

THERAMOVES IS PROUD TO PRESENT

USING BALANCE, BAGS, AND BALLS AS A THERAPEUTIC TOOL

PRESENTED BY

NIKKI ROSEN, MA OTR/L

WHEN

THURSDAY, MAY 30, 2019

8:30am - 4:00pm

WHERE

Young Israel of Jamaica Estates

8310 188th Street

Hollis, NY 11423 (Queens, New York)

FEATURING

• whole body movements • **self-regulation** • organizational skills • **midline-bilateral coordination** • social skills • **correcting ball skills to motor development** • balance movements for timing • **balance, auditory, visual exercises** • Brain Gym® and Infinity® Concepts • **Yoga and reflex integration programs** • object manipulation for brain-body integration • **principles of movement organization** • dominance factor • **testing and working with vision**

“Leave this course with a **bundle of activity ideas and actual items** to use the next day at school, home or in treatment sessions with individuals or groups, from pre-schoolers to senior citizens”.

TO REGISTER FOR THIS CONFERENCE

Please email: INFO@THERAMOVES.COM

WWW.THERAMOVES.COM 917-224-5114

TARGET AUDIENCE:

OT's, OTA's, PT's, PTA's, SLP's
special and regular educators, social workers, elderly caretakers

LEVEL OF INSTRUCTION

Basic fundamental, Intermediate

INSTRUCTIONAL METHODS

Lecture, PowerPoint, practicum, demonstration of materials

COST

Early Registration \$229

Postmarked 21 days prior

Group of 3 or more \$199

Postmarked 21 days prior

Regular Registration \$249

EDUCATIONAL CREDITS

Approved for **6 CONTACT HOURS**

6 NBCOT PDUs/0.6 CEUs

7.2 NYPTA CEU's

Approved for 6 CTLE hours

Credits listed are offered by TheraMoves for a full day's attendance

CERTIFICATES WILL BE AWARDED



TheraMoves is an AOTA Approved Provider of continuing education "The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA." (APP # 11168) Approved by AOTA for 0.6 CEU, 6 contact hours, beginner/intermediate domain of OT performance skills.

TheraMoves Services, LLC. is approved for sponsor by NYS board for OTs and OTAs

TheraMoves Services is recognized by the NY SED's state board for Physical Therapy as an approved provider for PTs and PTAs continuing education. Approved for 7.2 CEUs

Refreshments will be served,
Lunch is on your own

Please contact us with any special needs requests



@THERAMOVES

COURSE DESCRIPTION: This course will explore the importance of coordinated movements, self-regulation and object manipulation for brain-body integration using movement/balance, sandbags and balls. These are used in childhood games and even into adult life with professional baseball, tennis, football, etc. Games are won based on skill, precision, balance, and timing, along with behavioral factors such as focus, cooperation, planning, and responding (feedforward and feedback). The Peabody Developmental Motor Scale II Object Manipulation Sub-Test (an evaluation test used by many pediatric therapists) is dedicated to ball skills. Sensory processing principles related to vestibular, proprioceptive, auditory and visual processing will be integrated with popular programs - Bal-A-Vis-X® (balance, auditory, visual eXercises), Brain Gym® and Infinity® Concepts, yoga and reflex integration programs. Participants will leave this course with a bundle of activity ideas to use the next day at school, home or in treatment sessions with individuals or groups, from preschoolers to senior citizens.

LEARNING OBJECTIVES: AT THE END OF THIS SEMINAR THE PARTICIPANT WILL BE ABLE TO...

1. Describe how sand bags and balls can be used as therapeutic tools in groups or with individuals.
2. Demonstrate warm up activities for self regulationh/organization, midline-bilateral coordination and social skills
3. Correlate ball skills to motor development
4. Practice skills for whole body movements with balance movements, sand bags and balls.
5. Provide an array of activities to structure into usable techniques the next day to address bilateral coordination, organizational skills, timing, and self-regulation.

AGENDA

8:30-10:00	An introduction to activities used for self regulation and whole body mechanics (I.e.: Brain Gym®, Infinity®, Yoga, Reflex Integration Movements)
10:00-10:15	Break
10:15-11:45	Peabody Developmental Motor Scale II Object Manipulation Sub-Test and Continued practice using Beanbags and Balls
11:45-12:45	Lunch (on your own)
12:45-2:30	The Dominance Factor and Testing and working with vision
2:30-2:45	Break
2:45-4:00	Working with a student from evaluation to treatment Working with special populations (younger/older populations, special issues, etc.) and Continued Practice using beanbags and balls, adaptively or with advance skills

**TO SIGN UP, PLEASE EMAIL
INFO@THERAMOVES.COM
917-224-5114**

PRESENTERS BIO:

Nikki Rosen (Lieberman), M.A., O.T.R./L As an occupational therapist with a master's degree in early childhood education, she has worked with children, students, families, and adults a variety of settings for over 40 years including as a school therapist, through private practice (clinical and home bases), nursing homes, home health, and community based practice. Nikki's credential include certification in sensory integration and praxis (SIPT) testing, pediatric neurodevelopmental training (pediatric NDT). She is a Feldenkrais® Practitioner (1994), and Certified Infant Massage Instructor through the International Association of Infant Massage US Chapter (1999), She has studied Reflex Integration, BrainGym, Bal-A-Vis-X, and Yoga for years from many instructors, and more recently studied Bowen Myofascial Work, and Biodynamic Craniosacral Treatment. Nikki was co-founder and past clinical director of the Abilities Center Inc., a private clinic specializing in children and their families through community classes and therapeutic interventions in Michigan. Here she implemented, edited and ran the Getting It Write Program. She has presented throughout the United States on sensory integration, movement education, handwriting and infant massage, Nikki has volunteered her time at Camp Avanti over the years under the direction of Patricia Wilbarger, Eileen Richter and Patricia Oetter. In 1996, Nikki earned the Distinguished Service Award from the Detroit Occupational Therapy Association.

DISCLOSURE:

Financial: Nikki will receive a speaker's honorarium from TheraMoves Services for the presentation. **Non-Financial:** She has no non-financial relationships to disclose.

CANCELLATION & REFUND POLICY:

We reserve the right to cancel any course due to insufficient reg. or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us & received confirmation that the course will be held. We' are not responsible for any expenses incurred by participants if the course must be cancelled. A full refund less \$75 admin. fee will be given up to 10 days prior to the course. After that no refunds unless a replacement is found