

THERAMOVES IS PROUD TO PRESENT THE PHYSIOLOGICAL BASIS OF LEARNING

HOW AND WHY MOVEMENT INTEGRATES US
AND RELEASES STRESS FOR OPTIMAL
CLASSROOM PERFORMANCE

PRESENTED BY

DR. CARLA HANNAFORD, PHD
INTERNATIONAL SPEAKER, NOTED AUTHOR

WHEN

TUESDAY AND WEDNESDAY
NOVEMBER 13 & 14 2018

8:30 AM - 4:00 PM

WHERE

410 Hungry Harbor Road, - **NORTH WOODMERE**
VALLEY STREAM, NY (10 MIN FROM CENTRAL AVE in 5-Towns)

FEATURING • Hemispheric dominance • Brain and language development • Memory and language development • Hands-on intervention to assist vestibular development and integration of early reflexes • Importance of play to enhance all learning • Integration of brain/body function for optimal learning • Dominance factor • Heart/brain interface • Coherence vs. Incoherence • Understanding learning through quantum physics • Neurons and growth patterns • Sound/Movement and vestibular development

Your facilitator is Dr. Carla Hannaford, noted author of the best-selling books: **SMART MOVES: Why Learning is not All in Your Head**, **THE DOMINANCE FACTOR: How Knowing Your Dominant Ear, Eye, Brain, Hand & Foot Can Improve Your Learning**, and **PLAYING IN THE UNIFIED FIELD, Raising and Becoming Conscious, Creative Human Beings**.

"Her experiential teaching style is both highly effective and delightful"

TARGET AUDIENCE:

OT'S, OTA'S, PT'S, PTA'S, SPECIAL EDUCATORS, MENTAL HEALTH COUNSELORS

LEVEL OF INSTRUCTION

ALL LEVELS

INSTRUCTIONAL METHODS

EXPERIENTIAL (HANDS-ON), LECTURE/POWERPOINT SLIDES, INTERACTIVE COMMUNICATION

COST

EARLY REGISTRATION \$410
POSTMARKED OCTOBER 13, 2018

GROUP OF 3 OR MORE \$399
POSTMARKED OCTOBER 13, 2018

REGULAR REGISTRATION \$435

CEU'S

12 CONTACT HOURS

12 NBCOT PDUs/1.2 CEUs

Credits listed are offered by TheraMoves for a full day's attendance

CERTIFICATES WILL BE AWARDED

TheraMoves Occupational Therapy Services, PLLC. is approved for sponsor by NYS board for OTs and OTAs

TheraMoves Services is recognized by the NY SED's state board for PT as an approved provider for PTs and PTAs continuing education

Approved by NYSED for Continuing Teacher and Leader Education (CTLE hours)

Refreshments will be served, Lunch is on your own

Please contact us with any special needs requests

CONTACT INFO

917-224-5114

INFO@THERAMOVES.COM

WWW.THERAMOVES.COM

INSTAGRAM@TheraMoves

COURSE DESCRIPTION:

This unique, highly experiential course will actively increase each participant's own learning and creative potential for every aspect of her or his life. It will also provide essential information for anyone who wishes to effectively assist themselves, their children and students of all ages. This class provides the science behind the learning process and offers reasons and practical, drug-free solutions for hyperactivity, dyslexia, autism and other learning and behavioral difficulties.

AGENDA

DAY ONE

8:00-8:30 Registration

8:30-11:30 Introduction & the Scientific Verification – The Importance of Movement

11:45-12:30 What Inhibits Learning: Physical effects of Stress and intervention strategies

12:30-1:30 Lunch (on your own)

1:30-2:45 cont. What Inhibits Learning: Mental and emotional effects of stress and intervention strategies

3:00-4:00 The Dominance Factor: survival, brain function, foot and hand dominance

DAY TWO

8:30-11:30 cont. The Dominance Factor: Ear dominance effect on memory and language development. Sound/movement, vestibular development, dyslexia. Eye dominance and optimal reading physiology. Therapeutic solutions.

11:45-12:30 The Heart/Brain Interface

12:30-1:30 Lunch (on your own)

1:30-2:30 cont. The Heart/Brain Interface; pattern finding for optimal learning

2:30-3:15 The Nervous System and Water

3:15-4:00 The Science Behind Play, optimal vestibular development, power of connection

2 fifteen-minute breaks will be taken mid-morning and mid-afternoon as needed

LEARNING OBJECTIVES: AT THE END OF THIS SEMINAR THE PARTICIPANT WILL BE ABLE TO...

1. Understand the current research concerning the importance of movement for brain development and be able to intelligently explain their understanding to others.
2. Articulate what stress does to the physiology and list ways to immediately stop the stress reaction to ensure learning, memory and creativity can easily occur.
3. Explain how various movements function physiologically to assist integrated brain/body function for optimal learning.
4. Gain an understanding of how to find dominance patterns in their clients and therefore be able to honor each person's learning style.
5. Learn hands-on ways to assist vestibular development and integration of the early reflexes.
6. Analyze the role the heart plays in brain function and ultimately learning and be able to articulate this to others.
7. Understand the importance of water for brain/body function and how best to have their clients assimilate it.
8. Examine the importance of play (which includes movement, touch, interpersonal learning, and frontal lobe/heart centered interactions) to enhance all learning.

PRESENTERS BIO:

Carla Hannaford, Ph.D. biologist, educator and author with more than thirty years experience including professor of biology, counselor for elementary and intermediate Special Ed school children, and award-winning consultant to 50 countries, having been cited in over 1,000 books and journals and presented at least that many workshops on the importance of movement, music, and heart coherence. She has been a Brain Gym practitioner since 1985. Carla lives with her musician husband in Montana.
www.carlahannaford.com

She is the author of four books: SMART MOVES, THE DOMINANCE FACTOR, AWAKENING THE CHILD HEART, and PLAYING IN THE UNIFIED FIELD, and the co-author of the DVD's: Education In Motion, and Emotions: Gateway to Learning (with Candace Pert).

DISCLOSURE:

Financial: Carla Hannaford, PhD, will receive a speaker's honorarium from TheraMoves Services for the presentation. **Non-Financial:** She has no non-financial relationships to disclose.

CANCELLATION POLICY: We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable travel arrangements until you contacted us &/or received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

REFUND POLICY: A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to 10 days prior to the course. After that no refunds will be given for cancellations. This policy will be waived if a replacement participant is found.

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