

Martha Gulati MD, MS, FACC, FAHA, FASPC, FESC

Curriculum Vitae

773.244.2232 (mobile)

martha.gulati@gmail.com (email-personal)

www.drmarthagulati.com (webpage)

@drmarthagulati (twitter)

Education

Masters of Science (MS)	2001-2002
Health Studies for Clinical Professionals University of Chicago, Chicago, IL, USA	
Cardiology Fellowship	1998-2001
University of Chicago, Chicago, IL, USA	
Internal Medicine Residency	1995-1998
University of Chicago, Chicago, IL, USA	
Medical Doctorate (MD)	1991-1995
University of Toronto, Toronto, CANADA	
Undergraduate Science Program	1989-1990
University of Western Ontario, London, Ontario, CANADA	
Bachelors' of Science (BSc)	1987-1989, 1990
General Science	
McMaster University, Hamilton, CANADA	

Appointments

Professor of Medicine	2016-2020
Chief, Division of Cardiology (Inaugural)	
University of Arizona (Phoenix) Phoenix, AZ	
Physician Executive Director- Heart Institute	2016-2020
Banner University Medical Center Phoenix Phoenix AZ	
Cardiology Fellowship Program Director	2018-2020
University of Arizona (Phoenix) Phoenix, AZ	
Associate Professor of Medicine	2010-2015
Department of Internal Medicine, Division of Cardiovascular Medicine The Ohio State University Columbus, Ohio	
Associate Professor of Clinical Public Health	2011-2015
College of Public Health, Division of Epidemiology The Ohio State University Columbus, Ohio	

Women's Academic Advancement Program Leader in the Center for Faculty Advancement, Mentoring and Engagement (FAME) 2011-2015

Associate Director

The College of Medicine
The Ohio State University
Columbus, Ohio

Sarah Ross Soter Chair in Women's Cardiovascular Health (Inaugural Holder of Chair) 2010-2015

The Ohio State University
Columbus, Ohio

Section Director for Preventive Cardiology and Women's Cardiovascular Health (Inaugural Director) 2010-2015

The Ohio State University
Columbus, Ohio

Director for Cardiac Rehabilitation 2013-2015

The Ohio State University
Columbus, Ohio

Associate Professor of Medicine 2010

Northwestern University
Chicago, Illinois

Assistant Professor of Medicine 2005-2010

Assistant Professor of Preventive Medicine

Northwestern University
Chicago, Illinois

Associate Medical Director, Center for Women's Cardiovascular Health 2005-2010

The Bluhm Cardiovascular Institute of Northwestern Memorial Hospital
Northwestern University
Chicago, IL

Lawrence E. and Nancy S. Glick Family Distinguished Physician in Women's Cardiovascular Health 2008-2010

Appointment for commitment and achievements as a medical leader in Women's Cardiovascular Health and Clinical Research.

Northwestern University
Chicago, Illinois

Assistant Professor of Preventive Medicine 2002-2005

Rush University Medical Center

Chicago, Illinois

Assistant Professor of Medicine 2002-2004

Division of Cardiology, Department of Medicine
Rush University Medical Center
Chicago, Illinois

Research Director for The Heart Center for Women 2003-2004

Rush University Medical Center
Chicago, Illinois

Assistant Director of Cardiology Consult Service 2003-2004

Rush University Medical Center
Chicago, Illinois

Clinical Associate of Medicine 2001-2002

Department of Medicine, Division of Cardiology
University of Chicago Pritzker School of Medicine
Chicago, Illinois

Certification and Licensure

Fellow, American College of Cardiology (FACC)	2005
Fellow, American Heart Association (FAHA)	2010
Fellow, American Society for Preventive Cardiology (FASPC)	2016
Fellow, European Society of Cardiology (FESC)	2020
Recertification, American Board of Internal Medicine (Cardiology)	2015
Diplomate, American Board of Internal Medicine (Cardiology)	2004, 2014
Diplomate, American Board of Internal Medicine (Internal Medicine)	1999
National Board of Medical Examiners (I,II,III)	
Licensed Physician: Illinois # 336-066376	Inactive
Licensed Physician: Ohio #35-09630	Active
Licensed Physician: Arizona #51813	Active
License of the Medical Council of Canada #82372	1997
MCCQE Part I (1995)/II (1997)	

Professional Memberships and Activities

Fellow, European Society of Cardiology (FESC)	2020-current
Academic University Cardiologists: Elected Member	2017-current
American Heart Association- Board President, Phoenix AZ	2019-2020
American Heart Association- Board Member, Phoenix, AZ	2016-2020
American Heart Association – Go Red For Women Committee Member Columbus, OH (Leadership Committee- Medical Leadership Team)	2010-2015
American Heart Association – Go Red For Women Committee Member, Chicago, IL (Leadership Committee- Medical Leadership Team)	2002-2010
Sigma Xi (University of Chicago Chapter): member	2002-2003
American Heart Association: member	1998-current
American Heart Association: fellow (F.A.H.A.)	2010-current

American College of Cardiology: member	1998-current
American College of Cardiology: fellow (F.A.C.C.)	2003-current
American College of Sports Medicine	2010-current
American Society of Preventive Cardiology (President-Elect)	2020-current
American Society of Preventive Cardiology (treasurer/executive board)	2018-2020
American Society of Preventive Cardiology (member)	2013-current
American Society of Preventive Cardiology: fellow (FASPC)	2016-current
National Lipid Association: member	2011-current
European Society of Cardiology: member	2008-current
European Society of Cardiology: fellow (FESC)	2020-current

Honors and Awards

Linda Joy Pollin Women Heart Health Leadership Award	2021
<i>7th Annual Awardee from Cedars Sinai Hospital, Los Angeles, CA</i>	
Master CardioNerd Award	2020
<i>First Awardee for supporting the mission to democratize cardiovascular education by providing mentorship, sponsorship, networking & promotion</i>	
High Blood Pressure Research Council of Australia	2020
<i>RW Wright Award & Lectureship</i>	
WomenHeart Nanette Wenger Award	2020
Special Congressional Recognition	2020
<i>Honoured by Congress for Outstanding Achievement as a Woman Leader in Arizona Healthcare (STEM)</i>	
Fierce Healthcare's 2019 Women of Influence Awards	2019
American Society of Preventive Cardiology Nanette Wenger Award	2019
Arizona Business Magazine's Most Influential Woman in Arizona Award	2019
American College of Cardiology Bernadine Healy Leadership Award in Women's Cardiovascular Disease	2019
<i>Awarded to a Fellow of the American College of Cardiology who demonstrates leadership and accomplishment in the field of cardiovascular disease in women exemplified by research, teaching, practice or service.</i>	
US News & World Report Cardiology Rankings Top 50 in nation	2018
<i>Under my leadership, hospital went from unranked cardiology division (2016-17) to 61st in Nation (2017-18) to 43rd in Nation (2018-19)</i>	
Executive Leadership in Academic Medicine (ELAM)	2018
<i>Graduated May 2, 2019 (Class of 2019)</i>	
AAMC Awards for Excellence Competition 2018 Gold Award	2018
<i>Heart to Heart video series/campaign for Excellence Competition</i>	
2017 Outstanding Women in Business – Phoenix Business Journal	2017
Academic University Cardiologists- Elected Member	2017
National Aeronautics and Space Administration (NASA) Group Achievement Award	2015
<i>Awarded for work by Sex & Gender Report Team for publication in the Journal of Women's Health</i>	
American Heart Association: Women in Cardiology Mentoring Award	2014

<i>Awarded annually to recognize individuals who have an outstanding record of effectively mentoring women cardiologists and to underscore the importance of mentoring in the professional development of women</i>	
International Association of Cardiologists: The Leading Physicians of the World	2013
Woman's Day Red Dress Award	2012
<i>Given for groundbreaking efforts to raise the awareness of heart disease in women and advance research in this field.</i>	
American College of Cardiology First Annual Heart of Women's Health CREDO Awardee	2011
<i>Awarded by the American College of Cardiology and the Coalition to Reduce Racial and Ethnic Disparities in CV Outcomes (credo) to recognize and honor the exceptional contributions of cardiovascular specialists to improve cardiovascular healthcare of women patients.</i>	
American Medical Women's Association (AMWA) Gender Equity Award	2010
<i>Chosen by the Northwestern University medical students to acknowledge the efforts of a medical professional who has helped create an environment for gender equity in both their professional demeanor and accomplishments and in their teaching responsibilities</i>	
Alpha Phi Ursa Major Award	2010
<i>Awarded annually by Alpha Phi Fraternity for Professional Achievement</i>	
Pioneer Award from Institute of Women's Health Research	2009-2010
<i>Research grant awarded through Northwestern University's Institute of Women's Health for research focusing on, the sex and gender determinants of health and disease</i>	
Lawrence E. and Nancy S. Glick Family Distinguished Physician Award In Women's Cardiovascular Health	2008-2010
<i>Appointment for commitment and achievements as a medical leader in Women's Cardiovascular Health and clinical research</i>	
Marquis Who's Who of American Women	2008-2021
Marquis Who's Who in Medicine and Healthcare	2006-2021
Marquis Who's Who in America	2006-2021
Marquis Who's Who in the World	2006-2021
Best Doctors in America	2007-2020
Inspiring Women Award from the Women's National Basketball Association (WNBA)	2007
Girls On The Run Inspiration Award	2005
Chicago's Top 40 Under 40, selected by Crain's Business	2005
AstraZeneca Young Cardiovascular Investigator Award	2004
<i>First Prize in Clinical Research (Junior Faculty)</i>	
American Society of Nuclear Cardiology Young Investigator Competition	2004
<i>Young Investigator Award: First Runner-up</i>	
AstraZeneca Young Cardiovascular Investigator Award	2003
<i>Third Prize in Clinical Research (Junior Faculty)</i>	
American College of Cardiology Foundation	2003
<i>Harry B. Graf Career Development Award for Heart Disease Prevention</i>	

AstraZeneca Young Cardiovascular Investigator Award <i>First Prize in Clinical Research (Junior Faculty)</i>	2002
American College of Cardiology, Illinois Chapter <i>Second Prize in Clinical Research</i>	2002
University of Chicago Department of Health Studies Scholarship Award <i>Admission Scholarship Award for Masters Program in Health Studies.</i>	2001
University of Toronto	
Dr. Delbert S. Hoare Award and Medal	1995
<i>Awarded for leadership and academic standing in the graduating medical class</i>	
Gordon Cressy Student Leadership Award	1995
Medical Society Honor Award	1995
Dr. Marvin Auerback Scholarship	1995
Honors Standing Year III, Faculty of Medicine	1994
Honors Standing Year II, Faculty of Medicine	1993
Medical Class President	1993
Israel Medical Association Scholarship	1993
Mary L. Cassidy Scholarship: Second year med school scholarship	1992
McMaster University	
Dean's Honor Role	1987-1991
Senate Scholarship	1989
University of Western Ontario	
Alpha Phi Academic Award	1990
Descartes Medal: Canadian Mathematics Competition; ranked first in school, Top 10% of Canada	1987

Committee Assignments and Administrative Services

National Committees

European Society of Cardiology

ACNAP Advocacy Committee	2021-Present
<i>Working Group Committee Member</i>	
AESC Scientific Sessions	2021-present
<i>Abstract Reviewer</i>	

National Committees

American College of Cardiology Committees

Finance Committee	2021-Present
<i>Member</i>	
Covid-19 Response Task Force	2020-2021
<i>Member</i>	
Solution Set Oversight Committee	2019-2021
<i>Member</i>	
ACC/AHA Writing Group- Chest Pain Guidelines	2017- 2021
<i>Chair, Writing Group</i>	
Science and Quality Strategic Execution & Operations Leadership Sub-Committee	2016-2021
<i>Member</i>	
ACC CardioSmart	2015-2021
<i>Editor-in-Chief</i>	

Cardiovascular Disease In Women Committee	2015-2018
Member	
Population Health Committee	2015-2018
Member	
ACTION Registry-GWTG Research and Publications Committee	2015-2021
Member	
Standard ECG and Stress Testing for ACC Needs Assessment	2014
Expert Advisor	
Core Cardiology Training Symposium (COCATS)	2012-2015
Writing Group/Task Force 2 Member: Training in Electrocardiography, Ambulatory Electrocardiography, and Exercise Testing	
Women in Cardiology Council	2009-2015
Ad Hoc Member	
ACC Scientific Sessions	2003-present
Abstract Reviewer	
<i>American Heart Association Committees</i>	
AHA Writing Group-Engaging Families in Cardiovascular Care	2020-Present
Co-Chair, Writing Group	
AHA Committee for Scientific Sessions Program 2017	2016-2017
Committee Member	
EPI/CVSN Council Representative	
AHA Obesity Grant Review Committee	2016-2017
Grant Reviewer	
AHA Consumer Health and Quality Coordinating Committee	2015-2019
Member	
EPI/CVSN Prevention Science- Hypertension Science Committee	2014-2018
Member	
American Heart Association Prevention Science Committee	2013-2018
Member	
American Heart Association CLCD Exercise & Cardiac Rehab Committee	2013-2018
Member	
American Heart Association Heart Insight Editorial Board	2012-2018
Member, Editorial Board	
Women in Cardiology Committee of the Council on Clinical Cardiology	2014- 2016
Ex-Officio	
Women in Cardiology Committee of the Council on Clinical Cardiology	2012- 2016
Past Chair to the Women in Cardiology Committee	
Women in Cardiology Committee of the Council on Clinical Cardiology	2010-2012
Chair to the Women in Cardiology Committee	
Women in Cardiology Committee of the Council on Clinical Cardiology	2008-2010
Vice Chair to the Women in Cardiology Committee	
Student Scholarships in Cardiovascular Disease and Stroke	2008-2010

Member	
Women in Cardiology Committee of the Council on Clinical Cardiology	2007-2008
Member	
AHA Scientific Sessions	2003-present
Abstract Reviewer	
<i>American Heart Association Writing Groups</i>	
ACC/AHA Writing Group-Engaging Families in Cardiovascular Care	2020-Present
Co-Chair, Writing Group	
AHA ACOG Presidential Advisory	2018
Promoting Risk Identification/Reduction of CVD in Women/OB/GYN	
Chest Pain Guidelines	2017-2021
Chair	
Scientific Advisory Statement: Preventing and Experiencing Ischemic Heart Disease as a Woman	2014-2016
Scientific Advisory Statement: The Impact of Hypertension on Cognitive Function	2015-2017
Scientific Advisory Statement: Role of Contemporary Non-Invasive Testing in the Clinical Evaluation of Women with Suspected Ischemic Heart Disease	2012-2014
Scientific Advisory Statement: Women and Exercise	2009
Scientific Advisory Statement: Assessing Physical Fitness in the US Population	2012-2013
Scientific Advisory Statement: Exercise Standards for Testing & Training	2010-2013
Scientific Advisory Statement: A Clinician's Guide to Cardiopulmonary Exercise Testing in Adults	2008-2010
Scientific Advisory Statement on Functional Capacity Writing Group	2006-2007
Women's Cardiovascular Disease Prevention Guideline Writing Group	2006-2007
<i>American Society for Preventive Cardiology</i>	
President-Elect	2020-present
Scientific Sessions Program Chair	2020-present
Nutrition Committee	
Chair	2021-2022
Member	2022-Present
Women in Preventive Cardiology Committee	
Member	2020-present
Treasurer/	2018-2020
Executive Committee	2018-present
Board Member	2014-present
Communication Committee Chair	2016-2018
<i>Journal of Cardiac Failure</i>	
Patient Empowerment Editor	2021-present
<i>Leaders Empowering the Advancement of Diversity in Education, Research and Science (LEADERS) in Women's Health</i>	
Steering Committee	2016-present

Organize focused agenda for annual meeting for Women's Health Summit	
Member	2014-present
CardioNerds	
Advisor	2020-present
Narratives in Cardiology	
American College of Obstetricians & Gynecologists	
Postpartum Task Force	2017-2018
Presidential Task Force on Redefining the Postpartum Visit	
Working Group Member	
Group on Women in Medicine and Science (GWIMS)	
Institutional (Ohio State University) Representative for GWIMS	2012-2015
Steering Committee Member (Elected Member) AAMC	2013-2016
HealthyWomen Women's Health Advisory Council	
Member	2010-2015
Women's Heart Alliance	
Scientific Advisory Board	2019-Current
WomenHeart	
Board Member	2014-2020
Scientific Advisory Committee Board Member	2013-present
South Asian Health Initiative	
Working Group Member	2013-2016
<i>South Asian Health: From Research to Practice and Policy, NIH initiative established to address cancer and cardiovascular health disparities among South Asian immigrant communities in the United States</i>	
Regional Committees	
American Heart Association	
AHA Phoenix	
Board President	2019-2020
Board Member	2016-2020
AHA Columbus	
Circle of Red- Columbus	2011-2012
AHA Chicago	
By Women for Women: Local Spokesperson for National Campaign for Excellence in Research on Cardiovascular Diseases and Stroke in Women	2009-2010
Chicago Go Red For Women Committee Member	2002-2010
Leadership Committee- Medical Leadership Team	
Sister to Sister (Illinois Chapter)	
Board of Directors: member	2008-2010
Institutional Committees	
University of Arizona	
University of Arizona Promotions and Tenure Committee	2017-2018
University of Arizona Women in Medicine & Science	2017-2020
University of Arizona Director of Women in Medicine and Science Search Committee	2019
University of Arizona Chair of Surgery Search Committee	2019-2020

University of Arizona Dean of Nursing Search Committee	2018-2019
University of Arizona Chief of Pulmonary Search Committee	2018-2019
University of Arizona Internal Medicine Search Committee	2017-2019
Women In Medicine & Science- Executive Committee Member	2016-2020
<i>The Ohio State University</i>	
OSU Outreach and Engagement- Review Committee for the Emerging Community Engagement Award	2014-2015
OSU College of Medicine Admissions Committee	2013-2015
Faculty Advancement, Mentoring and Engagement (FAME)	2012-2015
Leadership Development Committee Member	2012-2015
Women's Academic Advancement Program Leader in the Center for Faculty Advancement, Mentoring and Engagement (FAME) Associate Director	2011-2015
Medical school applicant Admissions Screener	2011-2013
Medical school applicant Recruitment	2011-2015
<i>Northwestern University</i>	
NMH Medical Peer Review Committee	2009-2010
NMH Women's Board Eleanor Wood-Prince Grant Review Committee	2007-2010
<i>Rush University Medical School</i>	
Medical school applicant interviewer	2002-2005
Departmental Committees	
<i>University of Arizona-Phoenix</i>	
University of Arizona Translational Cardiovascular Director-Co-Chair	2019-2020
<i>The Ohio State University</i>	
Endocrinology Section Director Search Committee- Chair	2012- 2013
Heart and Vascular Executive Committee- Member	2012- 2014
Cardiology fellowship applicant interviewer	2011- 2015
Internal Medicine applicant interviewer	2011- 2015
<i>Northwestern University Feinberg School of Medicine</i>	
Bluhm Cardiovascular Institute Clinic Task Force Committee	2007-2008
Internal medicine residency applicant interviewer	2005-2010
Cardiology fellowship committee and applicant interviewer	2005-2010
<i>Rush University Medical School</i>	
Internal medicine residency applicant interviewer	2002-2005
Cardiology fellowship applicant interviewer	2002-2004
<u>Educational Activities</u>	
Middle/High School Education	
University of Arizona	2020
Created and organized Cardiology Academy for inner-city high school juniors to provide Underrepresented Minorities to careers in cardiology over 1 week with Office of Diversity and Inclusion	
University of Arizona Connect2STEM	2017, 2018
Logan Hocking Middle School, Logan OH	2013 ,2014
Lecture About Heart Disease and Careers in Medicine	

Metro High School, Columbus, Ohio	2012
Lecture given on Gender Differences in Heart Disease Public STEM school for gifted children	
Northwestern University Feinberg School of Medicine Institute of Women's Health Research at Northwestern	2009
Cardiology Summer Academy: Developed and led a program for inner-city high school seniors girls from the Chicago Public School System to provide young women with the opportunity to engage in hands-on learning experiences to explore basic science research and clinical applications occurring in the field of cardiology (1 week summer program)	
Undergraduate Education	
University of Chicago Pritzker School of Medicine	1995-2002
Instructed third year medical students on ECG interpretation. Instructed first year medical students in cardiology in clinical pathophysiology Instructed third year medical students in clinical clerkship lecture series. Instructed first year medical students on interviewing techniques. Instructed second year medical students on physical exam	
Rush University Medical School	2002-2005
Cardiovascular Clinical Examination- Core lecture for first year medical students	
Northwestern University Feinberg School of Medicine	
Physical Examination: Instructed second year medical students on cardiac physical exam	
Profession of Medicine: Instructed first year medical students on medical ethics	
Physical Examination: Instructed first year medical students on physical examination	
Cardiology Clinic Rotation: Supervised third year medical student In outpatient clinical setting (weekly)	
Ohio State University	
Core Curriculum Lectures:	
Cardiology Lecture: Sex Differences in CVD (First Year Medical Students)	
Cardiology Prevention Lecture (First Year Medical Students)	2015
Cardiology Prevention Lecture (First Year Medical Students)	2014
Other:	
Professor's Rounds 2/1/2012- Cardiology Bedside Teaching	2012
Professor's Rounds 9/12/2012- Cardiology Bedside Teaching	2012
Med II Student ECG Conference (small group session) 10/5/12	2012
Learning Community Leader (monthly meeting with 11 medical students)	2012-2016
University of Arizona	
Cardiology Prevention Lecture (First Year Medical Students)	2016
Cardiology Cardiovascular Disease in Women Lecture (First Year Medical Students)	2017
Cardiology Cardiovascular Disease in Women Lecture (First Year Medical Students: Cardiology Special Interest Group)	2019

