

**THERAMOVES IS PROUD TO PRESENT**

# **PLAY THE NDT WAY**

## **NEURO DEVELOPMENTAL TREATMENT**

### **PRESENTED BY**

**NANCY MARIN**, OTR/L, C-NDT, IYT

NATIONWIDE SPEAKER, IN PRIVATE PRACTICE

### **WHEN**

SUNDAY & MONDAY

MAY 19 & 20, 2019

8:30 AM—4:30 PM

### **WHERE**

TBD

NEW YORK

**FEATURING** • Basic principles of Neuro-development treatment and how it impacts functional outcomes • “Play skills” and the relation to development • Integrative Yoga Therapy and it’s relation to NDT and functional outcomes • Postural facilitation to improve voice and phonation • Utilization of postures/yoga poses to improve environmental awareness , motor planning and language • Postural control through the use of therapeutic play and other modalities • Sensory systems and how they impact “play skills” in children with neuro-motor disorders • Handling techniques

### **TO REGISTER FOR THIS COURSE:**

**PLEASE EMAIL**      **INFO@THERAMOVES.COM**  
or call 917 224-5114      **WWW.THERAMOVES.COM**

### **TARGET AUDIENCE:**

OT’S, OTA’S, PT’S, PTA’S, SLP’S,  
EARLY INTERVENTION SPECIALISTS,  
DEVELOPMENTAL THERAPISTS &  
ANYONE SERVICING CHILDREN WITH  
NEUROMOTOR INVOLVEMENT

### **LEVEL OF INSTRUCTION**

BEGINNER, INTERMEDIATE LEVEL

### **INSTRUCTIONAL METHODS**

LECTURE, POWERPOINT, LABS

### **LIMITED SPACE**

*NOTE: Participant should wear comfortable clothing for labs.*

*Participants should bring a soft doll at least 12 inches with soft moveable limbs (to practice handling) and one toy.*

### **COST**

**EARLY REGISTRATION \$ 435**  
*POSTMARKED 21 PRIOR TO COURSE*

**GROUP OF 3 OR MORE \$405**  
*POSTMARKED 21 PRIOR TO COURSE*

**REGULAR REGISTRATION \$455**

### **CEU’S**

#### **13 CONTACT HOURS**

13 NBCOT PDUs, 1.3 CEUs

Credits listed are offered by TheraMoves for a full day’s attendance

#### **CERTIFICATES WILL BE AWARDED**

TheraMoves Occupational Therapy Services, PLLC. is approved for sponsor by NYS board for OTs and OTAs

TheraMoves Services, LLC is recognized by the NYSED’s State Board for physical therapy as an approved provider of PT & PTAs continuing education

Refreshments will be served

Please contact us with any special needs requests

## COURSE DESCRIPTION:

Have fun at the course, have fun with your clients! Join us in therapeutic play - the NDT way! This interactive basic level course for OT/COTA's, PT/PTA's and SLP's will emphasize treatment strategies to promote "natural ways to play" in the child with neurological involvement. Therapists will learn introductory handling techniques to optimize postural control and visual/perceptual skills. Participants will learn how neuromotor control and influences of the sensory systems impact functional outcomes. Participants will learn basic components of Integrative Yoga Therapy (IYT) and how these strategies relate to NDT. Therapists will be challenged to facilitate creative play with the children they work with and gain knowledge in the value and foundation of "play". This course will take you through lecture, handling and movement labs, interactive discussions and problem -solving to spark individual creativity and basic understanding of NDT and IYT.

## AGENDA

### Day One:

- 08:00 - 08:30 Registration (snack/refreshments provided)
- 08:30 - 10:00 Basic principles of NDT / Lab
- 10:15 - 12:00 Basic principles of Integrative Yoga Therapy / Lab
- 12:00 - 01:00 Lunch (on your own)
- 01:00 - 03:00 Sensory systems: Impact on postural control and functional outcomes
- 03:15 - 04:30 Understanding Typical and Atypical development/Lab

### Day Two:

- 07:30 - 08:00 Registration (snack/refreshments provided)
- 08:00 - 10:00 UE function: Impact on transitional movements for exploration
- 10:15 - 12:00 Treatment demonstration/ discussion
- 12:00 - 01:00 Lunch (on your own)
- 01:00 - 02:45 UE function/ Fine-motor coordination / Lab
- 03:00 - 04:00 Components of Play
- 04:00 - 04:30 Q&A

## LEARNING OBJECTIVES: AT THE END OF THIS SEMINAR THE PARTICIPANT WILL BE ABLE TO...

- Identify basic principles of Neuro-developmental Treatment and how it impacts upon functional outcomes
- Identify basic components of "play skills" and the relation to development
- Identify basic components of Integrative Yoga Therapy and it's relation to NDT and functional outcomes.
- Demonstrate postural facilitation to improve voice and phonation
- Facilitate the utilization of postures/yoga poses to improve environmental awareness, motor planning and language
- Optimize postural control through the use of therapeutic play and other modalities
- Explore and understand the sensory systems and how they impact "play skills" in children with neuro-motor disorders

**TO REGISTER FOR THIS CLASS EMAIL: [INFO@THERAMOVES.COM](mailto:INFO@THERAMOVES.COM)  
OR CALL: 917-224-5114**

## PRESENTERS BIO:

Nancy Marin, OTR/L, C-NDT, IYT, a 1983 graduate of Florida International University with a BS in OT, has over 30 years experience in Pediatrics. She is the owner/president of Occuplay, Inc. in Ponte Vedra Beach, Florida where she practices full time in both the private and natural environments settings, from Early Intervention through age 25. She is certified in Advance Baby Treatment through NDTA, Inc., certified Integrative Yoga Therapist, 200 hours, certified provider of The Listening Program- Bone conduction, Tomatis consultant and Reiki Master. Nancy's experience with special needs children includes private pediatric outpatient, preschool and home environments. Nancy has a true passion for working with neurologically involved children as well as those with Sensory Integrative Disorders and continues to seek out new ways to touch the lives of the children and families she works with.

**FINANCIAL DISCLOSURE:** Nancy receives honoraria from TheraMoves Services for the presentation of her live courses and royalties for the sale of her recorded courses. Nancy receives income as the owner of Occuplay, Inc. **NON-FINANCIAL DISCLOSURE:** There are no relevant relationships to disclose.

**REFUND POLICY:** A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to 7 days prior to the course. After that no refunds will be given for cancellations. This policy will be waived if a replacement participant is found

**CANCELLATION POLICY:** We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable travel arrangements until you contacted us &/or received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

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