocardial Perfusion SPECT In Women With Suspected Coronary Artery Disease: Results From The What's The Optimal Method For Ischemia Evaluation In Women Trial.  
Shaw LJ, Mieres JH, Hendel RH, **Gulati M**, Veledar E, Boden WE, Hachamovitch R, Arrighi JA, Bairey Merz CN, Gibbon RJ, Wenger NK, Heller GV.

18. The American Society of Hypertension Scientific Meeting, New York, NY. May 1, 2010  
Hypertension Highlights 2010 (Opening Session)  
Title: "Update on Cardiovascular Health in Women"  
**Gulati M**
19. The American Society of Hypertension Scientific Meeting, New York, NY. May 3, 2010  
Meet The Expert Lunch Session  
Title: "Exercise Testing"  
**Gulati M**
20. The American Society of Hypertension Scientific Meeting, New York, NY. May 4, 2010  
Translation Track Session  
Title: "What the Hypertension Specialist should know about the Evaluation of Exercise Testing"  
**Gulati M**
21. North American Menopause Society Annual Meeting, Washington, DC  
September 22, 2011  
Plenary Symposium  
Title: Cardiovascular Disease in Postmenopausal Women: Getting to the Heart of the Matter  
**Gulati M**
22. The Consortium for Southeastern Hypertension Control 2011 Scientific Sessions, Charlotte, NC  
November 3, 2011  
The Carlos Ferrario Founder's Lecture  
Title: Women and Cardiovascular Disease: Is there a Gender Difference?  
**Gulati M**
23. American Heart Association, Scientific Sessions, Orlando, FL, 2011  
November 12, 2011  
Title: Choosing a Clinical Mentor  
**Gulati, M**
24. American College of Cardiology, Scientific Sessions, Chicago, IL 2012  
March 24, 2012  
*Stable Ischemic Heart Disease in Women: Are They Really from Venus?*  
Title: What Does Ischemia without Obstructive CAD Really Mean?  
**Gulati, M**
25. American College of Cardiology, Scientific Sessions, Chicago, IL 2012  
March 25, 2012  
*Diagnostic Testing; ECG and Cardiopulmonary Exercise Testing*  
Title: Impact of Utilizing a Women-Based Formula for the Calculation of Chronotropic Response during Exercise Treadmill Testing in Women: Long-term Outcome  
Abdelmoneim SS, Mulvagh S, Barr L, Pack Q, **Gulati M**, Allison T.
26. American College of Cardiology, Scientific Sessions, Chicago, IL 2012  
March 26, 2012  
Title: Meet the Experts-Session: Stress Testing in Women

- Gulati, M**
27. The American Society of Hypertension Scientific Meeting, New York, NY. May 22, 2012  
Non-Drug Therapy for Hypertension  
Title: Exercise Training
- Gulati M**
28. American Heart Association, Scientific Sessions, Los Angeles, CA. November 7, 2012  
Prognostic Implications of Stress testing- Chair of Session
29. American College of Cardiology, Scientific Sessions, San Francisco, CA. March 10, 2013  
Title: Enhancing career advancement among women in your own institution
- Gulati M**
30. The American Society of Hypertension Scientific Meeting, San Francisco, CA May 16, 2013  
Non-Invasive Testing in Hypertension: What Does It Add?  
Title: What Do We Learn From Exercise Blood Pressure Responses?
- Gulati M**
31. American College of Cardiology, Scientific Sessions Washington, DC. March 29, 2014  
Insights from the Guidelines  
Title: Updates in Diagnostic and Risk Assessment for SIHD
- Gulati M**
32. American College of Cardiology, Scientific Sessions Washington, DC. March 31, 2014  
Gender Differences That Impact Outcomes -Are the Current Guidelines Adequate?  
Title: Stable Ischemic Heart Disease and the Yentel Syndrome
- Gulati M**
33. American Association of Clinical Endocrinologists. Las Vegas, NV. May 16, 2014  
Cardiovascular Disease in Women: Female Aspects of Atherosclerosis-- Pathophysiology, Diagnosis and Management  
Title: Cardiovascular Risk Identification and Diagnosis: Do our guidelines work in women?
- Gulati M**
34. American Society of Preventive Cardiology. July 12, 2014  
Title: Stress Modification and other TLC - Putting it all Together
- Gulati M**
35. American Heart Association Scientific Sessions. November 16, 2014  
Moderator: Exercise is Medicine
- Gulati, M- Co-Chair**
36. American Heart Association. Scientific Sessions. November 18, 2014  
Moderator: Women: Cardiovascular Disease Across the Life Span
- Gulati, M- Chair**
37. Capitol Hill Briefing. Washington DC. February 24, 2015  
Title: Familial Hypercholesterolemia and Cholesterol in Women
- Gulati M**

38. Go Red Luncheon. Columbus, OH. February 26, 2015  
Title: Saving Lives-Performing CPR  
**Gulati M**
39. American College of Cardiology, Scientific Sessions San Diego CA. March 14, 2015  
How to Start a Women's Heart Center  
**Gulati M**
40. American College of Cardiology, Scientific Sessions San Diego CA. March 16, 2015  
AUC: Its Not Just for PCI! Appropriate Use of Stress Testing  
**Gulati M- Co-Chair**
41. Association of American Medical Colleges. Miami, FL. June 19, 2015  
2015 AAMC Admissions and Student Diversity Affairs Professional Development Conference  
Implicit & Explicit Bias, Possible Barriers to Women's Success in the Medical Profession  
**Gulati, M-Chair & Speaker**
42. Hypertension 2015-American Heart Association. Washington DC. September 16, 2015  
Women and Cardiovascular Disease-Sex Differences  
**Gulati M**
43. American Society of Nuclear Cardiology 2015. Washington, DC. September 17, 2015.  
What is the Latest Evidence to Identify At-risk Women for Heart Disease: Global Ischemic Heart Disease Risk in Women  
**Gulati M**
44. American Diabetes Association Health Professional Meeting. Fort Lauderdale, FL. September 18, 2015  
Women and Cardiovascular Disease: Is there a Sex Difference  
**Gulati M**
45. Familial Hypercholesterolemia Summit 2016. CA. September 24, 2015  
Tweet-a-Thon Leader  
Topic: Familial Hypercholesterolemia  
**Gulati M**
46. American College of Cardiology, Scientific Sessions, Chicago, IL 2016  
April 2, 2016  
Lewis SJ, Mehta L, Douglas P, **Gulati M**, Limacher M, Poppas A, Walsh M, Bohannon K, Rzeszut A, Duvernoy C.  
Title: The Professional Life of Cardiologists: Insights From the Third American College of Cardiology Professional Life Survey. Journal of the American College of Cardiology 2016
47. American College of Cardiology, Scientific Sessions, Chicago, IL 2016  
April 2, 2016  
CardioSmart: ACC's Guideline-Based Patient Education Program  
**Gulati M**
48. American College of Cardiology, Scientific Sessions, Chicago, IL 2016  
April 3, 2016

- Crossing The Borders: Lessons from International Luminaries and Women  
Outside the Clinic  
Title: From Motherhood to Bench to Bedside to Administration: One Woman Really  
Can Do It All  
**Gulati M**
49. American College of Cardiology, Scientific Sessions, Chicago, IL 2016  
April 3, 2016  
Cardiovascular intensive: Women and CVD: The “Special” Population  
Title: Sex Differences in Cardiovascular Outcomes  
**Gulati M**
50. American College of Cardiology: Legislative Sessions 2016, Washington DC  
September 9, 2016  
Title: Interacting with Congress through Social Media  
Title: From Motherhood to Bench to Bedside to Administration: One Woman Really  
Can Do It All  
**Gulati M**
51. American Society of Preventive Cardiology Congress on ASCVD 2016.  
September 17, 2016  
Title: Cardiac Risk Factors in Women: Adjusting our History and Physical  
Examinations Accordingly  
**Gulati M**
52. American College of Cardiology: Scientific Sessions 2017, Washington DC  
Patient Engagement Pavilion  
March 17, 2017  
Title: Engaging Patients Through Social Media  
**Gulati M**
53. American College of Cardiology: Scientific Sessions 2017, Washington DC  
March 18, 2017  
Title: Debates: Is there really a sex difference in CV Presentation, Care and  
Outcomes  
Pro: Women Have Different Symptoms than Men  
**Gulati M**
54. American College of Cardiology: Scientific Sessions 2017, Washington DC  
March 18, 2017  
Title: Town Hall Meeting- American Society of Preventive Cardiology  
Access to PCSK9 Inhibitors  
**Gulati M**
55. American College of Cardiology: Scientific Sessions 2017, Washington DC  
March 19, 2017  
Title: The Fountain of Youth: Exercise Recommendations for the Elderly  
**Gulati M**
56. National Lipid Association 2017, Philadelphia PA  
May 19, 2017  
Title: Town Hall Meeting- American Society of Preventive Cardiology  
Access to PCSK9 Inhibitors  
**Gulati M**
57. National Lipid Association 2017, Philadelphia PA

- May 21, 2017  
Title: The Role of Social Media in Patient Education  
**Gulati M**
58. Heart Failure Society of America (HFSA) 21<sup>st</sup> Annual Scientific Meeting 2017.  
Dallas, Texas  
September 18, 2017  
Title: Social Media: A Patient's perspective  
**Gulati, M.**
59. American Heart Association Scientific Sessions 2017, Anaheim, CA.  
November 11, 2017  
Fellows In Training  
Title: Discussant Lead: Negotiating Your First and Next Job  
**Gulati M**
60. American Heart Association Scientific Sessions 2017, Anaheim, CA.  
November 12, 2017  
Moderator: Multifaceted Strategies to Reduce Atherosclerotic Burden in the Real World  
**Gulati M**
61. American Heart Association Scientific Sessions 2017, Anaheim, CA.  
November 12, 2017  
Moderator: Multifaceted Strategies to Reduce Atherosclerotic Burden in the Real World  
**Gulati M**
62. American Heart Association Scientific Sessions 2017, Anaheim, CA.  
November 13, 2017  
Moderator: Racing Toward the Finish Line of Life – Too Much Exercise May Be Bad for Your Heart  
**Gulati M**
63. American Heart Association Scientific Sessions 2017, Anaheim, CA.  
November 13, 2017  
Moderator: The “Special” Population: Preventing Heart Disease in Women  
**Gulati M**
64. American Heart Association Scientific Sessions 2017, Anaheim, CA.  
November 13, 2017  
The “Special” Population: Preventing Heart Disease in Women  
Title: Cardiac Risk Factors in Women: Adjusting our History and Physical Examinations in Young Women  
**Gulati M**
65. American Heart Association Scientific Sessions 2017, Anaheim, CA.  
November 14, 2017  
Lifestyle Changes for CVD Prevention: A Global Perspective  
Title: Global Strategies for a Sustainable Physical Activity Program  
**Gulati M**
66. American Heart Association Scientific Sessions 2017, Anaheim, CA.  
November 14, 2017  
One Size Doesn't Fit All – Difficult Decisions in Prevention Practice  
Title: Case: On the Fence in Primary Prevention and No Where To Go?



- Gulati M**  
67. American Heart Association Scientific Sessions 2017, Anaheim, CA.  
November 14, 2017  
Trending Topics in Population Science  
Title: Trending Topics: Women and Special Populations
- Gulati M**  
68. Association of American Medical Colleges (AAMC) Mid-Career Women  
Leadership Seminar, Scottsdale, AZ.  
December 2, 2017  
Title: Panel Discussion: Pathways to Leadership
- Gulati M**  
69. American College of Cardiology: Scientific Sessions 2018, Orlando, FL  
March 10, 2018  
Title: Welcome from CardioSmart Editor
- Gulati M**  
70. American College of Cardiology: Scientific Sessions 2018, Orlando, FL  
March 10, 2018  
Title: Fellow-in-Training (FIT) Social Media Session
- Gulati M**  
71. American College of Cardiology: Scientific Sessions 2018, Orlando, FL  
March 11, 2018  
Title: Town Hall Meeting- American Society of Preventive Cardiology  
Gaining Access to PCSK9 Inhibitors: Unveiling of a New Mobile App
- Gulati M**  
72. American College of Cardiology: Scientific Sessions 2018, Orlando, FL  
March 12, 2018  
Moderator/Co-Chair  
Title: Next Generation Cardiac Rehabilitation: More Than A Gym?
- Gulati M**  
73. American College of Cardiology: Scientific Sessions 2018, Orlando, FL  
March 12, 2018  
Title: Early Career Highlights Session-Communication Highlights
- Gulati M**  
74. Heart Rhythm Society (HRS) Scientific Sessions 2018  
May 11, 2018  
Title: Female EPs for Female Patients: Do We Need Women's Health Centers?  
Boston, MA
- Gulati M**  
75. ACC Oklahoma Chapter  
May 12, 2018  
Title: Adding Competence to Our Approach to Treating Heart Disease in Women  
Oklahoma City, OK
- Gulati M**  
76. Society of Cardiovascular Computed Tomography (SCCT)/American Society of  
Preventive Cardiology (ASPC)  
Dallas, TX  
July 12, 2018

- Title: Patient Education Resources and Shared Decision Making in 2018  
**Gulati, M**
77. 13<sup>th</sup> Annual Meeting of The Society of Cardiovascular Computed Tomography (SCCT)  
Dallas, TX  
July 14, 2018  
Co-Chair  
Title: Guidelines and Appropriateness Criteria- The Challenges of the Current Guidelines  
**Gulati, M**
78. American Society of Preventive Cardiology Congress on ASCVD 2018.  
Santa Fe, NM  
July 27, 2018  
Title: Evaluating Chest Pain and Myocardial Ischemia in Women  
**Gulati M**
79. American Society of Preventive Cardiology Congress on ASCVD 2018.  
Santa Fe, NM  
July 28, 2018  
Title: Native American/Special Population  
Session Moderator  
**Gulati M**
80. American Heart Association Scientific Sessions 2018  
Chicago, IL.  
November 10, 2018  
Title: State of the Heart For Women: Top Ten Advances in Gender-specific Medicine  
Session Moderator  
**Gulati M**
81. American Heart Association Scientific Sessions 2018  
Chicago, IL.  
November 10, 2018  
Title: Pharmacotherapy in ACS and Stable Ischemic Heart Disease  
Poster Professor  
**Gulati M**
82. American Heart Association Scientific Sessions 2018  
Chicago, IL.  
November 10, 2018  
Title: Women In Cardiology- Fellows In Training (FIT) Sessions  
Session Speaker  
**Gulati M**
83. American Heart Association Scientific Sessions 2018  
Chicago, IL.  
November 11, 2018  
Title: Insider look for the Scientific Guidelines- Fellows In Training (FIT) Sessions  
Session Speaker  
**Gulati M**
84. American College of Cardiology: Scientific Sessions 2019, New Orleans, LA

- March 17, 2019  
Title: Social Media for Today's Cardiologist: A Necessary Professional Pathway or a Potentially Dangerous Fad for CV Science  
**Gulati M**
85. SCCT/IAS Cardiovascular Disease Prevention Symposium  
SCCT 2019 14<sup>th</sup> Annual Scientific Session  
July 11, 2019  
Title: Do we need Gender Specific Tailored Prevention: Why Women Are Different  
Baltimore, MD
86. Society of Cardiovascular Computed Tomography (SCCT) 2019 14<sup>th</sup> Annual Scientific Session  
July 12, 2019  
Keynote Talk  
Title: Sex-Based differences in CVD: Implications for Imagers  
Baltimore, MD
87. Society of Cardiovascular Computed Tomography (SCCT) 2019 14<sup>th</sup> Annual Scientific Session  
July 12, 2019  
Social Media Symposium: Social Media- a prism for cardiac CT and medicine  
Title: What NOT to do: navigating HIPAA, appropriateness and privacy.  
Baltimore, MD
88. Heart in Diabetes (3<sup>rd</sup> Annual Meeting)  
July 13, 2019  
Title: The preferred Management of a Diabetic Patient with 2-vessel disease (Debate: **Medical Management** vs PCI vs CABG)  
Philadelphia, PA
89. American Society of Preventive Cardiology: Experts Session  
July 19, 2019  
Title: Evaluating Chest pain and Myocardial Ischemia in Women  
San Antonio, TX  
**Gulati, M.**
90. American Society of Preventive Cardiology: Annual Congress  
The Nanette Wenger Keynote Lecture  
July 19, 2019  
Title: Women & Cardiovascular Disease- Is there really a sex difference?  
San Antonio, TX  
**Gulati, M.**
91. American Society of Preventive Cardiology: Virtual Summit  
July 25, 2020  
Moderator: Women & Heart Disease Session  
Virtual  
**Gulati, M.**
92. American Heart Association Scientific Sessions 2020  
Late Breaking Clinical Trial: Discussant  
Current Challenges in Coronary and Valve Disease  
Title: HARP-MINOCA  
November 14, 2020