Graduate Education

University of Illinois, Chicago School of Public Health	2003
Lecturer for “Quantitative Methods in Epidemiology-I”	
University of Chicago, Department of Health Studies	
Lecturer for “Introduction to Epidemiology” (Masters Program)	2003-2007
Lecturer for “Issues on Women’s Health” (Masters Program)	2005-2009
Lecturer for “Health Status Assessment” (Masters Program)	2005-2007
Northwestern University Feinberg School of Medicine	
Women’s Health Rotation	2005-2010
Internal medicine resident rotated in cardiology clinic over 1 month (weekly)	
Prevention of Cardiovascular Disease/Lipid Conference	2007-2010
Ran educational conference for cardiology fellows (monthly)	
Cardiology Fellow rotated in cardiology clinic over 1 year (weekly)	
Ohio State University	2010-2015
Family Medicine resident rotation rotated in cardiology clinic over 1 month (weekly)	
Internal Medicine resident rotation rotated in cardiology clinic over 1 month (weekly)	
Cardiology Fellow rotated in cardiology clinic over 1 year (weekly)	
Internal Medicine resident rotation rotated Preventive Cardiology Rotation	2012-2015
-Prepared curriculum and directed rotation, 1 resident/month	
Endocrinology Fellowship rotation in Preventive Cardiology Rotation	2012-2015
Prepared curriculum and directed rotation, 1 fellow/month	
University of Arizona	
Cardiology Fellow rotated in cardiology clinic weekly	2016-2020
Medical Resident rotated in cardiology clinic weekly	2016-2020
Ob/Gyn- Lecture on CVD in women	2016
Cardiology Fellows	2017
<i>ECG Review</i>	
Cardiology Fellows	2018
<i>Lecture- Women & Heart Disease</i>	
Cardiology Fellows	2019
<i>Lecture-Breast Cancer and CVD</i>	
National Institute for Prevention and Cardiovascular Health, IRELAND	2022
<i>Lecture- Women & Cardiovascular Disease Prevention: Sex Differences</i>	

Mentoring and Advising Activities

(1) Advisor to Fellows and Residents in Research Projects	
2021-2022	
Jessica Holtzman	Inclusion of Women in Late Breaking Clinical Trials
Gurleen Kaur	Inclusion of Women in Late Breaking Clinical Trials
Juliette Power	Inclusion of Women in Late Breaking Clinical Trials
Amit Goyal	Inclusion of Women in Late Breaking Clinical Trials
Maryam Barkhordian	Inclusion of Women in Late Breaking Clinical Trials
2019-2022	
Devesh Rai	Gender differences in National Guidelines
Kari Evans	Impact of substance abuse on CVD in Pregnancy
2019-2020	

Chandana Shekar Eve Marie Benson	Role of Coronary Artery Calcium in Women Differences in Patient experience by geographical region among adults with ASCVD
Serge Harb	Stress Testing Protocol Independently associated with Mortality
Allison Bigeh	Inflammatory Bowel Disease and Cardiac Risk Role of Coronary Artery Calcium in Women
Byomesh Tripathi	Influence of Influenza Infection on In-Hospital Acute Myocardial Infarction Outcomes
Mahmoud Al Rafai	Temporal Trends in E-Cigarette Use Among U.S. Adults: Behavioral Risk Factor Surveillance System, 2016 to 2018
Anurg Mehta 2018-2020	CVD Prevention at AHA
Pensee Wu 2018-2020	Adverse Pregnancy Outcomes and CVD
Victor Okunrintemi	Gender & Patient Reported Outcomes Age-specific Differences & patient reported Outcomes in Individuals with ASCVD
2018-2019	
Camila Maestas 2014-2015	Inflammatory Bowel Disease and Cardiac Risk
Ashley A. Buffomante 2013-2014	Depression & Anxiety in Women with Heart Disease
Khadijah Breathett Grace Ayafor Monica Arora 2012-2013	Pre-Eclampsia and CVD Risk Gender Difference in Vascular Access for Cardiac Cath Gender Differences in Stress Testing
Khadijah Breathett Grace Ayafor Christina Salazar 2011-2012	Pre-Eclampsia and CVD Risk Gender Difference in Vascular Access for Cardiac Cath Women and Cardiovascular Disease
Christina Salazar Gina Meltzer Khadijah Breathett 2010-2011	Women and Cardiovascular Disease Women and Cardiovascular Disease Pre-Eclampsia and CVD Risk
Kavita Sharma 2009-2010	Role of Exercise Testing in Men and Women
Priya Kohli	Exercise Testing in Women Gender Differences in Stress Testing
2009-2010	
Monica Arora 2007-2010:	Gender Differences in Stress Testing
Dina Sparano	Cardiac Syndrome X in Women Gender Differences in Stress Testing
2003-2004:	

Preeti Kansal Gender Differences in the Value of ST-Segment Depression during Adenosine Stress Testing
Samir Patel The Impact of Contemporary Guideline Compliance on Risk Stratification Models for Acute Coronary Syndromes in The Registry of Acute Coronary Syndromes (TRACS)

2002-2003:

Johann Aasbo Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Renal Function in Patients with Atherosclerotic Renal Artery Stenosis
David Bromet Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Renal Function in Patients with Atherosclerotic Renal Artery Stenosis
Stamatis Dimitropoulos Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Renal Function in Patients with Atherosclerotic Renal Artery Stenosis
Roy Venzon Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Renal Function in Patients with Atherosclerotic Renal Artery Stenosis

(2) Advisor to Medical Students in Research

Class of 2013:

Serena Wang Gender Differences in Cardiac Surgery Mortality

Class of 2012:

Julia Fuchs Lipid and Metabolic Syndrome Database

Class of 2011:

Clair O'Connell Gender Differences in Stress Testing

Class of 2006:

Pravin Pratap Gender Differences in the Value of ST-Segment Depression during Adenosine Stress Testing

(3) Advisor to Cardiology Fellows Senior Scholar Presentation

Class of 2010:

Priya Kohli, MD Exercise Testing in Women

Class of 2009:

Smriti Banthia, MD Physical Activity: Is 30 minutes enough?

Class of 2007:

Anne Sheridan, MD Cardiovascular Disease in Women

(4) Supervision of Fellows in Clinical Training (clinic fellow)

2017-2020: Lindsey Trutter, MD

2013-2014: Nishaki Mehta, MD

2007-2010: Priya Kohli, MD

2003-2005: Carolina Karam-Demori, MD

(5) Cardiology Specialty-Specific Mentor to Residents

Class Resident

2021 Victor Okunrintemi

Cardiology Fellowship

Houston Methodist Hospital

2020	Allison Bigeh	Ohio State University
2019	Camila Maestas	University of New Mexico
2017	Ashley Buffomante, MD	Ohio State University
2016	Jordan Thomas, MD	University of Toledo
2011	Monica Arora, MD	University of Texas Southwestern 2011-2014
2010	Dina Sparano, MD	University of Chicago 2010-2013
2009	Pravin Pratap, MD	University of South Florida 2009-2012
2007	Brian Nolan, DO	Oregon Health Sciences 2007-2010
2007	Jennifer Wright, MD	Loyola University 2007-2010

(6) Cardiology Specialty-Specific Mentor to Medical Students

Class	Student	Residency
2018	Maria Martin	University of Arizona (Meds/Peds)
2016	Shane Ruckel	University of Utah (IM)
2016	Marie Hu	The Mayo Clinic (IM)
2016	Ryan Blackwell	Ohio State University (Ortho)
2016	Monique Delisser	Oakland, CA (Internal Medicine)
2013	Serena Wang	
2011	Claire O'Connell	Children's National Medical Center (Pediatrics)
2006	Pravin Pratap	Case Western Reserve University (IM)
2004	Brian Nolan	Oregon Health Sciences (IM)

Research

Active Research

Women Ischemic Syndrome Evaluation (WISE) Study	2004-present
Role: Co-Investigator	
PIs: Dr. Carl Pepine and Dr. C. Noel Bairey-Merz	
Women Take Heart-WISE Collaboration Study	2003-present
Role: Co-Investigator	
St. James Women Take Heart Project	2001- present
Role: Principal Investigator from 2004-present	
Role: Co-Investigator: 2001-2004	

Prior Research

Hypertension Assessment Study	2019-2021
Role: PI (investigator Initiated)	
Global Congestive Heart Failure Study	2018-2020
Role: Site PI	
Funding: Award \$665,875	
WOMEN (What is the Optimal Method for Ischemia Evaluation in Women?) Study	2005-2010
Role: Clinical Events Committee Chair, Co-investigator	
STILETTO (Syndrome X Trial: Identifying underlying Endothelial dysfunction and Testing Treatment Outcomes in women) Study	2007-2010
Role: Principal Investigator	
LIFE (Lifestyle Interventions and Independence for Elders)	2009-2010

Role: Co-Chair, Medical Safety Committee (Central); Exercise Intervention
(NU Site)
Women's Health Initiative (WHI) 2004-2005
Role: Co-Investigator (Rush University Medical Center Site)
Rush University Medical Center, Chicago, IL
Make Better Choices (MBC) Study 2004-2005
Role: Data Safety and Monitoring Board
PI- Dr. Bonnie Spring, University of Illinois, Chicago
NIH funded study
The Registry for Acute Coronary Syndromes (TRACS Study) 2002-2004
Role: Co-Investigator
Heart Failure Adherence and Retention Trial (HART) 2002-2005
Role: Co-Investigator, End-points committee
Rush University Medical Center, Chicago, IL
Contractile Cardiac Tissue 1991
Role: Co-Investigator
Supervisor: Dr. E.H. Sonnenblick, Division of
Cardiology and Physiology
Albert Einstein School of Medicine, Bronx, NY
Performed studies concerning the structure-function
Relationship of regulatory proteins in contractile tissue,
requiring the application of molecular biological techniques.

Grants

Past Grants

2013-2015

Women In Philanthropy Unrestricted Grant

Role: Principal Investigator

\$52,000

2013-2015

Heit Research Award

Role: Principal Investigator

Title: Chronic Kidney Disease and the Effect of Exercise

2011-2012

Gerlach Translational Award for 2011-2012

Role: Principal Investigator

Title: Sex-specific Genetic Variability in Mechanistic Pathways and Cardiovascular Outcomes in Women with Non-obstructive Coronary Artery Disease (Substudy to the Women Ischemic Syndrome Evaluation (WISE) Study)

\$25,000

2009-2010

Role: Co-Investigator

Principal Investigator(s): Marco Pahor, Jack Guralnik

Lifestyle Interventions and Independence for Elders (LIFE) Study

Funding: National Institute of Health/National Institute of Aging (NIA) (active)

(sub contract from University of Florida- AG022376)

9/1/09-9/31/10

2009-2010

Pioneer Award

Role: Principal Investigator

Title: Gender Differences and Temporal Trends after Stress Testing

Funding: Institute of Women's Health Research (active)

\$25,000

2008-2010

Role: Principal Investigator

Title: Women with chest pain and normal coronary arteries.

Woman's Board of Northwestern Memorial Hospital Grant Recipient

\$100,000

2009

Role: Co-Principal Investigator with Institute of Women's Health

Title: Cardiology Summer Academy-Program funded to enroll 16 high school girls, from disadvantaged backgrounds, who attend school on the south side of Chicago. The role of the project was to provide young women with the opportunity to engage in hands-on learning experiences to explore basic science research and clinical applications occurring in the field of cardiology.

Illinois Department of Public Health: Office of Women's Health

Contract # 96180179 TIN: 36-2167817. Completed

\$9500

2003-2004

Role: Principal Investigator

Title: The Prognostic Value of the Duke Treadmill Score in Asymptomatic Women

American College of Cardiology Foundation: Harry B. Graf Career Development Award for Heart Disease Prevention: Research Grant. Completed.

\$35,000

2003-2004

Role: Principal Investigator

Title: Gender Differences in the Predictive Value of ST-Segment Depression during Adenosine Stress Testing

Fujisawa Young Investigator Grant Completed.

\$40,000

Personal Development

Executive Leadership in Academic Medicine (ELAM) Drexel University Philadelphia, PA	2019
AAMC Mid-Career Women Faculty Professional Development Seminar Austin, TX	2013
AAMC Early Career Women Faculty Professional Development Seminar Washington, DC	2009
American Heart Association 30 th Ten-Day Seminar on the Epidemiology and Prevention of Cardiovascular Disease- Fellow Lake Tahoe, CA	2004
Clinical Cardiovascular Investigator (CCI) Program American College of Cardiology/National Heart, Lung, and Blood Institute	2000

Bethesda, Maryland

Editorial Work

Editor-in-Chief

CardioSmart for the American College of Cardiology 2015-2021

Editorial Board:

Journal of Cardiac Failure- Editorial Board 2021-present

Patient Empowerment Editor

US Cardiology Review 2020-Present

Editorial Board Member

American Heart Association Heart Insight Editorial Board 2012-present

Woman's Day Magazine: Heart Health Advisory Board 2013-present

Journal Reviewer:

American Heart Journal 2005-Current

American Journal of Cardiology 2003-Current

Anesthesia & Analgesia 2005-Current

Archives of Internal Medicine 2005-Current

Circulation 2003-Current

Circulation: Imaging 2011-Current

Chest 2005-Current

Journal of Adolescent Health 2006-Current

Journal of the American Medical Association 2006-Current

Journal of the American Medical Association-Cardiology 2015-Current

Journal of the American College of Cardiology 2007-Current

Journal of the American Society of Echocardiography 2009-Current

Journal of General Internal Medicine 2004-Current

Journal of Human Hypertension 2009- Current

Journal of Women's Health 2011- Current

Abstracts and Presentations

Abstracts

1. **Gulati M**, Pandey DK, Lauderdale D, Arnsdorf MF, Wicklund R, Black HR. Exercise capacity and all-cause mortality in women: St James Women Take Heart Project. *Circulation* 2002;106(Supplement):II-601.
2. **Gulati M**, Pandey DK, Lauderdale DS, Arnsdorf MF, Wicklund R, Al-Hani AJ, Calvin JE, Black HR. Chronotropic Incompetence and All Cause Mortality in Asymptomatic Women: The St James Women Take Heart Project. *Circulation* 2003;107(7):E7001-E7039.
3. Pandey DK, **Gulati M**, Wicklund R, Black HR. Exercise Capacity Predicts Risk of Coronary Death in Asymptomatic Women: The St James Women Take Heart Project. *Circulation* 2003;107(7):E7001-E7039.
4. **Gulati M**, Pandey DK, Lauderdale D, Arnsdorf MF, Wicklund R, Black HR. The Prognostic Value of the Duke Treadmill Score in Asymptomatic Women: The St James Women Take Heart Project. *Circulation* 2003;106(Supplement):II-601.
5. Aasbo JD*, Bromet DS*, Venzon RP*, Dimitropoulos S*, **Gulati M**, Kavinsky CJ, Schaer GL, Snell JR. Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Renal Function in Patients with Atherosclerotic Renal

- Artery Stenosis. *Journal of the American College of Cardiology* 2004;43(Supplement A):100A
6. **Gulati M**, Pandey DK, Arnsdorf MF, Lauderdale D, Wicklund R, Al-Hani AJ, Black HR. The Duke Treadmill Score and Cardiac Mortality in Asymptomatic Women: The St James Women Take Heart Project. *Journal of the American College of Cardiology* 2004;43(Supplement A):238A
 7. **Gulati M**, Patel S*, Jaffe AS, Joseph A, Calvin JE. The Impact of Contemporary Guideline Compliance on Risk Stratification Models for Acute Coronary Syndromes in The Registry of Acute Coronary Syndrome (TRACS). *Journal of the American College of Cardiology* 2004;43(Supplement A):262A
 8. Dimitropoulos S*, Venzon R*, Bromet DS*, Aasbo JD*, **Gulati M**, Caralis DG, Kavinsky CJ, Schaer GL, Snell RJ. Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Hypertension in Patients with Atherosclerotic Renal Artery Stenosis. *Journal of the American Society of Hypertension* 2003;17(2):146A.
 9. **Gulati M**, Pratap P, Kansal P, Calvin JE, Hendel RC. Gender Differences in the Value of ST-Segment Depression during Adenosine Stress Testing. *Journal of Nuclear Cardiology* 2004; 11 (Supplement):S19
 10. **Gulati M**, Shaw LJ, Arnsdorf MF, Thisted RA, Bairey Merz CN, Al-Hani AJ, Black HR. The Prognostic Value of Exercise Capacity in Women: Nomogram for the Female Population. *Circulation* 2004; 100 (Supplement): III-560.
 11. Carnethon MR, **Gulati M**, Greenland P. Prevalence and Cardiovascular Disease Correlates of Low Cardiorespiratory Fitness in Adolescents and Adults: National Health and Nutrition Examination Survey, 1999 – 2002. *Circulation* 2005; 111 (14): e184-251.
 12. **Gulati M**, Shaw LJ, Lauer MS, Thisted RA, Black HB, Bairey Merz CN, Wicklund R, Al-Hani AJ, Arnsdorf MF. Heart Rate Response to Exercise Stress Testing in Asymptomatic Women: The St. James Women Take Heart Project. *Circulation* 2005; 112 (Supplement):II-809.
 13. **Gulati M**, Arnsdorf MF, Shaw LJ, Bairey Merz CN, Thisted RA, Black HR. Fitness, the Metabolic Syndrome and Mortality in Women. *Circulation* 2005; 112 (Supplement):II-829.
 14. Cooper-DeHoff RM, McClure C, Johnson D, **Gulati M**, Shaw L, Handberg EM, Zineh I, Johnatty S, Kelsey S., Arnsdorf MF, Black HR, Bairey Merz CN, Pepine CJ. Adverse Cardiovascular Outcomes in Women with No Obstructive CAD: A report from the NHLBI-sponsored WISE Study and the St. James WTH Project. *Circulation* 2006;114:II-339.
 15. McClure C, Johnson BD, **Gulati M**, Cooper-DeHoff RM, Shaw L, Handberg EM, Zineh I, Kelsey SF, Arnsdorf MF, Black HR, Bairey Merz CN, Pepine CJ. Role of the Framingham Risk Score in Symptomatic Women: A Report From The NHLBI-sponsored Women's Ischemia (WISE) Study and the St James Women Take Heart (WTH) Project. *Circulation* 2007.
 16. **Gulati M**, Black HR, Arnsdorf MF, Al-Hani A, Bakris G. Measurement of Renal Function in Asymptomatic Women. Does it Add Information Beyond the Framingham Risk Score as a Predictor of Death? *Journal of Clinical Lipidology* 2008;2:S35.

17. Klein L, Lloyd-Jones DM, Greenland P, Ning H, Kang J, Limacher MC, Margolis KL, Howard BV, Robinson JG, Wong ND, **Gulati M**, Carla S, Dupree CS, LaCroix AZ, Chae CU. Heart Failure Incidence and Prognosis in Post-Menopausal Women According to Different Diagnostic Criteria: The Women's Health Initiative Hormone Therapy Randomized Trials. *Circulation* 2009;120: S399.
18. Klein L, Chae CU, Greenland P, Hongyan Ning, Kang J, Limacher MC, Margolis KL, Howard BV, Robinson JG, Wong ND, **Gulati M**, Dupree CS, LaCroix AZ, Lloyd-Jones DM. Hormone Therapy and Heart Failure Incidence and Prognosis in Post-Menopausal Women: The Women's Health Initiative Hormone Therapy Randomized Trials. *Circulation* 2009;120: S504.
19. **Gulati M**, Black HR, Arnsdorf MF, Al-Hani A, Bakris G. Renal Dysfunction, Cardiorespiratory Fitness and the Risk of Death in Women. *Circulation* 2009;120: S487.
20. Arora, M, Sparano D, Johnson N, O'Conner C, Holly T, **Gulati M**. Temporal Effect on Gender Differences in Patients Undergoing Evaluation for Coronary Artery Disease. *Journal of the American College of Cardiology* 2010;55:S-A138.E1295
21. Abdelmoneim SS, Mulvagh S, Barr L, Pack Q, **Gulati M**, Allison T. Impact of Utilizing a Women-Based Formula for the Calculation of Chronotropic Response during Exercise Treadmill Testing in Women: Long-term Outcome. *Journal of the American College of Cardiology* 2012;S-A478
22. Ayafor G, Abdel-Rasoul M, **Gulati M**, Capers W. PCI in Elderly Women: Superior Outcomes with Transradial versus Transfemoral Approach. *Journal of the American College of Cardiology* 2013;S-A395
23. Vinh D, Snider M, Hevezi M, **Gulati M**. Interdisciplinary Cardiovascular Risk Reduction and Lipid Management Clinics: A Health System-Wide Model. *Journal of the American Pharmacists Association* Mar/Apr 2013; 53:2 Abstract #26
24. Smith SM, Huo T, Handberg E, **Gulati M**, Bairey Merz CN, Pepine CJ, Cooper-DeHoff RM. Mortality Risk Associated with Apparent Resistant Hypertension Amongst Women. *Circulation* 2014
25. Lewis SJ, Mehta L, Douglas P, **Gulati M**, Limacher M, Poppas A, Walsh M, Bohannon K, Rzeszut A, Duvernoy C. The Professional Life of Cardiologists: Insights From the Third American College of Cardiology Professional Life Survey. *Journal of the American College of Cardiology* 2016
26. Gordon NF, Salmon RD, Wright BS, Faircloth GC, Gordon TL, Hargrett M, Berk MR, Franklin BA, **Gulati M**. Evaluation of the CardioSmart Population Health Management Initiative: Changes in Health Risk and participant satisfaction. *J Am Coll Cardiol.* 2017;69:1836
27. Poster Presentation: SCAI 2017
Sultan M, Verma D, Agarwall S, Bharadwaj S, Byrne T, Owan T, Amabile O, Tasset M, Flores E, Papendorf J, Bertram S, Gellert G, Morris M, Capampangan D, **Gulati M**, Su W, Fang K, Pershad A.
Incidence-Rate of Stroke in Patients with Known Patent Foramen Ovale Stratified Over CHADS2 Risk Score: A Long-term (10 year) Follow-up Study.
28. Poster Presentation: SCAI 2017
Flores E, Verma D, Sultan M, Agarwall S, Bharadwaj S, Byrne T, Owan T, Amabile O, Tasset M, Papendorf J, Bertram S, Gellert G, Morris M, Capampangan D, **Gulati M**, Su W, Fang K, Pershad A. "Stroke Risk in Patients with Patent Foramen

- Ovale Undergoing Implantation of Intracardiac Devices Such as Permanent Pacemaker or Implantable Cardioverter-Defibrillator. Accepted for
29. Poster Presentation: ESC 2019
August 31, 2019
Paris, FRANCE
Mohamed M, Lopez-Mattei J, Iliescu C, Purwani P, Bharadwaj A, Kim P, Palaskas P, Rashid M, Potts J, Kwok C, **Gulati M**, Al Zubaidi AB, Mamas M.
Acute Myocardial Infarction with Leukaemia: A national analysis of prevalence, predictors and outcomes in United States hospitalisations (2004-2014).
30. European Society of Cardiology
September 1, 2019
Paris, FRANCE
Harb S, Menon V, Wu W, Cremer P, Cho L, **Gulati M**, Jaber W.
The selected stress testing protocol is independently associated with mortality irrespective of exercise capacity and comorbidities.
31. European Society of Cardiology September 2, 2019
Paris, FRANCE
Harb S, Menon V, Wu W, Cremer P, Cho L, **Gulati M**, Jaber W.
Validation of seven different exercise stress testing protocols in a large 25-year stress testing registry.
32. Poster Presentation: TCT 2019
September 27, 2019
Pandya B, Biglari D, Gramze N, Hurst T, Centorino L, Gopalan R, Arabia F, Fang K, Su W, Kalya R, Abbas F, Patel N, Gellert G, Spangola J, Lafferty J, **Gulati M**, Verma D. Impact of Immediate Coronary Angiography on In-hospital and Intermediate Term Survival In Patients With Out-of-Hospital Cardiac Arrest And No ST Segment Elevation: Updated Meta-Analysis

Oral Presentations

International

1. 7th International Symposium on Multiple Risk Factors in Cardiovascular Disease: Prevention and Intervention-Health Policy, Venice, Italy. October 24, 2008
Measurement of Renal Function in Asymptomatic Women. Does it Add Information Beyond the Framingham Risk Score as a Predictor of Death?
Gulati M, Black HR, Arnsdorf MF, Al-Hani A, Bakris G
2. 23rd Great Wall International Congress of Cardiology, Beijing, CHINA. October 2012
Gender differences in Cardiovascular Assessment
October 12, 2012
Gulati, M.
Core Components of Cardiac Rehabilitation & Secondary CVD Prevention
October 13, 2012
Gulati, M.
3. International Menopause Society- 14 World Congress. Cancun, MEXICO. May 1, 2014
Gender Specific Aspects of CVD in Women
Gulati, M.

