

# THERAMOVES IS PROUD TO PRESENT HANDS ON SENSORY MOTOR WORKSHOP:

AN INTERACTIVE APPROACH TO  
SENSORY DISCOVERY

PRESENTED BY

**ALEX LOPICCOLO, COTA/L**  
**CPT, NC "KING OF SWINGS"**

INTERNATIONAL SPEAKER

WHEN

SUNDAY NOVEMBER 3, 2019

OR MONDAY, NOVEMBER 4, 2019

8:15 AM - 3:45 PM

WHERE

Yaldeinu School, Sensory Gym

1600 63rd Street, Brooklyn, NY (N & D Train)

**FEATURING** • Activity station set-up using suspended and non-suspended equipment • Participants perform therapeutic intervention activities • Hands on demonstration • **Observe a live treatment session** • Sensory diet • Support for breath, coordination, timing, balance, and strength • Modifications, adaptations, and grading of activities • Engagement • Create sensory equipment at minimal cost • Inexpensive home sensory gyms ideas

**CONTACT INFO** W: [WWW.THERAMOVES.COM](http://WWW.THERAMOVES.COM)

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**TARGET AUDIENCE:**

OT'S, OTA'S, & PT'S, PTA'S

**LEVEL OF INSTRUCTION**

BEGINNER, INTERMEDIATE

**INSTRUCTIONAL METHODS** LEC-

TURE & POWERPOINT SLIDES

**COST**

EARLY REGISTRATION \$229  
*POSTMARKED OCTOBER 3, 2019*

REGULAR REGISTRATION \$249

**CEUS**

**6.0 CONTACT HOURS**

6 NBCOT PDUs/.6 CEUs,

7.2 contact hours for NYPT's

*Credits listed are offered by TheraMoves for a full seminar attendance. Partial credit will be issued for partial attendance*

**CERTIFICATES WILL BE AWARDED**

TheraMoves Services, LLC is approved for sponsor by NYS board for OTs and OTAs



TheraMoves is an AOTA Approved Provider of continuing education "The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA." Approved by AOTA for 6 CEU, 6 contact hours, introductory level, domain of OT performance skills.

TheraMoves Services is recognized by the NY SED's state board for PT as an approved provider for PTs and PTAs continuing education

Refreshments will be served, Lunch is on your own

Please contact us with any special needs requests



**COURSE DESCRIPTION:** Alex offers practical ideas using minimal equipment to create powerful sensory diets that can be readily implemented in the home or school environment. Hands-on interventions to support breath, coordination, timing, balance and strength will be presented. Modifications, adaptations and grading of activities will be addressed to support best possible outcomes. Ideas for better engagement of the child will be addressed as well as discussion of ways to facilitate 'play' for a stronger therapist-child relationship. This dynamic workshop will support participants through hands-on learning as they experience the activities in their own bodies. Lastly, Alex will provide tools for therapists to create their own equipment (DIY equipment) at a minimal cost. Live demonstrations with a child on both days!

## AGENDA

8:30 - 12:00 *Introduction to Sensory Processing Dysfunction and Sensory Integration therapy, how SPD affects movement and function. Hands-on intervention with lab and live demonstration*

12:00-1:00 *LUNCH (on your own)*

1:00-2:30 *Sensorimotor interventions for the school and home environment with little equipment, participants perform therapeutic intervention activities to gain a deep appreciation and understanding*

2:30-4:00 *Follow up discussion from live session, problem solving to grade activities, home programming with emphasis on carryover strategies for increased progress, DIY Sensory equipment*

*A 15 minute break in the morning and afternoon will be provided as needed*

## LEARNING OBJECTIVES: AT THE END OF THIS SEMINAR THE PARTICIPANT WILL BE ABLE TO...

- ⇒ Articulate the importance of vestibular, proprioceptive and tactile integration as it relates to postural development, balance and physical development.
- ⇒ Participate in and generate ideas & activities that support sensory development
- ⇒ List sensory motor interventions that children can readily take back into the classroom
- ⇒ Create effective DIY equipment, sensory tools, home sensory gyms, and minimal equipment that can be implemented in home and at school.
- ⇒ Identify ways to grade, adapt, and modify activities to motivate children for success

**CANCELLATION POLICY:** We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable travel arrangements until you contacted us &/or received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

**REFUND POLICY:** A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to 10 days prior to the course. After that no refunds will be given for cancellations. This policy will be waived if a replacement participant is found.

**CONTACT 347-379-1359 ~ INFO@THERAMOVES.COM**

**PRESENTERS BIO:** Alex Lopiccolo aka Mr. Alex is an experienced Certified Occupational Therapy Assistant, Certified Personal Trainer and Nutrition Consultant. Alex is well known as The King of Swings. When he is not treating as a full time Sensory Integration Therapy practitioner he travels around the world sharing his knowledge of sensorimotor therapy with OT's and students at pediatric clinics and universities. Alex also works with the leading Sensory Therapy company, Southpaw Enterprises on different swing interventions. He especially enjoys designing and installing home sensory gyms to help his young clients at home. Growing up in Michigan, Alex struggled with Sensory Processing Disorder himself. The strategies that he developed, along with a strong calling to help others, inspired the fun and therapeutic approach he has been using with his clients for over eight years. Alex, his wife, and two children live in Gig Harbor, after relocating from Edmonds and Denver. His favorite activities are spending time with his family, disc golf, canicross with his dog Optimus Prime, running barefoot, inventing sensory therapy equipment, and exploring the Pacific Northwest.

## DISCLOSURE:

Financial: Alex Lopiccolo, will receive a speaker's honorarium from TheraMoves Services for the presentation. Non-Financial: He has no non-financial relationships to disclose.