- Gulati, M.**  
93. Cardiology Oncology Innovation Network (COIN) 2020 Inaugural Summit  
Cardio-Oncology Trainee Rapid Abstracts (Moderator)  
December 19, 2020
- Gulati, M.**  
94. Health Resources and Services Administration (HRSA) 2021  
Title: Supporting Women's Unique Cardiovascular Needs  
Women and the Risk of Cardiovascular Disease  
May 12, 2021
- Gulati, M.**  
95. American College of Cardiology- Connecticut Chapter  
ACC Women In Cardiology/American College of Physicians Annual Meeting  
Keynote Speaker  
Title: Understanding Women and Cardiovascular Disease  
May 22, 2021
- Gulati, M.**  
96. Society of Cardiovascular Computed Tomography (SCCT) 2021 16<sup>th</sup> Annual  
Scientific Session  
July 17, 2021  
Moderator: Photon Energy: Spectral CT, photon counting and dual energy  
Virtual
- Gulati, M.**  
97. American Society of Preventive Cardiology: Pre-Conference Symposium  
July 23, 2021  
Title: SCVD in Women: Defining the Challenge  
Virtual
- Gulati, M.**  
98. American Society of Preventive Cardiology: Virtual Summit  
July 24, 2021  
Title: Ischemic Heart Disease without Obstructive Coronary Arteries  
Virtual
- Gulati, M.**  
99. American Society of Preventive Cardiology: Virtual Summit  
July 24, 2021  
Moderator: The Great Diet Debate  
Virtual
- Gulati, M.**  
100. National Reproductive Health Conference  
August 12, 2021  
National Clinical training Center for Family Planning  
Title: Hypertension in Women Across the Lifespan
- Gulati, M.**  
101. Heart in Diabetes  
September 10, 2021  
Title: Cardiovascular Disease in South Asians
- Gulati, M.**  
102. Heart in Diabetes

- September 11, 2021  
Chair: Advance Technologies  
**Gulati, M.**
102. Heart in Diabetes  
September 12, 2021  
Chair: Heart Failure & Chronic Kidney Disease  
**Gulati, M.**
103. RxMD HFpEF Mini-Med School  
September 17, 2021  
Title: Sex Differences in Heart Failure  
**Gulati, M.**

### **Local/Regional**

1. University of Arizona College of Medicine- Tucson  
Translational Science Career Panel  
April 26, 2017  
**Gulati M.**

### **Poster Presentations**

#### **International**

1. European Society of Cardiology August 30, 2019  
Paris, FRANCE  
September 2019  
Mohamed M, Lopez-Mattei J, Iliescu C, Purwani P, Bharadwaj A, Kim P, Palaskas P, Rashid M, Potts J, Kwok C, **Gulati M**, Al Zubaidi AB, Mamas M.  
Acute Myocardial Infarction with Leukaemia: A national analysis of prevalence, predictors and outcomes in United States hospitalisations (2004-2014).
2. European Society of Cardiology September 1, 2019  
Paris, FRANCE  
Harb S, Menon V, Wu W, Cremer P, Cho L, **Gulati M**, Jaber W.  
The selected stress testing protocol is independently associated with mortality irrespective of exercise capacity and comorbidities.
3. European Society of Cardiology September 2, 2019  
Paris, FRANCE  
Harb S, Menon V, Wu W, Cremer P, Cho L, **Gulati M**, Jaber W.  
Validation of seven different exercise stress testing protocols in a large 25-year stress testing registry.

#### **National**

1. American Heart Association –Conference on Cardiovascular Disease Epidemiology, Nutrition, Physical Activity and Metabolism, 2003.  
**Gulati M**, Pandey DK, Lauderdale DS, Arnsdorf MF, Wicklund R, Al-Hani AJ, Calvin JE, Black HR.  
Chronotropic Incompetence and All-Cause Mortality in Asymptomatic Women: The St. James Women Take Heart Project.
2. American Heart Association –Conference on Cardiovascular Disease Epidemiology, Nutrition, Physical Activity and Metabolism, 2003.  
Pandey DK, **Gulati M**, Wicklund R, Black HR.

- Exercise Capacity Predicts Risk of Coronary Death in Asymptomatic Women: St. James Women Take Heart Project.
3. American Heart Association, Scientific Sessions, November 12, 2002  
**Gulati M**, Pandey, DK, Lauderdale D, Arnsdorf MF, Wicklund R, Black HR. The Prognostic Value of the Duke Treadmill Score in Asymptomatic Women: The St James Women Take Heart Project. *Circulation* 2003;106(Supplement):II-601.
  4. American College of Cardiology, Scientific Sessions, March 8, 2004  
**Gulati M**, Patel S\*, Jaffe AS, Joseph A, Calvin JE. The Impact of Contemporary Guideline Compliance on Risk Stratification Models for Acute Coronary Syndromes in The Registry of Acute Coronary Syndrome (TRACS)
  5. American Society of Hypertension, May 21, 2004  
Dimitropoulos S\*, Venzon R\*, Bromet DS\*, Aasbo JD\*, **Gulati M**, Caralis DG, Kavinsky CJ, Schaer GL, Snell RJ.  
Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Systemic Hypertension in Patients with Atherosclerotic Renal Artery Stenosis
  6. American Thoracic Society International Conference, May 24, 2004  
Gomberg-Maitland M, Robbins I, Humbert M, **Gulati M**, Simonneau G, Giaid A, Rich S  
Immunohistochemical Evaluation of Vascular Modulators in Primary Pulmonary Hypertension
  7. Second International Conference on Women, Heart Disease and Stroke, Orlando, FL, February 2005  
Price J, Landry M, Delos-Reyes F, Sternberg L, **Gulati M**.  
Clinical Effectiveness of a Cardiac Rehabilitation and Primary Prevention Program Designed for Women.
  8. American Heart Association –Conference on Cardiovascular Disease, Epidemiology, and Prevention in Association with the Council on Nutrition, Physical Activity and Metabolism, Washington DC, May 2, 2005  
Carnethon MR, **Gulati M**, Greenland P. Prevalence and Cardiovascular Disease Correlates of Low Cardiorespiratory Fitness in Adolescents and Adults: National Health and Nutrition Examination Survey, 1999 – 2002
  9. American Thoracic Society International Conference, May 22, 2005  
Gomberg-Maitland M, **Gulati M**, Rich S.  
Efficacy and Safety of Sildenafil and Atorvastatin Added to Bosentan as Therapy for Pulmonary Arterial Hypertension (PAH)
  10. American Heart Association –Conference on Cardiovascular Disease Epidemiology, Nutrition, Physical Activity and Metabolism, 2007.  
McClure C, Johnson BD, **Gulati M**, Cooper-DeHoff RM, Shaw L, Handberg EM, Zineh I, Kelsey SF, Arnsdorf MF, Black HR, Bairey Merz CN, Pepine CJ.  
Role of the Framingham Risk Score in Symptomatic Women: A Report From The NHLBI-sponsored Women’s Ischemia (WISE) Study and the St James Women Take Heart (WTH) Project
  11. American Heart Association, Scientific Sessions, Orlando, FL, 2009  
**Gulati M**, Black HR, Arnsdorf MF, Al-Hani A, Bakris G.  
Renal Dysfunction, Cardiorespiratory Fitness and the Risk of Death in Women
  12. American Heart Association, Scientific Sessions, Orlando, FL, 2009

- Klein L, Lloyd-Jones DM, Greenland P, Ning H, Kang J, Limacher MC, Margolis KL, Howard BV, Robinson JG, Wong ND, **Gulati M**, Carla S. Dupree CS, LaCroix AZ, Chae, CU.  
Heart Failure Incidence and Prognosis in Post-Menopausal Women According to Different Diagnostic Criteria: The Women's Health Initiative Hormone Therapy Randomized Trials
13. American College of Cardiology Scientific Sessions, Atlanta, GA, March 9, 2010  
Arora, M, Sparano D, Johnson N, O'Conner C, Holly T, **Gulati M**  
Temporal Effect on Gender Differences in Patients Undergoing Evaluation for Coronary Artery Disease'
  14. American Heart Association, Scientific Sessions, Orlando, FL, 2011  
Arora, M, Sparano D, Kohli, P, Lapin, B, O'Conner C, Johnson N, Holly T, **Gulati M**  
Temporal Effect on Gender Differences in Patients Undergoing Evaluation for Coronary Artery Disease
  15. Association of American Medical Colleges, San Francisco, CA, November 4, 2012  
Group on Women in Medicine and Science (GWIMS)  
**Gulati M**, Brod H, Binkley P  
Structured Faculty Development: A Strategy to Assure the Advancement of Women at The Ohio State University College of Medicine
  16. American Pharmacists Association Los Angeles, CA, March 1, 2013  
Vinh D, Snider M, Hevezi M, **Gulati M**, Jordan T  
Interdisciplinary Cardiovascular Risk Reduction and Lipid Management Clinics: A Health System-Wide Model
  17. American College of Cardiology, San Francisco, CA, March 10, 2013  
Ayafor G\*, Abdel-Rasoul M, **Gulati M**, Capers W.  
PCI in Elderly Women: Superior Outcomes with Transradial versus Transfemoral Approach
  18. American Heart Association –Conference on Cardiovascular Disease Epidemiology, Nutrition, Physical Activity and Metabolism (EPI/NPAM) New Orleans, LA, March 2013  
Breathett K\*, Muhlestein D, Foraker R, **Gulati M**.  
The Incidence of Pre-Eclampsia Remains Higher in African American Women Compared to Caucasian Women: Trends from the National Hospital Discharge Survey 1979-2006
  19. American Heart Association Scientific Sessions November 16, 2014  
Smith SM, Huo T, Handberg E, **Gulati M**, Bairey Merz CN, Pepine CJ, Cooper-DeHoff RM.  
Mortality Risk Associated with Apparent Resistant Hypertension Amongst Women.
  20. National Lipid Association Scientific Sessions. June 13, 2015  
Albro E, Hirsch A, **Gulati M**, Yildiz V, Snider M  
Evaluation of adverse events associated with niacin in patients treated in an outpatient lipid clinic
  21. American College of Cardiology, Scientific Sessions, Chicago, IL 2016  
April 4, 2016  
CVD Prevention in Women: What's Unique, What Are the Opportunities?  
**Gulati, M**- Poster Moderator

22. American College of Cardiology, Scientific Sessions, Chicago, IL 2016  
April 4, 2016  
ACS in Special Populations: HIV, Women, and the Elderly  
**Gulati, M**- Poster Moderator
23. American College of Cardiology, Scientific Sessions, Washington DC 2017  
March 18, 2017  
Gordon NF, Salmon RD, Wright BS, Faircloth GC, Gordon TL, Hargrett M, Berk MR, Franklin BA, **Gulati M**.  
Evaluation of the CardioSmart Population Health Management Initiative: Changes in Health Risks and Participant Satisfaction. (Winner of Best Poster 2017)
24. American Heart Association, Scientific Sessions, Anaheim CA 2017  
November 12, 2017  
Dodson JA, Hochman J, Roe MT, Chen A, Chaudhry SI, Katz S, Zhong H, Radford M, Udell J, Bagai A, Fonarow G, **Gulati M**, Enriquez J, Garratt KN, Alexander KP.  
The Association Of Frailty With In-hospital Bleeding Among Older Adults With Acute Myocardial Infarction: Insights From The Action Registry-GWTG
25. American Heart Association, Scientific Sessions, Anaheim CA 2017  
November 13, 2017  
Cognitive Impairment and In-Hospital Mortality in Older Patients with Acute Myocardial Infarction: A Report from the ACTION Registry - GWTG  
Bagai A, Cobb S, Udell JA, Dodson JA, McManus D, Maurer MS, Enriquez JR, Hochman J, Goyal A, Henry TD, **Gulati M**, Garratt KN, Roe NT, Alexander KP.
26. Poster Presentation: SCAI 2018, San Diego, CA  
April 27, 2018  
Sultan M\*, Verma D, Agarwall S, Bharadwaj S, Byrne T, Owan T, Amabile O, Tasset M, Flores E, Papendorf J, Bertram S, Gellert G, Morris M, Capampangan D, **Gulati M**, Su W, Fang K, Pershad A.  
Incidence-Rate of Stroke in Patients with Known Patent Foramen Ovale Stratified Over CHADS2 Risk Score: A Long-term (10 year) Follow-up Study.
27. Poster Presentation: SCAI 2018, San Diego, CA  
April 26, 2018  
Flores E\*, Verma D, Sultan M\*, Agarwall S, Bharadwaj S, Byrne T, Owan T, Amabile O, Tasset M, Papendorf J, Bertram S, Gellert G, Morris M, Capampangan D, **Gulati M**, Su W, Fang K, Pershad A. "Stroke Risk in Patients with Patent Foramen Ovale Undergoing Implantation of Intracardiac Devices Such as Permanent Pacemaker or Implantable Cardioverter-Defibrillator.
28. American Heart Association Scientific Sessions 2018, Chicago, IL.  
November 11, 2018  
Okunrintemi V\*, Valero-Elizondo J, Patrick B, Salami J, Tibuakuu M, Ahmad S, Mahajan S, Kahn S, Ogunmoroti O, **Gulati M**, Masir K, Michos E.  
Women's Health and Sex Differences II Session  
Title: Gender Differences In Patient-Reported Outcomes Among Adults With Atherosclerotic Cardiovascular Disease
29. American Society of Preventive Cardiology Congress 2019, San Antonio, TX.  
July 20, 2019  
Peterson L-A\*, Hurst, R.T., **Gulati, M**.