4. SIGMA Canadian Menopause Society: 2nd national Scientific Conference-
Menopause Redefined: The New Dawn. Toronto, CANADA. September 12, 2015
Women and Cardiovascular Disease
Toronto, ON CANADA
Gulati, M.
5. Hypertension Summit 2015. London, UK. October 6, 2015
Women and Cardiovascular Disease: Is there a Sex Difference?
Gulati, M.
6. Hypertension Summit 2015. London, UK October 8, 2015
Gestational Hypertension, Pre-Eclampsia and Risk of Cardiovascular Disease
Gulati, M.
7. Egypt Society of Cardiology & the American College of Cardiology
Cairo, Egypt- April 20, 2017
ASCVD Prevention -Egypt
Title: Risk Factor Burden and Risk Assessment of Cardiovascular Disease
Gulati, M.
8. Saudi Heart Association & the American College of Cardiology
Riyadh, Saudi Arabia- April 21, 2017
ASCVD Prevention -Saudi Arabia
Title: Risk Factor Burden and Risk Assessment of Cardiovascular Disease
Gulati, M.
9. European Society of Cardiology (ESC), Barcelona, SPAIN
August 2017
Title: CardioSmart for our International Chapters for the American College of
Cardiology
Gulati, M.
10. 28th Annual Great Wall International Congress of Cardiology, Beijing, CHINA.
October 13, 2017
Moderator: The American College of Cardiology and GW-ICC: Prevention in
Cardiovascular Medicine: Hypertension, Smoking Cessation and Lipids
Gulati, M.
11. 28th Annual Great Wall International Congress of Cardiology, Beijing, CHINA.
October 13, 2017
Title: State of Hypertension in the U.S. 2017
Gulati, M.
12. Mexican Society of Cardiology & the American College of Cardiology
Mexico City, Mexico- December 14, 2017
ASCVD Prevention - Mexico City
Title: Risk Factor Burden and Risk Assessment of Cardiovascular Disease
Gulati, M.
13. Canadian Women's Health Summit 2018, Ottawa, ON CANADA
April 6, 2018
Session Moderator
Title: Risk Factor Management: Sex-Specific Considerations
Gulati, M.
14. Canadian Women's Health Summit 2018, Ottawa, ON CANADA
April 6, 2018

- Title: Mentorship in the field of women and heart disease
Gulati, M.
15. Canadian Women's Health Summit 2018, Ottawa, ON CANADA
April 6, 2018
Investigator Competition
Title: Preterm Delivery as a Risk Factor for Cardiovascular Disease: A Meta-Analysis
Gulati, M.
 16. European Society of Cardiology (ESC), Munich, GERMANY
August 25, 2018
Title: Squaring the circle: from congenital to acquired complex valvular and myocardial disease
Session Chair
Gulati, M.
 17. European Society of Cardiology (ESC), Munich, GERMANY
August 26, 2018
Women In Cardiology- Bridging The Gap
Title: The female cardiologist: a medical and business case
Gulati, M.
 18. European Society of Cardiology (ESC), Munich, GERMANY
August 28, 2018
Title: Prevention guidelines and their gaps in daily practice
Discussant
Gulati, M.
 30. First Annual Dr. Nanette Kass Wenger International Conference on Cardiovascular Disease in Women
Belgrade, SERBIA
December 3, 2018
Title: Women's Cardiovascular Health: Where Are We Heading
Gulati, M.
 31. First Annual Dr. Nanette Kass Wenger International Conference on Cardiovascular Disease in Women
Belgrade, SERBIA
December 3, 2018
Title: Role of Social Media in Medicine: From Advocacy to Education
Gulati, M.
 32. World Congress of Cardiology, Dubai, UAE
December 5, 2018
Title: The connection between the breast and heart in a woman- Breast cancer and cardiovascular disease
Gulati, M.
 33. World Congress of Cardiology, Dubai, UAE
December 7, 2018
Title: Atrial Fibrillation & Stroke in Women
Gulati, M.
 24. Soochow Cardiology Program
May 7, 2019

- Title: The Best From ACC Scientific Sessions 2019
Suzhou, CHINA
Gulati, M.
25. Changzhou City Cardiology Talk
May 8, 2019
Title: The Best From ACC Scientific Sessions 2019
Wuxi, CHINA
Gulati, M.
26. Ningbo City Cardiology Talk
May 11, 2019
Title: The Best From ACC Scientific Sessions 2019
Ningbo, CHINA
Gulati, M.
27. CACPR Annual Meeting, Saskatoon, Canada
June 15, 2019
Keynote Speaker
Title: Gender Differences in Cardiovascular Disease – Implications for Disease Management and Cardiac Rehab
Gulati, M.
28. Conferencista del XVIII Congreso Paraguayo de Cardiología y Cirugía Cardiovascular
Asunción, PARAGUAY
August 15, 2019
Go Red For Women Symposium
Title: Women and cardiovascular conditions. Is there really gender difference?
Gulati, M.
29. Conferencista del XVIII Congreso Paraguayo de Cardiología y Cirugía Cardiovascular
Asunción, PARAGUAY
August 15, 2019
Title: Social networks and Cardiology: changing the conversation for health care.
Gulati, M.
30. Conferencista del XVIII Congreso Paraguayo de Cardiología y Cirugía Cardiovascular
Asunción, PARAGUAY
August 15, 2019
Go Red For Women Symposium
Title: Why the woman's heart needs specialized attention
Gulati, M.
31. European Society of Cardiology (ESC) 2019
Paris, FRANCE
August 31, 2019
Social Media in Cardiology
Chair: **Gulati, M.**
32. Canadian Cardiovascular Congress (CCC) 2019
Montreal, CANADA
October 27, 2019

- Session: Her Heart Matters
Title: Spectrum of Ischemic Heart Disease in Women: Unique Challenges and Opportunities
Gulati, M.
33. Masters of Medicine Conference 2020
Kingston, JAMAICA
January 18, 2020
Title: The 5 most important CAD trials in the past 5 years. What have we learned?
Gulati, M.
34. Masters of Medicine Conference 2020
Kingston, JAMAICA
January 19, 2020
Title: Heart Disease in Women
Gulati, M.
35. Canadian Cardiovascular Congress (CCC) 2020
CANADA
October 27, 2020
Session: Late Breaking Clinical Trials
Discussant
Title: COLCAT Trial
Gulati, M.
36. American College of Cardiology- India
India (Virtual Conference)
November 7, 2020
Cardiovascular Risk Management Webinar
Title: Sex Differences in Cardiovascular Disease
Gulati, M.
37. American College of Cardiology- India
India (Virtual Conference)
November 8, 2020
Cardiovascular Risk Management Webinar
Title: Preventing Cardiovascular Disease in Women
Gulati, M.
38. Saudi Heart Association/ Saudi Cardiac Clinical Pharmacist
Saudi Arabia (Virtual Conference)
December 19, 2020
Title: The Exercise Guidelines
Gulati, M.
39. Third Annual Dr. Nanette Kass Wenger International Conference on
Cardiovascular Disease in Women
Belgrade, SERBIA
December 21, 2020
Title: Educate, Advocate, Legislate- Panel Discussion
Gulati, M.
40. National Institute for Prevention and Cardiovascular Health
Dublin, Ireland

- February 11, 2021
Women Heart Matters
Title: Why Sex Matters in Cardiovascular Health
Gulati, M.
41. The Canadian Women's Heart Health Symposium
Ottawa, CANADA
February 12, 2021
Debate: Can Social Media Positively Transform Women's Heart Health? (Pro Discussant)
Gulati, M.
42. International Congress of the Egyptian Society of Cardiology
CardioEgypt
Cairo, Egypt
February 16, 2021
Title: The ABC's of Cardiovascular Prevention
Gulati, M.
43. International Congress of the Egyptian Society of Cardiology
CardioEgypt
Cairo, Egypt
February 16, 2021
Title: Women & Cardiovascular Disease: Is there really a sex-difference?
Gulati, M.
44. PCR Webinar- PCR Online
INOCA in Specific Scenarios
May 7, 2021
Title: Understanding MINOCA
Gulati, M.
45. European Society of Cardiology- ACNAP Congress 2021
Women's Hearts Matter
June 18, 2021
Title: Unique Considerations for heart disease prevention in Women
Gulati, M.
46. Canadian Cardiovascular Congress (CCC) 2021
CANADA
October 22, 2021
Session: Late Breaking Clinical Trials
Title: PURE Study (Discussant)
Gulati, M.
47. Canadian Cardiovascular Congress (CCC) 2021
CANADA
October 22, 2021
Session: Time for Cardiologists TO know about Cardiovascular disease in Women
Title: What Does Sex Have to Do With It?
Gulati, M.
48. Canadian Cardiovascular Congress (CCC) 2021
CANADA
October 23, 2021

Session: Time for Cardiologists TO know about Cardiovascular disease in Women
Moderator

Gulati, M.

49. Canadian Cardiovascular Congress (CCC) 2021
CANADA
October 23, 2021
Session: CCC workshop - CV health advocacy in action
Title: Advocating directly to patients and stakeholders using social media
Gulati, M.
50. CardioCon Pakistan 2021
November 19, 2021
Title: Women & Cardiovascular Disease: Why Sex Matters
Gulati, M.
51. ESC Preventive Cardiology 2022
April 7, 2022
Title: Survival of Women after ACS- What Can be Done Better?
Essentials of sex and gender in cardiovascular disease prevention and management
Gulati, M.

National

1. American Heart Association, Scientific Sessions, Chicago, IL, November 19, 2002
Exercise Capacity and All-Cause Mortality in Women: St James Women Take Heart Project.
Gulati M, Pandey, DK, Lauderdale D, Arnsdorf MF, Wicklund R, Black HR
2. American College of Cardiology, Scientific Sessions, New Orleans, LA, March 10, 2004
The Duke Treadmill Score and Cardiac Mortality in Asymptomatic Women: The St James Women Take Heart Project
Gulati M, Pandey, DK, Lauderdale D, Arnsdorf MF, Wicklund R, Black HR.
American College of Cardiology, Scientific Sessions, New Orleans, LA, March 10, 2004
Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Renal Function in Patients with Atherosclerotic Renal Artery Stenosis
AasboJD, Dimitropoulos S, Bromet DS, Butzel DW, Venzon R, **Gulati M**, Calvin JE, Kavinsky CJ, Schaer GL, Snell RJ.
3. American Thoracic Society, Orlando, FL, May 23, 2004
Combination Therapy of Subcutaneous Trepstinil and Oral Sildenafil: A Proof of Concept Study
Gomberg-Maitland M, **Gulati M**, Rich S.
4. American Society of Nuclear Medicine, New York, NY, October 2, 2004
Gender Differences in the Value of ST-Segment Depression during Adenosine Stress Testing
Gulati M, Pratap P*, Kansal P*, Calvin JE, Hendel RC.
Presented in the Young Investigator Competition at ASNC: Awarded first runner-up
5. American Heart Association, Scientific Sessions, New Orleans, LA

- November 9, 2004
Mike Pollack Featured Research in Exercise: Effects on Cardiovascular Function and Prognosis
The Prognostic Value of Exercise Capacity in Women: Nomogram for the Female Population
Gulati M, Shaw LJ, Arnsdorf MF, Thisted RA, Bairey Merz CN, Al-Hani AJ, Black HR.
6. Second International Conference on Women, Heart Disease & Stroke
Orlando, FL,
February 2005
The Prognostic Value of Exercise Capacity in Women: Nomogram for the Female Population
Gulati M, Shaw LJ, Arnsdorf MF, Thisted RA, Bairey Merz CN, Al-Hani AJ, Black HR.
7. American Heart Association, Scientific Sessions, Dallas, TX, November 14, 2005
News conference “**Unlocking the Secrets of a Woman’s Heart**”
Fitness, the Metabolic Syndrome and Mortality in Women
Martha Gulati, Northwestern University, Chicago, IL
8. American Heart Association, Scientific Sessions, Dallas, TX, November 15, 2005
Heart Rate Response to Exercise Stress Testing in Asymptomatic Women: The St. James Women Take Heart Project
Gulati M, Shaw LJ, Lauer MS, Thisted RA, Black HB, Bairey Merz CN, Wicklund R, Al-Hani AJ, Arnsdorf MF.
9. American Heart Association, Scientific Sessions, Dallas, TX, November 16, 2005
Fitness, the Metabolic Syndrome and Mortality in Women
Gulati M, Arnsdorf MF, Shaw LJ, Bairey Merz CN, Thisted RA, Black HR.
10. American College of Cardiology Scientific Sessions, Atlanta, GA, March 13, 2006
Meet the Expert Session, Co-Chair
11. American Society of Pediatric Otolaryngology, Chicago, IL, May 22, 2006
Improved Infant Swallowing after GERD Treatment: A Function of Improved Laryngeal Sensation?
Suskind DL, Thompson DM, **Gulati M**, Huddleston P, Liu DC, Baroody FM.
12. American Heart Association, Scientific Sessions, Chicago, IL, November 12, 2006
Adverse Cardiovascular Outcomes in Women with No Obstructive CAD: A report from the NHLBI-sponsored WISE Study and the St. James WTH Project
Cooper-DeHoff RM, McClure C, Johnson D, **Gulati M**, Shaw L, Handberg EM, Zineh I, Johnatty S, Kelsey S, Arnsdorf MF, Black HR, Bairey Merz CN, Pepine CJ.
13. American College of Cardiology, Scientific Session, New Orleans, LA, March 27, 2007.
Session: Modern Exercise Testing Interpretation: An Oxymoron? (Invited Speaker)
14. The Consortium for Southeastern Hypertension Control (COSEHC) and Inter-American Society of Hypertension (IASH), Miami, FL, May 9, 2007.
Title: Diagnosis of Coronary Disease in Women: Challenges and Opportunities.
Gulati M
15. American Society of Hypertension, San Francisco, CA, May 7, 2009
Late Breaking Session Presentation

- Title: Renal Dysfunction, Cardiorespiratory Fitness and the Risk of Death in Women.
- Gulati M**, Black HR, Arnsdorf MF, Al-Hani A, Bakris G
16. American Heart Association, Scientific Sessions, Orlando, FL, 2009
Hormone Therapy and Heart Failure Incidence and Prognosis in Post-Menopausal Women: The Women's Health Initiative Hormone Therapy Randomized Trials.
Klein L, Chae CU, Greenland P, Hongyan Ning, Kang J, Limacher MC, Margolis KL, Howard BV, Robinson JG, Wong ND, **Gulati M**, Dupree CS, LaCroix AZ, Lloyd-Jones DM.
17. American Heart Association, Scientific Sessions, Chicago, IL, 2010
Late Breaking Clinical Trial
Comparative Effectiveness Of Exercise Electrocardiography Versus Exercise Electrocardiography Plus Myocardial Perfusion SPECT In Women With Suspected Coronary Artery Disease: Results From The What's The Optimal Method For Ischemia Evaluation In Women Trial.
Shaw LJ, Mieres JH, Hendel RH, **Gulati M**, Veledar E, Boden WE, Hachamovitch R, Arrighi JA, Bairey Merz CN, Gibbon RJ, Wenger NK, Heller GV.
18. The American Society of Hypertension Scientific Meeting, New York, NY. May 1, 2010
Hypertension Highlights 2010 (Opening Session)
Title: "Update on Cardiovascular Health in Women"
Gulati M
19. The American Society of Hypertension Scientific Meeting, New York, NY. May 3, 2010
Meet The Expert Lunch Session
Title: "Exercise Testing"
Gulati M
20. The American Society of Hypertension Scientific Meeting, New York, NY. May 4, 2010
Translation Track Session
Title: "What the Hypertension Specialist should know about the Evaluation of Exercise Testing"
Gulati M
21. North American Menopause Society Annual Meeting, Washington, DC
September 22, 2011
Plenary Symposium
Title: Cardiovascular Disease in Postmenopausal Women: Getting to the Heart of the Matter
Gulati M
22. The Consortium for Southeastern Hypertension Control 2011 Scientific Sessions, Charlotte, NC
November 3, 2011
The Carlos Ferrario Founder's Lecture
Title: Women and Cardiovascular Disease: Is there a Gender Difference?
Gulati M
23. American Heart Association, Scientific Sessions, Orlando, FL, 2011
November 12, 2011

- Title: Choosing a Clinical Mentor
Gulati, M
24. American College of Cardiology, Scientific Sessions, Chicago, IL 2012
March 24, 2012
Stable Ischemic Heart Disease in Women: Are They Really from Venus?
Title: What Does Ischemia without Obstructive CAD Really Mean?
Gulati, M
25. American College of Cardiology, Scientific Sessions, Chicago, IL 2012
March 25, 2012
Diagnostic Testing; ECG and Cardiopulmonary Exercise Testing
Title: Impact of Utilizing a Women-Based Formula for the Calculation of
Chronotropic Response during Exercise Treadmill Testing in Women: Long-term
Outcome
Abdelmoneim SS, Mulvagh S, Barr L, Pack Q, **Gulati M**, Allison T.
26. American College of Cardiology, Scientific Sessions, Chicago, IL 2012
March 26, 2012
Title: Meet the Experts-Session: Stress Testing in Women
Gulati, M
27. The American Society of Hypertension Scientific Meeting, New York, NY. May 22,
2012
Non-Drug Therapy for Hypertension
Title: Exercise Training
Gulati M
28. American Heart Association, Scientific Sessions, Los Angeles, CA. November 7,
2012
Prognostic Implications of Stress testing- Chair of Session
29. American College of Cardiology, Scientific Sessions, San Francisco, CA. March
10, 2013
Title: Enhancing career advancement among women in your own institution
Gulati M
30. The American Society of Hypertension Scientific Meeting, San Francisco, CA May
16, 2013
Non-Invasive Testing in Hypertension: What Does It Add?
Title: What Do We Learn From Exercise Blood Pressure Responses?
Gulati M
31. American College of Cardiology, Scientific Sessions Washington, DC. March 29,
2014
Insights from the Guidelines
Title: Updates in Diagnostic and Risk Assessment for SIHD
Gulati M
32. American College of Cardiology, Scientific Sessions Washington, DC. March 31,
2014
Gender Differences That Impact Outcomes -Are the Current Guidelines
Adequate?
Title: Stable Ischemic Heart Disease and the Yentel Syndrome
Gulati M
33. American Association of Clinical Endocrinologists. Las Vegas, NV. May 16, 2014

- Cardiovascular Disease in Women: Female Aspects of Atherosclerosis--
Pathophysiology, Diagnosis and Management
Title: Cardiovascular Risk Identification and Diagnosis: Do our guidelines work in women?
Gulati M
34. American Society of Preventive Cardiology. July 12, 2014
Title: Stress Modification and other TLC - Putting it all Together
Gulati M
35. American Heart Association Scientific Sessions. November 16, 2014
Moderator: Exercise is Medicine
Gulati, M- Co-Chair
36. American Heart Association. Scientific Sessions. November 18, 2014
Moderator: Women: Cardiovascular Disease Across the Life Span
Gulati, M- Chair
37. Capitol Hill Briefing. Washington DC. February 24, 2015
Title: Familial Hypercholesterolemia and Cholesterol in Women
Gulati M
38. Go Red Luncheon. Columbus, OH. February 26, 2015
Title: Saving Lives-Performing CPR
Gulati M
39. American College of Cardiology, Scientific Sessions San Diego CA. March 14, 2015
How to Start a Women's Heart Center
Gulati M
40. American College of Cardiology, Scientific Sessions San Diego CA. March 16, 2015
AUC: Its Not Just for PCI! Appropriate Use of Stress Testing
Gulati M- Co-Chair
41. Association of American Medical Colleges. Miami, FL. June 19, 2015
2015 AAMC Admissions and Student Diversity Affairs Professional Development Conference
Implicit & Explicit Bias, Possible Barriers to Women's Success in the Medical Profession
Gulati, M-Chair & Speaker
42. Hypertension 2015-American Heart Association. Washington DC. September 16, 2015
Women and Cardiovascular Disease-Sex Differences
Gulati M
43. American Society of Nuclear Cardiology 2015. Washington, DC. September 17, 2015.
What is the Latest Evidence to Identify At-risk Women for Heart Disease: Global Ischemic Heart Disease Risk in Women
Gulati M
44. American Diabetes Association Health Professional Meeting. Fort Lauderdale, FL. September 18, 2015
Women and Cardiovascular Disease: Is there a Sex Difference
Gulati M

