

RHYTHMIC MOVEMENT TRAINING

RMTi Three – Reading and Writing

Sunday & Monday - March 3 & 4, 2019

Instructor: JENNI HALSTEAD

8:30 a.m. - 4:30 p.m.

Location: 1580 Coney Island Avenue, Brooklyn, New York

(Near Q Train- Ave M stop, between Ave L & M)

What is Rhythmic Movement Training (RMT)?

RMT courses involve assessment of reflexes and using movements and other reflex integration techniques to promote optimal neural development. Many people with challenges such as ADD/ADHD; Sensory Processing Disorders; Autism; Speech and Language Delays; Dyslexia; PTSD; Traumatic Brain Injury (TBI); Cerebral Palsy; Developmental Delays; Depression; Anxiety; etc. have reported positive changes after following an RMT program. RMT can be used as a stand-alone modality or can be easily incorporated into using with other practices and techniques

RMTi Three for Reading and Writing

In this 2-day course, learn how reading and writing ability is affected by retained reflexes that may cause various problems with visual motor, tracking and perceptual skills, fine motor integration, auditory processing and speech and language production.

Topics include:

- Relationship of retained reflexes to reading and writing challenges, how the neural patterns for reading are established and techniques to facilitate proper development of these patterns
- Assessing for retained reflexes including the Asymmetrical Tonic Neck, Head Righting, Hands Pulling, Hand-Mouth Babkin, and Palmar Grasp Reflexes. Techniques for integrating these reflexes
- Increase knowledge of the Moro, Tonic Labyrinthine and Symmetrical Tonic Neck Reflexes and how they relate to reading and writing. Advanced techniques for assessing and integrating these reflexes.
- Learn how visual and auditory foundations are established through infant movement
- Practice adding visual input to foundational RMT movements and utilizing isometric techniques to promote reflex integration
- **Accredited Hours 13 contact hours**
- *Prerequisite: RMTi 1 & 2*

Additional Information

Rhythmic Movements are gentle rocking and reflex integration movements that stimulate neural pathways and promote learning, emotional balance and ease of movement. RMT is an effective way to help with symptoms of ADD/ADHD, learning challenges, autism and behavioral/emotional imbalances without the use of drugs.

For more information see www.rhythmicmovement.org

FOR MORE INFORMATION

P: 917-224-5114 E: INFO@THERAMOVES.COM W: WWW.THERAMOVES.COM

TEACHING METHODS: Includes a mixture of theory as well as practical and experiential applications, presented through a combination of PowerPoints, videos, demonstrations, discussions and practice sessions.

TARGET AUDIENCE: OTs, PTs, LMTs, SLPs, social workers, special educators, neurodevelopmental practitioners & caregivers

COURSE LEVEL: Beginner/Intermediate/Advanced

AGENDA: RMT 3: Day one

8:00-8:30 Registration, Hand out manual, Introductions
 8:30-9:00 Review of Reflexes and Movements through demonstrations and how vision and auditory can be added to the movements
 9:00-9:45 Reading & Sensory Processing, Neural Network of Reading
 9:45-10:45 Corpus Callosum, Specialization of the Hemispheres
 10:45-11:00 Break
 11:00-11:45 Development of Vision and Visual Skills
 11:45-12:30 Moro Reflex
 12:30 –1:30 Lunch (on your own)
 1:30 -2:30 Moro and Visual and Auditory processing challenges Isometrics with children, passive isometrics
 2:30-3:15 ATNR (Asymmetric Tonic Neck Reflex) for reading and writing challenges
 3:15-3:30 Break
 3:30-4:30 TLR, Review from level 1 and extra vision, Q&A