30. Title: It's Time to Get IT Under Control: Assessing Hypertension in 2019  
Association of American Medical Colleges, Phoenix AZ. November 9, 2019  
Currier Thomas T, **Gulati M**, Hartma-Hill J, Mallin E, Lucio F, Parris J, Muhammad S, Nelson S, O'Malley C, Garcia-Filon N, Mahner N, Federica G, Titelbaum A, Gonzales R, Herbst-Kraloetz, Hale T, Gallitano A.  
Title: Strategic Initiative to create a Women in Medicine and Science (WIMS) program at a recently established and independently accredited college of medicine.
31. American College of Cardiology Scientific Sessions 2020  
March 2020  
Virtual Meeting  
Shahu A\*, Okunrintemi V\*, Tibuakuu M, Anandita A, **Gulati M**, Khan S, Ogunmoroti O, Spatz E, Michos E.  
Title: Income Disparity And Association With Patient-Reported Outcomes Among Adults With Atherosclerotic Cardiovascular Disease In The Medical Expenditure Panel Survey (MEPS)
32. American College of Cardiology Scientific Sessions 2020  
March 2020  
Virtual Meeting  
Okunrintemi V\*, Valero-Elizondo J, Stone N, Blankstein R, Blaha M, **Gulati M**, Virani S, Zoghbi W, Michos E, Nasir K.  
Title: Shared Decision Making and Patient Reported Outcomes Among Adults with Atherosclerotic Cardiovascular Disease, Medical Expenditure Panel Survey 2006-2015
33. American College of Cardiology Scientific Sessions 2020  
March 2020  
Virtual Meeting  
Trutter L\*, Bigeh A\*, **Gulati M**.  
Fellow-In-Training Clinical Decision Making  
Title: Occam's Razor: Concomitant Stroke And Pulmonary Emboli In The Setting Of Thrombus-In-Transit
34. Quality of Care and Outcomes Research 2020  
May 15, 2020  
Virtual Meeting  
Okunrintemi V\*, Tibuakuu M, Shahu A, Mehta PK, **Gulati M**, Broni E, Mathews L, Blumenthal RS, Michos ED.  
Title: Cancer Screening Among Women With Cardiovascular Disease: The Medical Expenditure Panel Survey
35. Quality of Care and Outcomes Research 2020  
May 15, 2020  
Virtual Meeting  
Shahu A\*, Okunrintemi V\*, Tibuakuu M, Khan SU, **Gulati M**, Marvel FA, Blumenthal RS, Michos ED.  
Title: Income Disparity and Utilization of Cardiovascular Preventive Care Services in the Medical Expenditure Panel Survey (MEPS)
36. Preventive Cardiovascular Nursing Association Scientific Sessions  
Virtual Meeting

- May 21, 2020  
**Poster Winner- 1<sup>st</sup> Prize**  
Peterson LA\*, Bigeh A\*, **Gulati M.**  
Title: Assessing Hypertension in 2020.
37. American Heart Association Scientific Sessions 2020  
November 14, 2020  
**Gulati M**, Peterson LA, Mihailidou A.  
Title: Accurate Assessment of Hypertension and Belief in Clinical Readings by Cardiologists
38. American Heart Association Scientific Sessions 2020  
November 14, 2020  
Yedlapati S, Khan SU, Talluri S, Lone AN, Khan M, Khan MS, Navar AM, **Gulati M**, Johnson HM, Baum SJ, Michos ED.  
Title: Effects of Influenza Vaccine on Mortality and Cardiovascular Outcomes in Patients With Cardiovascular Disease: A Systematic Review and Meta-analysis
39. American Heart Association Scientific Sessions 2020  
November 14, 2020  
Sharma G, Grandhi GR, Acquah I, Mszar R, Mehta LS, **Gulati M**, Bhugra P, Satish P, Yahya, T Blumenthal RS, Cainzos-Achirica M, Nasir K.  
Title: Social Determinants of Suboptimal Cardiovascular Health Among Pregnant Women in United States
40. American Heart Association Scientific Sessions 2020  
November 14, 2020  
Okunrintemi V, Tibuakuu M, Virani SS, Sperling L, Volgman AS, **Gulati M**, Cho L, Leucker TM, Blumenthal RS, Michos ED  
Title: Sex Differences in the Age of Diagnosis for Cardiovascular Disease and Its Risk Factors Among Us Adults; Trends From 2008-2017, the Medical Expenditure Panel Survey

#### **Local/Regional**

1. American College of Cardiology, Illinois Chapter November, 2002  
**Gulati M**, Pandey, DK, Lauderdale D, Arnsdorf MF, Thisted R, Wicklund R, Black HR. Exercise capacity and all-cause mortality in women: St James Women Take Heart Project.
2. American College of Physicians, Illinois Chapter- Associates Day; Chicago, IL. October, 2008.  
Sparano D\*, Kohli P\*, **Gulati M**. A 63 year-old woman with a pericardial effusion, bilateral pleural effusions, and ascites: Is the whole greater than the sum of its parts?
3. OSU 1<sup>st</sup> Annual Internal Medicine Physician Scientist Research Day Columbus OH May 30, 2013  
Breathett K\*, Muhlestein D, Foraker R, **Gulati M**.  
The Incidence of Pre-Eclampsia Remains Higher in African-American Women Compared to Caucasian Women: Trends from the National Hospital Discharge Survey 1979-2006
4. 2020 Michael Grossman Academic Excellence Day  
May 7, 2020

**First prize**, Oral Poster Competition for Clinical Research for Residents  
Bighel A\*, Peterson LA, **Gulati M**. It is Time to Get IT Under Control: Assessing Hypertension in 2020. May 2020; Phoenix, AZ.

## Publications

### **Peer-Reviewed Publications**

1. Gulati J, Babu A, Su H, **Gulati M**. The genetic deletion of the KGKSEEE residues from the Troponin-C central helix enhances the Ca affinity in rabbit psoas skinned fast-twitch muscle fibers. *Journal of Physiology* 1992;446:458.
2. Spencer K, Solomon L, Mor-Avi V, Dean K, Weinert L, **Gulati M**, Herle A, Spiegel A, Balasia B, Pionke T, Sieb L, Lang RM. Effects of MPEG Compression and Diagnostic Accuracy of Digital Echocardiography Studies. *Journal of the American Society of Echocardiography* 2000;13:51-7.
3. **Gulati M**, Furlong K, DeCara J, Spencer KT, Lang, RM. Thrombolytic Therapy of a Left-Sided Prosthetic Valve Thrombosis without Hemodynamic Obstruction. *Journal of the American Society of Echocardiography* 2001;14:1230-4.
4. **Gulati M**, Pandey DK, Arnsdorf MK, Lauderdale DS, Thisted RA, Wicklund RH, Al-Hani AJ, Black HR. Exercise Capacity and the Risk of Death in Women: The St. James Women Take Heart Project. *Circulation* 2003;108:1554-1559.
5. Kurina L, **Gulati M**, Everson-Rose SA, Chung PJ, Karavolos K, Cohen NJ, Kandula N, Lukezic R, Dugan SA, Sowers M, Powell LH, Pickett KE. The Effect of Menopause on Grip and Pinch Strength: Results from the Chicago Site of the Study of Women's Health Across the Nation. *The American Journal of Epidemiology* 2004;160:484-491.  
**Drs. Kurina and Gulati made equal contributions to this work and share primary authorship**
6. **Gulati M**, Patel S\*, Jaffe AS, Joseph AJ, Calvin JE. The Impact of Contemporary Guideline Compliance on Risk Stratification Models for Acute Coronary Syndromes in The Registry of Acute Coronary Syndromes (TRACS). *American Journal of Cardiology* 2004;94:873-878.
7. **Gulati M**, Pratap P\*, Kansal P\*, Calvin JE, Hendel RC. Gender Differences in the Value of ST-Segment Depression during Adenosine Stress Testing- *American Journal of Cardiology* 2004;94:997-1002.
8. **Gulati M**, Arnsdorf MF, Shaw LJ, Pandey DK, Thisted RA, Lauderdale D, Wicklund R, Al-Hani AJ, Black HR. Prognostic Value of the Duke Treadmill Score in Asymptomatic Women- *American Journal of Cardiology* 2005;96:369-375.
9. **Gulati M**, Black HR, Shaw LJ, Arnsdorf MF, Bairey Merz CN, Lauer MS, Marwick TH, Pandey DK, Wicklund RH, Thisted RA. The Prognostic Value of Exercise Capacity in Women: Nomogram for the Female Population. *New England Journal of Medicine* 2005;353:468-475.
10. Gomberg-Maitland M, McLaughlin V, **Gulati M**, Rich S. Efficacy and Safety of Sildenafil added to Treprostinil in Pulmonary Hypertension. *American Journal of Cardiology* 2005;96:1334-1336.
11. Carnethon MR, **Gulati M**, Greenland P. Prevalence and Cardiovascular Disease Correlates of Low Cardiorespiratory Fitness in Adolescents and Adults: National Health and Nutrition Examination Survey, 1999 – 2002. *Journal of the American Medical Association* 2005;294:2981-2988.

12. Suskind DL, Thompson DM, **Gulati M**, Huddleston P, Liu DC, Baroody FM. Improved Infant Swallowing after GERD Treatment: A Function of Improved Laryngeal Sensation? *The Laryngoscope* 2006 116:1397-403.
13. Gombert-Maitland M, **Gulati M**, McLaughlin VV, Rich S. Sildenafil And Atorvastatin Added To Bosentan As Therapy For Pulmonary Hypertension. *The Internet Journal of Pulmonary Medicine*. 2006; 6: Number 1.
14. Mosca L, Banka CL, Benjamin EJ, Berra K, Bushnell C, Ganiats T, Gomes AS, Gornick H, Gracia C, **Gulati M**, Haan CK, Judelson RD, Keenan N, Kelepouris E, Michos E, Oparil S, Ouyang P, Oz M, Petitti D, Pinn VW, Redberg R, Scott R, Sherif K, Smith S, Sopko G, Steinhorn RH, Stone NJ, Taubert K, Todd BA, Urbina E, Wenger N. American Heart Association Evidence-Based Guidelines for Cardiovascular Disease Prevention in Women. *Circulation* 2007; 115:1481-1501 (published online February 19, 2007).
15. Mosca L, Banka CL, Benjamin EJ, Berra K, Bushnell C, Ganiats T, Gomes AS, Gornick H, Gracia C, **Gulati M**, Haan CK, Judelson RD, Keenan N, Kelepouris E, Michos E, Oparil S, Ouyang P, Oz M, Petitti D, Pinn VW, Redberg R, Scott R, Sherif K, Smith S, Sopko G, Steinhorn RH, Stone NJ, Taubert K, Todd BA, Urbina E, Wenger N. American Heart Association Evidence-Based Guidelines for Cardiovascular Disease Prevention in Women. *J Am Coll Cardiol*. 2007;49((11))1230-50.
16. Arena R, Myers J, Williams MA, **Gulati M**, Kligfield P, Balady GJ, Collins E, Fletcher G. Assessment of Functional Capacity in Clinical and Research Applications: An Advisory from the Committee on Exercise, Rehabilitation, and Prevention, Council on Clinical Cardiology, American Heart Association. *Circulation* 2007; 116:329-343.
17. Tinker LF1, Bonds DE, Margolis KL, Manson JE, Howard BV, Larson J, Perri MG, Beresford SA, Robinson JG, Rodriguez B, Safford MM, Wenger NK, Stevens VJ, Parker LM; **Women's Health Initiative**. Low-fat dietary pattern and risk of treated diabetes mellitus in postmenopausal women: the Women's Health Initiative randomized controlled dietary modification trial. *Arch Intern Med*. 2008;168:1500-11.
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19. Ritenbaugh C1, Stanford JL, Wu L, Shikany JM, Schoen RE, Stefanick ML, Taylor V, Garland C, Frank G, Lane D, Mason E, McNeeley SG, Ascensao J, Chlebowski RT; **Women's Health Initiative Investigators**. Conjugated equine estrogens and colorectal cancer incidence and survival: the Women's Health Initiative randomized clinical trial. *Cancer Epidemiol Biomarkers Prev*. 2008 Oct;17(10):2609-18
20. Chlebowski RT1, Johnson KC, Kooperberg C, Pettinger M, Wactawski-Wende J, Rohan T, Rossouw J, Lane D, O'Sullivan MJ, Yasmeeen S, Hiatt RA, Shikany JM, Vitolins M, Khandekar J, Hubbell FA; **Women's Health Initiative Investigators**. Calcium plus vitamin D supplementation and the risk of breast cancer. *J Natl Cancer Inst*. 2008 Nov 19;100(22):1581-91 (Collaborator)

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22. McTiernan A1, Wactawski-Wende J, Wu L, Rodabough RJ, Watts NB, Tylavsky F, Freeman R, Hendrix S, Jackson R; **Women's Health Initiative Investigators**. Low-fat, increased fruit, vegetable, and grain dietary pattern, fractures, and bone mineral density: the Women's Health Initiative Dietary Modification Trial. *Am J Clin Nutr*. 2009;89:1864-76. (Collaborator)
23. Sparano D\*, Kohli P\*, **Gulati M**. A 63 year-old woman with a pericardial effusion, bilateral pleural effusions, and ascites: Is the whole greater than the sum of its parts? *Echocardiography* 2010;27:454-459.
24. Balady GJ, Arena R, Sietsema K, Myers J, Coke L, Fletcher GF, Forman D, Franklin B, Guazzi M, **Gulati M**, Keteyian SJ, Lavie CJ, Macko R, Mancini D, Milani RV. American Heart Association Scientific Statement: A Clinician's Guide to Cardiopulmonary Exercise Testing in Adults. *Circulation*, 2010 ;122:191-225.
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### Editorials

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## Reviews

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**Journal Editor/Section Editor**

1. **Current Atherosclerosis Reports:** Topical Collection on Women and Ischemic Heart Disease  
**Gulati, M 2015;**17. ISSN: 1523-3804 (Print) 1534-6242  
Primary and Secondary Prevention of Ischemic Heart Disease in Women Priya Kohli  
PAD in Women: the Ischemic Continuum Amy West Pollak  
Sex Differences in the Pathophysiology, Treatment, and Outcomes in IHD Monika Sanghavi, **Martha Gulati**  
ICD and CRT Use in Ischemic Heart Disease in Women Nishaki Kiran Mehta, William T. Abraham, Melanie Maytin  
Atherosclerotic Vascular Disease in the Autoimmune Rheumatologic Patient Rekha Mankad  
Female-Specific Factors for IHD: Across the Reproductive Lifespan Chrisandra Shufelt, Talya Waldman, Erica Wang, C. Noel Bairey Merz
2. **Clinical Cardiology: Special edition- GUEST EDITOR:** State of Heart of Women  
**Gulati M**, Wenger NK. Clin Cardiol. 2018;41:167-273  
<https://onlinelibrary.wiley.com/toc/19328737/41/2>  
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Brindis, C, Freund, KM. The ramifications of recent health policy for cardiovascular care of women: progress, threats and opportunities.  
Clayton, JA, Arnegard, ME. Taking cardiology clinical trials to the next level: A call to action  
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Aggrawal M, Bond R, Mieres J. The role of imaging in women with ischemic heart disease  
Tweet MS, Kok Sn, Hayes S. Spontaneous coronary artery dissection in women: What is known and what is yet to be understood  
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**Gulati M**, Mulvagh SL. The connection between the breast and heart in a woman:  
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rheumatologic woman  
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### Book reviews

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### Correspondence

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2. **Gulati M**, Shaw LJ, Arnsdorf, MA. Nomogram for Exercise Capacity in Women.  
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### Books/Chapters

1. **Gulati, M.** Associate Editor MCCQE Review Notes and Lecture Series. 11<sup>th</sup> edition  
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health chapters).
2. Gulati J, **Gulati M**. Heart power recipes: Healthy and delicious whole food ideas  
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3. **Gulati M**, Torkos S. "Saving Women's Hearts"- How you can prevent and reverse  
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5. **Gulati M**, Bairey-Merz CN. Cardiovascular disease in women. In: Braunwald's Heart Disease: A Textbook of Cardiovascular Medicine (10<sup>th</sup> Edition). Mann, DL, Zipes DP, Libby P, Bonow RO (eds). October 9, 2014 ISBN 1455751332
6. **Gulati, M**. Atlas Series: Editor: Color Atlas and Synopsis Women and Cardiovascular Disease Atlas. McGraw-Hill 2014. ISBN 978-0-07-17820-1
7. **Gulati, M**. Chapter: Introduction Atlas Series: Color Atlas and Synopsis Women and Cardiovascular Disease Atlas. McGraw-Hill 2014. ISBN 978-0-07-17820-1
8. Ijioma, N\*, **Gulati, M**. Chapter: Introduction. Atlas Series: Color Atlas and Synopsis Women and Cardiovascular Disease Atlas. McGraw-Hill 2014. ISBN 978-0-07-17820-1
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14. **Gulati M**. Cardiovascular Disease in Women: Ischemic Heart Disease. The ESC Textbook of Cardiovascular Medicine (3<sup>rd</sup> Edition). Lusher TF, Camm AJ, Maurer G, Serruys PW. Eds. Oxford University Press, Oxford UK. 2019. ISBN: 9780198784906
15. Raza S\*, **Gulati M**. The Cardiovascular System. Evidence-Based Physical Examination: Best practices for Health and Well-Being Assessment. Edited by Gawlik KS, Melnyk BM, Teall AM. Springer Publishing. January 2020. DOI: 10.1891/9780826164544.
16. **Gulati M**, Bairey-Merz CN. Cardiovascular disease in women. In: Braunwald's Heart Disease: A Textbook of Cardiovascular Medicine (12<sup>th</sup> Edition). Libby P, Bonow RO, Mann DL, Tomaselli GF, Bhatt D, Solomon SD. 2021. Elsevier. ISBN-10:0323722199 ISBN-13:978-0323722193.
17. Peterson LA\*, Freaney PM\*, **Gulati M**. Primary Prevention and Cardiovascular Risk Assessment in Women. In: Cardiovascular Risk Assessment in Primary Prevention (Editor: Michael Shapiro MD). Springer Publishing (*in press*)

