



# Attachment!

Presented by Miriam Manela, OTR/L  
Developer of the Thrive Method

*Behavioral and Psycho-Social Challenges in the Classroom and at Home: Strategies and Solutions for Therapists, Educators & Program Administrative Personnel*

Tuesday, March 6, 2018

8:30 AM - 4:00 PM

Young Israel Avenue J

1721 Avenue J, Brooklyn, NY (Q train)

EDUCATIONAL CREDITS: 6 contact hours (6 NBCOT PDUs/.6 CEU)

Certificates will be awarded

## DESCRIPTION of PROGRAM

This is a one day, 2-module workshop that is specifically designed to help therapists and educators. Participants will gain key tenets where if implemented correctly will enrich their educational career experience. **MODULE 1** - Provides proven enhancements towards the development of a constructive relationship with each client in their care. **MODULE 2** - Provides proven strategies and interventions that therapists and educators will be able to use in order to maintain consistent rules and regulation within the classroom to predict and manage problematic behavior and attitudes that are faced daily

**TARGET AUDIENCE:** OTs, OTAs, educators and special educators, speech therapists, social workers, mental health counselors, case managers & parents

**METHOD OF INSTRUCTION:** Lecture, power point, & role playing with participant practice and demonstrations

**LEVEL OF INSTRUCTION:** Beginner and intermediate

The common behavioral disruptions that will be addressed include:

- Anxiety, rigidity, and controlling behavior
- Lack of motivation or being withdrawn
- Bullying, taunting, shaming, and intimidation
- Class-clown and attention-seeking
- Physical aggression (shoving, kicking, hitting, and spitting)
- Distractibility, difficulty paying attention and focusing
- Lack of respect for others' and own property
- Tantrums
- Risk-taking behaviors
- And other behaviors that prevent educators from effectively educating the children in their care.

## COST:

Early Registration by February 15, 2018 \$220

Regular Registration \$239

Groups of 3 or More by February 15, \$199

## CONTACT US:

To register by mail, please download a registration form from our website [www.theramoves.com](http://www.theramoves.com)

917-224-5114 ~ [info@theramoves.com](mailto:info@theramoves.com)

TheraMoves is Approved for Sponsor by NYS Board for Occupational Therapists and OTAs

TheraMoves is recognized by the NYSED's state board for physical therapy as an approved provider of PT & PTA's continuing education

TheraMoves Services, LLC is recognized by the NY State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0499

TheraMoves Services, LLC is now an approved provider for Continuing Teacher & Leader Education (CTLE) Credits

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### LEARNING OBJECTIVES: Upon completion, participants will be able to:

1. Relate specific behavioral and social-emotional challenges to anxious attachment and avoidant attachment strategies
2. Understand how to use the teacher-student and therapist-client relationship to effect changes in behavior
3. Develop a repertoire of techniques and strategies to help yourself and your students develop adaptive responses in the school setting and beyond. Self-regulation tools and techniques to help students, teachers, and therapists obtain an optimal calm state
4. Develop a repertoire of strategies to eliminate negative behaviors with students in the classroom and therapeutic settings
5. Guidelines to abide by in the classroom to reduce disruptive behaviors

### AGENDA

- 8:30-9:00 Understanding Attachment  
9:00-11:00 Techniques for student development  
11:00-11:30 A picture of the process and Self-Regulation  
11:45-12:45 Lunch (on your own)  
12:45-2:30 Guidelines to pre-empt a strong willed response from a student that is strong willed  
2:45-4:00 Principles to keep consistent  
There will be a 15-minute break mid-morning and mid-afternoon

*"Therapists and teachers need effective methods to transform challenging behaviors into positive attitudes and abilities so they can spend more time helping their students' progress academically and less time dealing with disruptive behaviors"*

More detailed information is available online at [www.TheraMoves.com](http://www.TheraMoves.com)  
For more information on the Thrive Method, please visit <https://otthrive.com/>

**ABOUT THE PRESENTER:** Miriam Manela, OTR, author of "The Parent-Child Dance" and founder of Thrive Occupational Therapy, her private occupational therapy practice. In addition to her private practice, Miriam is known for her workshops and lectures for educators and teachers as well as health-care professionals (MDs, OTRs, psychologists, mental health counselors, social workers, substance abuse professionals, and others). She is the legislative co-chair of the New Jersey Occupational Therapy Association and the former representative for the representative assembly of the American Occupational Therapy Association. In 2013, she won the CBS Radio women's achievement award. Miriam has been awarded Top Doctor's in New Jersey award three consecutive years.

For assistance, email us at [info@TheraMoves.com](mailto:info@TheraMoves.com) or call 917-224-5114

**REFUND and CANCELLATION POLICY:** A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to 15 days prior to the course. After that no refunds will be given for cancellations; providing a replacement will allow for a refund. We reserve the right to cancel this course due to insufficient registration or extenuating circumstances. We are not responsible for any expenses incurred by participants if the course must be cancelled. Please contact us with any special needs request