45. Familial Hypercholesterolemia Summit 2016. CA. September 24, 2015
Tweet-a-Thon Leader
Topic: Familial Hypercholesterolemia
Gulati M
46. American College of Cardiology, Scientific Sessions, Chicago, IL 2016
April 2, 2016
Lewis SJ, Mehta L, Douglas P, **Gulati M**, Limacher M, Poppas A, Walsh M, Bohannon K, Rzeszut A, Duvernoy C.
Title: The Professional Life of Cardiologists: Insights From the Third American College of Cardiology Professional Life Survey. Journal of the American College of Cardiology 2016
47. American College of Cardiology, Scientific Sessions, Chicago, IL 2016
April 2, 2016
CardioSmart: ACC's Guideline-Based Patient Education Program
Gulati M
48. American College of Cardiology, Scientific Sessions, Chicago, IL 2016
April 3, 2016
Crossing The Borders: Lessons from International Luminaries and Women Outside the Clinic
Title: From Motherhood to Bench to Bedside to Administration: One Woman Really Can Do It All
Gulati M
49. American College of Cardiology, Scientific Sessions, Chicago, IL 2016
April 3, 2016
Cardiovascular intensive: Women and CVD: The "Special" Population
Title: Sex Differences in Cardiovascular Outcomes
Gulati M
50. American College of Cardiology: Legislative Sessions 2016, Washington DC
September 9, 2016
Title: Interacting with Congress through Social Media
Title: From Motherhood to Bench to Bedside to Administration: One Woman Really Can Do It All
Gulati M
51. American Society of Preventive Cardiology Congress on ASCVD 2016.
September 17, 2016
Title: Cardiac Risk Factors in Women: Adjusting our History and Physical Examinations Accordingly
Gulati M
52. American College of Cardiology: Scientific Sessions 2017, Washington DC
Patient Engagement Pavilion
March 17, 2017
Title: Engaging Patients Through Social Media
Gulati M
53. American College of Cardiology: Scientific Sessions 2017, Washington DC
March 18, 2017
Title: Debates: Is there really a sex difference in CV Presentation, Care and Outcomes

- Pro: Women Have Different Symptoms than Men
Gulati M
54. American College of Cardiology: Scientific Sessions 2017, Washington DC
March 18, 2017
Title: Town Hall Meeting- American Society of Preventive Cardiology
Access to PCSK9 Inhibitors
Gulati M
55. American College of Cardiology: Scientific Sessions 2017, Washington DC
March 19, 2017
Title: The Fountain of Youth: Exercise Recommendations for the Elderly
Gulati M
56. National Lipid Association 2017, Philadelphia PA
May 19, 2017
Title: Town Hall Meeting- American Society of Preventive Cardiology
Access to PCSK9 Inhibitors
Gulati M
57. National Lipid Association 2017, Philadelphia PA
May 21, 2017
Title: The Role of Social Media in Patient Education
Gulati M
58. Heart Failure Society of America (HFSA) 21st Annual Scientific Meeting 2017.
Dallas, Texas
September 18, 2017
Title: Social Media: A Patient's perspective
Gulati, M.
59. American Heart Association Scientific Sessions 2017, Anaheim, CA.
November 11, 2017
Fellows In Training
Title: Discussant Lead: Negotiating Your First and Next Job
Gulati M
60. American Heart Association Scientific Sessions 2017, Anaheim, CA.
November 12, 2017
Moderator: Multifaceted Strategies to Reduce Atherosclerotic Burden in the Real
World
Gulati M
61. American Heart Association Scientific Sessions 2017, Anaheim, CA.
November 12, 2017
Moderator: Multifaceted Strategies to Reduce Atherosclerotic Burden in the Real
World
Gulati M
62. American Heart Association Scientific Sessions 2017, Anaheim, CA.
November 13, 2017
Moderator: Racing Toward the Finish Line of Life – Too Much Exercise May Be
Bad for Your Heart
Gulati M
63. American Heart Association Scientific Sessions 2017, Anaheim, CA.
November 13, 2017

- Moderator: The “Special” Population: Preventing Heart Disease in Women
Gulati M
64. American Heart Association Scientific Sessions 2017, Anaheim, CA.
November 13, 2017
The “Special” Population: Preventing Heart Disease in Women
Title: Cardiac Risk Factors in Women: Adjusting our History and Physical Examinations in Young Women
Gulati M
65. American Heart Association Scientific Sessions 2017, Anaheim, CA.
November 14, 2017
Lifestyle Changes for CVD Prevention: A Global Perspective
Title: Global Strategies for a Sustainable Physical Activity Program
Gulati M
66. American Heart Association Scientific Sessions 2017, Anaheim, CA.
November 14, 2017
One Size Doesn’t Fit All – Difficult Decisions in Prevention Practice
Title: Case: On the Fence in Primary Prevention and No Where To Go?
Gulati M
67. American Heart Association Scientific Sessions 2017, Anaheim, CA.
November 14, 2017
Trending Topics in Population Science
Title: Trending Topics: Women and Special Populations
Gulati M
68. Association of American Medical Colleges (AAMC) Mid-Career Women Leadership Seminar, Scottsdale, AZ.
December 2, 2017
Title: Panel Discussion: Pathways to Leadership
Gulati M
69. American College of Cardiology: Scientific Sessions 2018, Orlando, FL
March 10, 2018
Title: Welcome from CardioSmart Editor
Gulati M
70. American College of Cardiology: Scientific Sessions 2018, Orlando, FL
March 10, 2018
Title: Fellow-in-Training (FIT) Social Media Session
Gulati M
71. American College of Cardiology: Scientific Sessions 2018, Orlando, FL
March 11, 2018
Title: Town Hall Meeting- American Society of Preventive Cardiology
Gaining Access to PCSK9 Inhibitors: Unveiling of a New Mobile App
Gulati M
72. American College of Cardiology: Scientific Sessions 2018, Orlando, FL
March 12, 2018
Moderator/Co-Chair
Title: Next Generation Cardiac Rehabilitation: More Than A Gym?
Gulati M
73. American College of Cardiology: Scientific Sessions 2018, Orlando, FL

- March 12, 2018
Title: Early Career Highlights Session-Communication Highlights
Gulati M
74. Heart Rhythm Society (HRS) Scientific Sessions 2018
May 11, 2018
Title: Female EPs for Female Patients: Do We Need Women's Health Centers?
Boston, MA
Gulati M
75. ACC Oklahoma Chapter
May 12, 2018
Title: Adding Competence to Our Approach to Treating Heart Disease in Women
Oklahoma City, OK
Gulati M
76. Society of Cardiovascular Computed Tomography (SCCT)/American Society of Preventive Cardiology (ASPC)
Dallas, TX
July 12, 2018
Title: Patient Education Resources and Shared Decision Making in 2018
Gulati, M
77. 13th Annual Meeting of The Society of Cardiovascular Computed Tomography (SCCT)
Dallas, TX
July 14, 2018
Co-Chair
Title: Guidelines and Appropriateness Criteria- The Challenges of the Current Guidelines
Gulati, M
78. American Society of Preventive Cardiology Congress on ASCVD 2018.
Santa Fe, NM
July 27, 2018
Title: Evaluating Chest Pain and Myocardial Ischemia in Women
Gulati M
79. American Society of Preventive Cardiology Congress on ASCVD 2018.
Santa Fe, NM
July 28, 2018
Title: Native American/Special Population
Session Moderator
Gulati M
80. American Heart Association Scientific Sessions 2018
Chicago, IL.
November 10, 2018
Title: State of the Heart For Women: Top Ten Advances in Gender-specific Medicine
Session Moderator
Gulati M
81. American Heart Association Scientific Sessions 2018
Chicago, IL.

- November 10, 2018
Title: Pharmacotherapy in ACS and Stable Ischemic Heart Disease
Poster Professor
Gulati M
82. American Heart Association Scientific Sessions 2018
Chicago, IL.
November 10, 2018
Title: Women In Cardiology- Fellows In Training (FIT) Sessions
Session Speaker
Gulati M
83. American Heart Association Scientific Sessions 2018
Chicago, IL.
November 11, 2018
Title: Insider look for the Scientific Guidelines- Fellows In Training (FIT) Sessions
Session Speaker
Gulati M
84. American College of Cardiology: Scientific Sessions 2019, New Orleans, LA
March 17, 2019
Title: Social Media for Today's Cardiologist: A Necessary Professional Pathway or
a Potentially Dangerous Fad for CV Science
Gulati M
85. SCCT/IAS Cardiovascular Disease Prevention Symposium
SCCT 2019 14th Annual Scientific Session
July 11, 2019
Title: Do we need Gender Specific Tailored Prevention: Why Women Are Different
Baltimore, MD
86. Society of Cardiovascular Computed Tomography (SCCT) 2019 14th Annual
Scientific Session
July 12, 2019
Keynote Talk
Title: Sex-Based differences in CVD: Implications for Imagers
Baltimore, MD
87. Society of Cardiovascular Computed Tomography (SCCT) 2019 14th Annual
Scientific Session
July 12, 2019
Social Media Symposium: Social Media- a prism for cardiac CT and medicine
Title: What NOT to do: navigating HIPAA, appropriateness and privacy.
Baltimore, MD
88. Heart in Diabetes (3rd Annual Meeting)
July 13, 2019
Title: The preferred Management of a Diabetic Patient with 2-vessel disease
(Debate: **Medical Management** vs PCI vs CABG)
Philadelphia, PA
89. American Society of Preventive Cardiology: Experts Session
July 19, 2019
Title: Evaluating Chest pain and Myocardial Ischemia in Women
San Antonio, TX

- Gulati, M.**
90. American Society of Preventive Cardiology: Annual Congress
The Nanette Wenger Keynote Lecture
July 19, 2019
Title: Women & Cardiovascular Disease- Is there really a sex difference?
San Antonio, TX
- Gulati, M.**
91. American Society of Preventive Cardiology: Virtual Summit
July 25, 2020
Moderator: Women & Heart Disease Session
Virtual
- Gulati, M.**
92. American Heart Association Scientific Sessions 2020
Late Breaking Clinical Trial: Discussant
Current Challenges in Coronary and Valve Disease
Title: HARP-MINOCA
November 14, 2020
- Gulati, M.**
93. Cardiology Oncology Innovation Network (COIN) 2020 Inaugural Summit
Cardio-Oncology Trainee Rapid Abstracts (Moderator)
December 19, 2020
- Gulati, M.**
94. Health Resources and Services Administration (HRSA) 2021
Title: Supporting Women's Unique Cardiovascular Needs
Women and the Risk of Cardiovascular Disease
May 12, 2021
- Gulati, M.**
95. American College of Cardiology- Connecticut Chapter
ACC Women In Cardiology/American College of Physicians Annual Meeting
Keynote Speaker
Title: Understanding Women and Cardiovascular Disease
May 22, 2021
- Gulati, M.**
96. Society of Cardiovascular Computed Tomography (SCCT) 2021 16th Annual
Scientific Session
July 17, 2021
Moderator: Photon Energy: Spectral CT, photon counting and dual energy
Virtual
- Gulati, M.**
97. American Society of Preventive Cardiology: Pre-Conference Symposium
July 23, 2021
Title: SCVD in Women: Defining the Challenge
Virtual
- Gulati, M.**
98. American Society of Preventive Cardiology: Virtual Summit
July 24, 2021
Title: Ischemic Heart Disease without Obstructive Coronary Arteries

- Virtual
Gulati, M.
99. American Society of Preventive Cardiology: Virtual Summit
July 24, 2021
Moderator: The Great Diet Debate
Virtual
Gulati, M.
100. National Reproductive Health Conference
August 12, 2021
National Clinical training Center for Family Planning
Title: Hypertension in Women Across the Lifespan
Gulati, M.
101. Heart in Diabetes
September 10, 2021
Title: Cardiovascular Disease in South Asians
Gulati, M.
102. Heart in Diabetes
September 11, 2021
Chair: Advance Technologies
Gulati, M.
102. Heart in Diabetes
September 12, 2021
Chair: Heart Failure & Chronic Kidney Disease
Gulati, M.
103. RxMD HFpEF Mini-Med School
September 17, 2021
Title: Sex Differences in Heart Failure
Gulati, M.
104. American Heart Association Scientific Sessions 2021
Main Event: Moderator
Managing Stable CAD in a Post-Ischemia World
November 13, 2021
Gulati, M.
105. American Heart Association Scientific Sessions 2021
FIT Event: Discussant
Social Media in Cardiology: Navigating Misinformation
November 13, 2021
Gulati, M.
106. American Heart Association Scientific Sessions 2021
Main Event: Moderator
Omega 3 Fatty Acids for CVD Prevention: What's Fishy, What's Fact?
November 14, 2021
Gulati, M.
107. American Heart Association Scientific Sessions 2021
Cardio-Obstetrics...And Cardio-Andrology
Title: Chronic Hypertension & Pregnancy
November 14, 2021

- Gulati, M.**
108. American Heart Association Scientific Sessions 2021
Prevention- AHA Joint Session With the American Society for Preventive
Cardiology
Moderator
November 14, 2021
- Gulati, M.**
109. American Heart Association Scientific Sessions 2021
Chest Pain Guidelines (Live Broadcast)
Speaker
Title: Overview of the Chest Pain Guidelines: Top 10 Messages + Defining
Chest Pain
November 15, 2021
- Gulati, M.**
110. American Heart Association Scientific Sessions 2021
FAT's What It's All About! Lipid, Lipid Lowering Agents and PCI
Moderator
November 15, 2021
- Gulati, M.**
111. American College of Cardiology: Scientific Sessions 2022; Washington, DC
April 1, 2022
Title: Risk Factor: Well-established, sex-specific and under-recognized
Lancet Commission: Women & Cardiovascular Disease
Gulati M
112. American College of Cardiology: Scientific Sessions 2022; Washington, DC
April 1, 2022
Title: Case Presentation: Takutsubo's Syndrome
Lancet Commission: Women & Cardiovascular Disease
Gulati M
113. American College of Cardiology: Scientific Sessions 2022; Washington, DC
April 2, 2022
Title: Opportunities Gained, lessons Learned- A Cardiology Community
Experience through Covid
Gulati M
114. American College of Cardiology: Scientific Sessions 2022; Washington, DC
April 2, 2022
Title: Optimizing Statins
ACC22 Lipid Spotlight Series: Modern Lipid Management
Gulati M (Chair, Speaker)
115. American College of Cardiology: Scientific Sessions 2022; Washington, DC
April 3, 2022
Title: Finding The Sweet Spot for SGLT2 and GLP-1 Use in Cardiovascular
Prevention
Gulati M (Chair)
116. American College of Cardiology: Scientific Sessions 2022; Washington, DC
April 4, 2022
Title: Uncovering potential cardioprotective benefits of cholesterol efflux

Gulati M (Discussant)

117. American College of Cardiology: Scientific Sessions 2022; Washington, DC
April 4, 2022
Title: Defining the Low Risk Patient: Nomenclature and Importance of the Clinical History
Guideline Update: Management of Acute Chest Pain
Gulati M

Local/Regional

1. University of Arizona College of Medicine- Tucson
Translational Science Career Panel
April 26, 2017
Gulati M.

Poster Presentations

International

1. European Society of Cardiology August 30, 2019
Paris, FRANCE
September 2019
Mohamed M, Lopez-Mattei J, Iliescu C, Purwani P, Bharadwaj A, Kim P, Palaskas P, Rashid M, Potts J, Kwok C, **Gulati M**, Al Zubaidi AB, Mamas M.
Acute Myocardial Infarction with Leukaemia: A national analysis of prevalence, predictors and outcomes in United States hospitalisations (2004-2014).
2. European Society of Cardiology September 1, 2019
Paris, FRANCE
Harb S, Menon V, Wu W, Cremer P, Cho L, **Gulati M**, Jaber W.
The selected stress testing protocol is independently associated with mortality irrespective of exercise capacity and comorbidities.
3. European Society of Cardiology September 2, 2019
Paris, FRANCE
Harb S, Menon V, Wu W, Cremer P, Cho L, **Gulati M**, Jaber W.
Validation of seven different exercise stress testing protocols in a large 25-year stress testing registry.

National

1. American Heart Association –Conference on Cardiovascular Disease Epidemiology, Nutrition, Physical Activity and Metabolism, 2003.
Gulati M, Pandey DK, Lauderdale DS, Arnsdorf MF, Wicklund R, Al-Hani AJ, Calvin JE, Black HR.
Chronotropic Incompetence and All-Cause Mortality in Asymptomatic Women: The St. James Women Take Heart Project.
2. American Heart Association –Conference on Cardiovascular Disease Epidemiology, Nutrition, Physical Activity and Metabolism, 2003.
Pandey DK, **Gulati M**, Wicklund R, Black HR.
Exercise Capacity Predicts Risk of Coronary Death in Asymptomatic Women: St. James Women Take Heart Project.
3. American Heart Association, Scientific Sessions, November 12, 2002

- Gulati M**, Pandey, DK, Lauderdale D, Arnsdorf MF, Wicklund R, Black HR. The Prognostic Value of the Duke Treadmill Score in Asymptomatic Women: The St James Women Take Heart Project. *Circulation* 2003;106(Supplement):II-601.
4. American College of Cardiology, Scientific Sessions, March 8, 2004
Gulati M, Patel S*, Jaffe AS, Joseph A, Calvin JE. The Impact of Contemporary Guideline Compliance on Risk Stratification Models for Acute Coronary Syndromes in The Registry of Acute Coronary Syndrome (TRACS)
5. American Society of Hypertension, May 21, 2004
Dimitropoulos S*, Venzon R*, Bromet DS*, Aasbo JD*, **Gulati M**, Caralis DG, Kavinsky CJ, Schaer GL, Snell RJ.
Effect of Percutaneous Transluminal Renal Artery Angioplasty with Stenting on Systemic Hypertension in Patients with Atherosclerotic Renal Artery Stenosis
 6. American Thoracic Society International Conference, May 24, 2004
Gomberg-Maitland M, Robbins I, Humbert M, **Gulati M**, Simonneau G, Giaid A, Rich S
Immunohistochemical Evaluation of Vascular Modulators in Primary Pulmonary Hypertension
 7. Second International Conference on Women, Heart Disease and Stroke, Orlando, FL, February 2005
Price J, Landry M, Delos-Reyes F, Sternberg L, **Gulati M**.
Clinical Effectiveness of a Cardiac Rehabilitation and Primary Prevention Program Designed for Women.
 8. American Heart Association –Conference on Cardiovascular Disease, Epidemiology, and Prevention in Association with the Council on Nutrition, Physical Activity and Metabolism, Washington DC, May 2, 2005
Carnethon MR, **Gulati M**, Greenland P. Prevalence and Cardiovascular Disease Correlates of Low Cardiorespiratory Fitness in Adolescents and Adults: National Health and Nutrition Examination Survey, 1999 – 2002
 9. American Thoracic Society International Conference, May 22, 2005
Gomberg-Maitland M, **Gulati M**, Rich S.
Efficacy and Safety of Sildenafil and Atorvastatin Added to Bosentan as Therapy for Pulmonary Arterial Hypertension (PAH)
 10. American Heart Association –Conference on Cardiovascular Disease Epidemiology, Nutrition, Physical Activity and Metabolism, 2007.
McClure C, Johnson BD, **Gulati M**, Cooper-DeHoff RM, Shaw L, Handberg EM, Zineh I, Kelsey SF, Arnsdorf MF, Black HR, Bairey Merz CN, Pepine CJ.
Role of the Framingham Risk Score in Symptomatic Women: A Report From The NHLBI-sponsored Women’s Ischemia (WISE) Study and the St James Women Take Heart (WTH) Project
 11. American Heart Association, Scientific Sessions, Orlando, FL, 2009
Gulati M, Black HR, Arnsdorf MF, Al-Hani A, Bakris G.
Renal Dysfunction, Cardiorespiratory Fitness and the Risk of Death in Women
 12. American Heart Association, Scientific Sessions, Orlando, FL, 2009
Klein L, Lloyd-Jones DM, Greenland P, Ning H, Kang J, Limacher MC, Margolis KL, Howard BV, Robinson JG, Wong ND, **Gulati M**, Carla S. Dupree CS, LaCroix AZ, Chae, CU.