(\* = mentored medical student/resident/nurse practitioner/fellow/junior faculty)

### Invitational Talks

### Grand Rounds/Invited Talks

1. Rush Presbyterian St. Luke's Medical Center, Chicago, IL. Department of Preventive Medicine. Grand Rounds. October 2002.  
Title: Exercise capacity and all-cause mortality in women: St James Women Take Heart Project.
2. University of Illinois, Chicago, Chicago, IL. Department of Medicine, Division of Cardiology. Grand Rounds. January 5, 2004  
Title: Exercise capacity and all-cause mortality in women: St James Women Take Heart Project.
3. Rush University Medical Center, Chicago, IL. Department of Medicine, Geriatric Grand Rounds. January 9, 2004  
Title: Cardiac Disease in Women
4. American Society of Nuclear Medicine- Pittsburg Chapter. Pittsburg, PA. March 6, 2004.  
Title: Pharmacologic Stress Testing: New Techniques to Diagnose Coronary Artery Disease
5. American Society of Nuclear Medicine- Pittsburg Chapter Pittsburg, PA. March 6, 2004.  
Title: Her Heart Matters: Taking Women Health to Heart
6. Cook County Hospital, Chicago, IL. Department of Medicine, Division of Cardiology. April 8, 2004  
Title: Pregnancy and Heart Disease
7. The Association of Home Office Underwriters (AHO), Annual Conference Meeting. Chicago, IL. October 6, 2004  
Title: Cardiovascular Disease in Women - Taking Women's Health to Heart
8. University of Toronto, Sunnybrook and Women's College Cardiology Grand Rounds, Toronto, ON, CANADA. November 26, 2004.  
Title: The Prognostic Value of Exercise Testing in Asymptomatic Women: The St. James Women Take Heart Project
9. Green Bay Heart Care Grand Rounds, Green Bay, WI. February 25, 2005.  
Title: The Prognostic Value of Exercise Testing in Asymptomatic Women: The St. James Women Take Heart Project
10. American College of Cardiology Scientific Sessions 2005, Orlando, FL. March 9, 2005  
Co-Chair of Session: Featured Oral Session- Exercise Interventions and Outcomes
11. Rush University Medical Center, Department of Medicine Grand Rounds, Chicago, IL. April 6, 2005  
Title: The Prognostic Value of Exercise Testing in Asymptomatic Women: The St. James Women Take Heart Project
12. Northwestern University, Cardiology Grand Rounds, Chicago, IL. December 16, 2005  
Title: The Prognostic Value of Exercise Testing in Asymptomatic Women: The St. James Women Take Heart Project
13. State University of New York (Mercy Hospital), Medicine Grand Rounds, Buffalo, NY. July 6, 2006

- Title: The Prognostic Value of Exercise Testing in Asymptomatic Women: The St. James Women Take Heart Project
14. The Consortium for Southeastern Hypertension Control (COSEHC) and Inter-American Society of Hypertension (IASH), Miami, FL. May 9, 2007.  
Title: Diagnosis of Coronary Disease in Women: Challenges and Opportunities.
  15. Northwestern University, Chicago, IL. August 24, 2007.  
Cardiology Grand Rounds  
Title: Women's Heart Health: Is there a gender difference?
  16. University of Rochester, Rochester, NY. October 30, 2007.  
Cardiology Grand Rounds  
Title: Women's Heart Health: Is there a gender difference?
  17. University of Chicago, Chicago, IL. January 4, 2008.  
Cardiology Grand Rounds  
Title: Women's Heart Health: Is there a gender difference?
  18. University of Rochester, Rochester, NY. March 26, 2008  
Cardiology Rounds  
Title: Syndrome X in Women
  19. Northwestern University, Evanston, IL. October 2, 2008.  
Northwestern University Alumnae Class Lecture Series.  
Title: "Women and Cardiovascular Disease: Is there a Gender Difference?"
  20. ProHealth Care Professional Conference, Delafield, WI. November 7, 2008  
Recent Developments and Trends  
Title: "Emerging Research on Cardiac Syndrome X: Angina with Normal Coronary Arteries"
  21. Illinois Department of Public Health, Office of Women's Health, Oakbrook, IL.  
November 18, 2008  
Illinois Women's Health Conference 2008.  
Title: "Heart Disease in Women- What Really Works in Diagnosis and Treatment"
  22. University of Toronto, Canada. February 5, 2009.  
Medicine Grand Rounds, Women's College Hospital, University of Toronto, Canada  
Title: Women and Cardiovascular Disease: Is there a Gender Difference?
  23. Women's College Hospital, Toronto, Canada. February 6, 2009  
Guest of Honour at Heart Beat Ball  
Title: "Secrets of a Woman's Heart"
  24. Northwestern University, Chicago, IL. February 25, 2009.  
Clinical Trial Unit, Bluhm Cardiovascular Institute  
Title: Women and Heart Disease: Where are we now?
  25. Northwestern University, Chicago, IL. March 25, 2009.  
Rehabilitation Institute of Chicago  
Title: "Women and Cardiovascular Disease: Is there a Gender Difference?"
  26. New York University, New York, NY. April 3, 2009.  
Title: "Challenging Existing Paradigms in Ischemic Heart Disease in Women: Lessons from WISE and WTH"
  27. Northwestern University, Chicago, IL. October 7, 2009  
Vascular Grand Rounds  
Title: Year in Review: Women and CAD

28. Pennington Biomedical Research Center, Baton Rouge, LA. February 22, 2010  
Title: Darwin's Survival of the Fittest: Lessons We Have Learned from the Women Take Heart Project
29. University of Florida, Gainesville, FL. April 26, 2010  
Title: The Women Take Heart Project
30. The Ohio State University, Columbus, OH. December 10, 2010  
Cardiology Grand Rounds  
Title: Survival of the Fittest (Woman): Lessons from Darwin and the Women Take Heart Project
31. The Ohio State University, Columbus, OH. March 3, 2011  
Internal Medicine Grand Rounds  
Title: Survival of the Fittest (Woman): Lessons from Darwin and the Women Take Heart Project
32. Baptist Health South Florida, Miami, FL. May 12, 2011  
Cardiology Grand Rounds  
Title: Women and Cardiovascular Disease: Is there a Gender Difference?
33. Baptist Health South Florida, Miami, FL. May 13, 2011  
Obstetrics-Gynecology Grand Rounds  
Title: Matters of the Heart – Women and Cardiovascular Disease in 2011
34. The Ohio State University, Columbus, OH. January 13<sup>th</sup>, 2012  
New Faculty Orientation  
Title: Work-Life Balance and Advancement of Women at OSU
35. The Ohio State University, Columbus, OH. March 6<sup>th</sup>, 2012  
School of Engineering: Women Engineering Faculty  
Title: Saving Women's Hearts: Living Life with Balance.
36. The Ohio State University, Columbus, OH. March 16<sup>th</sup>, 2012  
Business Development and Outreach at the OSU Wexner Medical Center  
Title: How to Choose a Mentor
37. Brown University, Providence, RI. June 1, 2012  
Cardiology Grand Rounds, Rhode Island Hospital  
Title: Survival of the Fittest (Woman): Lessons from Darwin and the Women Take Heart Project
38. The 23<sup>rd</sup> Great Wall International Congress of Cardiology Asia Pacific Heart Congress 2012  
Beijing, China  
October 13, 2012  
Title: Gender Differences in Stress Testing & Cardiovascular Assessment
39. The 23<sup>rd</sup> Great Wall International Congress of Cardiology Asia Pacific Heart Congress 2012  
Beijing, China  
October 13, 2012  
Title: Core Components of Cardiac Rehabilitation & Secondary CVD Prevention
40. Blanchard Valley Hospital, Findlay, OH. November 11, 2012  
Hospital Grand Rounds  
Title: Cardiovascular Disease in Women: is there a Gender Difference?
41. Healthcare Businesswoman's Association (HBA)- Ohio Chapter, Columbus, OH.  
January 24, 2013

- Title: Taking better care of YOU and how to do it!  
42. Columbus Medical Forum. Columbus, OH. February 5, 2013  
Title: Women and Heart Disease: Is there a gender difference?  
43. Palm Beach Atlantic University School of Nursing. Palm Beach, FL. February 14, 2013  
Title: Women and Heart Disease: Is there a gender difference?  
44. The Ohio State University, Columbus, OH. March 19<sup>th</sup>, 2013  
New Faculty Orientation  
Title: Work-Life Balance  
45. University of Kentucky, Lexington KY August 16<sup>th</sup>, 2013  
Internal Medicine Grand Rounds  
Title: Women and Cardiovascular Disease: Is there a Gender Difference?  
46. The Ohio State University, Columbus, OH. November 15<sup>th</sup>, 2013  
How to Thrive in Academic Medicine  
Title: Work-Life Balance  
47. Allegheny Hospital, Pittsburg, PA. February 12, 2014  
Internal Medicine Grand Rounds  
Title: Sex Differences in Cardiovascular Disease  
48. McGill University, Montreal, CANADA. September 8, 2014  
Internal Medicine Grand Rounds  
Title: Women and Cardiovascular Disease  
49. Innovations in Cardiovascular Care Symposium, Boca Raton, FL. October 11, 2014  
Title: Women and Cardiovascular Disease: Is there a Sex Difference?  
50. American College of Cardiology February 1, 2015  
Women In Cardiology Leadership Workshop  
Title: The Active Art of Listening.  
51. The 19<sup>th</sup> Annual Coastal Cardiovascular Conference. Cambridge, MD. February 14, 2015  
Title: 2015 Updates on Women and Heart Disease: Are WE meeting National Guidelines?  
52. Emory University. Atlanta, GA. March 24, 2015  
Cardiovascular Research Grand Rounds  
Title: Women and Heart Disease: Is there a sex difference?  
53. American College of Cardiology Midwest Meeting. Minneapolis, MN May 16, 2015  
Title: Women In Cardiology: How do we improve the landscape for women cardiologists  
54. The American Heart Association & the North Shore - LIJ Health CME  
May 21, 2015  
A Gender Based Approach to Heart Disease in Women: Past, Present and Future  
Title: Guiding the Guidelines: New Directions in Assessing and Preventing Heart Disease in Women  
New York, NY  
55. Association of American Medical Colleges (AAMC): Admissions and student diversity affairs professional development conference.  
June 19, 2015



- Title: Implicit & Explicit Bias, Possible Barriers to Women's Success in the Medical Profession  
Miami, FL
56. Banner University Medical Center /University of Arizona  
Hospital Grand Rounds  
September 9, 2015  
Title: Women & Cardiovascular Disease: Understanding Sex Differences  
Phoenix, AZ
57. SIGMA Canadian Menopause Society: 2<sup>nd</sup> national Scientific Conference-  
Menopause Redefined: The New Dawn.  
Sept 12, 2015  
Title: Women and Cardiovascular Disease  
Toronto, ON CANADA
58. Hypertension 2015-American Heart Association  
September 16, 2015  
Title: Women and Cardiovascular Disease-Sex Differences  
Washington, DC
59. American Society of Nuclear Cardiology Scientific Sessions 2015  
Title: What is the Latest Evidence to Identify At-risk Women for Heart Disease:  
Global Ischemic Heart Disease Risk in Women  
Washington, DC  
September 17, 2015
60. American Diabetes Association  
September 18, 2015  
Title: Women and Cardiovascular Disease: Is there a Sex Difference?  
Fort Lauderdale, FL
61. Familial Hypercholesterolemia Summit  
September 24, 2015  
Tweet-a-Thon Leader  
Topic: Familial Hypercholesterolemia  
Pasadena, CA
62. Heart Disease in Women: A New Era of Understanding, Recognition, Prevention,  
Diagnosis and Treatment 2015  
October 10, 2015  
Key Note Speaker  
Title: Adding Competence to Our Approach in Treating Heart Disease in Women:  
Why We Need Specialized Care for Women's Hearts and Vessels  
Rochester, MN
63. The Society for Cardiovascular Magnetic Resonance Scientific Sessions 2016  
January 29, 2016  
Title: Ischemic Heart Disease in Women: The Role of CMR in IHD  
Los Angeles, CA
64. American College of Cardiology: Alaska Chapter Meeting  
February 3, 2016  
Title: Incorporating CardioSmart into Clinical Practice  
Anchorage, AK
65. American College of Cardiology: Alaska Chapter Meeting

- February 4, 2016  
Key Note Speaker  
Title: Sex Differences in Cardiovascular Disease  
Anchorage, AK
66. University of Mississippi  
Cardiovascular-Renal Research Center Grand Rounds  
February 24, 2016  
Title: Women and Cardiovascular Disease- Is There a Sex Differences  
Jackson, MS
67. Hartford Hospital Cardiology Grand Rounds  
September 13, 2016  
Title: Women and Cardiovascular Disease- Is There a Sex Differences  
Hartford CT
68. American Society of Preventive Cardiology Annual Meeting  
September 17, 2016  
Title: Cardiac Risk Factors in Women: Adjusting our History and Physical  
Examinations Accordingly  
Boca Raton, FL
69. Parkview Heart Institute- Heart Symposium  
September 29, 2016  
Title: Women and Heart Disease- Is there a Sex Difference?  
Keynote Speaker  
Fort Wayne, IN
70. University of Pennsylvania- Cardiology Grand Rounds  
February 16, 2017  
Title: Women and Heart Disease- Is there a Sex Difference?  
Philadelphia, PA
71. University of Arizona- Tucson Cardiology Grand Rounds  
March 31, 2017  
Title: Understanding The Difference Between Men and Women- Sex Differences in  
Cardiovascular Disease  
Tucson, AZ
72. University of California, Irvine - Cardiology Grand Rounds  
April 13, 2017  
Title: Adding Competence to Our Approach in Treating Heart Disease in Women:  
Why We Need Specialized Care for Women's Heart and Vessels  
Irvine, CA
73. American College of Cardiology- Alabama Chapter  
Destin, FL- June 4, 2017  
The Suzanne Oparil Lecture- Women in Cardiology (First Oparil Lecture speaker)  
Title: Women and Heart Disease- Is there a Sex Difference?  
Destin, FL
74. Houston Methodist Hospital- Cardiology Grand Rounds  
June 8, 2017  
Title: Adding Competence to Our Approach in Treating Heart Disease in Women:  
Why We Need Specialized Care for Women's Heart and Vessels  
Houston, TX

