

TheraMoves is proud to present Pediatric NDT Handling Intensive Techniques :

Enhancing the lives of children
with CNS dysfunction

Presented by

Gail Ritchie, OTR/L, C/NDT

Nationally and internationally renowned clinical
educator assisted by:

Brenda J. Lindsay PT, C/NDT

When

Tuesday and Wednesday

January 15 & 16, 2019

8:30-5:00 Tuesday & 8:00-4:00 Wednesday

Where

TBD, New York

Featuring • treatment of CNS dysfunction • hands
on lab intensive • NDT treatment approaches • handling
skills • multi system impairments • patient demonstra-
tion • postural analysis and control • elongation facilita-
tion's • facilitation of transitions • postural analysis •
compression and traction

Contact Info 917-224-5114

INFO@THERAMOVES.COM WWW.THERAMOVES.COM

Target Audience:

OT's, OTA's, PT's, PTA's, Early
Intervention Specialists,
Developmental Therapists &
Anyone servicing children with
neuromotor involvement

Level of Instruction

Intermediate Level

Instructional Methods

Lecture, Powerpoint, Labs

Limited Space,

Register Early

Cost

Early Registration \$ 450
Postmarked December 20, 2018

Group of 3 or more \$410
Postmarked December 20, 2018

Regular Registration \$475

CEU's

13.5 Contact Hours

13.5 NBCOT PDUs, 1.35 CEUs

Credits listed are offered by TheraMoves
for a full day's attendance

Certificates will be awarded

TheraMoves Occupational Therapy
Services, PLLC. is approved for sponsor
by NYS board for OTs and OTAs

TheraMoves Services, LLC is recognized
by the NYSED's State Board for physical
therapy as an approved provider of PT &
PTAs continuing education

Refreshments will be served

Please contact us with any special
needs requests

Disclosure Financial: Gail

Ritchie will receive a speaker's honorari-
um from TheraMoves Services for the
presentation. Non-Financial: She has no
non-financial relationships to disclose.

COURSE DESCRIPTION:

As clinicians treating individuals with central nervous system dysfunction, such as cerebral palsy, congenital hypotonia and other multi-system impairments, we can make advances in our clinical decision making skills by establishing hypotheses regarding the critical impairments that we observe in our assessments and be more precise in our treatment sessions. This 2-day, hands-on lab intensive seminar is designed to further enhance the ability to treat children with CNS dysfunction. We will briefly review the current Neuro-Developmental Treatment Approach principles and rationales that support our treatment planning and the strategies used within a treatment session. Development of your handling skills will be emphasized as a way to influence multi-system and single system impairments related to the clients' functional outcomes. Development of specific handling skills related to in-effective posture and movement behaviors observed in the neurologically challenged child will be the primary focus of this seminar

Discussion of therapeutic intervention and the clinical decision-making process will be discussed. A combination of didactic, video examples, laboratory learning experiences and patient demonstration will ensure the integration of NDT as a foundation for intervention.

AGENDA

Day One:

- 8:00-8:30 Registration
- 8:30-10:30 Introduction: Essence of NDT
- 10:45-12:00 Postural Analysis & Control (Lab)
- 12:00-1:00 Lunch (on your own)
- 1:00-2:30 NDT Handling Concepts (Lab)
- 2:45-5:00 Levels of touch: compression/ traction

Day Two

- 8:00-10:30 Elongation Facilitation (Lab)
- 10:45-12:00 Facilitation of Transitions (Lab)
- 12:00-1:00 Lunch (on your own)
- 1:00-2:30 Patient demo and discussion
- 2:45-4:00 Facilitation of Transitions (Lab)

Two—15 minute breaks will be taken one mid-morning and mid-afternoon

LEARNING OBJECTIVES: AT THE END OF THIS SEMINAR THE PARTICIPANT WILL BE ABLE TO...

1. Demonstrate the ability to use graded sensory input to influence posture and movement for a given individual with a neurological impairment.
2. Prioritize 3 essential elements of intervention after identifying the relationship between functional limitations, multi-system impairments, and single system impairments.
3. Justify a treatment strategy using at least 3 interventions discussed in this course for a given neurological impairment.
4. Demonstrate the ability to use sustained and intermittent touch of varying pressures with movement, joint compression, and traction.
5. Identify at least 3 treatment strategies/techniques that effectively address alignment, base of support, muscle activation and functional outcomes in the client with a neurological impairment.

CONTACT INFO 917-224-5114 www.theramoves.com

PRESENTERS BIO:

Gail Ritchie is an independent, pediatric therapy provider and Occupational Therapist offering a range of therapies based on the culmination of skills and expertise attained over the last 35 years. Therapies include a variety of techniques and strategies specific to the individual needs of the child and family, while providing both emotional support and challenge.

A nationally and internationally renowned clinical educator and a certified NDTA instructor since 1996, Gail participated in the development of the book entitled Neuro-Development Approach: Theoretical Foundations and Principles of Clinical Practice and the study guide for Neuro-Developmental Treatment Approach: Theoretical Foundations and Principles of Clinical Practice. She is currently on the Theory and Curriculum Committees for the NDTA.

Gail, licensed in Wisconsin, Texas, and Illinois, currently resides in McAllen, Texas. She also offers private consultations and individualized therapy intensives.

Brenda J. Lindsay PT, C/NDT

Brenda J. Lindsay PT, C/NDT graduated from the first Physical Therapy class from Texas State University (formerly known as Southwest Texas State University) with a BS in Physical Therapy. Her NDT career began initially with the Pediatric 8-week basic course in 1993 and she became a PT pediatric instructor with the NDTA in 2010. Brenda gained much of her teaching experience in assisting in short courses with Boehme workshops and then in assisting in NDTA Certificate Courses. Brenda is on the NDTA committee that has developed the handling intensive course for assistants. She has over 20 years practicing across the life span with patients in central and south Texas. Brenda has extensive background in body work utilizing techniques that increase postural gains targeted with facilitation of functional movement. She currently works with children with all diagnoses and has critical experience in working with children with ataxia and autism.

Brenda is also associated with Easter Seals (Birth to Three Program) Rio Grande Valley and resides in McAllen, Texas. She also offers private consultations and individualized therapy intensives.

REFUND POLICY: A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to 7 days prior to the course. After that no refunds will be given for cancellations. This policy will be waived if a replacement participant is found

CANCELLATION POLICY: We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable travel arrangements until you contacted us &/or received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.