- Heart Failure Incidence and Prognosis in Post-Menopausal Women According to Different Diagnostic Criteria: The Women's Health Initiative Hormone Therapy Randomized Trials
13. American College of Cardiology Scientific Sessions, Atlanta, GA, March 9, 2010
Arora, M, Sparano D, Johnson N, O'Conner C, Holly T, **Gulati M**
Temporal Effect on Gender Differences in Patients Undergoing Evaluation for Coronary Artery Disease'
 14. American Heart Association, Scientific Sessions, Orlando, FL, 2011
Arora, M, Sparano D, Kohli, P, Lapin, B, O'Conner C, Johnson N, Holly T, **Gulati M**
Temporal Effect on Gender Differences in Patients Undergoing Evaluation for Coronary Artery Disease
 15. Association of American Medical Colleges, San Francisco, CA, November 4, 2012
Group on Women in Medicine and Science (GWIMS)
Gulati M, Brod H, Binkley P
Structured Faculty Development: A Strategy to Assure the Advancement of Women at The Ohio State University College of Medicine
 16. American Pharmacists Association Los Angeles, CA, March 1, 2013
Vinh D, Snider M, Hevezi M, **Gulati M**, Jordan T
Interdisciplinary Cardiovascular Risk Reduction and Lipid Management Clinics: A Health System-Wide Model
 17. American College of Cardiology, San Francisco, CA, March 10, 2013
Ayafor G*, Abdel-Rasoul M, **Gulati M**, Capers W.
PCI in Elderly Women: Superior Outcomes with Transradial versus Transfemoral Approach
 18. American Heart Association –Conference on Cardiovascular Disease Epidemiology, Nutrition, Physical Activity and Metabolism (EPI/NPAM) New Orleans, LA, March 2013
Breathett K*, Muhlestein D, Foraker R, **Gulati M**.
The Incidence of Pre-Eclampsia Remains Higher in African American Women Compared to Caucasian Women: Trends from the National Hospital Discharge Survey 1979-2006
 19. American Heart Association Scientific Sessions November 16, 2014
Smith SM, Huo T, Handberg E, **Gulati M**, Bairey Merz CN, Pepine CJ, Cooper-DeHoff RM.
Mortality Risk Associated with Apparent Resistant Hypertension Amongst Women.
 20. National Lipid Association Scientific Sessions. June 13, 2015
Albro E, Hirsch A, **Gulati M**, Yildiz V, Snider M
Evaluation of adverse events associated with niacin in patients treated in an outpatient lipid clinic
 21. American College of Cardiology, Scientific Sessions, Chicago, IL 2016
April 4, 2016
CVD Prevention in Women: What's Unique, What Are the Opportunities?
Gulati, M- Poster Moderator
 22. American College of Cardiology, Scientific Sessions, Chicago, IL 2016
April 4, 2016
ACS in Special Populations: HIV, Women, and the Elderly

- Gulati, M**- Poster Moderator
23. American College of Cardiology, Scientific Sessions, Washington DC 2017
March 18, 2017
Gordon NF, Salmon RD, Wright BS, Faircloth GC, Gordon TL, Hargrett M, Berk MR, Franklin BA, **Gulati M**.
Evaluation of the CardioSmart Population Health Management Initiative: Changes in Health Risks and Participant Satisfaction. (Winner of Best Poster 2017)
 24. American Heart Association, Scientific Sessions, Anaheim CA 2017
November 12, 2017
Dodson JA, Hochman J, Roe MT, Chen A, Chaudhry SI, Katz S, Zhong H, Radford M, Udell J, Bagai A, Fonarow G, **Gulati M**, Enriquez J, Garratt KN, Alexander KP.
The Association Of Frailty With In-hospital Bleeding Among Older Adults With Acute Myocardial Infarction: Insights From The Action Registry-GWTG
 25. American Heart Association, Scientific Sessions, Anaheim CA 2017
November 13, 2017
Cognitive Impairment and In-Hospital Mortality in Older Patients with Acute Myocardial Infarction: A Report from the ACTION Registry - GWTG
Bagai A, Cobb S, Udell JA, Dodson JA, McManus D, Maurer MS, Enriquez JR, Hochman J, Goyal A, Henry TD, **Gulati M**, Garratt KN, Roe NT, Alexander KP.
 26. Poster Presentation: SCAI 2018, San Diego, CA
April 27, 2018
Sultan M*, Verma D, Agarwall S, Bharadwaj S, Byrne T, Owan T, Amabile O, Tasset M, Flores E, Papendorf J, Bertram S, Gellert G, Morris M, Capampangan D, **Gulati M**, Su W, Fang K, Pershad A.
Incidence-Rate of Stroke in Patients with Known Patent Foramen Ovale Stratified Over CHADS2 Risk Score: A Long-term (10 year) Follow-up Study.
 27. Poster Presentation: SCAI 2018, San Diego, CA
April 26, 2018
Flores E*, Verma D, Sultan M*, Agarwall S, Bharadwaj S, Byrne T, Owan T, Amabile O, Tasset M, Papendorf J, Bertram S, Gellert G, Morris M, Capampangan D, **Gulati M**, Su W, Fang K, Pershad A. "Stroke Risk in Patients with Patent Foramen Ovale Undergoing Implantation of Intracardiac Devices Such as Permanent Pacemaker or Implantable Cardioverter-Defibrillator.
 28. American Heart Association Scientific Sessions 2018, Chicago, IL.
November 11, 2018
Okunrintemi V*, Valero-Elizondo J, Patrick B, Salami J, Tibuakuu M, Ahmad S, Mahajan S, Kahn S, Ogunmoroti O, **Gulati M**, Masir K, Michos E.
Women's Health and Sex Differences II Session
Title: Gender Differences In Patient-Reported Outcomes Among Adults With Atherosclerotic Cardiovascular Disease
 29. American Society of Preventive Cardiology Congress 2019, San Antonio, TX.
July 20, 2019
Peterson L-A*, Hurst, R.T., **Gulati, M**.
 30. Association of American Medical Colleges, Phoenix AZ. November 9, 2019
Currier Thomas T, **Gulati M**, Hartma-Hill J, Mallin E, Lucio F, Parris J, Muhammad

- S, Nelson S, O'Malley C, Garcia-Filon N, Mahnert N, Federica G, Titelbaum A, Gonzales R, Herbst-Kraloetz, Hale T, Gallitano A.
Title: Strategic Initiative to create a Women in Medicine and Science (WIMS) program at a recently established and independently accredited college of medicine.
31. American College of Cardiology Scientific Sessions 2020
March 2020
Virtual Meeting
Shahu A*, Okunrintemi V*, Tibuakuu M, Anandita A, **Gulati M**, Khan S, Ogunmoroti O, Spatz E, Michos E.
Title: Income Disparity And Association With Patient-Reported Outcomes Among Adults With Atherosclerotic Cardiovascular Disease In The Medical Expenditure Panel Survey (MEPS)
32. American College of Cardiology Scientific Sessions 2020
March 2020
Virtual Meeting
Okunrintemi V*, Valero-Elizondo J, Stone N, Blankstein R, Blaha M, **Gulati M**, Virani S, Zoghbi W, Michos E, Nasir K.
Title: Shared Decision Making and Patient Reported Outcomes Among Adults with Atherosclerotic Cardiovascular Disease, Medical Expenditure Panel Survey 2006-2015
33. American College of Cardiology Scientific Sessions 2020
March 2020
Virtual Meeting
Trutter L*, Bigeh A*, **Gulati M**.
Fellow-In-Training Clinical Decision Making
Title: Occam's Razor: Concomitant Stroke And Pulmonary Emboli In The Setting Of Thrombus-In-Transit
34. Quality of Care and Outcomes Research 2020
May 15, 2020
Virtual Meeting
Okunrintemi V*, Tibuakuu M, Shahu A, Mehta PK, **Gulati M**, Broni E, Mathews L, Blumenthal RS, Michos ED.
Title: Cancer Screening Among Women With Cardiovascular Disease: The Medical Expenditure Panel Survey
35. Quality of Care and Outcomes Research 2020
May 15, 2020
Virtual Meeting
Shahu A*, Okunrintemi V*, Tibuakuu M, Khan SU, **Gulati M**, Marvel FA, Blumenthal RS, Michos ED.
Title: Income Disparity and Utilization of Cardiovascular Preventive Care Services in the Medical Expenditure Panel Survey (MEPS)
36. Preventive Cardiovascular Nursing Association Scientific Sessions
Virtual Meeting
May 21, 2020
Poster Winner- 1st Prize
Peterson LA*, Bigeh A*, **Gulati M**.

37. Title: Assessing Hypertension in 2020.
American Heart Association Scientific Sessions 2020
November 14, 2020
Gulati M, Peterson LA, Mihailidou A.
Title: Accurate Assessment of Hypertension and Belief in Clinical Readings by Cardiologists
38. American Heart Association Scientific Sessions 2020
November 14, 2020
Yedlapati S, Khan SU, Talluri S, Lone AN, Khan M, Khan MS, Navar AM, **Gulati M**, Johnson HM, Baum SJ, Michos ED.
Title: Effects of Influenza Vaccine on Mortality and Cardiovascular Outcomes in Patients With Cardiovascular Disease: A Systematic Review and Meta-analysis
39. American Heart Association Scientific Sessions 2020
November 14, 2020
Sharma G, Grandhi GR, Acquah I, Mszar R, Mehta LS, **Gulati M**, Bhugra P, Satish P, Yahya, T Blumenthal RS, Cainzos-Achirica M, Nasir K.
Title: Social Determinants of Suboptimal Cardiovascular Health Among Pregnant Women in United States
40. American Heart Association Scientific Sessions 2020
November 14, 2020
Okunrintemi V, Tibuakuu M, Virani SS, Sperling L, Volgman AS, **Gulati M**, Cho L, Leucker TM, Blumenthal RS, Michos ED
Title: Sex Differences in the Age of Diagnosis for Cardiovascular Disease and Its Risk Factors Among Us Adults; Trends From 2008-2017, the Medical Expenditure Panel Survey
41. American College of Cardiology 2022
April 2, 2022
Brown K*, **Gulati M**.
Title: Female-Authored Research Publications in High-Impact Journals receive less online attention based on Altmetric scores

Local/Regional

1. American College of Cardiology, Illinois Chapter November, 2002
Gulati M, Pandey, DK, Lauderdale D, Arnsdorf MF, Thisted R, Wicklund R, Black HR. Exercise capacity and all-cause mortality in women: St James Women Take Heart Project.
2. American College of Physicians, Illinois Chapter- Associates Day; Chicago, IL. October, 2008.
Sparano D*, Kohli P*, **Gulati M**. A 63 year-old woman with a pericardial effusion, bilateral pleural effusions, and ascites: Is the whole greater than the sum of its parts?
3. OSU 1st Annual Internal Medicine Physician Scientist Research Day Columbus OH May 30, 2013
Breathett K*, Muhlestein D, Foraker R, **Gulati M**.
The Incidence of Pre-Eclampsia Remains Higher in African-American Women Compared to Caucasian Women: Trends from the National Hospital Discharge Survey 1979-2006

4. 2020 Michael Grossman Academic Excellence Day
May 7, 2020
First prize, Oral Poster Competition for Clinical Research for Residents
Bigeh A*, Peterson LA, **Gulati M**. It is Time to Get IT Under Control: Assessing Hypertension in 2020. May 2020; Phoenix, AZ.

Publications

Peer-Reviewed Publications

1. Gulati J, Babu A, Su H, **Gulati M**. The genetic deletion of the KGKSEEE residues from the Troponin-C central helix enhances the Ca affinity in rabbit psoas skinned fast-twitch muscle fibers. *Journal of Physiology* 1992;446:458.
2. Spencer K, Solomon L, Mor-Avi V, Dean K, Weinert L, **Gulati M**, Herle A, Spiegel A, Balasia B, Pionke T, Sieb L, Lang RM. Effects of MPEG Compression and Diagnostic Accuracy of Digital Echocardiography Studies. *Journal of the American Society of Echocardiography* 2000;13:51-7.
3. **Gulati M**, Furlong K, DeCara J, Spencer KT, Lang, RM. Thrombolytic Therapy of a Left-Sided Prosthetic Valve Thrombosis without Hemodynamic Obstruction. *Journal of the American Society of Echocardiography* 2001;14:1230-4.
4. **Gulati M**, Pandey DK, Arnsdorf MK, Lauderdale DS, Thisted RA, Wicklund RH, Al-Hani AJ, Black HR. Exercise Capacity and the Risk of Death in Women: The St. James Women Take Heart Project. *Circulation* 2003;108:1554-1559.
5. Kurina L, **Gulati M**, Everson-Rose SA, Chung PJ, Karavolos K, Cohen NJ, Kandula N, Lukezic R, Dugan SA, Sowers M, Powell LH, Pickett KE. The Effect of Menopause on Grip and Pinch Strength: Results from the Chicago Site of the Study of Women's Health Across the Nation. *The American Journal of Epidemiology* 2004;160:484-491.
Drs. Kurina and Gulati made equal contributions to this work and share primary authorship
6. **Gulati M**, Patel S*, Jaffe AS, Joseph AJ, Calvin JE. The Impact of Contemporary Guideline Compliance on Risk Stratification Models for Acute Coronary Syndromes in The Registry of Acute Coronary Syndromes (TRACS). *American Journal of Cardiology* 2004;94:873-878.
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11. Carnethon MR, **Gulati M**, Greenland P. Prevalence and Cardiovascular Disease Correlates of Low Cardiorespiratory Fitness in Adolescents and Adults: National

- Health and Nutrition Examination Survey, 1999 – 2002. *Journal of the American Medical Association* 2005;294:2981-2988.
12. Suskind DL, Thompson DM, **Gulati M**, Huddleston P, Liu DC, Baroody FM. Improved Infant Swallowing after GERD Treatment: A Function of Improved Laryngeal Sensation? *The Laryngoscope* 2006 116:1397-403.
 13. Gomberg-Maitland M, **Gulati M**, McLaughlin VV, Rich S. Sildenafil And Atorvastatin Added To Bosentan As Therapy For Pulmonary Hypertension. *The Internet Journal of Pulmonary Medicine*. 2006; 6: Number 1.
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Reviews

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 33. Maitra NS, Mahtta D, Navaneethan S, Vaughan EM, Kochar A, **Gulati M**, Levine GN, Petersen LA, Virani SS. A Mistake Not to Be Repeated: What Can We Learn from the Underutilization of Statin Therapy for Efficient Dissemination of Cardioprotective Glucose Lowering Agents? Curr Cardiol Rep. 2022 Mar 29. doi: 10.1007/s11886-022-01694-5. Online ahead of print. PMID: 35352278
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Journal Editor/Section Editor

1. **Current Atherosclerosis Reports:** Topical Collection on Women and Ischemic Heart Disease
Gulati, M 2015;17. ISSN: 1523-3804 (Print) 1534-6242
Primary and Secondary Prevention of Ischemic Heart Disease in Women Priya Kohli
PAD in Women: the Ischemic Continuum Amy West Pollak
Sex Differences in the Pathophysiology, Treatment, and Outcomes in IHD Monika Sanghavi, **Martha Gulati**
ICD and CRT Use in Ischemic Heart Disease in Women Nishaki Kiran Mehta, William T. Abraham, Melanie Maytin
Atherosclerotic Vascular Disease in the Autoimmune Rheumatologic Patient Rekha Mankad
Female-Specific Factors for IHD: Across the Reproductive Lifespan Chrisandra Shufelt, Talya Waldman, Erica Wang, C. Noel Bairey Merz
2. **Clinical Cardiology: Special edition- GUEST EDITOR:** State of Heart of Women
Gulati M, Wenger NK. Clin Cardiol. 2018;41:167-273
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Claudio CP, Quesada O, Pepine, C, Bairey Merz N. Why names matter for women: MINOCA/INOCA (myocardial infarction/ischemia and no obstructive coronary artery disease

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Eisenberg E, DiPalo KE, Pina IL. Sex differences in heart failure

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Chester RC, Kling JM, Manson JE. What the Women's Health Initiative has taught us about menopausal hormone therapy

Gulati M, Mulvagh SL. The connection between the breast and heart in a woman: Breast cancer and cardiovascular disease.

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Lau ES, Wood MJ. How do we attract and retain women in cardiology?

NM Walsh. Women as leaders in cardiovascular medicine.

Book reviews

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Correspondence

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Books/Chapters

1. **Gulati, M.** Associate Editor MCCQE Review Notes and Lecture Series. 11th edition (Toronto) 1995. (Editor of cardiology, pulmonary, anesthesia and community health chapters).
2. Gulati J, **Gulati M.** Heart power recipes: Healthy and delicious whole food ideas for the home cook. Bright's Grove, Canada. Heart Matters Publications, 2004.
3. **Gulati M,** Torkos S. "Saving Women's Hearts"- How you can prevent and reverse heart disease with natural and conventional strategies. John Wiley and Sons, 2011. ISBN 978-0-470-67845-9
4. **Gulati M,** Bairey-Merz CN. Cardiovascular disease prevention: considerations for women. In: Adult Clinical Cardiology Self-Assessment Program Version 8 (ACCSAP 8). Bashore TM, Fang JC, Hirsch GA, Indik JH, O'Gara PT, Rao SV, Polk DM, eds. Washington DC: American College of Cardiology Foundation. 2012.
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6. **Gulati, M.** Atlas Series: Editor: Color Atlas and Synopsis Women and Cardiovascular Disease Atlas. McGraw-Hill 2014. ISBN 978-0-07-17820-1
7. **Gulati, M.** Chapter: Introduction Atlas Series: Color Atlas and Synopsis Women and Cardiovascular Disease Atlas. McGraw-Hill 2014. ISBN 978-0-07-17820-1
8. Iijoma, N*, **Gulati, M.** Chapter: Introduction. Atlas Series: Color Atlas and Synopsis Women and Cardiovascular Disease Atlas. McGraw-Hill 2014. ISBN 978-0-07-17820-1
9. Sharma K*, **Gulati, M.** Chapter 1: Heart Disease in Women. Series: Color Atlas and Synopsis Women and Cardiovascular Disease Atlas. McGraw-Hill 2014. ISBN 978-0-07-17820-1
10. Breathett K*, **Gulati, M.** Chapter 2: Risk Factors for Cardiovascular Disease. Atlas Series: Color Atlas and Synopsis Women and Cardiovascular Disease Atlas. McGraw-Hill 2014. ISBN 978-0-07-17820-1
11. Salazar C*, **Gulati, M.** Chapter 4: Coronary Artery Disease in Women. Atlas Series: Color Atlas and Synopsis Women and Cardiovascular Disease Atlas. McGraw-Hill 2014. ISBN 978-0-07-17820-1
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14. **Gulati M.** Cardiovascular Disease in Women: Ischemic Heart Disease. The ESC Textbook of Cardiovascular Medicine (3rd Edition). Lusher TF, Camm AJ, Maurer G, Serruys PW. Eds. Oxford University Press, Oxford UK. 2019. ISBN: 9780198784906
15. Raza S*, **Gulati M.** The Cardiovascular System. Evidence-Based Physical Examination: Best practices for Health and Well-Being Assessment. Edited by

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 17. Peterson LA*, Freaney PM*, **Gulati M**. Primary Prevention and Cardiovascular Risk Assessment in Women. In: Cardiovascular Risk Assessment in Primary Prevention (Editor: Michael Shapiro MD). Springer Publishing (*in press*)

(* = mentored medical student/resident/nurse practitioner/fellow/junior faculty)

Invitational Talks

Grand Rounds/Invited Talks

1. Rush Presbyterian St. Luke's Medical Center, Chicago, IL. Department of Preventive Medicine. Grand Rounds. October 2002.
Title: Exercise capacity and all-cause mortality in women: St James Women Take Heart Project.
2. University of Illinois, Chicago, Chicago, IL. Department of Medicine, Division of Cardiology. Grand Rounds. January 5, 2004
Title: Exercise capacity and all-cause mortality in women: St James Women Take Heart Project.
3. Rush University Medical Center, Chicago, IL. Department of Medicine, Geriatric Grand Rounds. January 9, 2004
Title: Cardiac Disease in Women
4. American Society of Nuclear Medicine- Pittsburg Chapter. Pittsburg, PA. March 6, 2004.
Title: Pharmacologic Stress Testing: New Techniques to Diagnose Coronary Artery Disease
5. American Society of Nuclear Medicine- Pittsburg Chapter Pittsburg, PA. March 6, 2004.
Title: Her Heart Matters: Taking Women Health to Heart
6. Cook County Hospital, Chicago, IL. Department of Medicine, Division of Cardiology. April 8, 2004
Title: Pregnancy and Heart Disease
7. The Association of Home Office Underwriters (AHO), Annual Conference Meeting. Chicago, IL. October 6, 2004
Title: Cardiovascular Disease in Women - Taking Women's Health to Heart
8. University of Toronto, Sunnybrook and Women's College Cardiology Grand Rounds, Toronto, ON, CANADA. November 26, 2004.
Title: The Prognostic Value of Exercise Testing in Asymptomatic Women: The St. James Women Take Heart Project
9. Green Bay Heart Care Grand Rounds, Green Bay, WI. February 25, 2005.
Title: The Prognostic Value of Exercise Testing in Asymptomatic Women: The St. James Women Take Heart Project
10. American College of Cardiology Scientific Sessions 2005, Orlando, FL. March 9, 2005

- Co-Chair of Session: Featured Oral Session- Exercise Interventions and Outcomes
11. Rush University Medical Center, Department of Medicine Grand Rounds, Chicago, IL. April 6, 2005
Title: The Prognostic Value of Exercise Testing in Asymptomatic Women: The St. James Women Take Heart Project
 12. Northwestern University, Cardiology Grand Rounds, Chicago, IL. December 16, 2005
Title: The Prognostic Value of Exercise Testing in Asymptomatic Women: The St. James Women Take Heart Project
 13. State University of New York (Mercy Hospital), Medicine Grand Rounds, Buffalo, NY. July 6, 2006
Title: The Prognostic Value of Exercise Testing in Asymptomatic Women: The St. James Women Take Heart Project
 14. The Consortium for Southeastern Hypertension Control (COSEHC) and Inter-American Society of Hypertension (IASH), Miami, FL. May 9, 2007.
Title: Diagnosis of Coronary Disease in Women: Challenges and Opportunities.
 15. Northwestern University, Chicago, IL. August 24, 2007.
Cardiology Grand Rounds
Title: Women's Heart Health: Is there a gender difference?
 16. University of Rochester, Rochester, NY. October 30, 2007.
Cardiology Grand Rounds
Title: Women's Heart Health: Is there a gender difference?
 17. University of Chicago, Chicago, IL. January 4, 2008.
Cardiology Grand Rounds
Title: Women's Heart Health: Is there a gender difference?
 18. University of Rochester, Rochester, NY. March 26, 2008
Cardiology Rounds
Title: Syndrome X in Women
 19. Northwestern University, Evanston, IL. October 2, 2008.
Northwestern University Alumnae Class Lecture Series.
Title: "Women and Cardiovascular Disease: Is there a Gender Difference?"
 20. ProHealth Care Professional Conference, Delafield, WI. November 7, 2008
Recent Developments and Trends
Title: "Emerging Research on Cardiac Syndrome X: Angina with Normal Coronary Arteries"
 21. Illinois Department of Public Health, Office of Women's Health, Oakbrook, IL. November 18, 2008
Illinois Women's Health Conference 2008.
Title: "Heart Disease in Women- What Really Works in Diagnosis and Treatment"
 22. University of Toronto, Canada. February 5, 2009.
Medicine Grand Rounds, Women's College Hospital, University of Toronto, Canada
Title: Women and Cardiovascular Disease: Is there a Gender Difference?
 23. Women's College Hospital, Toronto, Canada. February 6, 2009
Guest of Honour at Heart Beat Ball
Title: "Secrets of a Woman's Heart"