75. Scripps Clinic Cardiology Grand Rounds.  
June 20, 2017  
Title: Women and Cardiovascular Disease: Is There a Sex Difference?  
La Jolla, CA
76. University of Utah – Cardiovascular Medicine Grand Rounds  
December 8, 2017  
Title: Women and Cardiovascular Disease: Is There a Sex Difference?  
Salt Lake City, Utah
77. Mayo Clinic Cardiology Grand Rounds, Phoenix, AZ  
January 11, 2018  
Title: Women and Cardiovascular Disease: Is There a Sex Difference  
Phoenix, AZ
78. Miami CardioMetabolic Summit, Miami Baptist Hospital  
Keynote Address  
Title: Improving the Cardiovascular Health of Women in the Nation  
February 22, 2018  
Miami FL
79. Heart Rhythm Society 39<sup>th</sup> Annual Scientific Sessions 2018  
May 11, 2018  
Title: Female Eps for Female Patients: Do We Need Women Heart Centers  
Boston, MA
80. ACC Oklahoma Chapter  
May 12, 2018  
Title: Adding Competence to Our Approach to Treating Heart Disease in Women  
Oklahoma City, OK
81. 4th Annual Current Issues in Coronary and Structural Heart Disease  
May 18, 2018  
Keynote Lecture  
Title: Social Media & Cardiology: Changing the Conversation for Health Care  
Providers  
Philadelphia, PA
82. University of Western Ontario Cardiology Grand Rounds  
May 28, 2018  
Title: Understanding the Sex Differences in Cardiovascular Disease  
London, CANADA
83. University of Michigan Cardiology Grand Rounds  
July 31, 2018  
Title: Understanding the Sex Differences in Cardiovascular Disease  
Ann Arbor, MI
84. Case Western University-Metro Health  
Visiting Professor  
Cardiology Grand Rounds  
November 14, 2018  
Title: Adding Competence to Our Approach in Treating Heart Disease in Women:  
Why We Need Specialized Care for Women’s Heart and Vessels  
Cleveland, OH
85. Case Western University-Metro Health  
Medicine Grand Rounds  
November 15, 2018

- Title: Women and Cardiovascular Disease: Is There a Sex Difference?  
Cleveland, OH
86. University of Kentucky  
Visiting Professor January 30-February 1, 2019: Healthy Heart for Women  
Gill Heart Institute/SAHA Cardiovascular Research Center  
February 1, 2019
- Title: Women & Cardiovascular Disease: Preventing Heart Disease in 2019
87. University of Nebraska  
Cardiology Grand Rounds  
February 4, 2019
- Title: Sex Differences in Cardiovascular Disease
88. The Second Affiliated Hospital of Nanjing Medical University  
Cardiology Grand Rounds  
May 6, 2019
- Title: The Best From ACC Scientific Sessions 2019  
Nanjing, CHINA
89. Zhongda Hospital of Southeast University  
Cardiology Grand Rounds  
May 6, 2019
- Title: The Best From ACC Scientific Sessions 2019  
Nanjing, CHINA
90. The Second Affiliated Hospital of Soochow University  
Cardiology Grand Rounds  
May 7, 2019
- Title: The Best From ACC Scientific Sessions 2019  
Suzhou, CHINA
91. Wuxi People's Hospital  
Cardiology Grand Rounds  
May 8, 2019
- Title: The Best From ACC Scientific Sessions 2019  
Wuxi, CHINA
92. The First Affiliated Hospital of Zhejiang University  
May 9, 2019
- Title: The Best From ACC Scientific Sessions 2019  
Hangzhou, CHINA
93. The Second Affiliated Hospital of Zhejiang University  
Cardiology Grand Rounds  
May 9, 2019
- Title: The Best From ACC Scientific Sessions 2019  
Hangzhou, CHINA
94. Zhejiang Provincial Hospital  
Cardiology Grand Rounds  
May 10, 2019
- Title: The Best From ACC Scientific Sessions 2019  
Hangzhou, CHINA
95. Sir Run Shaw Hospital , Zhejiang University School of Medicine  
Cardiology Grand Rounds

- May 10, 2019  
Title: The Best From ACC Scientific Sessions 2019  
Hangzhou, CHINA
96. Baylor Scott White Hospital  
Medicine Grand Rounds  
May 24, 2019  
Title: Women and Cardiovascular Disease: Is there really a sex difference?  
Temple, TX
97. SCCT/IAS Cardiovascular Disease Prevention Symposium  
SCCT 2019 14<sup>th</sup> Annual Scientific Session  
July 11, 2019  
Title: Do we need Gender Specific Tailored Prevention: Why Women Are Different  
Baltimore, MD
98. Society of Cardiovascular Computed Tomography (SCCT) 2019 14<sup>th</sup> Annual  
Scientific Session  
July 12, 2019  
Keynote Talk  
Title: Sex-Based differences in CVD: Implications for Imagers  
Baltimore, MD
99. Society of Cardiovascular Computed Tomography (SCCT) 2019 14<sup>th</sup> Annual  
Scientific Session  
July 12, 2019  
Social Media Symposium: Social Media- a prism for cardiac CT and medicine  
Title: What NOT to do: navigating HIPAA, appropriateness and privacy.  
Baltimore, MD
100. Heart in Diabetes (3<sup>rd</sup> Annual Meeting)  
July 13, 2019  
Title: The preferred Management of a Diabetic Patient with 2-vessel disease  
(Debate: **Medical Management** vs PCI vs CABG)  
Philadelphia, PA
101. American Society of Preventive Cardiology: Experts Session  
July 19, 2019  
Title: Evaluating Chest pain and Myocardial Ischemia in Women  
San Antonio, TX
102. American Society of Preventive Cardiology  
**The Nanette Wenger Keynote Lecture**  
July 19, 2019  
Title: Women & Cardiovascular Disease- Is there really a sex difference?  
San Antonio, TX
103. Conferencista del XVIII Congreso Paraguayo de Cardiología y Cirugía  
Cardiovascular  
Asunción, Paraguay  
August 15, 2019  
Go Red For Women Symposium  
Title: Women and cardiovascular conditions. Is there really gender difference?
104. Conferencista del XVIII Congreso Paraguayo de Cardiología y Cirugía  
Cardiovascular

- Asunción, Paraguay  
August 15, 2019  
Title: Social networks and Cardiology: changing the conversation for health care.
105. Conferencista del XVIII Congreso Paraguayo de Cardiología y Cirugía  
Cardiovascular  
Asunción, Paraguay  
August 15, 2019  
Go Red For Women Symposium
106. Title: Why the woman's heart needs specialized attention  
George Washington University  
GW Heart & Vascular Institute- Cardiology Grand Rounds  
**2019 Women's Heart Center Endowed Visiting Professor**  
Washington DC  
September 25, 2019
107. Title: Understanding Sex-Differences in Cardiovascular Disease  
George Washington University  
GW Heart & Vascular Institute- Department of Medicine Grand Rounds  
**2019 Women's Heart Center Endowed Visiting Professor**  
Washington DC  
September 26, 2019
108. Title: Women & Cardiovascular Disease- Is there really a sex difference?  
Creighton University: Faculty, fellows, resident workshop  
Omaha, NB  
October 23, 2019
109. Title: Why we need more Women Leaders in Medicine  
Creighton University Distinguished Professor Grand Rounds  
Omaha, NB  
October 23, 2019
110. Title: Women & Cardiovascular Disease- Is there really a sex difference?  
Deborah Heart & Lung Center Cardiology Grand Rounds  
November 1, 2019  
Brown Mills, NJ
111. Title: Women & Cardiovascular Disease- Is there really a sex difference?  
McGill University Cardiology Grand Rounds  
December 19, 2019  
Montreal, Quebec, CANADA
112. Title: Understanding Sex Differences in Cardiovascular Disease  
Masters of Medicine Conference 2020  
Kingston, JAMAICA  
January 18, 2020
113. Title: The 5 most important CAD trials in the past 5 years. What have we learned?  
Masters of Medicine Conference 2020  
Kingston, JAMAICA  
January 19, 2020
114. Title: Heart Disease in Women  
National Press Foundation 2020  
West Palm Beach, FL

- January 28, 2020  
Title: Sex Differences in Cardiovascular Disease
115. The American Heart Association of Indiana  
Fort Wayne, IN  
**Keynote Speaker**  
Title: Women & Heart Disease  
February 4, 2020
116. Pacific Heart Institute  
Santa Monica, CA  
**Keynote Speaker**  
Title: Women & Heart Disease: What is Differences between female and Male hearts?  
February 8, 2020
117. New York Presbyterian Hospital: Columbia University & Cornell University  
Heart Disease & Women  
**Keynote Speaker**  
New York, NY  
Title: Women & Cardiovascular Disease: Is there really a sex difference?  
February 12, 2020
118. Dr. Maria Javaid Symposium  
**Keynote Speaker**  
Kansas City, MO  
Title: Women & Cardiovascular Disease  
February 18, 2020
119. Johns Hopkins University Cardiology Grand Rounds  
**The 1<sup>st</sup> Annual Pam Ouyang Lectureship in Women's CV Health**  
Baltimore, MD  
Title: Improving Our Vision of Women's Hearts: Women & Cardiovascular Disease in 2020- Understanding the sex differences  
February 19, 2020
120. University of Rochester  
**The 13<sup>th</sup> Annual Carl Oshrain Distinguished Lecturer 2020**  
Title: Women & Cardiovascular Disease-Understanding Sex Differences in Cardiovascular Disease  
May 19, 2020
121. SCCT/IAS Cardiovascular Disease Prevention Symposium  
SCCT 2020 15<sup>th</sup> Annual Scientific Session  
August 18, 2020  
Chair: Women & Atherosclerosis
122. SCCT/IAS Cardiovascular Disease Prevention Symposium  
SCCT 2020 15<sup>th</sup> Annual Scientific Session  
August 18, 2020  
Title: Strengths and limitations of stress testing in women
123. University of Wisconsin Cardiovascular Grand Rounds  
Madison, WI  
Title: Women and Cardiovascular Disease: Understanding the Sex Differences  
October 29, 2020

124. Northwestern University  
Chicago, IL  
CLIC Leadership Talk  
Title: Leading Change  
November 10, 2020
125. NCH HealthCare/Mayo Internal Medicine Grand Rounds  
Naples, FL  
Title: Women in Medicine  
January 7, 2021
126. Aga Khan University  
Lahore, PAKISTAN  
Title: Preventive Cardiology Program: The Value of Setting It Up  
January 22, 2021
127. Queen's University Department of Medicine Grand Rounds  
Kingston, ON CANADA  
**The John O. Parker Lectureship**  
Title: Women & Heart Disease  
February 4, 2021
128. NCH HealthCare/Mayo Internal Medicine Grand Rounds  
Naples, FL  
Title: Women & Heart Disease: Is there Really a Sex Difference?  
February 11, 2021
129. National Institute for Prevention and Cardiovascular Health  
Dublin, Ireland  
Women Heart Matters  
Title: Why Sex Matters in Cardiovascular Health  
February 11, 2021
130. New Cardiovascular Horizons  
Title: Women and Heart Disease: Why Women Need Specialized Care for their  
Hearts  
Salt Lake City, UT  
February 20, 2021
131. Cardiabcon  
New Delhi, INDIA  
Title: CVD Prevention  
March 13, 2021
132. University of Calgary Cardiology Grand Rounds  
Calgary, AB, CANADA  
Title: Women and cardiovascular disease: Is there really a sex difference?  
March 23, 2021
133. Medical College of Wisconsin Cardiology Grand Rounds  
Madison, WI  
Title: Women and cardiovascular disease: Is there really a sex difference?  
April 8, 2021
134. University of North Texas Health Science Center  
Fort Worth, TX  
3<sup>rd</sup> Annual Women's Cardiovascular and Brain Health Symposium



**Keynote Speaker**

Title: Women and Heart Disease: Understanding the Sex Differences to Advance Women's Heart Health  
April 16, 2021

135. Cedars Sinai Hospital  
Women Ischemic Heart Disease (WIHD) 7<sup>th</sup> Annual Symposium

**Keynote Speaker/ Linda Joy Pollin Awardee**

Title: Using Social Media to Advance Women's Cardiovascular Health  
April 23, 2021

135. American College of Cardiology's CV Disease in Women: Class of the Giants  
Team Leader

April 25, 2021

136. American College of Cardiology- Connecticut Chapter  
ACC Women In Cardiology/American College of Physicians Annual Meeting

**Keynote Speaker**

Title: Understanding Women and Cardiovascular Disease  
May 22, 2021

137. Houston Methodist Hospital  
CVD Prevention Conference

Title: Cardiovascular Prevention in Women: Novel Insights and Pathways Forward  
June 30, 2021

138. National Reproductive Health Conference  
Title: Hypertension in Women Across the Lifespan  
August 12, 2021

139. SCCT Prevention Symposium 2021  
Title: Using Social Media to Advance Prevention  
August 14, 2021

140. SICA 4to Curso Internacional de Sindromes Coronarios Agudos  
Mexico City, Mexico

Title: Improving Outcomes in Women After STEMI  
September 13, 2021

141. Morristown Medical Center Annual Frontiers in Cardiovascular Medicine  
Morristown, NJ

Title: Sex Specific Risk Enhancers: Refining ASCVD Risk Assessment in Women  
September 17, 2021

142. Saudi Heart Association 2021  
Riyad, Saudi Arabia

Title: Hypertension Across a Woman's Lifespan  
October 7, 2021

143. British Association of Cardiovascular Prevention and Rehabilitation (BACPR)  
Belfast, Ireland

Title: Sex Differences in Cardiovascular Disease Prevention  
October 8, 2021

144. Indiana American College of Cardiology (ACC) Chapter Meeting  
Indianapolis, IN

Title: Cardiovascular Disease in Women  
October 9, 2021

145. Houston Methodist Hospital CVD Prevention Symposium  
Houston, TX  
Moderator: Common Scenarios in Prevention Clinic  
October 9, 2021
146. Temple University Women In Cardiology: Early Career Advice  
Philadelphia, PA  
Title: Advice to Early Career WIC: What I Wished I Had Known  
October 25, 2021
147. Temple University- Cardiology Grand Rounds  
Philadelphia, PA  
Title: Women & Cardiovascular Disease: Is there really a sex difference?  
October 26, 2020
148. Icahn School of Medicine at Mount Sinai- Endocrinology Grand Rounds  
New York, NY  
Title: Women & Cardiovascular Disease: Is there really a sex difference?  
November 4, 2021

### **Invited Workshops**

1. **South Asian Health Initiative**  
2013  
Working Group Member  
*South Asian Health: From Research to Practice and Policy*, NIH initiative established to address cancer and cardiovascular health disparities among South Asian immigrant communities in the United States
2. **Pregnancy complications identify women at risk for developing cardiovascular disease**  
June 2, 2014  
Working Group Member  
Objectives:
  1. Develop guidelines for the follow up of women with certain pregnancy complications
  2. Identify knowledge gaps/research ideas for future grant/collaborative proposalsTitle: Women's Cardiovascular Risk Screening  
Toronto, Ontario, CANADA
3. **Canadian Women's Heart Health Summit 2016**  
April 14-16, 2016  
Call to Action  
Group Moderator of Workshop  
Gulati, M  
Ottawa, Ontario, CANADA
4. **LEADERS Meeting**  
**Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee**  
4th Annual National Women's Health Internal Medicine Leadership Summit  
October 2016  
Los Angeles, CA
5. **American College of Obstetricians & Gynecologists**

- Postpartum Task Force Meeting**  
July 10, 2017  
Working Group Member  
Washington DC
6. **Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee**  
5th Annual National Women's Health Internal Medicine Leadership Summit  
Steering Committee Member/Speaker  
November 9-10 2017  
Phoenix, AZ  
Organized and Hosted Meeting on behalf of University of Arizona-Phoenix
  7. **Second Jim Pattison Cardiac Rehabilitation Symposium, Alberta Heart Institute**  
April 27-28, 2018  
Banff, AB
  8. **Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee**  
5th Annual National Women's Health Internal Medicine Leadership Summit  
Steering Committee Member/Speaker  
October 25-26, 2018  
Dallas, TX
  9. **Diversity & Inclusion Strategy Session for Training Program Directors American College of Cardiology**  
Heart House, Washington DC  
November 17, 2018
  10. **LDL & Beyond: Roundtable American College of Cardiology**  
Heart House, Washington DC  
June 17, 2019
  11. **International Experts Advisory Committee- Libin Cardiovascular Institute**  
(invited to review institute)  
University of Calgary  
Calgary, CANADA  
September 27-29, 2019
  12. **Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee**  
6th Annual National Women's Health Internal Medicine Leadership Summit  
Denver, CO  
Steering Committee Member/Speaker  
Title: Endowed Chairs: Getting the Commitment  
October 3-4, 2019
  13. **Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee**  
7th Annual National Women's Health Internal Medicine Leadership Summit  
(Virtual)  
Steering Committee Member/Speaker  
Title: LEADERS 2020 Survey Results

