



Executive Functioning Training

By: World Renowned

Sarah R. Ward, M.S., CCC/SRP

Co-Director of Cognitive Connections at The Center for Executive Function Skill Development

Learn it Today, Use it Tomorrow!

Practical, Cutting Edge Interventions for Improving Executive Function Skills in Students

COURSE DESCRIPTION

This is a practical strategies seminar!

- I. Learn how to clearly define what the executive function skills are for the purpose of determining the most effective treatment interventions.
- II. Understand the development of the executive function skills and what is meant by the term "executive dysfunction".
- III. You will learn dozens of functional, ready-to-use strategies for teaching students how to develop the executive function skills.
- IV. Teach students to develop a "memory for the future", to devise plans to achieve their goal, to use self-talk, to self-initiate, to transition to the next task of higher priority and to control their impulses and emotions to successfully complete a task.
- V. Improve a student's awareness skills so that he/she can "read a room" then "stop, think and create" an appropriate action plan and infer possible outcomes.
- VI. Teach students to see and sense the passage of time, accurately estimate how long tasks will take, change or maintain their pace, and carry out routines and tasks within allotted time frames.
- VII. Learn methods to improve a student's ability to cognitively shift and to be flexible in processing and accessing information.
- VIII. Learn how to use the Get Ready * Do * Done Model to turn the core curriculum and lesson/treatment plans into powerful tools to teach students executive control skills.
- IX. Fresh approaches to help students develop automaticity for class routines and transitions.

Please note that the credit hours listed are offered by TheraMoves for a full day's attendance

This program is offered for 0.6 CEUs (Intermediate Level, Professional Area)

**Wednesday
May 9, 2018**

LOCATION:

1580 Coney Island Ave
(between ave L & ave M)
Brooklyn, New York

8:30 AM - 4:00 PM

EDUCATIONAL CREDITS

6 contact hours

6 NBCOT/PDUs .6 CEUs

If you wish to earn ASHA CEUs, you must fully complete the CEU form and submit them at the completion of the workshop

Certificates will be awarded

CONTACT US

To register please visit:

www.TheraMoves.com

info@TheraMoves.com

917-224-5114

APPROVED PROVIDER



Saint John's University is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in

speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

COST

May 9, 2018 \$269

Early Feb 28, 2018 \$239

Groups of 3 or more by

March 20, 2018 \$229

CANCELLATION/REFUND POLICY- We reserve the right to cancel any course due to extenuating circumstances. A full refund less \$75 administrative will be given for cancellations received up to 15 days prior. Providing a replacement will allow for a refund.

TheraMoves Services, LLC is Approved for Sponsor by NYS Board for OT's & OTA's

CTLE Credits for Teachers will be Awarded

TheraMoves Services, LLC is recognized by the NY State Education Department's State Board for Social Workers as an approved provider of continuing education for licensed social workers #SW-0499.



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LEARNING OUTCOMES

After completing this program, you will be able to:

1. State the functional working definition of what is meant by the term "executive function skills" as it pertains to therapeutic interventions
2. Define how situational awareness, self talk, forethought and episodic memory are the foundational skills for successful task execution
3. Develop an intervention program to foster a student's ability to form more independent executive function skills by describing therapeutic activities to improve:
 - Situational awareness, self talk, and forethought
 - Self regulation and following routines
 - Task planning, task initiation, and transition within and between tasks
 - Active self-management of the factors related to the passage of time
 - Internal self-talk for initiating tasks
 - Organized thinking and speed of processing
 - Student management of materials

AGENDA

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|-------------|--|
| 8:30-9:30 | Executive Function (EF) Skills Defined, Executive Dysfunction and the Development of Executive Function Skills |
| 9:30-10:45 | Treatment interventions to improve Forethought and Self Talk |
| 10:45-11:00 | Break |
| 11:00-12:15 | Task Initiation, Self regulation, making timely transitions and following routines |
| 12:15-1:15 | Lunch (on your own, refreshments will be served) |
| 1:15-2:15 | Treatment strategies to increase time management of daily and hourly time and long term projects. |
| 2:15-2:50 | Teaching and Planning Skills; the Get Ready * DO * Done model for classroom, homework, and therapeutic interventions |
| 2:50-3:00 | Break |
| 3:00-3:50 | The Get Ready * DO * Done model (continued) |
| 3:50-4:00 | Question and Answers/Wrap Up |

DISCLOSURES

Financial: Ms. Ward will receive a speaker's honorarium from TheraMoves Services for the presentation.

Nonfinancial: Ms. Ward's company, Cognitive Connections, produces and sells the following products that will be referenced in the workshop: Tracknets, an academic daily planner, a long term project planner, a clock with a magnetic frame, a large daily schedule that helps students sense the passage of time, products associated with the Get Ready * Do * Done Program. Many of these materials can also be purchased from other online merchants and in community stores, such as Staples or Target. While Ms. Ward holds intellectual property rights to the Get Ready * Do * Done Program, she does not receive any financial royalty from the sale of products. Ms. Ward has no other non-financial relationships to disclose.

ABOUT THE PRESENTER:

Sarah Ward, M.S., CCC/SLP has over 23 years of experience in diagnostic evaluations, treatment and case management of children, adolescents and adults with language learning disabilities, nonverbal learning disabilities, attention deficit disorder, executive dysfunction, Asperger's disorders and social pragmatics. Her particular specialty is in the assessment and treatment of executive function deficits. Ms. Ward holds a faculty appointment at the Massachusetts General Hospital Institute of Health Professions where she provides instruction to graduate level students in the assessment and treatment of individuals with traumatic brain injury and other cognitive communication disorders. A popular speaker, Sarah regularly presents nationally and internationally on the topic of executive functions to a variety of professional and parent organizations, school and lay groups. She has presented to and consulted with over 585 public and private schools in Massachusetts and across the United States. Awards received include Bette Ann Harris Distinguished Professional (2017), Innovative Promising Practices Award by CHADD, The National Resource on ADHD (November 2015), the MGH Expertise in Clinical Practice Award, the Distinguished Alumni Award, the Faculty in Excellence Award from the Massachusetts General Hospital Institute of Health Professions (2002, 2011) and ACE awards (2013, 2016) from American Speech and Language Hearing Association.

TARGET AUDIENCE/NEEDS ASSESSMENT:

SLP's, OT's & OTA's, special educators, classroom teachers, psychologists, social workers, counselors and other professionals who work with children and adolescents in schools, private practice and rehabilitation programs.

INSTRUCTIONAL LEVEL: Intermediate

INSTRUCTIONAL METHODS: Lecture, and Powerpoint

Please contact us with any special needs requests.