

# TheraMoves is proud to present Integrating Primitive Movement Patterns

Achieve control over reflexive body and  
mind stress responses

## Presented by

**Miriam Manela, OTR**  
International Speaker, Noted Author

## When

Tuesday & Wednesday  
May 7 & 8, 2019  
8:30 AM - 4:00 PM

## Where

410 Hungry Harbor Road, Valley Stream  
**North Woodmere, Long Island, NY**  
(5-Towns)

**Featuring** • Neurobiology of reflexes • How to regulate  
the fight-flight-freeze– submit reflexes • Fear Paralysis reflex  
(FPR) • Moro reflex • Spinal Pereze • Hand Babkin  
Palmomental reflex • Testing and integration of reflexes • Poor  
adaptability • SPD • Anxieties • Outbursts of anger • Adaptive  
responses • Tactile Integration

*“Upon completing the workshop, participants will take  
with them effective, practical techniques to incorporate  
into therapy sessions and home program”*

**Contact Info** 917-224-5114  
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## Target Audience:

OT's, OTA's, PT's, PTA's, special  
educators, any professional working  
with children or adults who have diffi-  
culties with behavioral and/or emo-  
tional regulation

## Level of Instruction

Beginner to Intermediate

## Instructional Methods

Lecture with PowerPoint, lab  
practicum

## Cost

Early Registration \$410  
**POSTMARKED 21 DAYS PRIOR TO  
COURSE**

Group of 3 or more \$399  
**POSTMARKED 21 DAYS PRIOR TO  
COURSE**

Regular Registration \$435

## CEU'S

12 Contact Hours  
12 NBCOT PDUs, 1.2 CEUs  
12 CTLE Hours

Credits listed are offered by  
TheraMoves for a full day's  
attendance

## Certificates will be awarded

TheraMoves Occupational Therapy  
Services, PLLC. is approved for sponsor  
by NYS board for OTs and OTAs

TheraMoves Services is recognized by  
the NY SED's state board for PT as an  
approved provider for PTs and PTAs  
continuing education

Approved by NYSED for Continuing Teacher  
and Leader Education (CTLE hours)

Refreshments will be served,  
Lunch is on your own

Please contact us with any  
special needs requests



**COURSE DESCRIPTION:** This series offers proven strategies and tools that can be implemented immediately to expand your treatment program for each child by decreasing stress responses. You can expect to broaden your understanding of the role of Fear Paralysis (FPR), Moro reflexes, and associated reflexes to develop a sense of safety so that the child can learn to be grounded, confident, and secure. The course begins with a short discourse about the neurobiology of reflexes. It then describes the presentations as well as emotional or behavioral disruptions associated with each reflex. Testing of the FPR, Moro Reflex, and associated reflexes will be taught and practiced. Attendants will learn an insightful understanding of the FPR, Moro Reflex, and associated reflexes which will result in a bottom-up approach to treating social-emotional challenges. This will be used to effect changes in clients' behavior, the dream of every parent and therapist. A plethora of hands-on techniques will be thoroughly taught and practiced together in order to develop adaptive responses across multiple settings, including the home, school, and in therapy. These techniques help to stabilize emotional overwhelm that is connected to postural instability, unintegrated reflexes, and emotional unrest. The significance of the FPR, Moro, and associated reflexes in affecting emotional and behavioral development and how to regulate the fight-flight-freeze-submit reflexes, will be explored in depth.

**AGENDA** (Two -15 min break will be taken mid-morning and midafternoon)

**Day 1:**

- 8:30 – 9:30 The Neurobiology of reflexes primitive movement patterns
- 9:30-10:30 Fear Paralysis Reflex – symptoms and testing
- 10:30-11:15 Inner core and it's impact on integration
- 11:15-12:15 Moro Primitive Movement Pattern – symptoms, testing
- 12:15-1:15 Lunch (on your own)
- 1:15-2:45 Babkin Palmomenta Primitive Movement Pattern, Spinal Pereze PMP, symptoms, testing
- 2:45-4:00 Alignment, Posture and Core Strength, Intention setting and the cortex

**Day 2:**

- 8:30-11:30 Integration techniques for the FPR
- 11:30-12:30 Lunch (on your own)
- 12:30-2:00 Moro PMP Integration techniques
- 2:00-4:00 Babkin Palmomenta PMP, Spinal Pereze integration techniques

**LEARNING OBJECTIVES: AT THE END OF THIS SEMINAR THE PARTICIPANT WILL BE ABLE TO...**

- 1) Develop an understanding of the neurobiology of reflex integration and how it effects activities of daily living.
- 2) Learn Reflex integration testing for the Fear Paralysis Reflex, Moro Reflex, Spinal Pereze reflex, and Hand Babkin Palmomenta Reflex
- 3) Demonstrate a cadre of reflex integration techniques with a partner

**CONTACT INFO** INFO@THERAMOVES.COM

**THE COMMON BEHAVIORAL DISRUPTIONS THAT WILL BE ADDRESSED INCLUDE:**

- Sensory processing disorder
- Freeze and withdrawal
- Poor adaptability
- ASD, ODD, OCD
- Over-reactivity
- Insecurity
- Anxieties
- Hyperactivity
- Outbursts of anger

**PRESENTERS BIO:**

Miriam Manela, OTR, author of “The ParentChild Dance” and founder of The Thrive Group. Miriam conducts courses internationally. She is the legislative co-chair of the New Jersey Occupational Therapy Association and the former representative for the representative assembly of the American Occupational Therapy Association. In 2013, she won the CBS Radio women's achievement award. Miriam has been awarded Top Doctor's in New Jersey award four consecutive years. Miriam has received advanced training in Neuro-Developmental Treatment (NDT), Sensory Integration, Attachment Theory and Reflex Integration. Miriam is a certified Reiki practitioner and Therapeutic Listening provider. Miriam graduated Magna Cum Laude. Miriam believes in listening to and working closely with parents and caregivers to help them achieve a healthy, responsive, and mutually satisfying parent-child relationship.

**DISCLOSURE:**

Financial: Miriam Manela, will receive a speaker's honorarium from TheraMoves Services for the presentation. Non-Financial: She has no non-financial relationships to disclose.

**REFUND POLICY:** A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to 7 days prior to the course. After that no refunds will be given for cancellations. This policy will be waived if a replacement participant is found

**CANCELLATION POLICY:** We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable travel arrangements until you contacted us &/or received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.