24. Northwestern University, Chicago, IL. February 25, 2009.
Clinical Trial Unit, Bluhm Cardiovascular Institute
Title: Women and Heart Disease: Where are we now?
25. Northwestern University, Chicago, IL. March 25, 2009.
Rehabilitation Institute of Chicago
Title: "Women and Cardiovascular Disease: Is there a Gender Difference?"
26. New York University, New York, NY. April 3, 2009.
Title: "Challenging Existing Paradigms in Ischemic Heart Disease in Women: Lessons from WISE and WTH"
27. Northwestern University, Chicago, IL. October 7, 2009
Vascular Grand Rounds
Title: Year in Review: Women and CAD
28. Pennington Biomedical Research Center, Baton Rouge, LA. February 22, 2010
Title: Darwin's Survival of the Fittest: Lessons We Have Learned from the Women Take Heart Project
29. University of Florida, Gainesville, FL. April 26, 2010
Title: The Women Take Heart Project
30. The Ohio State University, Columbus, OH. December 10, 2010
Cardiology Grand Rounds
Title: Survival of the Fittest (Woman): Lessons from Darwin and the Women Take Heart Project
31. The Ohio State University, Columbus, OH. March 3, 2011
Internal Medicine Grand Rounds
Title: Survival of the Fittest (Woman): Lessons from Darwin and the Women Take Heart Project
32. Baptist Health South Florida, Miami, FL. May 12, 2011
Cardiology Grand Rounds
Title: Women and Cardiovascular Disease: Is there a Gender Difference?
33. Baptist Health South Florida, Miami, FL. May 13, 2011
Obstetrics-Gynecology Grand Rounds
Title: Matters of the Heart – Women and Cardiovascular Disease in 2011
34. The Ohio State University, Columbus, OH. January 13th, 2012
New Faculty Orientation
Title: Work-Life Balance and Advancement of Women at OSU
35. The Ohio State University, Columbus, OH. March 6th, 2012
School of Engineering: Women Engineering Faculty
Title: Saving Women's Hearts: Living Life with Balance.
36. The Ohio State University, Columbus, OH. March 16th, 2012
Business Development and Outreach at the OSU Wexner Medical Center
Title: How to Choose a Mentor
37. Brown University, Providence, RI. June 1, 2012
Cardiology Grand Rounds, Rhode Island Hospital
Title: Survival of the Fittest (Woman): Lessons from Darwin and the Women Take Heart Project
38. The 23rd Great Wall International Congress of Cardiology Asia Pacific Heart Congress 2012
Beijing, China

- October 13, 2012
Title: Gender Differences in Stress Testing & Cardiovascular Assessment
39. The 23rd Great Wall International Congress of Cardiology Asia Pacific Heart Congress 2012
Beijing, China
October 13, 2012
Title: Core Components of Cardiac Rehabilitation & Secondary CVD Prevention
40. Blanchard Valley Hospital, Findlay, OH. November 11, 2012
Hospital Grand Rounds
Title: Cardiovascular Disease in Women: is there a Gender Difference?
41. Healthcare Businesswoman's Association (HBA)- Ohio Chapter, Columbus, OH.
January 24, 2013
Title: Taking better care of YOU and how to do it!
42. Columbus Medical Forum. Columbus, OH. February 5, 2013
Title: Women and Heart Disease: Is there a gender difference?
43. Palm Beach Atlantic University School of Nursing. Palm Beach, FL. February 14, 2013
Title: Women and Heart Disease: Is there a gender difference?
44. The Ohio State University, Columbus, OH. March 19th, 2013
New Faculty Orientation
Title: Work-Life Balance
45. University of Kentucky, Lexington KY August 16th, 2013
Internal Medicine Grand Rounds
Title: Women and Cardiovascular Disease: Is there a Gender Difference?
46. The Ohio State University, Columbus, OH. November 15th, 2013
How to Thrive in Academic Medicine
Title: Work-Life Balance
47. Allegheny Hospital, Pittsburg, PA. February 12, 2014
Internal Medicine Grand Rounds
Title: Sex Differences in Cardiovascular Disease
48. McGill University, Montreal, CANADA. September 8, 2014
Internal Medicine Grand Rounds
Title: Women and Cardiovascular Disease
49. Innovations in Cardiovascular Care Symposium, Boca Raton, FL. October 11, 2014
Title: Women and Cardiovascular Disease: Is there a Sex Difference?
50. American College of Cardiology February 1, 2015
Women In Cardiology Leadership Workshop
Title: The Active Art of Listening.
51. The 19th Annual Coastal Cardiovascular Conference. Cambridge, MD. February 14, 2015
Title: 2015 Updates on Women and Heart Disease: Are WE meeting National Guidelines?
52. Emory University. Atlanta, GA. March 24, 2015
Cardiovascular Research Grand Rounds
Title: Women and Heart Disease: Is there a sex difference?
53. American College of Cardiology Midwest Meeting. Minneapolis, MN May 16, 2015

- Title: Women In Cardiology: How do we improve the landscape for women cardiologists
54. The American Heart Association & the North Shore - LIJ Health CME
May 21, 2015
A Gender Based Approach to Heart Disease in Women: Past, Present and Future
Title: Guiding the Guidelines: New Directions in Assessing and Preventing Heart Disease in Women
New York, NY
55. Association of American Medical Colleges (AAMC): Admissions and student diversity affairs professional development conference.
June 19, 2015
Title: Implicit & Explicit Bias, Possible Barriers to Women's Success in the Medical Profession
Miami, FL
56. Banner University Medical Center /University of Arizona
Hospital Grand Rounds
September 9, 2015
Title: Women & Cardiovascular Disease: Understanding Sex Differences
Phoenix, AZ
57. SIGMA Canadian Menopause Society: 2nd national Scientific Conference- Menopause Redefined: The New Dawn.
Sept 12, 2015
Title: Women and Cardiovascular Disease
Toronto, ON CANADA
58. Hypertension 2015-American Heart Association
September 16, 2015
Title: Women and Cardiovascular Disease-Sex Differences
Washington, DC
59. American Society of Nuclear Cardiology Scientific Sessions 2015
Title: What is the Latest Evidence to Identify At-risk Women for Heart Disease: Global Ischemic Heart Disease Risk in Women
Washington, DC
September 17, 2015
60. American Diabetes Association
September 18, 2015
Title: Women and Cardiovascular Disease: Is there a Sex Difference?
Fort Lauderdale, FL
61. Familial Hypercholesterolemia Summit
September 24, 2015
Tweet-a-Thon Leader
Topic: Familial Hypercholesterolemia
Pasadena, CA
62. Heart Disease in Women: A New Era of Understanding, Recognition, Prevention, Diagnosis and Treatment 2015
October 10, 2015
Key Note Speaker

- Title: Adding Competence to Our Approach in Treating Heart Disease in Women:
Why We Need Specialized Care for Women's Hearts and Vessels
Rochester, MN
63. The Society for Cardiovascular Magnetic Resonance Scientific Sessions 2016
January 29, 2016
Title: Ischemic Heart Disease in Women: The Role of CMR in IHD
Los Angeles, CA
64. American College of Cardiology: Alaska Chapter Meeting
February 3, 2016
Title: Incorporating CardioSmart into Clinical Practice
Anchorage, AK
65. American College of Cardiology: Alaska Chapter Meeting
February 4, 2016
Key Note Speaker
Title: Sex Differences in Cardiovascular Disease
Anchorage, AK
66. University of Mississippi
Cardiovascular-Renal Research Center Grand Rounds
February 24, 2016
Title: Women and Cardiovascular Disease- Is There a Sex Differences
Jackson, MS
67. Hartford Hospital Cardiology Grand Rounds
September 13, 2016
Title: Women and Cardiovascular Disease- Is There a Sex Differences
Hartford CT
68. American Society of Preventive Cardiology Annual Meeting
September 17, 2016
Title: Cardiac Risk Factors in Women: Adjusting our History and Physical
Examinations Accordingly
Boca Raton, FL
69. Parkview Heart Institute- Heart Symposium
September 29, 2016
Title: Women and Heart Disease- Is there a Sex Difference?
Keynote Speaker
Fort Wayne, IN
70. University of Pennsylvania- Cardiology Grand Rounds
February 16, 2017
Title: Women and Heart Disease- Is there a Sex Difference?
Philadelphia, PA
71. University of Arizona- Tucson Cardiology Grand Rounds
March 31, 2017
Title: Understanding The Difference Between Men and Women- Sex Differences in
Cardiovascular Disease
Tucson, AZ
72. University of California, Irvine - Cardiology Grand Rounds
April 13, 2017
Title: Adding Competence to Our Approach in Treating Heart Disease in Women:

- Why We Need Specialized Care for Women's Heart and Vessels
Irvine, CA
73. American College of Cardiology- Alabama Chapter
Destin, FL- June 4, 2017
The Suzanne Oparil Lecture- Women in Cardiology (First Oparil Lecture speaker)
Title: Women and Heart Disease- Is there a Sex Difference?
Destin, FL
74. Houston Methodist Hospital- Cardiology Grand Rounds
June 8, 2017
Title: Adding Competence to Our Approach in Treating Heart Disease in Women:
Why We Need Specialized Care for Women's Heart and Vessels
Houston, TX
75. Scripps Clinic Cardiology Grand Rounds.
June 20, 2017
Title: Women and Cardiovascular Disease: Is There a Sex Difference?
La Jolla, CA
76. University of Utah – Cardiovascular Medicine Grand Rounds
December 8, 2017
Title: Women and Cardiovascular Disease: Is There a Sex Difference?
Salt Lake City, Utah
77. Mayo Clinic Cardiology Grand Rounds, Phoenix, AZ
January 11, 2018
Title: Women and Cardiovascular Disease: Is There a Sex Difference
Phoenix, AZ
78. Miami CardioMetabolic Summit, Miami Baptist Hospital
Keynote Address
Title: Improving the Cardiovascular Health of Women in the Nation
February 22, 2018
Miami FL
79. Heart Rhythm Society 39th Annual Scientific Sessions 2018
May 11, 2018
Title: Female Eps for Female Patients: Do We Need Women Heart Centers
Boston, MA
80. ACC Oklahoma Chapter
May 12, 2018
Title: Adding Competence to Our Approach to Treating Heart Disease in Women
Oklahoma City, OK
81. 4th Annual Current Issues in Coronary and Structural Heart Disease
May 18, 2018
Keynote Lecture
Title: Social Media & Cardiology: Changing the Conversation for Health Care
Providers
Philadelphia, PA
82. University of Western Ontario Cardiology Grand Rounds
May 28, 2018
Title: Understanding the Sex Differences in Cardiovascular Disease
London, CANADA
83. University of Michigan Cardiology Grand Rounds
July 31, 2018

- Title: Understanding the Sex Differences in Cardiovascular Disease
Ann Arbor, MI
84. Case Western University-Metro Health
Visiting Professor
Cardiology Grand Rounds
November 14, 2018
Title: Adding Competence to Our Approach in Treating Heart Disease in Women:
Why We Need Specialized Care for Women's Heart and Vessels
Cleveland, OH
85. Case Western University-Metro Health
Medicine Grand Rounds
November 15, 2018
Title: Women and Cardiovascular Disease: Is There a Sex Difference?
Cleveland, OH
86. University of Kentucky
Visiting Professor January 30-February 1, 2019: Healthy Heart for Women
Gill Heart Institute/SAHA Cardiovascular Research Center
February 1, 2019
Title: Women & Cardiovascular Disease: Preventing Heart Disease in 2019
87. University of Nebraska
Cardiology Grand Rounds
February 4, 2019
Title: Sex Differences in Cardiovascular Disease
88. The Second Affiliated Hospital of Nanjing Medical University
Cardiology Grand Rounds
May 6, 2019
Title: The Best From ACC Scientific Sessions 2019
Nanjing, CHINA
89. Zhongda Hospital of Southeast University
Cardiology Grand Rounds
May 6, 2019
Title: The Best From ACC Scientific Sessions 2019
Nanjing, CHINA
90. The Second Affiliated Hospital of Soochow University
Cardiology Grand Rounds
May 7, 2019
Title: The Best From ACC Scientific Sessions 2019
Suzhou, CHINA
91. Wuxi People's Hospital
Cardiology Grand Rounds
May 8, 2019
Title: The Best From ACC Scientific Sessions 2019
Wuxi, CHINA
92. The First Affiliated Hospital of Zhejiang University
May 9, 2019
Title: The Best From ACC Scientific Sessions 2019
Hangzhou, CHINA

93. The Second Affiliated Hospital of Zhejiang University
Cardiology Grand Rounds
May 9, 2019
Title: The Best From ACC Scientific Sessions 2019
Hangzhou, CHINA
94. Zhejiang Provincial Hospital
Cardiology Grand Rounds
May 10, 2019
Title: The Best From ACC Scientific Sessions 2019
Hangzhou, CHINA
95. Sir Run Shaw Hospital , Zhejiang University School of Medicine
Cardiology Grand Rounds
May 10, 2019
Title: The Best From ACC Scientific Sessions 2019
Hangzhou, CHINA
96. Baylor Scott White Hospital
Medicine Grand Rounds
May 24, 2019
Title: Women and Cardiovascular Disease: Is there really a sex difference?
Temple, TX
97. SCCT/IAS Cardiovascular Disease Prevention Symposium
SCCT 2019 14th Annual Scientific Session
July 11, 2019
Title: Do we need Gender Specific Tailored Prevention: Why Women Are Different
Baltimore, MD
98. Society of Cardiovascular Computed Tomography (SCCT) 2019 14th Annual
Scientific Session
July 12, 2019
Keynote Talk
Title: Sex-Based differences in CVD: Implications for Imagers
Baltimore, MD
99. Society of Cardiovascular Computed Tomography (SCCT) 2019 14th Annual
Scientific Session
July 12, 2019
Social Media Symposium: Social Media- a prism for cardiac CT and medicine
Title: What NOT to do: navigating HIPAA, appropriateness and privacy.
Baltimore, MD
100. Heart in Diabetes (3rd Annual Meeting)
July 13, 2019
Title: The preferred Management of a Diabetic Patient with 2-vessel disease
(Debate: **Medical Management** vs PCI vs CABG)
Philadelphia, PA
101. American Society of Preventive Cardiology: Experts Session
July 19, 2019
Title: Evaluating Chest pain and Myocardial Ischemia in Women
San Antonio, TX
102. American Society of Preventive Cardiology

The Nanette Wenger Keynote Lecture

July 19, 2019

Title: Women & Cardiovascular Disease- Is there really a sex difference?

San Antonio, TX

103. Conferencista del XVIII Congreso Paraguayo de Cardiología y Cirugía

Cardiovascular

Asunción, Paraguay

August 15, 2019

Go Red For Women Symposium

Title: Women and cardiovascular conditions. Is there really gender difference?

104. Conferencista del XVIII Congreso Paraguayo de Cardiología y Cirugía

Cardiovascular

Asunción, Paraguay

August 15, 2019

Title: Social networks and Cardiology: changing the conversation for health care.

105. Conferencista del XVIII Congreso Paraguayo de Cardiología y Cirugía

Cardiovascular

Asunción, Paraguay

August 15, 2019

Go Red For Women Symposium

Title: Why the woman's heart needs specialized attention

106. George Washington University

GW Heart & Vascular Institute- Cardiology Grand Rounds

2019 Women's Heart Center Endowed Visiting Professor

Washington DC

September 25, 2019

Title: Understanding Sex-Differences in Cardiovascular Disease

107. George Washington University

GW Heart & Vascular Institute- Department of Medicine Grand Rounds

2019 Women's Heart Center Endowed Visiting Professor

Washington DC

September 26, 2019

Title: Women & Cardiovascular Disease- Is there really a sex difference?

108. Creighton University: Faculty, fellows, resident workshop

Omaha, NB

October 23, 2019

Title: Why we need more Women Leaders in Medicine

109. Creighton University Distinguished Professor Grand Rounds

Omaha, NB

October 23, 2019

Title: Women & Cardiovascular Disease- Is there really a sex difference?

110. Deborah Heart & Lung Center Cardiology Grand Rounds

November 1, 2019

Brown Mills, NJ

Title: Women & Cardiovascular Disease- Is there really a sex difference?

111. McGill University Cardiology Grand Rounds

December 19, 2019

- Montreal, Quebec, CANADA
Title: Understanding Sex Differences in Cardiovascular Disease
112. Masters of Medicine Conference 2020
Kingston, JAMAICA
January 18, 2020
Title: The 5 most important CAD trials in the past 5 years. What have we learned?
113. Masters of Medicine Conference 2020
Kingston, JAMAICA
January 19, 2020
Title: Heart Disease in Women
114. National Press Foundation 2020
West Palm Beach, FL
January 28, 2020
Title: Sex Differences in Cardiovascular Disease
115. The American Heart Association of Indiana
Fort Wayne, IN
Keynote Speaker
Title: Women & Heart Disease
February 4, 2020
116. Pacific Heart Institute
Santa Monica, CA
Keynote Speaker
Title: Women & Heart Disease: What is Differences between female and Male hearts?
February 8, 2020
117. New York Presbyterian Hospital: Columbia University & Cornell University
Heart Disease & Women
Keynote Speaker
New York, NY
Title: Women & Cardiovascular Disease: Is there really a sex difference?
February 12, 2020
118. Dr. Maria Javaid Symposium
Keynote Speaker
Kansas City, MO
Title: Women & Cardiovascular Disease
February 18, 2020
119. Johns Hopkins University Cardiology Grand Rounds
The 1st Annual Pam Ouyang Lectureship in Women's CV Health
Baltimore, MD
Title: Improving Our Vision of Women's Hearts: Women & Cardiovascular Disease in 2020- Understanding the sex differences
February 19, 2020
120. University of Rochester
The 13th Annual Carl Oshrain Distinguished Lecturer 2020
Title: Women & Cardiovascular Disease-Understanding Sex Differences in Cardiovascular Disease
May 19, 2020

121. SCCT/IAS Cardiovascular Disease Prevention Symposium
SCCT 2020 15th Annual Scientific Session
August 18, 2020
Chair: Women & Atherosclerosis
122. SCCT/IAS Cardiovascular Disease Prevention Symposium
SCCT 2020 15th Annual Scientific Session
August 18, 2020
Title: Strengths and limitations of stress testing in women
123. University of Wisconsin Cardiovascular Grand Rounds
Madison, WI
Title: Women and Cardiovascular Disease: Understanding the Sex Differences
October 29, 2020
124. Northwestern University
Chicago, IL
CLIC Leadership Talk
Title: Leading Change
November 10, 2020
125. NCH HealthCare/Mayo Internal Medicine Grand Rounds
Naples, FL
Title: Women in Medicine
January 7, 2021
126. Aga Khan University
Lahore, PAKISTAN
Title: Preventive Cardiology Program: The Value of Setting It Up
January 22, 2021
127. Queen's University Department of Medicine Grand Rounds
Kingston, ON CANADA
The John O. Parker Lectureship
Title: Women & Heart Disease
February 4, 2021
128. NCH HealthCare/Mayo Internal Medicine Grand Rounds
Naples, FL
Title: Women & Heart Disease: Is there Really a Sex Difference?
February 11, 2021
129. National Institute for Prevention and Cardiovascular Health
Dublin, Ireland
Women Heart Matters
Title: Why Sex Matters in Cardiovascular Health
February 11, 2021
130. International Congress of the Egyptian Society of Cardiology
CardioEgypt
Cairo, Egypt
February 16, 2021
Title: The ABC's of Cardiovascular Prevention
Gulati, M.
131. International Congress of the Egyptian Society of Cardiology
CardioEgypt

- Cairo, Egypt
February 16, 2021
Title: Women & Cardiovascular Disease: Is there really a sex-difference?
Gulati, M.
132. New Cardiovascular Horizons
Title: Women and Heart Disease: Why Women Need Specialized Care for their Hearts
Salt Lake City, UT
February 20, 2021
133. Cardiabcon
New Delhi, INDIA
Title: CVD Prevention
March 13, 2021
134. University of Calgary Cardiology Grand Rounds
Calgary, AB, CANADA
Title: Women and cardiovascular disease: Is there really a sex difference?
March 23, 2021
135. Medical College of Wisconsin Cardiology Grand Rounds
Madison, WI
Title: Women and cardiovascular disease: Is there really a sex difference?
April 8, 2021
136. University of North Texas Health Science Center
Fort Worth, TX
3rd Annual Women's Cardiovascular and Brain Health Symposium
Keynote Speaker
Title: Women and Heart Disease: Understanding the Sex Differences to Advance Women's Heart Health
April 16, 2021
137. Cedars Sinai Hospital
Women Ischemic Heart Disease (WIHD) 7th Annual Symposium
Keynote Speaker/ Linda Joy Pollin Awardee
Title: Using Social Media to Advance Women's Cardiovascular Health
April 23, 2021
138. American College of Cardiology's CV Disease in Women: Class of the Giants
Team Leader
April 25, 2021
139. American College of Cardiology- Connecticut Chapter
ACC Women In Cardiology/American College of Physicians Annual Meeting
Keynote Speaker
Title: Understanding Women and Cardiovascular Disease
May 22, 2021
140. Houston Methodist Hospital
CVD Prevention Conference
Title: Cardiovascular Prevention in Women: Novel Insights and Pathways Forward
June 30, 2021
141. National Reproductive Health Conference
Title: Hypertension in Women Across the Lifespan