- September 16, 2020
14. **Recent Advances in HFREF: Roundtable**  
**American College of Cardiology**  
Heart House, Washington DC  
October 7, 2020
  15. **PCORI- Convening on Missed Diagnosis of Heart Disease in Women**  
Washington DC  
January 27, 2021
  16. **Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee**  
Diversity & Inclusivity Among Leaders  
(Virtual)  
Steering Committee COChair  
March 26, 2021
  17. **Health Resources and Services Administration (HRSA)**  
Supporting Women's Unique Cardiovascular Needs  
Women and the Risk of Cardiovascular Disease  
May 12, 2021
  18. **Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee**  
8th Annual National Women's Health Internal Medicine Leadership Summit  
(Virtual)  
Steering Committee Member/Speaker  
Title: Workshop- Finding Your Allies  
October 15, 2020

### Teaching Lectures

1. University of Illinois, Chicago, Chicago, IL. School of Public Health. Guest lecturer for "Quantitative Methods in Epidemiology-I" (Masters Program). February 20, 2003.  
Title: Hormone Replacement Therapy and Heart Disease: The Tale That Wagged the Dogma
2. University of Chicago, Chicago, IL Department of Health Studies. Guest lecturer for "Introduction to Epidemiology" (Masters Program). November 20, 2003.  
Title: Hormone Replacement Therapy and Heart Disease: The Tale That Wagged the Dogma
3. University of Chicago. Department of Health Studies. Guest lecturer for "Introduction to Epidemiology" (Masters Program). November 18, 2004  
Title: Hormone Replacement Therapy and Heart Disease: The Tale That Wagged the Dogma
4. University of Chicago. Department of Health Studies. Guest lecturer for "Issues on Women's Health" (Masters Program). March 31, 2005.  
Title: Women and Cardiovascular Disease: Etiology and Epidemiology
5. University of Chicago, Chicago, IL. Department of Health Studies. April 6, 2006.  
Guest lecturer for "Issues on Women's Health" (Masters Program).  
Title: Women and Cardiovascular Disease: Etiology and Epidemiology

6. University of Chicago, Chicago, IL. Department of Health Studies. May 22, 2006.  
Guest lecturer for "Health Status Assessment" (Masters Program).  
Title: Health Measure in Women and Cardiovascular Disease.
7. University of Chicago. Department of Health Studies.  
Guest lecturer for "Introduction to Epidemiology" (Masters Program). November 2, 2006  
Title: Hormone Replacement Therapy and Heart Disease: The Tale That Wagged the Dogma
8. Northwestern University, Chicago, IL. February 19, 2007.  
Internal Medicine Residency Lecture  
Title: Women and Coronary Disease 2007
9. University of Chicago, Chicago, IL. Department of Health Studies. March 7, 2007  
Guest lecturer for "Health Status Assessment" (Masters Program).  
Title: Health Measure in Women and Cardiovascular Disease.
10. Northwestern University, Chicago, IL. September 8, 2008.  
Internal Medicine Residency Program Lecture Series  
Title: Women and Cardiovascular Disease
11. The Ohio State University, Columbus, OH. February 8, 2012  
Cardiology Fellow Conference  
Title: Prevention of Cardiovascular Disease in Women
12. Brown University, Providence, RI. May 31, 2012  
Cardiology Fellow Conference  
Title: Gender Differences in CVD- Case Discussion
13. Ohio State University, Columbus, OH. January 6, 2013  
Undergraduates, medical students and residents: Mentee gathering  
Title: The Importance of Community Service for Physicians
14. Ohio State University, Columbus, OH. January 26, 2013  
My Journey into Medicine  
Undergraduate conference for prospective medical students
15. The Ohio State University, Columbus, OH. January 15, 2014  
Cardiology Fellow Conference  
Title: Ischemic Heart Disease in Women
16. University of Arizona, Phoenix, AZ, Phoenix AZ. August 12, 2019  
Cardiology Fellow Conference  
Title: Stress Testing 101
17. University of Arizona, Phoenix, AZ, Phoenix AZ. September 16, 2019  
Cardiology Fellow Conference  
Title: Hypertension Across a Woman's Lifespan
18. University of Arizona, Phoenix, AZ, Phoenix AZ. May 27, 2020  
Cardiology Fellow Conference  
Title: Your First Job
19. University of Rochester, Rochester, NY. May 27, 2020  
Cardiology Fellow Conference (Virtual)
20. Stanford University, Palo Alto, CA. October 6, 2020  
Principals of Epidemiology, Human Biology 154B
21. Women As One Mentorship Project. London, UK. September 17, 2021  
Creating Collaboration Network

22. CardioNerds Rounds (Virtual). October 17, 2021  
Prevention of Cardiovascular Disease.

**Continuing Medical Education**

1. Rush University Medical Center, Chicago, IL. Continuing Medical Education Program. June 26, 2004  
Title: Cardiovascular Disease in Women: Taking Women Health to Heart
2. Columbia College of Physicians and Surgeons: Women's Agenda Targeting Cholesterol in Heart Disease (WATCH) Troy, MI October 20, 2005
3. Johns Hopkins University School of Medicine Sponsored CME Course: Heart Disease in Women: Are we failing Women's Hearts? Chicago, IL November 9, 2005
4. Columbia College of Physicians and Surgeons: Women's Agenda Targeting Cholesterol in Heart Disease (WATCH) Chicago, IL December 7, 2005
5. St. Catherine Hospital Cardiology 2006 Continuing Medical Education Program. Munster, IN. April 8, 2006. Title: Women and Heart Disease.
6. Rush Copley Medical Center. Women's Heart Symposium. Woodridge, IL. April 12, 2006  
Title: Level of Fitness as a Cardiac Risk Factor.
7. The 14<sup>th</sup> Annual Congress on Women's Health, Hilton Head, SC. June 5, 2006. Hot Topics in Diagnostics. Title: Cardiac Stress Testing: Applying Results to Women.
8. Northwestern University, Chicago, IL. October 25, 2006.  
CME: Second Annual Vascular Medicine for the Practicing Physician  
Title: Treating Women with Cardiovascular Disease: 2006
9. Northwestern University, Chicago, IL. January 3, 2007.  
CME: Vascular Interdisciplinary Clinical Rounds  
Title: Women and Coronary Disease- A Changing Paradigm
10. Union Memorial Hospital, Baltimore, MD. February 10, 2007  
CME: Imaging Services Seminar  
Title: Women and Coronary Disease 2007
11. Buffalo and Western New York Cardiovascular Society, Buffalo, NY. February 15, 2007.  
CME: Buffalo and Western New York Cardiovascular Society  
Title: The Prognostic Value of Exercise Stress Testing In Asymptomatic Women: The St. James Women Take Heart Project
12. Northwestern University, Chicago, IL. May 18, 2007.  
CME: 2007 Clinical Research Educational Conference  
Title: Women and Coronary Disease 2007
13. Her Heart Community Program, Charlotte, NC. May 24, 2007.  
CME: Her Heart Community Program  
Title: Diagnosis of Coronary Disease in Women: Challenges and Opportunities.
14. Northwestern University, Chicago, IL. February 20, 2008.  
CME: 2008 First Annual Women's Cardiovascular Symposium (Course Director of CME)  
Title: The 2007 ACC/AHA Guidelines for Preventing Cardiovascular Disease in Women: What's New? A Users Guide.

- Jointly Presented by Dr. Martha Gulati, Dr. Nanette Wenger and Dr. Neil Stone.
15. Northwestern University, Chicago, IL. February 20, 2008.  
CME: 2008 First Annual Women's Cardiovascular Symposium (Course Director of CME)  
Title: Insulin Resistance and Cardiovascular Disease: An Epidemic in Women.
  16. Pri-Med Midwest Conference (Current Clinical Issues in Primary Care), Chicago, IL. April 24, 2008.  
Harvard Medical School and Northwestern University  
Title: Heart Disease in Women: 2008
  17. Community Hospital. Munster, IN. April 18, 2009  
2009 Cardiovascular Symposium  
Continuing Medical Education Program.  
Title: "How Low Should We Go? Lipid Management in 2009"
  18. University of Chicago, Chicago, IL. April 27, 2009  
Guest lecturer for "Health Status Assessment" (Masters Program).  
Title: Health Measure in Women and Cardiovascular Disease.
  19. Northwestern University, Chicago, IL. December 6, 2008  
Northwestern University Heart Failure Holiday Symposium  
Title: "Heart Failure and ICD Use in Women: Influence of Gender on Treatment"
  20. Northwestern University, Chicago, IL. February 24, 2010.  
CME: 2009 Second Annual Women's Cardiovascular Symposium (Course Director of CME)  
Title: Cardiovascular Risk Factors in Women: In search for a Treatment to End Gender Differences.
  21. Northwestern University, Chicago, IL. February 24, 2010.  
CME: 2009 Second Annual Women's Cardiovascular Symposium (Course Director of CME)  
Title: Arrhythmias and ICD use in Women: Influence of Gender on Treatment
  22. University of Tennessee Health Science Center. Memphis, TN February 27, 2010.  
CME: 2010 WomenHeart First Annual Regional Cardiac Conference.  
Title: Prevention of Cardiovascular Disease: Sex-Based Cardiology
  23. The Ohio State University, Columbus, OH. April 21, 2011.  
CME: The Third Annual Cardiovascular Disease in African Americans Conference  
Title: Focus on African American Women: Epidemiology and Approach to Prevention and Management of Cardiovascular Disease
  24. The Ohio State University, Columbus, OH. May 20, 2011.  
CME: 2011 Cardiovascular MR/CT CME Update  
Title: Microvascular Disease –CMR/Catheterization
  25. The Ohio State University, Columbus, OH. September 14, 2011  
CME: The Beat of a Women's Heart (Course Director of CME)  
Title: Putting It All Together: Impact of Heart Disease Prevention in Women- Understanding and Applying the AHA 2011 Heart Disease Prevention Guidelines for Women
  26. Contemporary Multi-Disciplinary Cardiovascular Medicine Conference, Orlando, FL.  
October 7, 2011  
CME: Third Annual OSU Multidisciplinary Event

27. Title: Cardiac Rehabilitation: Improving outcomes one step at a time  
Contemporary Multi-Disciplinary Cardiovascular Medicine Conference, Orlando, FL.  
October 7, 2011  
CME: Third Annual OSU Multidisciplinary Event  
Title: Dietary/Supplements Recommendations for Hyperlipidemia: A Nontraditional Approach
28. Contemporary Multi-Disciplinary Cardiovascular Medicine Conference, Orlando, FL.  
October 7, 2011  
CME: Third Annual OSU Multidisciplinary Event  
Title: Exercise Recommendations for Men and Women, Old and Young
29. BREATHE (bettering Resource Education and Treatment of Heart Failure Effectively) Heart Failure Conference, Mason, OH  
Oct. 22, 2011  
Keynote Speaker  
Title: Women & Cardiovascular Disease: Is There a Gender Difference?
30. Kettering Medical Center, Kettering, OH  
November 8, 2011  
CME: Internal Medicine Grand Rounds  
Title: Women & Cardiovascular Disease
31. American College of Cardiology, Washington, DC  
CME: 6<sup>th</sup> Annual Heart of Women's Health.  
January 20, 2012  
**Keynote Address**  
Title: Adding Competence to Our Approach in Treating Heart Disease in Women
32. Baptist Health South Florida  
CME: 10<sup>th</sup> Annual Cardiovascular Disease Prevention Comprehensive International Symposium  
Miami, FL  
February 23-26<sup>th</sup>, 2012  
Title: Cardiovascular Disease Prevention in Women
33. Preventive Cardiovascular Nurses Association, Washington, DC  
April 12<sup>th</sup>, 2012  
CME: PCNA 18th Annual Symposium  
Title: Evaluated Cardiovascular Disease in Women: A Scientific Update
34. National CME Presentation for The Ohio State University, Columbus, OH.  
May 6<sup>th</sup>, 2012  
MedNet21  
Title: Heart Disease in Women  
<https://ccme.osu.edu/WebCastDetail.aspx?ID=535>
35. The Ohio State University, Columbus, OH. May 18, 2012  
CME: Lipid Management and Heart Disease Prevention Course (Course Director of CME)  
Title: Saving Women's Hearts: Contemporary Strategies to Prevent Heart Disease in Women
36. The Ohio State University, Columbus, OH. September 14, 2012



- CME: The Beat of a Women's Heart (Course Director of CME)  
Title: The Power of Red and the Need to Move Beyond the Bikini Approach  
(Debate "Pink Meets Red")
37. Faxton St. Luke's Medical Center  
CME: Makeover My Heart. Utica, NY  
Keynote Speaker  
Title: Saving Women's Hearts – Preventing Heart Disease at any Age
38. American College of Cardiology, Washington, DC  
CME: 7<sup>th</sup> Annual Heart of Women's Health.  
February 8, 2013  
Title: Diagnosis and Risk Stratification: Ischemic and Valvular Heart Disease
39. American College of Cardiology, Washington, DC  
CME: 7<sup>th</sup> Annual Heart of Women's Health.  
February 9, 2013  
Title: Nuts and Bolts of Building a Women's Center
40. 17<sup>th</sup> Annual Coastal Cardiovascular Conference, Chesapeake Bay, MD. February  
16, 2013  
**Keynote Speaker**  
Title: Evaluating Cardiovascular Disease in Women
41. Med Central Mansfield Hospital. Mansfield, OH. February 19, 2013  
Title: Saving Women's Hearts: Contemporary Strategies to Prevent Heart Disease  
in Women
42. Ohio Association Cardiology & Pulmonary Rehabilitation (OACVPR) Annual  
Statewide Meeting. Columbus, OH. March 14, 2013  
CEU: 25<sup>th</sup> Anniversary Annual Meeting-Keynote Speaker  
Title: Gender Differences in Stress Testing
43. The Ohio State University Women's Health Update 2013, Columbus, OH. April 5,  
2013  
Title: Cardiovascular Disease Prevention in Women
44. The Ohio State University, Columbus, OH. September 20, 2013  
Fifth Annual STEMI Update: Facing Tough Questions in 2013  
Title: Gender and Racial Disparities in Cardiac Care
45. Innovations in Cardiovascular Care Symposium, Boca Raton, FL. October 11,  
2014  
Title: Women and Cardiovascular Disease: Is there a Sex Difference?
46. The 19<sup>th</sup> Annual Coastal Cardiovascular Conference. Cambridge, MD. February  
14, 2015  
Title: 2015 Updates on Women and Heart Disease: Are WE meeting National  
Guidelines?
47. Heart Disease in Women: A New Era of Understanding, Recognition, Prevention,  
Diagnosis and Treatment 2015  
October 10, 2015-The Mayo Clinic  
**Keynote Speaker**  
Title: Adding Competence to Our Approach in Treating Heart Disease in Women:  
Why We Need Specialized Care for Women's Hearts and Vessels  
Rochester, MN
48. 2016 Women's Health Conference: Cutting Edge Advances in Women's Health,

