

HAM & BEANS

(MEMPHIS STYLE)



1. Soak 1 LB of Pinto Beans overnight in a covering of water with 1 tbs salt.
2. Drain and rinse.
3. Place in a Kettle & add 8 cups of water, Meaty center cut ham bone, 1 chopped onion, 1 tsp salt.
4. Cover & simmer 10 to 12 hours until beans are very tender.
5. Remove bone, pull meat & return to pot.
6. serve with Tabasco, Grated cheese, chopped onions and fresh hot cornbread.