- August 12, 2021
142. SCCT Prevention Symposium 2021
Title: Using Social Media to Advance Prevention
August 14, 2021
143. SICA 4to Curso Internacional de Sindromes Coronarios Agudos
Mexico City, Mexico
Title: Improving Outcomes in Women After STEMI
September 13, 2021
144. Morristown Medical Center Annual Frontiers in Cardiovascular Medicine
Morristown, NJ
Title: Sex Specific Risk Enhancers: Refining ASCVD Risk Assessment in Women
September 17, 2021
145. Saudi Heart Association 2021
Riyad, Saudi Arabia
Title: Hypertension Across a Woman's Lifespan
October 7, 2021
146. British Association of Cardiovascular Prevention and Rehabilitation (BACPR)
Belfast, Ireland
Title: Sex Differences in Cardiovascular Disease Prevention
October 8, 2021
147. Indiana American College of Cardiology (ACC) Chapter Meeting
Indianapolis, IN
Title: Cardiovascular Disease in Women
October 9, 2021
148. Houston Methodist Hospital CVD Prevention Symposium
Houston, TX
Moderator: Common Scenarios in Prevention Clinic
October 9, 2021
149. Temple University Women In Cardiology: Early Career Advice
Philadelphia, PA
Title: Advice to Early Career WIC: What I Wished I Had Known
October 25, 2021
150. Temple University- Cardiology Grand Rounds
Philadelphia, PA
Title: Women & Cardiovascular Disease: Is there really a sex difference?
October 26, 2020
151. Icahn School of Medicine at Mount Sinai- Endocrinology Grand Rounds
New York, NY
Title: Women & Cardiovascular Disease: Is there really a sex difference?
November 4, 2021
152. SCCT: 2021 Chest Pain Guidelines
Title: Update on Management of Stable Chest Pain
November 5, 2021
153. CardioCon Pakistan 2021
November 19, 2021
Title: Women & Cardiovascular Disease: Why Sex Matters
154. Mid-Atlantic Capital Cardiology Symposium

- Keynote Speaker
Title: 2021 Chest Pain Guidelines- Top 10 Messages
November 21, 2021
155. Houston Methodist Hospital Webinar
CVD Prevention - Aspirin, Plaque, and the “Primary-and-a-Half” Prevention Patient
Title: What Do The Prevention Guidelines Say?
Dec 1, 2021
156. **The Louis R. Dinon, MD, Memorial Lectureship 2021**
Cardiology Grand Rounds
Thomas Jefferson University
Philadelphia, PA
Title: Understanding the Sex Differences in Cardiovascular Disease
December 10, 2021
157. American College of Cardiology (ACC) Colorado: The Heart Failure Summit
Colorado Springs, CO
Title: The 2021 Chest Pain Guidelines- Top 10 Messages
December 11, 2021
158. University of Oklahoma, Oklahoma City, OK
Cardiology Grand Rounds
Title: The Chest Pain Guidelines
January 6, 2022
159. Stanford University
Cardiology Grand Rounds
Palo Alto, CA
Title: Gender disparities in cardiovascular medicine and clinical trial leadership
January 27, 2022
160. American College of Cardiology Louisiana Annual Meeting 2022
New Orleans, LA
Women In Cardiology
Title: Creating an Inclusive Environment
January 28, 2022
161. University of Texas Health-San Antonio
CardioRenal Connections
UT Health San Antonio, San Antonio, TX
Title: Sex Differences in Cardiovascular Disease & Risk Factors
January 28, 2022
162. Weill Cornell Medicine- Qatar
Women and Medicine Series - Clinical Module 2: Women and Cardiovascular
Disease
Title: Sex Differences in CVD: Does Sex Matter?
January 29, 2022
163. American College of Cardiology Louisiana Annual Meeting 2022
New Orleans, LA
Title: The 2021 Chest Pain Guidelines
January 29, 2022
164. University of Colorado
Cardiology Grand Rounds

- Aurora, CO
Title: Sex disparities in cardiovascular medicine
February 4, 2022
165. European Society of Cardiology: Cardiovascular Pharmacotherapy
Cardiovascular Pharmacotherapy in Women
Title: Assessing cardiovascular disease in women – Biases and unmet needs
February 19, 2022
166. VANSCAD 2022
Vancouver, BC
Title: Managing Women with Heart Disease in the Covid Era
February 19, 2022
167. ACC IM Cardiology Program Faculty for Women
Faculty/Panel participant
Title: Why chose a career in Preventive Cardiology
March 5, 2022
168. Massachusetts General Hospital
Cardiology Grand Rounds
Title: Sex Disparities in Cardiovascular Medicine
March 16, 2022
169. ACC North Carolina- South Carolina Women In Cardiology Chapter Meeting
Title: Mentorship, Sponsorship & Allyship
March 16, 2022
170. Western Kentucky Heart & Lung Research Foundation Symposium 2022
Inaugural Shadowen Lecture
Title: Women & Cardiovascular Disease: Is there Really a Sex Difference?
April 22, 2022

Invited Workshops

1. **South Asian Health Initiative**
2013
Working Group Member
South Asian Health: From Research to Practice and Policy, NIH initiative established to address cancer and cardiovascular health disparities among South Asian immigrant communities in the United States
2. **Pregnancy complications identify women at risk for developing cardiovascular disease**
June 2, 2014
Working Group Member
Objectives:
 1. Develop guidelines for the follow up of women with certain pregnancy complications
 2. Identify knowledge gaps/research ideas for future grant/collaborative proposalsTitle: Women's Cardiovascular Risk Screening
Toronto, Ontario, CANADA
3. **Canadian Women's Heart Health Summit 2016**
April 14-16, 2016
Call to Action

- Group Moderator of Workshop
Gulati, M
Ottawa, Ontario, CANADA
4. **LEADERS Meeting**
Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee
4th Annual National Women's Health Internal Medicine Leadership Summit
October 2016
Los Angeles, CA
 5. **American College of Obstetricians & Gynecologists**
Postpartum Task Force Meeting
July 10, 2017
Working Group Member
Washington DC
 6. **Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee**
5th Annual National Women's Health Internal Medicine Leadership Summit
Steering Committee Member/Speaker
November 9-10 2017
Phoenix, AZ
Organized and Hosted Meeting on behalf of University of Arizona-Phoenix
 7. **Second Jim Pattison Cardiac Rehabilitation Symposium, Alberta Heart Institute**
April 27-28, 2018
Banff, AB
 8. **Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee**
5th Annual National Women's Health Internal Medicine Leadership Summit
Steering Committee Member/Speaker
October 25-26, 2018
Dallas, TX
 9. **Diversity & Inclusion Strategy Session for Training Program Directors**
American College of Cardiology
Heart House, Washington DC
November 17, 2018
 10. **LDL & Beyond: Roundtable**
American College of Cardiology
Heart House, Washington DC
June 17, 2019
 11. **International Experts Advisory Committee- Libin Cardiovascular Institute**
(invited to review institute)
University of Calgary
Calgary, CANADA
September 27-29, 2019
 12. **Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee**
6th Annual National Women's Health Internal Medicine Leadership Summit

- Denver, CO
Steering Committee Member/Speaker
Title: Endowed Chairs: Getting the Commitment
October 3-4, 2019
13. **Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee**
7th Annual National Women's Health Internal Medicine Leadership Summit
(Virtual)
Steering Committee Member/Speaker
Title: LEADERS 2020 Survey Results
September 16, 2020
14. **Recent Advances in HFREF: Roundtable**
American College of Cardiology
Heart House, Washington DC
October 7, 2020
15. **PCORI- Convening on Missed Diagnosis of Heart Disease in Women**
Washington DC
January 27, 2021
16. **Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee**
Diversity & Inclusivity Among Leaders
(Virtual)
Steering Committee COChair
March 26, 2021
17. **Health Resources and Services Administration (HRSA)**
Supporting Women's Unique Cardiovascular Needs
Women and the Risk of Cardiovascular Disease
May 12, 2021
18. **Leaders Empowering the Advancement of Diversity in Education Research and Science (LEADERS) in Women's Health Committee**
8th Annual National Women's Health Internal Medicine Leadership Summit
(Virtual)
Steering Committee Member/Speaker
Title: Workshop- Finding Your Allies
October 15, 2021

Teaching Lectures

1. University of Illinois, Chicago, Chicago, IL. School of Public Health. Guest lecturer for "Quantitative Methods in Epidemiology-I" (Masters Program). February 20, 2003.
Title: Hormone Replacement Therapy and Heart Disease: The Tale That Wagged the Dogma
2. University of Chicago, Chicago, IL Department of Health Studies. Guest lecturer for "Introduction to Epidemiology" (Masters Program). November 20, 2003.
Title: Hormone Replacement Therapy and Heart Disease: The Tale That Wagged the Dogma

3. University of Chicago. Department of Health Studies. Guest lecturer for "Introduction to Epidemiology" (Masters Program). November 18, 2004
Title: Hormone Replacement Therapy and Heart Disease: The Tale That Wagged the Dogma
4. University of Chicago. Department of Health Studies. Guest lecturer for "Issues on Women's Health" (Masters Program). March 31, 2005.
Title: Women and Cardiovascular Disease: Etiology and Epidemiology
5. University of Chicago, Chicago, IL. Department of Health Studies. April 6, 2006.
Guest lecturer for "Issues on Women's Health" (Masters Program).
Title: Women and Cardiovascular Disease: Etiology and Epidemiology
6. University of Chicago, Chicago, IL. Department of Health Studies. May 22, 2006.
Guest lecturer for "Health Status Assessment" (Masters Program).
Title: Health Measure in Women and Cardiovascular Disease.
7. University of Chicago. Department of Health Studies.
Guest lecturer for "Introduction to Epidemiology" (Masters Program). November 2, 2006
Title: Hormone Replacement Therapy and Heart Disease: The Tale That Wagged the Dogma
8. Northwestern University, Chicago, IL. February 19, 2007.
Internal Medicine Residency Lecture
Title: Women and Coronary Disease 2007
9. University of Chicago, Chicago, IL. Department of Health Studies. March 7, 2007
Guest lecturer for "Health Status Assessment" (Masters Program).
Title: Health Measure in Women and Cardiovascular Disease.
10. Northwestern University, Chicago, IL. September 8, 2008.
Internal Medicine Residency Program Lecture Series
Title: Women and Cardiovascular Disease
11. The Ohio State University, Columbus, OH. February 8, 2012
Cardiology Fellow Conference
Title: Prevention of Cardiovascular Disease in Women
12. Brown University, Providence, RI. May 31, 2012
Cardiology Fellow Conference
Title: Gender Differences in CVD- Case Discussion
13. Ohio State University, Columbus, OH. January 6, 2013
Undergraduates, medical students and residents: Mentee gathering
Title: The Importance of Community Service for Physicians
14. Ohio State University, Columbus, OH. January 26, 2013
My Journey into Medicine
Undergraduate conference for prospective medical students
15. The Ohio State University, Columbus, OH. January 15, 2014
Cardiology Fellow Conference
Title: Ischemic Heart Disease in Women
16. University of Arizona, Phoenix, AZ, Phoenix AZ. August 12, 2019
Cardiology Fellow Conference
Title: Stress Testing 101
17. University of Arizona, Phoenix, AZ, Phoenix AZ. September 16, 2019
Cardiology Fellow Conference

18. Title: Hypertension Across a Woman's Lifespan
University of Arizona, Phoenix, AZ, Phoenix AZ. May 27, 2020
Cardiology Fellow Conference
Title: Your First Job
19. University of Rochester, Rochester, NY. May 27, 2020
Cardiology Fellow Conference (Virtual)
20. Stanford University, Palo Alto, CA. October 6, 2020
Principals of Epidemiology, Human Biology 154B
21. Women As One Mentorship Project. London, UK. September 17, 2021
Creating Collaboration Network
22. CardioNerds Rounds (Virtual). October 17, 2021
Prevention of Cardiovascular Disease.

Continuing Medical Education

1. Rush University Medical Center, Chicago, IL. Continuing Medical Education Program. June 26, 2004
Title: Cardiovascular Disease in Women: Taking Women Health to Heart
2. Columbia College of Physicians and Surgeons: Women's Agenda Targeting Cholesterol in Heart Disease (WATCH) Troy, MI October 20, 2005
3. Johns Hopkins University School of Medicine Sponsored CME Course: Heart Disease in Women: Are we failing Women's Hearts? Chicago, IL November 9, 2005
4. Columbia College of Physicians and Surgeons: Women's Agenda Targeting Cholesterol in Heart Disease (WATCH) Chicago, IL December 7, 2005
5. St. Catherine Hospital Cardiology 2006 Continuing Medical Education Program. Munster, IN. April 8, 2006. Title: Women and Heart Disease.
6. Rush Copley Medical Center. Women's Heart Symposium. Woodridge, IL. April 12, 2006
Title: Level of Fitness as a Cardiac Risk Factor.
7. The 14th Annual Congress on Women's Health, Hilton Head, SC. June 5, 2006.
Hot Topics in Diagnostics. Title: Cardiac Stress Testing: Applying Results to Women.
8. Northwestern University, Chicago, IL. October 25, 2006.
CME: Second Annual Vascular Medicine for the Practicing Physician
Title: Treating Women with Cardiovascular Disease: 2006
9. Northwestern University, Chicago, IL. January 3, 2007.
CME: Vascular Interdisciplinary Clinical Rounds
Title: Women and Coronary Disease- A Changing Paradigm
10. Union Memorial Hospital, Baltimore, MD. February 10, 2007
CME: Imaging Services Seminar
Title: Women and Coronary Disease 2007
11. Buffalo and Western New York Cardiovascular Society, Buffalo, NY. February 15, 2007.
CME: Buffalo and Western New York Cardiovascular Society
Title: The Prognostic Value of Exercise Stress Testing In Asymptomatic Women: The St. James Women Take Heart Project
12. Northwestern University, Chicago, IL. May 18, 2007.

- CME: 2007 Clinical Research Educational Conference
Title: Women and Coronary Disease 2007
13. Her Heart Community Program, Charlotte, NC. May 24, 2007.
CME: Her Heart Community Program
Title: Diagnosis of Coronary Disease in Women: Challenges and Opportunities.
14. Northwestern University, Chicago, IL. February 20, 2008.
CME: 2008 First Annual Women's Cardiovascular Symposium (Course Director of CME)
Title: The 2007 ACC/AHA Guidelines for Preventing Cardiovascular Disease in Women: What's New? A Users Guide.
Jointly Presented by Dr. Martha Gulati, Dr. Nanette Wenger and Dr. Neil Stone.
15. Northwestern University, Chicago, IL. February 20, 2008.
CME: 2008 First Annual Women's Cardiovascular Symposium (Course Director of CME)
Title: Insulin Resistance and Cardiovascular Disease: An Epidemic in Women.
16. Pri-Med Midwest Conference (Current Clinical Issues in Primary Care), Chicago, IL. April 24, 2008.
Harvard Medical School and Northwestern University
Title: Heart Disease in Women: 2008
17. Community Hospital. Munster, IN. April 18, 2009
2009 Cardiovascular Symposium
Continuing Medical Education Program.
Title: "How Low Should We Go? Lipid Management in 2009"
18. University of Chicago, Chicago, IL. April 27, 2009
Guest lecturer for "Health Status Assessment" (Masters Program).
Title: Health Measure in Women and Cardiovascular Disease.
19. Northwestern University, Chicago, IL. December 6, 2008
Northwestern University Heart Failure Holiday Symposium
Title: "Heart Failure and ICD Use in Women: Influence of Gender on Treatment"
20. Northwestern University, Chicago, IL. February 24, 2010.
CME: 2009 Second Annual Women's Cardiovascular Symposium (Course Director of CME)
Title: Cardiovascular Risk Factors in Women: In search for a Treatment to End Gender Differences.
21. Northwestern University, Chicago, IL. February 24, 2010.
CME: 2009 Second Annual Women's Cardiovascular Symposium (Course Director of CME)
Title: Arrhythmias and ICD use in Women: Influence of Gender on Treatment
22. University of Tennessee Health Science Center. Memphis, TN February 27, 2010.
CME: 2010 WomenHeart First Annual Regional Cardiac Conference.
Title: Prevention of Cardiovascular Disease: Sex-Based Cardiology
23. The Ohio State University, Columbus, OH. April 21, 2011.
CME: The Third Annual Cardiovascular Disease in African Americans Conference
Title: Focus on African American Women: Epidemiology and Approach to Prevention and Management of Cardiovascular Disease
24. The Ohio State University, Columbus, OH. May 20, 2011.
CME: 2011 Cardiovascular MR/CT CME Update

- Title: Microvascular Disease –CMR/Catheterization
25. The Ohio State University, Columbus, OH. September 14, 2011
CME: The Beat of a Women’s Heart (Course Director of CME)
Title: Putting It All Together: Impact of Heart Disease Prevention in Women-
Understanding and Applying the AHA 2011 Heart Disease Prevention Guidelines
for Women
26. Contemporary Multi-Disciplinary Cardiovascular Medicine Conference, Orlando,
FL.
October 7, 2011
CME: Third Annual OSU Multidisciplinary Event
Title: Cardiac Rehabilitation: Improving outcomes one step at a time
27. Contemporary Multi-Disciplinary Cardiovascular Medicine Conference, Orlando,
FL.
October 7, 2011
CME: Third Annual OSU Multidisciplinary Event
Title: Dietary/Supplements Recommendations for Hyperlipidemia: A
Nontraditional Approach
28. Contemporary Multi-Disciplinary Cardiovascular Medicine Conference, Orlando,
FL.
October 7, 2011
CME: Third Annual OSU Multidisciplinary Event
Title: Exercise Recommendations for Men and Women, Old and Young
29. BREATHE (bettering Resource Education and Treatment of Heart Failure
Effectively) Heart Failure Conference, Mason, OH
Oct. 22, 2011
Keynote Speaker
Title: Women & Cardiovascular Disease: Is There a Gender Difference?
30. Kettering Medical Center, Kettering, OH
November 8, 2011
CME: Internal Medicine Grand Rounds
Title: Women & Cardiovascular Disease
31. American College of Cardiology, Washington, DC
CME: 6th Annual Heart of Women’s Health.
January 20, 2012
Keynote Address
Title: Adding Competence to Our Approach in Treating Heart Disease in Women
32. Baptist Health South Florida
CME: 10th Annual Cardiovascular Disease Prevention Comprehensive
International Symposium
Miami, FL
February 23-26th, 2012
Title: Cardiovascular Disease Prevention in Women
33. Preventive Cardiovascular Nurses Association, Washington, DC
April 12th, 2012
CME: PCNA 18th Annual Symposium
Title: Evaluated Cardiovascular Disease in Women: A Scientific Update
34. National CME Presentation for The Ohio State University, Columbus, OH.

- May 6th, 2012
MedNet21
Title: Heart Disease in Women
<https://ccme.osu.edu/WebCastDetail.aspx?ID=535>
35. The Ohio State University, Columbus, OH. May 18, 2012
CME: Lipid Management and Heart Disease Prevention Course (Course Director of CME)
Title: Saving Women's Hearts: Contemporary Strategies to Prevent Heart Disease in Women
36. The Ohio State University, Columbus, OH. September 14, 2012
CME: The Beat of a Women's Heart (Course Director of CME)
Title: The Power of Red and the Need to Move Beyond the Bikini Approach (Debate "Pink Meets Red")
37. Faxton St. Luke's Medical Center
CME: Makeover My Heart. Utica, NY
Keynote Speaker
Title: Saving Women's Hearts – Preventing Heart Disease at any Age
38. American College of Cardiology, Washington, DC
CME: 7th Annual Heart of Women's Health.
February 8, 2013
Title: Diagnosis and Risk Stratification: Ischemic and Valvular Heart Disease
39. American College of Cardiology, Washington, DC
CME: 7th Annual Heart of Women's Health.
February 9, 2013
Title: Nuts and Bolts of Building a Women's Center
40. 17th Annual Coastal Cardiovascular Conference, Chesapeake Bay, MD. February 16, 2013
Keynote Speaker
Title: Evaluating Cardiovascular Disease in Women
41. Med Central Mansfield Hospital. Mansfield, OH. February 19, 2013
Title: Saving Women's Hearts: Contemporary Strategies to Prevent Heart Disease in Women
42. Ohio Association Cardiology & Pulmonary Rehabilitation (OACVPR) Annual Statewide Meeting. Columbus, OH. March 14, 2013
CEU: 25th Anniversary Annual Meeting-Keynote Speaker
Title: Gender Differences in Stress Testing
43. The Ohio State University Women's Health Update 2013, Columbus, OH. April 5, 2013
Title: Cardiovascular Disease Prevention in Women
44. The Ohio State University, Columbus, OH. September 20, 2013
Fifth Annual STEMI Update: Facing Tough Questions in 2013
Title: Gender and Racial Disparities in Cardiac Care
45. Innovations in Cardiovascular Care Symposium, Boca Raton, FL. October 11, 2014
Title: Women and Cardiovascular Disease: Is there a Sex Difference?
46. The 19th Annual Coastal Cardiovascular Conference. Cambridge, MD. February 14, 2015