- Monterey, CA.  
University of California, Davis  
June 9, 2016  
**Keynote Speaker**  
Title: Advances in Women and Cardiovascular Disease
49. 2016 Women's Health Conference: Cutting Edge Advances in Women's Health,  
Monterey, CA.  
University of California, Davis  
June 9, 2016  
Title: Women & Cardiovascular Disease: Case Discussion
50. 1st Annual Banner Cardiology Summit 2017  
October 5, 2016  
Title: Creating an Academic Cardiology Division in Phoenix  
Phoenix, AZ
51. Heart Disease in Women: A New Era of Understanding, Recognition, Prevention,  
Diagnosis and Treatment 2016  
October 9, 2016-The Mayo Clinic  
Title: The Status of Cardiovascular Risk Assessment in Women  
Rochester, MN
52. Heart Disease in Women: A New Era of Understanding, Recognition, Prevention,  
Diagnosis and Treatment 2016  
October 9, 2016-The Mayo Clinic  
Title: Therapeutic Lifestyle Changes in Women  
Rochester, MN
53. Southwestern Conference on Medicine 2017  
Tucson Osteopathic Medical Society  
April 27, 2017  
Title: Women and Cardiovascular Disease: Is there a Sex Difference?  
Tucson, AZ
54. 2nd Annual Banner Cardiology Summit 2017  
September 20, 2017  
Title: Women & Structural Disease- Where Do We Go From Here  
Phoenix, AZ
55. Miami CardioMetabolic Summit, Miami Baptist Hospital  
Keynote Address  
Title: Improving the Cardiovascular Health of Women in the Nation  
February 22, 2018  
Miami FL
56. Southwestern Conference on Medicine 2018  
Tucson Osteopathic Medical Society  
April 26, 2018  
Title: Social Media in Medicine: Challenges & Opportunities  
Tucson, AZ
57. 4th Annual Current Issues in Coronary and Structural Heart Disease  
May 18, 2018  
Keynote Lecture

- Title: Social Media & Cardiology: Changing the Conversation for Health Care Providers  
Philadelphia, PA
58. 1<sup>st</sup> Annual Cardiology in the Desert  
University of Arizona/Banner University Medical Center  
March 30, 2019  
Title: Sex Differences in ASCVD Risk Factors  
Phoenix, AZ
59. Northwell Health Prevention CME  
April 12, 2019  
Title: Treating hypertension over the course of a woman's lifetime"  
New York, NY
60. American Academy of Physician Assistants (AAPA) 2019 Conference  
May 20, 2019  
Title: Rapid-Fire Roundtable: Expert Insights on the Use of PCSK9 Inhibitors to Reduce CV Risk  
Denver, CO
61. Preventive Cardiology Summit for Cardiology Fellows 2019  
October 11-12, 2019  
Core Faculty  
Title: Deep Dive into PCSK-9 Inhibitors  
Chicago, IL
62. 6<sup>th</sup> Annual Deborah Heart & Lung Women's Heart Center Symposium  
November 2, 2019  
Philadelphia, PA  
**Keynote Speaker**  
Title: Pregnancy: The Ultimate Cardiac Stress Test for Females: Identifying and Managing High Cardiovascular Risk Features
63. 2<sup>nd</sup> Annual Cardiology in the Desert  
University of Arizona/Banner University Medical Center  
February 1, 2020  
Title: Hypertension Across the Lifespan in Women  
Phoenix, AZ
64. Cornell University & Columbia University  
Heart Disease & Women CME  
**Keynote Speaker**  
February 12, 2020  
New York, NY
65. Congress on Insulin Resistance, Diabetes and Cardiovascular Disease  
Title: Coronary Artery Calcification in Women  
December 4, 2020
66. Medscape CME  
Going Back to the Heart Of Cardiology  
December 8, 2020  
Title: Women and Heart Disease
67. Integrity Continuing Education  
Heart Failure CME

- December 8, 2020  
68. NCVH Salt Lake City 2021  
February 20, 2021  
Title: Women and Heart Disease: Why Women's Hearts Need Specialized Centers

**Continuing Medical Education Course Director/Co-Director**

1. Northwestern University, Chicago, IL. February 20, 2008.  
CME: 2008 First Annual Women's Cardiovascular Symposium
2. Northwestern University, Chicago, IL. February 24, 2010.  
CME: 2009 Second Annual Women's Cardiovascular Symposium
3. Northwestern University, Chicago, IL. February 24, 2010.  
CME: 2010 Third Annual Women's Cardiovascular Symposium
4. The Ohio State University, Columbus, OH. September 14, 2011  
CME: The Beat of a Women's Heart
5. The Ohio State University, Columbus, OH. May 18, 2012  
CME: Lipid Management and Heart Disease Prevention Course
6. The Ohio State University, Columbus, OH. September 14, 2012  
CME: The Beat of a Women's Heart
7. The Mayo Clinic, Rochester, MN. October 10-11, 2015  
CME: Heart Disease in Women: A New Era of Understanding, Recognition, Prevention, Diagnosis and Treatment 2015
8. Banner Health, Phoenix AZ. October 5, 2016  
CME: Banner Cardiology Forum
9. The Mayo Clinic, Rochester, MN. October 8-9, 2016  
CME: Heart Disease in Women: A New Era of Understanding, Recognition, Prevention, Diagnosis and Treatment 2016
10. Banner Health, Phoenix AZ. September 20, 2017  
CME: 2<sup>nd</sup> Annual Banner Cardiology Forum
11. University of Arizona/Banner University Medical Center-Phoenix. March 30, 2019  
1<sup>st</sup> Annual Cardiology in the Desert, Phoenix, AZ.
12. University of Arizona/Banner University Medical Center-Phoenix. February 1, 2020  
2<sup>nd</sup> Annual Cardiology in the Desert, Phoenix, AZ.

**Patient Education**

1. Rush University Medical Center, Chicago, IL. Women's Health Forum "Take Heart, Take Control". March 13, 2004.  
Title: Her Heart Matters: Taking Women Health to Heart
2. The Rush Woman's Board Health Conference "Women Take Heart, Take Control".  
Rush University Medical Center, Chicago, IL. November 17, 2004  
Title: It's Not Just a Man's Disease: Risk Factors, Prevention and Treatment of Coronary Heart Disease in Women
3. 2005 Women's Heart Initiative Key Note Speaker; Green Bay, WI. February 24, 2005.  
Title: Cardiovascular Disease in Women - Taking Women's Health to Heart
4. Northwestern Memorial Hospital Patient Programs, Chicago, IL. February 15, 2006. Title: Heart Healthy Lifestyle: A Pulse on Prevention.

5. Northwestern Memorial Hospital Healthy Transitions Program, Chicago, IL. February 20, 2006. Title: What Every Woman Should Know About Heart Disease: Women, Exercise and Heart Disease Prevention.
6. Northwestern University, Chicago, IL. February 14, 2007. Association of Northwestern University Women  
Title: Matters of the Heart: What Women Need to Know.
7. Her Heart Community Program, Charlotte, NC. May 25, 2007. Duke Energy Corporation  
Title: Diagnosis of Coronary Disease in Women: Challenges and Opportunities.
8. Northwestern University, Chicago, IL. June 4, 2007. Northwestern Memorial Hospital Woman's Board  
Title: Women and Heart Disease
9. Northwestern University, Chicago, IL. February 20, 2008. Northwestern Memorial Hospital: Patient Education Symposium  
Heart Health: What Smart Women Need to Know  
Title: Beyond Cardio: Varying your exercise for better heart health
10. Go Red For Women Luncheon- Chicago, IL. February 29, 2008  
Town Hall Meeting: Patient question and answer program – Speaker
11. Northwestern Memorial Hospital, Chicago, IL. June 3, 2008  
26<sup>th</sup> Annual Streeterville Society  
Title: "Secrets of a Woman's Heart"
12. Northwestern Memorial Hospital, Chicago, IL. October 1, 2008  
The Wesley Society Annual Celebration  
Title: "Matters of the Heart: What Everyone Needs to Know to Keep a Healthy Heart"
13. Northwestern University, Chicago, IL. February 4, 2009. Northwestern Memorial Hospital: Patient Education Symposium  
Heart Health: What Smart Women Need to Know  
Title: Heart Healthy Prescriptions: Healthy Living for Your Busy Life
14. Alzheimer's Association, Chicago, IL. February 25, 2009.  
Title: "Matters of the Heart: What Everyone Needs to Know to Keep a Healthy Heart"
15. Prentice Women's Hospital, Chicago, IL. May 13, 2009  
Friends of Prentice Luncheon  
Title: "Heart Disease Prevention: Making it Work!"
16. Prentice Women's Hospital, Chicago, IL. September 24, 2009  
Friends of Prentice Fall Education Series  
Title: "Heart Disease Prevention: Making it Work!"
17. Northwestern University, Chicago, IL. February 24, 2010. Northwestern Memorial Hospital: Patient Education Symposium  
Heart Health: What Smart Women Need to Know  
Title: Groove is in the Heart! Moving your way to a Healthy Heart
18. Ohio State University, Ross Heart Hospital, Columbus, OH. February 4, 2011  
Staff Educational Series  
Title: Heart Disease Prevention
19. Ohio State University, Ross Heart Hospital, Columbus, OH. February 17, 2011  
Administrative Staff

20. Title: Saving My Women's Hearts  
American Heart Association Go Red for Women Luncheon, Columbus, OH.  
February 24, 2011  
**Featured Speaker**
21. Title: Saving Women's Hearts  
Veterans of Foreign Wars (VMF) Ladies Auxiliary Go Red Event, Columbus, OH.  
February 25, 2011  
**Featured Speaker**
22. Title: Saving Women's Hearts  
The Ohio State University, Ross Heart Hospital, Columbus, OH.  
100 Black Women Conference  
Columbus, OH. April 21, 2011
23. Title: How Does Exercise Protect the Heart?  
Living and Leading with Balance  
The Ohio State University, Columbus, OH. May 4, 2011  
**Featured Speaker**
24. Title: Saving Women's Hearts  
Healthy Heart Forum, The Ohio State University, Ross Heart Hospital, Columbus,  
OH.  
May 25, 2011  
*Title: African American Women: A Very Special Population*
25. Strong At Heart  
The Ohio State University, Columbus, OH.  
September 14, 2011
26. Title: Groove is in the Heart: Moving Your Way to a Healthy Heart  
Mended Hearts of Central Ohio  
The Ohio State University, Columbus, OH.  
October 12, 2011
27. Title: The Differences Between Men and Women with Heart Disease  
OSU Medical Center Service Board Luncheon  
The Ohio State University, Columbus, OH  
October 19, 2011
28. Title: Heart Disease in Women  
The Ohio State University, Ross Heart Hospital, Columbus, OH. February 2, 2012  
Staff Educational Series
29. Title: Taking Care of Our Hearts  
The Ohio State University, Columbus, OH. February 28, 2012  
Your Plan for Health Webinar
30. Title: Medical Approaches for Heart Health  
The Ohio State University, Columbus, OH. April 26, 2012  
100 Black Women Conference
31. Title: How Does Heart Disease Matter to Black Women?  
Strong At Heart The Ohio State University, Columbus, OH. September 7, 2012  
Title: Heart Disease in Women and How to Prevent It
32. Newcomers to Columbus; Columbus, OH. January 15, 2013  
Title: How to Take Care of Your Heart
33. Palm Beach Brunch Palm Beach, FL. February 14, 2013

- Title: Saving Women's Hearts  
34. Ohio State University Alumni. Naples, FL. February 15, 2013  
Forum: Heart Disease and OSU
35. Ohio State University Women in Philanthropy. Naples, FL. February 16, 2013  
Title: Saving Women's Hearts
36. Ohio State University Women in Philanthropy. Sarasota, FL. February 17, 2013  
Title: Saving Women's Hearts
37. Ohio State University Women in Philanthropy. Columbus, OH. February 19, 2013  
Title: Saving Women's Hearts
38. American Heart Association Go Red for Women Luncheon, Columbus, OH.  
February 21, 2013  
**Featured Speaker**  
Title: Saving Women's Hearts
39. Ohio Wellness Leaders Luncheon, Columbus, OH. March 15, 2013  
Title: Heart Health and Prevention
40. Tammy's Second Annual Diva Day, Columbus, OH. April 28, 2013  
Title: Heart Disease Prevention in African American Women
41. Strong At Heart (Third Annual) September 8, 2013  
The Hilton Hotel, Easton Mall, OH.  
Title: Heart Disease in Women
42. Palm Beach Everglades Club February 7, 2014  
Title: Saving Women's Heart: Preventing and Living with Heart Disease
43. Norton Healthcare. February 26, 2014  
Louisville, Kentucky  
Title: Go Confidently (Speaker Series)- Women & Heart Disease
44. Easton Town Center, Columbus, OH. May 28, 2014.  
Title: Pour Your Heart Out
45. Strong At Heart (Fourth Annual) October 3, 2014  
The Hilton Hotel, Easton Mall, OH.  
Title: Saving Your Heart
46. Friends of OSU February 18, 2015  
Heart Disease Panel  
Naples, FL
47. WomenHeart National Meeting April 26, 2015  
Washington, DC  
Title: Women and Heart Disease: 2015 Updates
48. Scleroderma Foundation National Patient Education Conference July 18, 2015  
Nashville, TN  
Title: The Heart of Scleroderma: The Risk of Heart Disease in Scleroderma
49. Strong At Heart (Fifth Annual) October 2, 2015  
Funny Bone, Easton Mall, OH.  
Title: Why Women Need to Care for Their Hearts  
Title: CPR- How to Save A Life
50. Banner Foundation Board. September 21, 2016  
Phoenix, AZ  
Title: Creating an Academic Medical Center in Phoenix
51. Heart Institute Reception. September 22, 2016

- Phoenix, AZ  
Title: Creating an Academic Medical Center in Phoenix
52. Heart Smart Women. February 28, 2017  
Title: Heart Disease- Is There Really a Sex Difference?  
Victoria, BC, CANADA
53. Red Dress Cocktail Party & Fashion Show. April 12, 2017  
Title: Women & Heart Disease- Why It Matters  
Phoenix, AZ
54. Arizona American Heart Association- Half Yearly Heart Ball Meeting April 2017  
Title: Women & Heart Disease  
Tempe, AZ
55. The Paradise Valley Women's Association. May 24, 2017  
Title: Heart Disease in Women: Why it Matters  
Phoenix, AZ
56. Heart of a Women March 6, 2018  
Title: Women & Heart Disease: Is there really a sex difference?  
Houston Methodist Hospital, Houston, TX
57. Women Inspiring Scientific Progress (WISP) April 24, 2018  
Title: Women & Heart Disease: Heart-Brain Connection  
Phoenix AZ
58. Heart of a Women February 16, 2018  
Title: Women & Heart Disease: Is there really a sex difference?  
Houston Methodist Hospital, Houston, TX
59. Banner Health Foundation February 21, 2019  
Title: Saving Women's Hearts  
Phoenix, AZ
60. Libin Cardiovascular Institute, September 27, 2019  
Title: How Women's Hearts are Different  
University of Calgary  
Calgary, CANADA
61. Dil Se. August 30, 2020  
Title: Heart Health in South Asian Women.  
Boston American Heart Association  
Boston, MA
62. Dil Ki Baat. October 29, 2020  
Title: The Heart of South Asian Women  
Philadelphia Indian Association/Portland Indian Association
63. WomenHeart Facebook Live: Hyperlipidemia, December 3, 2020  
Title: Cholesterol in Women
64. Alpha Phi Sorority- Western University Chapter January 23, 2021  
Title: Saving Women's Hearts

**Webinars**

- June 4, 2014                      How to Start a Women's Heart Program  
WomenHeart National Hospital Alliance
- February 12, 2015                Heart Disease Prevention



