



Research Into Action • Behavior • Academics • Collaboration

Sunday, March 4, 2018 or  
Sunday, April 22, 2018



Sunday, March 4, 2018  
Hours 8:30 am - 4:00 pm  
Beth Shalom  
733 Passiac Avenue  
Clifton, New Jersey

Sunday, April 22, 2018  
Hours 8:30 a.m - 3:30 pm  
Cong. Brothers of Israel  
250 Park Avenue  
Long Branch, New Jersey

A SNAPSHOT OF WHAT YOU'LL LEARN:



- ★ Easily incorporate therapy based movement into the classroom setting to enhance learning potential of students
- ★ Through the use of S'cool Moves poster activities, improve motor planning, rhythm, timing, core strength, vestibular activation, hemispheric integration, and sensory-motor systems to build a solid foundation for learning
- ★ Improve self-regulation, reading, writing, and focus for academics
- ★ Learn tiered interventions designed for whole school, small groups, and one-on-one intervention
- ★ Understand how teachers and therapists working together can achieve goals for their students faster and more enjoyably
- ★ Translate research into action for the benefit of all students

**Target audience and level of instruction: Beginner to intermediate level for OTs, OTAs, PTs, and PTAs, special education instructors, teachers, and specialty staff.**

**Education Credits: 6 contact hours, 6 PDU's for NBCOT/.6 CEUs, 6 CTLE hours**

**Certificates will be awarded. Please contact us with any special needs requests. This continuing education program is available to all physical therapists and physical therapist assistants in the state of NJ, NY & CT on a non-discriminatory basis.**

HOW MUCH DOES THE WORKSHOP COST?

Early registration pricing 21 days prior to course!

Early Bird Registration	Regular Registration
\$269.00 per person Groups of 3 or more 259.00	\$279.00 per person

NEED MORE INFORMATION?  
Contact Theramoves:  
917.224.5114  
info@theramoves.com  
Follow us on Instagram  
@TheraMoves

Please visit our website to download a registration form: [www.theramoves.com](http://www.theramoves.com)

## ADDITIONAL INFORMATION

### INSTRUCTIONAL METHODS USED

Lecture, labs with participant practice, and video demonstrations are combined during the day to provide maximum retention of concepts and activities taught.

### APPROVAL

The March course is approved by the NJ Board of Physical Therapy Examiners for 6 CE Credits - Course Approval Number: 1708.61; The April course is approved by the NJ Board of Physical Therapy Examiners for 6 CE credits - course Approval Number 1712-133; Theramoves is recognized by the NYSED's State Board of Physical Therapist as an approved provider of PT & PTA continuing education; Theramoves is Approved for Sponsor by NYS Board for OTs & OTAs.

### WILL SNACKS OR LUNCH BE INCLUDED?

Refreshments are included. Lunch is on your own.

### WHAT MATERIALS DO I RECEIVE?

- Workshop Booklet
- Set of Ten Different Minute Moves Activity Posters
- Focus Finder Desk Strip
- Butterfly 8/Rapid Naming Card
- Quadrant Word Taps Individual Kit
- Focus Moves Instructional Booklet
- Set of Ten Different Beginning Level Focus Moves Posters
- Set of Ten Different Intermediate Level Focus Moves Posters
- Twister Puzzle Download (set of 20 different cards)
- Plus additional free downloadable content from our private website page for workshop attendees

### WHO WILL FACILITATE THE WORKSHOP?

The workshops will be facilitated by:

**Dr. Jessica Gilson PT, DPT**

**Certified S'cool Moves Trainer**

*"I cannot thank you enough for the incredible learning experience you provided us with your S'cool Moves conference. What a gift that was to us, to all of us! The teachers I have spoken to RAVED about what they learned."*

*~Bev Landers, Principal Chico, CA*

*Total retail value of materials received is up to \$325.00!*

### WORKSHOP AGENDA HIGHLIGHTS:

- 8:00 - 8:30 Registration
- 8:30 - 10:00 Introduction to S'cool Moves, Theory, Research, Dynamic Five Systems Approach
- 10:00 - 10:10 Break
- 10:10 - 12:00 Focus Moves 1 and 11, Lab
- 12:00 - 1:00 Lunch
- 1:00 - 2:30 Minute Moves, Lab Small Group
- 2:30 - 2:40 Break
- 2:40 - 4:00 Power Up! Moves, Collaboration and Implementation Model, Q & A



**Dr. Jessica Gilson, PT, DPT** is a physical therapist who received her Doctorate in Physical Therapy from Touro College and her Bachelors of Science from Yeshiva University Stern College for Women. Jessica primarily works with children and young adults ranging in age from birth to 21 years old in a variety of settings. These include a private therapy center, both the general and special education school systems, and in the home within the early intervention model. She has worked and collaborated with teachers, paraprofessionals, social workers, occupational therapists, speech therapists, and physical education teachers. She is a S'cool Moves Certified Trainer. S'cool Moves is a program founded by Dr. Debra Em Wilson.



## WORKSHOP LEARNING OUTCOMES

By the end of the workshop, participants will:

- ★ demonstrate how to provide support for children with developmental issues
- ★ learn how to use activities in a variety of settings: clinic, school, and home
- ★ collaborate more effectively with peers using evidence based practice
- ★ differentiate learning for whole group, small group, and one-on-one instruction
- ★ learn techniques to improve student's overall coordination, motor planning skills, body awareness, and visual tracking skills
- ★ learn how to institute daily movement based learning into classrooms and how to effectively motivate teachers and classroom staff to get S'cool Moves up and running in minutes a day
- ★ integrate occupational and physical therapy theory and techniques where appropriate into S'cool Moves routines
- ★ describe techniques focusing on best practice in collaboration to promote an "All Hands-On-Deck" approach that provides carry-over from pull-out to push-in service delivery
- ★ list six overarching principles that guide the implementation of S'cool Moves activities in general education and special education environments
- ★ implement multisensory approaches that support students with co-morbid ADHD, sensory processing disorder, dyslexia, developmental delays, or autism spectrum.

### Cancellation Policy:

A full refund less \$70.00 dollars administrative fee will be given for cancellations received up to 15 days prior to the course. After that no refunds given for cancellations. This policy will be waived if a replacement participant is found.