- Title: 2015 Updates on Women and Heart Disease: Are WE meeting National Guidelines?
47. Heart Disease in Women: A New Era of Understanding, Recognition, Prevention, Diagnosis and Treatment 2015
October 10, 2015-The Mayo Clinic
Keynote Speaker
Title: Adding Competence to Our Approach in Treating Heart Disease in Women: Why We Need Specialized Care for Women's Hearts and Vessels
Rochester, MN
48. 2016 Women's Health Conference: Cutting Edge Advances in Women's Health, Monterey, CA.
University of California, Davis
June 9, 2016
Keynote Speaker
Title: Advances in Women and Cardiovascular Disease
49. 2016 Women's Health Conference: Cutting Edge Advances in Women's Health, Monterey, CA.
University of California, Davis
June 9, 2016
Title: Women & Cardiovascular Disease: Case Discussion
50. 1st Annual Banner Cardiology Summit 2017
October 5, 2016
Title: Creating an Academic Cardiology Division in Phoenix
Phoenix, AZ
51. Heart Disease in Women: A New Era of Understanding, Recognition, Prevention, Diagnosis and Treatment 2016
October 9, 2016-The Mayo Clinic
Title: The Status of Cardiovascular Risk Assessment in Women
Rochester, MN
52. Heart Disease in Women: A New Era of Understanding, Recognition, Prevention, Diagnosis and Treatment 2016
October 9, 2016-The Mayo Clinic
Title: Therapeutic Lifestyle Changes in Women
Rochester, MN
53. Southwestern Conference on Medicine 2017
Tucson Osteopathic Medical Society
April 27, 2017
Title: Women and Cardiovascular Disease: Is there a Sex Difference?
Tucson, AZ
54. 2nd Annual Banner Cardiology Summit 2017
September 20, 2017
Title: Women & Structural Disease- Where Do We Go From Here
Phoenix, AZ
55. Miami CardioMetabolic Summit, Miami Baptist Hospital
Keynote Address
Title: Improving the Cardiovascular Health of Women in the Nation
February 22, 2018

- Miami FL
56. Southwestern Conference on Medicine 2018
Tucson Osteopathic Medical Society
April 26, 2018
Title: Social Media in Medicine: Challenges & Opportunities
Tucson, AZ
57. 4th Annual Current Issues in Coronary and Structural Heart Disease
May 18, 2018
Keynote Lecture
Title: Social Media & Cardiology: Changing the Conversation for Health Care Providers
Philadelphia, PA
58. 1st Annual Cardiology in the Desert
University of Arizona/Banner University Medical Center
March 30, 2019
Title: Sex Differences in ASCVD Risk Factors
Phoenix, AZ
59. Northwell Health Prevention CME
April 12, 2019
Title: Treating hypertension over the course of a woman's lifetime"
New York, NY
60. American Academy of Physician Assistants (AAPA) 2019 Conference
May 20, 2019
Title: Rapid-Fire Roundtable: Expert Insights on the Use of PCSK9 Inhibitors to Reduce CV Risk
Denver, CO
61. Preventive Cardiology Summit for Cardiology Fellows 2019
October 11-12, 2019
Core Faculty
Title: Deep Dive into PCSK-9 Inhibitors
Chicago, IL
62. 6th Annual Deborah Heart & Lung Women's Heart Center Symposium
November 2, 2019
Philadelphia, PA
Keynote Speaker
Title: Pregnancy: The Ultimate Cardiac Stress Test for Females: Identifying and Managing High Cardiovascular Risk Features
63. 2nd Annual Cardiology in the Desert
University of Arizona/Banner University Medical Center
February 1, 2020
Title: Hypertension Across the Lifespan in Women
Phoenix, AZ
64. Cornell University & Columbia University
Heart Disease & Women CME
Keynote Speaker
February 12, 2020
New York, NY

65. Congress on Insulin Resistance, Diabetes and Cardiovascular Disease
Title: Coronary Artery Calcification in Women
December 4, 2020
66. Medscape CME
Going Back to the Heart Of Cardiology
December 8, 2020
Title: Women and Heart Disease
67. Integrity Continuing Education
Heart Failure CME
December 8, 2020
68. NCVH Salt Lake City 2021
February 20, 2021
Title: Women and Heart Disease: Why Women's Hearts Need Specialized Centers

Continuing Medical Education Course Director/Co-Director

1. Northwestern University, Chicago, IL. February 20, 2008.
CME: 2008 First Annual Women's Cardiovascular Symposium
2. Northwestern University, Chicago, IL. February 24, 2010.
CME: 2009 Second Annual Women's Cardiovascular Symposium
3. Northwestern University, Chicago, IL. February 24, 2010.
CME: 2010 Third Annual Women's Cardiovascular Symposium
4. The Ohio State University, Columbus, OH. September 14, 2011
CME: The Beat of a Women's Heart
5. The Ohio State University, Columbus, OH. May 18, 2012
CME: Lipid Management and Heart Disease Prevention Course
6. The Ohio State University, Columbus, OH. September 14, 2012
CME: The Beat of a Women's Heart
7. The Mayo Clinic, Rochester, MN. October 10-11, 2015
CME: Heart Disease in Women: A New Era of Understanding, Recognition,
Prevention, Diagnosis and Treatment 2015
8. Banner Health, Phoenix AZ. October 5, 2016
CME: Banner Cardiology Forum
9. The Mayo Clinic, Rochester, MN. October 8-9, 2016
CME: Heart Disease in Women: A New Era of Understanding, Recognition,
Prevention, Diagnosis and Treatment 2016
10. Banner Health, Phoenix AZ. September 20, 2017
CME: 2nd Annual Banner Cardiology Forum
11. University of Arizona/Banner University Medical Center-Phoenix. March 30, 2019
1st Annual Cardiology in the Desert, Phoenix, AZ.
12. University of Arizona/Banner University Medical Center-Phoenix. February 1, 2020
2nd Annual Cardiology in the Desert, Phoenix, AZ.

Patient Education

1. Rush University Medical Center, Chicago, IL. Women's Health Forum "Take Heart, Take Control". March 13, 2004.
Title: Her Heart Matters: Taking Women Health to Heart

2. The Rush Woman's Board Health Conference "Women Take Heart, Take Control".
Rush University Medical Center, Chicago, IL. November 17, 2004
Title: It's Not Just a Man's Disease: Risk Factors, Prevention and Treatment of
Coronary Heart Disease in Women
3. 2005 Women's Heart Initiative Key Note Speaker; Green Bay, WI. February 24,
2005.
Title: Cardiovascular Disease in Women - Taking Women's Health to Heart
4. Northwestern Memorial Hospital Patient Programs, Chicago, IL. February 15,
2006. Title: Heart Healthy Lifestyle: A Pulse on Prevention.
5. Northwestern Memorial Hospital Healthy Transitions Program, Chicago, IL.
February 20, 2006. Title: What Every Woman Should Know About Heart Disease:
Women, Exercise and Heart Disease Prevention.
6. Northwestern University, Chicago, IL. February 14, 2007.
Association of Northwestern University Women
Title: Matters of the Heart: What Women Need to Know.
7. Her Heart Community Program, Charlotte, NC. May 25, 2007.
Duke Energy Corporation
Title: Diagnosis of Coronary Disease in Women: Challenges and Opportunities.
8. Northwestern University, Chicago, IL. June 4, 2007.
Northwestern Memorial Hospital Woman's Board
Title: Women and Heart Disease
9. Northwestern University, Chicago, IL. February 20, 2008.
Northwestern Memorial Hospital: Patient Education Symposium
Heart Health: What Smart Women Need to Know
Title: Beyond Cardio: Varying your exercise for better heart health
10. Go Red For Women Luncheon- Chicago, IL. February 29, 2008
Town Hall Meeting: Patient question and answer program – Speaker
11. Northwestern Memorial Hospital, Chicago, IL. June 3, 2008
26th Annual Streeterville Society
Title: "Secrets of a Woman's Heart"
12. Northwestern Memorial Hospital, Chicago, IL. October 1, 2008
The Wesley Society Annual Celebration
Title: "Matters of the Heart: What Everyone Needs to Know to Keep a Healthy
Heart"
13. Northwestern University, Chicago, IL. February 4, 2009.
Northwestern Memorial Hospital: Patient Education Symposium
Heart Health: What Smart Women Need to Know
Title: Heart Healthy Prescriptions: Healthy Living for Your Busy Life
14. Alzheimer's Association, Chicago, IL. February 25, 2009.
Title: "Matters of the Heart: What Everyone Needs to Know to Keep a Healthy
Heart"
15. Prentice Women's Hospital, Chicago, IL. May 13, 2009
Friends of Prentice Luncheon
Title: "Heart Disease Prevention: Making it Work!"
16. Prentice Women's Hospital, Chicago, IL. September 24, 2009
Friends of Prentice Fall Education Series
Title: "Heart Disease Prevention: Making it Work!"

17. Northwestern University, Chicago, IL. February 24, 2010.
Northwestern Memorial Hospital: Patient Education Symposium
Heart Health: What Smart Women Need to Know
Title: Groove is in the Heart! Moving your way to a Healthy Heart
18. Ohio State University, Ross Heart Hospital, Columbus, OH. February 4, 2011
Staff Educational Series
Title: Heart Disease Prevention
19. Ohio State University, Ross Heart Hospital, Columbus, OH. February 17, 2011
Administrative Staff
Title: Saving My Women's Hearts
20. American Heart Association Go Red for Women Luncheon, Columbus, OH.
February 24, 2011
Featured Speaker
Title: Saving Women's Hearts
21. Veterans of Foreign Wars (VMF) Ladies Auxiliary Go Red Event, Columbus, OH.
February 25, 2011
Featured Speaker
Title: Saving Women's Hearts
22. The Ohio State University, Ross Heart Hospital, Columbus, OH.
100 Black Women Conference
Columbus, OH. April 21, 2011
Title: How Does Exercise Protect the Heart?
23. Living and Leading with Balance
The Ohio State University, Columbus, OH. May 4, 2011
Featured Speaker
Title: Saving Women's Hearts
24. Healthy Heart Forum, The Ohio State University, Ross Heart Hospital, Columbus,
OH.
May 25, 2011
Title: African American Women: A Very Special Population
25. Strong At Heart
The Ohio State University, Columbus, OH.
September 14, 2011
Title: Groove is in the Heart: Moving Your Way to a Healthy Heart
26. Mended Hearts of Central Ohio
The Ohio State University, Columbus, OH.
October 12, 2011
Title: The Differences Between Men and Women with Heart Disease
27. OSU Medical Center Service Board Luncheon
The Ohio State University, Columbus, OH
October 19, 2011
Title: Heart Disease in Women
28. The Ohio State University, Ross Heart Hospital, Columbus, OH. February 2, 2012
Staff Educational Series
Title: Taking Care of Our Hearts
29. The Ohio State University, Columbus, OH. February 28, 2012
Your Plan for Health Webinar

- Title: Medical Approaches for Heart Health
30. The Ohio State University, Columbus, OH. April 26, 2012
100 Black Women Conference
Title: How Does Heart Disease Matter to Black Women?
 31. Strong At Heart The Ohio State University, Columbus, OH. September 7, 2012
Title: Heart Disease in Women and How to Prevent It
 32. Newcomers to Columbus; Columbus, OH. January 15, 2013
Title: How to Take Care of Your Heart
 33. Palm Beach Brunch Palm Beach, FL. February 14, 2013
Title: Saving Women's Hearts
 34. Ohio State University Alumni. Naples, FL. February 15, 2013
Forum: Heart Disease and OSU
 35. Ohio State University Women in Philanthropy. Naples, FL. February 16, 2013
Title: Saving Women's Hearts
 36. Ohio State University Women in Philanthropy. Sarasota, FL. February 17, 2013
Title: Saving Women's Hearts
 37. Ohio State University Women in Philanthropy. Columbus, OH. February 19, 2013
Title: Saving Women's Hearts
 38. American Heart Association Go Red for Women Luncheon, Columbus, OH.
February 21, 2013
Featured Speaker
Title: Saving Women's Hearts
 39. Ohio Wellness Leaders Luncheon, Columbus, OH. March 15, 2013
Title: Heart Health and Prevention
 40. Tammy's Second Annual Diva Day, Columbus, OH. April 28, 2013
Title: Heart Disease Prevention in African American Women
 41. Strong At Heart (Third Annual) September 8, 2013
The Hilton Hotel, Easton Mall, OH.
Title: Heart Disease in Women
 42. Palm Beach Everglades Club February 7, 2014
Title: Saving Women's Heart: Preventing and Living with Heart Disease
 43. Norton Healthcare. February 26, 2014
Louisville, Kentucky
Title: Go Confidently (Speaker Series)- Women & Heart Disease
 44. Easton Town Center, Columbus, OH. May 28, 2014.
Title: Pour Your Heart Out
 45. Strong At Heart (Fourth Annual) October 3, 2014
The Hilton Hotel, Easton Mall, OH.
Title: Saving Your Heart
 46. Friends of OSU February 18, 2015
Heart Disease Panel
Naples, FL
 47. WomenHeart National Meeting April 26, 2015
Washington, DC
Title: Women and Heart Disease: 2015 Updates
 48. Scleroderma Foundation National Patient Education Conference July 18, 2015
Nashville, TN

49. Title: The Heart of Scleroderma: The Risk of Heart Disease in Scleroderma
Strong At Heart (Fifth Annual) October 2, 2015
Funny Bone, Easton Mall, OH.
Title: Why Women Need to Care for Their Hearts
50. Title: CPR- How to Save A Life
Banner Foundation Board. September 21, 2016
Phoenix, AZ
Title: Creating an Academic Medical Center in Phoenix
51. Heart Institute Reception. September 22, 2016
Phoenix, AZ
Title: Creating an Academic Medical Center in Phoenix
52. Heart Smart Women. February 28, 2017
Title: Heart Disease- Is There Really a Sex Difference?
Victoria, BC, CANADA
53. Red Dress Cocktail Party & Fashion Show. April 12, 2017
Title: Women & Heart Disease- Why It Matters
Phoenix, AZ
54. Arizona American Heart Association- Half Yearly Heart Ball Meeting April 2017
Title: Women & Heart Disease
Tempe, AZ
55. The Paradise Valley Women's Association. May 24, 2017
Title: Heart Disease in Women: Why it Matters
Phoenix, AZ
56. Heart of a Women March 6, 2018
Title: Women & Heart Disease: Is there really a sex difference?
Houston Methodist Hospital, Houston, TX
57. Women Inspiring Scientific Progress (WISP) April 24, 2018
Title: Women & Heart Disease: Heart-Brain Connection
Phoenix AZ
58. Heart of a Women February 16, 2018
Title: Women & Heart Disease: Is there really a sex difference?
Houston Methodist Hospital, Houston, TX
59. Banner Health Foundation February 21, 2019
Title: Saving Women's Hearts
Phoenix, AZ
60. Libin Cardiovascular Institute, September 27, 2019
Title: How Women's Hearts are Different
University of Calgary
Calgary, CANADA
61. Dil Se. August 30, 2020
Title: Heart Health in South Asian Women.
Boston American Heart Association
Boston, MA
62. Dil Ki Baat. October 29, 2020
Title: The Heart of South Asian Women
Philadelphia Indian Association/Portland Indian Association
63. WomenHeart Facebook Live: Hyperlipidemia, December 3, 2020

- Title: Cholesterol in Women
64. Alpha Phi Sorority- Western University Chapter January 23, 2021
Title: Saving Women's Hearts

Webinars

- | | |
|-------------------|---|
| June 4, 2014 | How to Start a Women's Heart Program
WomenHeart National Hospital Alliance |
| February 12, 2015 | Heart Disease Prevention
OSU Plan for Your Health |
| May 21, 2015 | Assessment and Treatment of Cardiovascular Risk in Women
American Heart Association |
| June 17, 2015 | Angina in Women
American Heart Association |
| July 15, 2015 | Prevention of Cardiovascular Disease and Education of Cardiac
Risk in Women
American Heart Association |
| October 28, 2015 | Heart Failure-Patient Program/CardioSmart
American College of Cardiology |
| June 5, 2019 | AHA ASCVD Prevention Guidelines
American Society of Preventive Cardiology
https://www.vumedi.com/playlist/127528c6-0091-489f-806b-e495eadd5c56/ |
| April 6, 2020 | Mended Hearts: Coronavirus and People With Heart Conditions:
What You Need to Know
https://www.youtube.com/watch?v=HoUKwfhE22M&t=10s |
| May 11, 2020 | Debakey/Houston Methodist: How does COVID19 Cause
Cardiovascular Disease. |
| February 2, 2021 | American College of Cardiology: Becoming A Master Educator |

Blogs

Blog on personal website: <http://www.DrMarthaGulati.com>

Invited Faculty for New England Journal of Medicine (NEJM) Career Center 2015
Conversations: Women Transforming the Culture of Medicine
<https://medstro.com/groups/nejm-group-open-forum/discussions/96>

Official Blogger for **Cardiology Today** 2013-2015
<http://www.healio.com/cardiology/highlights-from-acc-scientific-sessions/blog-a-preventive-cardiologists-take-on-day-1-of-the-acc-conference>
<http://www.healio.com/cardiology/highlights-from-acc-scientific-sessions/a-closer-look-at-prato-acs-and-terisa>
<http://www.healio.com/cardiology/blogs/martha-gulati-md-ms-facc-faha/why-every-female-cardiologist-should-read-lean-in>
<http://www.healio.com/cardiology/blogs/martha-gulati-md-ms-facc-faha/a-closer-look-at-athletic-participation-for-patients-with-icds>

Media Appearances and Placements (Magazines, Newspapers, Television):

1. 9/15/2003: **The Dallas Morning News** "Fitness level in women predicts death risk, study says" By: Laura Beil
2. 09/15/2003: **WebMD**. "Lack of Exercise Hurts Women More" By: Jennifer Warner. MedicineNet.com
3. 09/17/2003: **Boston Globe**. "Fitness foils women's heart disease" By: Smith, Stephen.
4. 09/20/2003: **The Age, Australia's National Newspaper**. "Healthy women told to find time to exercise." By: Lucy Beaumont
5. 9/24/2003: **The Tribune India**. "Lack of exercise hurts women more than men".
6. 10/13/2003: **San Fernando Valley Business Journal**. "Poor fitness increases risk of death in women more than in men.(Health care: spotlight on heart disease)"
7. 10/21/2003 **Gallup Poll**: "Women Less Likely to Get Vigorous Exercise." By: Blizzard, Rick. Tuesday Briefing, 10/21/2003, p1, 4p, 4 charts; (AN 11349447)
8. 11/2003: **Environmental Nutrition**. "Fitness a Strong Predictor of Health in Women.", Nov2003, Vol. 26 Issue 11, p3, 1/4p; (AN 11298047)
9. 11/2003: **Tufts University Health & Nutrition Letter**. "Note to Women: Thinner, Healthier, and Longer Life Within Easy Reach." Nov2003, Vol. 21 Issue 9, p4-5, 2p; (AN 13241390)
10. 04/2004: **Health Magazine**. Move Faster, Live Longer.. By: Reid-St. John, Su., Apr2004, Vol. 18 Issue 3, p83-83, 3/4p, 1c; (AN 12662827)
11. 05/01/2004: **OB/GYN News**. "Large prospective study: treadmill test urged for asymptomatic women" by Bruce Jancin
12. 10/09/2004: **Senior Health Week**. Study: Menopause Causes Women to Lose Strength Source: Medical Week staff.
13. 11/01/2004: **A Friend Indeed**. "Get a grip!"
14. 02/01/2005: **Internal Medicine News**. "Nomogram calculates women's exercise capacity.(Cardiovascular Medicine)", 2/1/05 by Zoler, Mitchel L.
15. 03/2005: **Health Magazine**. "Workout Warning Signals." By: Bailey, Lisa C., Mar2005, Vol. 19 Issue 2, p90-90, 3/4p, 1 chart, 1c; (AN 16243042)
16. 8/3/2005: **CBC News** . "Chart helps women guide fitness level to cut heart disease risk"
17. 08/03/2005: **CBS National News**. "Which Women Are At Risk Of Dying Young?"
18. 8/4/2005: **Medical News Today**. Lack of exercise serious heart problem risk for women, study of 5700 women
19. 08/04/2005: **NBC Los-KNBC Los Angeles**. "Women's Fitness Measurements"
20. 08/04/2005: **Women's Health Matters**. "Fitness levels should be measured differently for women and men "August 04, 2005 CANADA
21. 08/04/2005: **WebMD**. "Fitness Level Predicts Likelihood of Death". By: Daniel J. DeNoon, WebMD Medical News
22. 11/15/2005: **CTV News (Canada National News)**. "Exercise guidelines for women established"
23. 08/04/05: **Women's Health News**. "Researchers have developed a nomogram specifically for women to predict their expected exercise capacity at any given age"
24. 8/5/2005: **Senior Journal**. Researchers Develop Exercise Chart for Women to Prevent Heart Problems

25. 8/5/2005: **PRAVDA Russia's National Newspaper**. Women can now measure fitness level
26. 8/5/2005: **Kansas City Star**. "Getting to the MET of the matter: New chart helps women measure fitness level" By: Eric Adler
27. 08/15/2005: **The Orange County Register**. A formula for fitter women" By: Liddane, Lisa. (Santa Ana, CA), 08/15/2005; (AN 2W72234083487)
28. 08/16/2005: **The New York Times**. "The Right Level of Exercise to Keep a Healthy Heart" By: BAKALAR, NICHOLAS,
29. 08/2005: **Women's Health Magazine**. Fit Women Live Longer
30. 08/2005: **Prevention Magazine**. Charting the relationship between a woman's fitness and her risk of death
31. 08/2005: **World Jewish News Agency**. Researchers have developed a chart that can tell women what level of exercise they need to stay fit.
32. 11/14/2005: **Science Daily**. "Exercise may ward off death in women with metabolic syndrome."
33. 11/14/2005: **CBS News**. "Study: Exercise Can Add Three Years To Life"
34. 11/15/2005: **CTV News (Canada National News)**. "Exercise can add 3 years to life, finds study "
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Community and Volunteer Activities

University of Chicago	Interviewer for undergraduate applicants (2010-present)
Girls On The Run:	Volunteer in program to introduce running to girls and to inspire girls to a lifetime of self-respect and healthy living 2003-2010
Girls On The Run:	Advisory Board 2009-2010
Chicago Area Runners Association	2007 Medical Director- 20 mile 'Ready to Run' 2008 Medical Director- 20 mile 'Ready to Run' Participated in numerous 5km, 8km, 10 mile and 20km runs; completed Chicago Marathon 1996, 1997, 2006, 2010
Bank of America Chicago Marathon:	2008, 2009 Medical Aid Station Captain
Blue Water Triathlon:	Completed 2005
Chicago Triathlon:	Completed 2005, 2006.
Tennis Club Member	2009-current
TriFit Triathlon	2014
Broward County Covid Vaccine Team (volunteer medical corp)	2021-2022

Languages

English- native language
French- Read at intermediate level, Speak at intermediate level