RMT 3: Day Two

8:30-9:45 The Head Righting Reflex (HRR), postural reflexes, Relation between HRR, to TLR and ATNR
 9:45-11:00 STNR (Symmetrical Tonic Neck Reflex, review and adding in vision/auditory. Pelvic instability from integrated STNR
 11:00-11:15 Break
 11:15-11:30 Auditory Processing Challenges
 11:30-12:30 The Hand Mouth Babkin Reflex and links to writing and speech and language challenges.
 12:30-1:30 Lunch
 1:30-2:30 Continued Babkin, development of grasp, writing and fine motor challenges
 2:30-2:45 Break
 2:45-3:45 The Palmar grasp and hands, pulling reflexes, fine motor skills
 3:45-4:30 Movement and Motor development, Q&A

Background and Description: RMT is based on the work and contributions of Swedish self- taught movement therapist Kerstin Linde, Swedish psychiatrist Harald Blomberg and Australian educator and kinesiologist, Moira Dempsey. The courses taught by Rhythmic Movement Training International (RMTi), founded by Moira Dempsey, combine the rhythmic movements with in-depth reflex integration techniques into an effective program that is taught world-wide by a growing network of certified trainers. See www.rhythmicmovement.org

COST OF COURSE

\$429 Early Registration (postmarked 21 days prior to course)

\$460 Regular Registration

\$230 Repeat level 3

Full attendance of this course qualifies for

13 Educational Contact Hours, 13 NBCOT/PDUs 1.3 CEUs

LIMITED ENROLLMENT

CANCELLATION POLICY: We reserve the right to cancel any course due to insufficient registration or extenuating circumstance. Please do not make non-refundable travel arrangements until you have called us & received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

REFUND POLICY: A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to 15 days prior to the course. After that no refunds will be given for cancellations. This policy will be waived if a replacement participant is found.

Please contact our office for any special needs requests.

(917) 224-5114. To register on-line please email

info@theramoves.com with your name, address, contact phone & discipline and an invoice will be sent to you to pay via e-check. A registration form can also be found on our website and mailed into the office www.theramoves.com

Course Objectives: Upon course completion students will be able to:

1. Demonstrate how the 17 Rhythmic Movements can be combined to create more in-depth movements replicating how infant movements become more complex.
2. Identify how movement and sensory processing are linked together for development.
3. Demonstrate how to add vision and auditory information when checking reflexes.
4. Demonstrate how to add vision and sound to the 17 Rhythmic Movements
5. Explain the importance of infant movements for the myelination of the corpus callosum and the ability to develop specialization of the hemispheres
6. Explain the development of fine motor skills
7. Review the Moro, Tonic Labyrinthine and Symmetrical Tonic Neck reflex. Provide additional information about these reflexes
8. Demonstrate the movement patterns and protocols for the Asymmetric Tonic Neck, Head Righting, Hand-Mouth Babkin, Infant Grasp and Hands Pulling Reflexes.

Approved for Sponsor by the NY State Board for OT's and OTA's

TheraMoves is recognized by the NY SED's State Board for PT as an approved provider of PT's & PTA's continuing education.

TheraMoves Services, LLC is now an approved provider for Continuing Teacher & Leader Education (CTLE) Credit hours

ABOUT THE PRESENTER: **Jenni Halstead** has worked in Occupational Therapy as a COTA/L for the past 21 years. She has worked in the pediatric school setting for the past 11 years. She specializes in reflex integration and is a Certified Rhythmic Movement Training International Instructor and Consultant. Jenni has used RMT extensively to assist children with improving and overcoming problems associated with ADHD, ADD, PDD, sensory disturbances, Autism, Dyslexia and other reading deficits, Visual and perceptual disturbances, behavioral and conduct disturbances, bowel and bladder concerns and Downs Syndrome. She has used RMT with adults who struggle with PTSD, sleep disturbances, bladder dysfunctions, anxiety, attention problems and depression. www.brainandbodyconnections.com.

FOR MORE INFORMATION, PLEASE CALL 917 224-5114, EMAIL: INFO@THERAMOVES.COM, PLEASE VISIT WWW.THERAMOVES.COM ~ INSTAGRAM #THERAMOVES