May 21, 2015	OSU Plan for Your Health Assessment and Treatment of Cardiovascular Risk in Women American Heart Association
June 17, 2015	Angina in Women American Heart Association
July 15, 2015	Prevention of Cardiovascular Disease and Education of Cardiac Risk in Women American Heart Association
October 28, 2015	Heart Failure-Patient Program/CardioSmart American College of Cardiology
June 5, 2019	AHA ASCVD Prevention Guidelines American Society of Preventive Cardiology <a href="https://www.vumedi.com/playlist/127528c6-0091-489f-806b-e495eadd5c56/">https://www.vumedi.com/playlist/127528c6-0091-489f-806b-e495eadd5c56/</a>
April 6, 2020	Mended Hearts: Coronavirus and People With Heart Conditions: What You Need to Know <a href="https://www.youtube.com/watch?v=HoUKwfhE22M&amp;t=10s">https://www.youtube.com/watch?v=HoUKwfhE22M&amp;t=10s</a>
May 11, 2020	Debakey/Houston Methodist: How does COVID19 Cause Cardiovascular Disease.
February 2, 2021	American College of Cardiology: Becoming A Master Educator

## **Blogs**

Blog on personal website: <http://www.DrMarthaGulati.com>

Invited Faculty for New England Journal of Medicine (NEJM) Career Center 2015  
Conversations: Women Transforming the Culture of Medicine  
<https://medstro.com/groups/nejm-group-open-forum/discussions/96>

Official Blogger for **Cardiology Today** 2013-2015  
<http://www.healio.com/cardiology/highlights-from-acc-scientific-sessions/blog-a-preventive-cardiologists-take-on-day-1-of-the-acc-conference>  
<http://www.healio.com/cardiology/highlights-from-acc-scientific-sessions/a-closer-look-at-prato-acs-and-terisa>  
<http://www.healio.com/cardiology/blogs/martha-gulati-md-ms-facc-faha/why-every-female-cardiologist-should-read-lean-in>  
<http://www.healio.com/cardiology/blogs/martha-gulati-md-ms-facc-faha/a-closer-look-at-athletic-participation-for-patients-with-icds>

## **Media Appearances and Placements (Magazines, Newspapers, Television):**

1. 9/15/2003: The **Dallas Morning News** "Fitness level in women predicts death risk, study says" By: Laura Beil
2. 09/15/2003: **WebMD**. "Lack of Exercise Hurts Women More" By: Jennifer Warner. MedicineNet.com
3. 09/17/2003: **Boston Globe**. "Fitness foils women's heart disease" By: Smith, Stephen.
4. 09/20/2003: **The Age, Australia's National Newspaper**. "Healthy women told to find time to exercise." By: Lucy Beaumont

5. 9/24/2003: **The Tribune India**. "Lack of exercise hurts women more than men".
6. 10/13/2003: **San Fernando Valley Business Journal**. "Poor fitness increases risk of death in women more than in men.(Health care: spotlight on heart disease)"
7. 10/21/2003 **Gallup Poll**: "Women Less Likely to Get Vigorous Exercise." By: Blizzard, Rick. Tuesday Briefing, 10/21/2003, p1, 4p, 4 charts; (AN 11349447)
8. 11/2003: **Environmental Nutrition**. "Fitness a Strong Predictor of Health in Women.", Nov2003, Vol. 26 Issue 11, p3, 1/4p; (AN 11298047)
9. 11/2003: **Tufts University Health & Nutrition Letter**. "Note to Women: Thinner, Healthier, and Longer Life Within Easy Reach." Nov2003, Vol. 21 Issue 9, p4-5, 2p; (AN 13241390)
10. 04/2004: **Health Magazine**. Move Faster, Live Longer.. By: Reid-St. John, Su., Apr2004, Vol. 18 Issue 3, p83-83, 3/4p, 1c; (AN 12662827)
11. 05/01/2004: **OB/GYN News**. "Large prospective study: treadmill test urged for asymptomatic women" by Bruce Jancin
12. 10/09/2004: **Senior Health Week**. Study: Menopause Causes Women to Lose Strength Source: Medical Week staff.
13. 11/01/2004: **A Friend Indeed**. "Get a grip!"
14. 02/01/2005: **Internal Medicine News**. "Nomogram calculates women's exercise capacity.(Cardiovascular Medicine)", 2/1/05 by Zoler, Mitchel L.
15. 03/2005: **Health Magazine**. "Workout Warning Signals." By: Bailey, Lisa C., Mar2005, Vol. 19 Issue 2, p90-90, 3/4p, 1 chart, 1c; (AN 16243042)
16. 8/3/2005: **CBC News** . "Chart helps women guide fitness level to cut heart disease risk"
17. 08/03/2005: **CBS National News**. "Which Women Are At Risk Of Dying Young?"
18. 8/4/2005: **Medical News Today**. Lack of exercise serious heart problem risk for women, study of 5700 women
19. 08/04/2005: **NBC Los-KNBC Los Angeles**. "Women's Fitness Measurements"
20. 08/04/2005: **Women's Health Matters**. "Fitness levels should be measured differently for women and men "August 04, 2005 CANADA
21. 08/04/2005: **WebMD**. "Fitness Level Predicts Likelihood of Death". By: Daniel J. DeNoon, WebMD Medical News
22. 11/15/2005: **CTV News (Canada National News)**. "Exercise guidelines for women established"
23. 08/04/05: **Women's Health News**. "Researchers have developed a nomogram specifically for women to predict their expected exercise capacity at any given age"
24. 8/5/2005: **Senior Journal**. Researchers Develop Exercise Chart for Women to Prevent Heart Problems
25. 8/5/2005: **PRAVDA Russia's National Newspaper**. Women can now measure fitness level
26. 8/5/2005: **Kansas City Star**. "Getting to the MET of the matter: New chart helps women measure fitness level" By: Eric Adler
27. 08/15/2005: **The Orange County Register**. A formula for fitter women" By: Liddane, Lisa. (Santa Ana, CA), 08/15/2005; (AN 2W72234083487)
28. 08/16/2005: **The New York Times**. "The Right Level of Exercise to Keep a Healthy Heart" By: BAKALAR, NICHOLAS,

29. 08/2005: **Women's Health Magazine**. Fit Women Live Longer
30. 08/2005: **Prevention Magazine**. Charting the relationship between a woman's fitness and her risk of death
31. 08/2005: **World Jewish News Agency**. Researchers have developed a chart that can tell women what level of exercise they need to stay fit.
32. 11/14/2005: **Science Daily**. "Exercise may ward off death in women with metabolic syndrome."
33. 11/14/2005: **CBS News**. "Study: Exercise Can Add Three Years To Life"
34. 11/15/2005: **CTV News (Canada National News)**. "Exercise can add 3 years to life, finds study"
35. 11/15/2005: **NewsMax.com**. "Study: Exercise Can Add 3 Years to Life"
36. 11/21/2005: **Crain's Chicago Business** "FOCUS: 40 UNDER 40: Martha Gulati." By: Klein, Sarah A. Crain's Chicago Business, 11/21/2005, Vol. 28 Issue 47, p66-66, 1/5p, 1c; (AN 19124550)
37. 2006: **Crain's Chicago Business** 2006: CRAIN'S SPECIAL REPORT 40 UNDER 40. 2006 Book of Lists, Vol. 28 Issue 52, p180-180, 1p, 42c; (AN 19531884)
38. 01/2006: **O, The Oprah Magazine**. "The first 30 days.", Jan 2006, Vol. 7 Issue 1, p136-181, 7p, 1 chart; (AN 19241286)
39. 01/25/2006: **NBC TV (Omaha WOWT)**. "Meet The METS"
40. 02/ 22/2007: **The Oprah Winfrey Show. ABC TV**. "The Best Life- Part 1". Featured on the Oprah Show
41. 02/19/2007: **CBS (Chicago)**. "New Heart Association Guidelines For Women"
42. 03/18/2007: **Blue Cross Blue Shield Journal**. "Women's top health threat." By: Cooke, Barbara March 18, 2007
43. 05/22/2007: **The Oprah Winfrey Show. ABC TV**. "The Best Life- Part 2". Featured on the Oprah Show
44. 07/23/2007: **CBS Chicago**. "Cholesterol Medicine, Low LDL And Cancer Risks"
45. 9/24/2007: **In the Loop with iVillage. NBC TV**.
46. 12/ 2007: **The Oprah Winfrey Show. ABC TV**. "The Best Life- Part 3". Featured on the Oprah Show
47. 12/21/2007: **CBS (Chicago)**. "Doing The Holidays To The Hilt Can Be Bad For You"
48. 02/06/2008: **Ebony Magazine**. "The Wake Up Call" By Kim Coles.
49. 02/06/2008: **In the Loop with iVillage. NBC TV**.
50. 02/2008: **Alpha Phi Quarterly**. "Heart Disease. What are you doing to Prevent it?" By Christine Spiegel. Vol 120, Issue 1, p2-5.
51. 04/28/2008: **Associated Press**. "Exercise-heart study casts doubt on 'fit but fat' theory." By Lindsay Tanner. (picked up by the **New York Times, Chicago Sun Times, Wall Street Journal, CNN.com, Chicago Tribune, US News and World Report** and 299 News Outlets)
52. 04/29/2008: **Associated Press Radio**. "Exercise-heart study casts doubt on 'fit but fat' theory. "
53. 04/30/2008: **The Wave Radio Station**. 94.7 Hamilton, Canada. Interview about fitness, physical activity and weight.
54. 05/01/2008: **XM Radio's Jo Madison's Show**. Interview about effects of physical activity and weight on women.

55. 05/15/2008: **Medill Reports**. "A young heart isn't necessarily a healthy heart." By Shannon Donohoe.
56. 05/21/08: **Golcoast.com.au** "Weighing up the benefits with regular exercise"
57. 07/07/2008: **Crain's Business Chicago**. "They never saw it coming." By Rita Pyrellis. <http://www.chicagobusiness.com/cgi-bin/mag/article.pl?articleId=30236>
58. 02/2009: **Good Housekeeping**. "Jump-Start a Healthy Heart." By Sari Harrar. <http://www.goodhousekeeping.com/health/diseases/jump-start-healthy-heart-3>
59. 02/2009: **Zoomer Magazine Canada**. "Age Science: Heart". By Kristen LaBorde pages 106-109 (<http://www.zoomermag.com/2009/02/age-science-heart.html>)
60. 05/11/2009: "Women With Hard To Diagnose Chest Pain Symptoms At Higher Risk For Cardiovascular Events" **sciencedaily.com, healthy woman.org, womenheart.org, genderbiology.net, cardiosmart.org, newswise.com, rodalepress.com** (<http://www.rodalepress.com/heart-disease-symptoms-women>)
61. 05/12/2009: **Medical News Today**. "Women With Hard To Diagnose Chest Pain Symptoms At Higher Risk For Cardiovascular Events" <http://www.medicalnewstoday.com/articles/149768.php>
62. 5/17/2009: **Journal Watch** Interview (Podcast) for the Massachusetts Medical Society. Interview by Joe Elia: <http://firstwatch.jwatch.org/cgi/content/full/2009/5/12/1>
63. 6/15/2009: "Teens as Cardiologist in Training" Picked up by 169 news organizations (<http://news.prnewswire.com/DisplayReleaseContent.aspx?ACCT=104&STORY=/www/story/06-15-2009/0005044255&EDATE=>), **New York Daily News, Forbes.com, Reuters. Com, newsweek.com, news.aol.com, Wall Street Journal: online.wsj.com,**
64. 6/24/2009: **Chicago Tribune** "Young women are encouraged to be cardiologists". By Agnes Jasinski. ([http://www.chicagotribune.com/news/local/chicago/chi-cardiology-teens-city-zone-2jun24\\_0\\_3830124.story](http://www.chicagotribune.com/news/local/chicago/chi-cardiology-teens-city-zone-2jun24_0_3830124.story)
65. 8/11/2009: **ABC.com** "Is Exercise for Weight Loss Really Pointless?". By Lauren Cox. (<http://www.abcnews.go.com/Health/MensHealthNews/Story?id=8297625&page=1>)
66. 8/20/2009: **Chicago Tribune** "Biden at Mt. Sinai: U.S. will give \$1.2B to computerize medical records" By Bruce Japsen. [http://www.chicagotribune.com/business/chi-biden-mt.sinai-health-care-aug20\\_0\\_3212703.story](http://www.chicagotribune.com/business/chi-biden-mt.sinai-health-care-aug20_0_3212703.story) (Participated in Healthcare Reform Forum held by White House and Vice President Biden)
67. 9/10/09: **Today Show** (NBC National Program) **NBC TV**. Fat acceptance gaining ground-but should it? (<http://today.msnbc.msn.com/id/26184891/vp/32775612#32775612>)
68. 1/25/10: **University of Toronto Magazine** "Canadian Doctor in Chicago" By Nina Haikara. (<http://www.magazine.utoronto.ca/blogs/a-canadian-doctor-in-chicago/>)
69. 2/11/2010: WTTW Chicago (**PBS Chicago**)- Heath Secrets: Taking Control after a Diagnosis, with Paula Zahn (4th segment of Health Secrets: What Every Woman Should Know) <http://www.wttw.com/main.taf?p=72,9,4>
70. 2/21/2010: **WTMX Radio Chicago**: Interview on Heart Health in Women
71. 2/25/2010: **WGN-TV News** Chicago: Quoted by Dina Bair on Medical Watch on Exercise. <http://www.wgntv.com/about/station/newsteam/dinabair/>

72. 3/10/2010: **WGN-TV News**: Medical Watch: Fresh, Frozen or Canned? <http://www.wgntv.com/news/medicalwatch/wgntv-fresh-frozen-canned-mar10,0,2099832.story>
73. 3/23/2010: **CBS-2 Chicago News**: Study: Women Should Exercise 60 Minutes Per Day. <http://cbs2chicago.com/local/exercise.women.1.2.1584616.html>
74. 3/24/2010: **WTTW (PBS Chicago)**: News Analysis: Exercise Study> <http://www.wttw.com/main.taf?p=42,8,80> (14 minute interview with Carol Marin, PBS)
75. 4/5/2010: **Los Angeles Times**: The Gender Line By Kendall Powell. <http://www.latimes.com/features/health/la-he-heart-gender-20100405,0,746299.full.story>
76. 6/28/210: **Chicago Tribune**: Study: Peak heart rate set too high for women over 35. By Julie Deardorff. <http://www.chicagotribune.com/health/chi-women-heart-rate,0,2459454.story>
77. 6/28/2010: **Health Day News**: Gender-Specific Formula for Women's Peak Heart Rate 'More Accurate'. By Robert Preidt [http://www.nlm.nih.gov/medlineplus/news/fullstory\\_100477.html](http://www.nlm.nih.gov/medlineplus/news/fullstory_100477.html) and [http://news.yahoo.com/s/hsn/20100628/hl\\_hsn/genderspecificformulaforwomenspeakheartratemoreaccurate](http://news.yahoo.com/s/hsn/20100628/hl_hsn/genderspecificformulaforwomenspeakheartratemoreaccurate) and <http://health.msn.com/health-topics/heart-and-cardiovascular/articlepage.aspx?cp-documentid=100260713> and many others
78. 6/28/2010: **SCOPE** (Medical news from Stanford School of Medicine). A new target-heart-rate formula for women, by women. By Julia James. <http://scopeblog.stanford.edu/archives/2010/06/heart-rate-formula.html>
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### **Community and Volunteer Activities**

University of Chicago	Interviewer for undergraduate applicants (2010-present)
Girls On The Run:	Volunteer in program to introduce running to girls and to inspire girls to a lifetime of self-respect and healthy living 2003-2010
Girls On The Run:	Advisory Board 2009-2010
Chicago Area Runners Association	2007 Medical Director- 20 mile 'Ready to Run' 2008 Medical Director- 20 mile 'Ready to Run' Participated in numerous 5km, 8km, 10 mile and 20km runs; completed Chicago Marathon 1996, 1997, 2006, 2010
Bank of America Chicago Marathon:	2008, 2009 Medical Aid Station Captain
Blue Water Triathlon:	Completed 2005
Chicago Triathlon:	Completed 2005, 2006.
Tennis Club Member	2009-current
TriFit Triathlon	2014
Broward County Covid Vaccine Team	2021

### **Languages**

English- native language

French- Read at intermediate level, Speak at intermediate level