

THERAMOVES IS PROUD TO PRESENT FEAR PARALYSIS REFLEX (FPR):

FROM TESTING TO TREATMENT

PRESENTED BY

MIRIAM MANELA, OTR
DEVELOPER OF THE THRIVE METHOD

WHEN

12:20 PM—4:00 PM
TUESDAY, MARCH 31, 2020

WHERE

LIVE WEB CONFERENCE

COURSE DESCRIPTION:

This 3.5 hour workshop offers **techniques and tools** that help people **achieve calm and self-regulation**. This course offers the Neurobiology of the Fear Paralysis Reflex and how it effects **behavior and emotions**. You can expect to learn how to test for the presence of the FPR. You will learn strategies and tools that can be implemented immediately to expand your treatment program by decreasing stress responses. This course will broaden your understanding of the role of Fear Paralysis (FPR) to develop a sense of safety so that you and your clients can be grounded, confident, and secure.

The Thrive Method takes a multi-pronged approach toward working with children **who have difficulty regulating their emotional state and behavior**.

This course offers proven strategies and tools that can be implemented immediately via telehealth or in person, for children, teens, and adults.

TARGET AUDIENCE:

OTS, OTAS, PTS AND PTAS, SPECIAL EDUCATOR, ANY CLINICIAN WORKING WITH CHILDREN OR ADULTS

LEVEL OF INSTRUCTION

BEGINNER TO INTERMEDIATE

INSTRUCTIONAL METHODS

LECTURE, SLIDES, VIDEOS

COST SPECIAL \$79

CEUS

3.5 CONTACT HOURS

3.5 NBCOT PDUs, .35 CEUs

3.5 CTLE HOURS, 4.2 NY PTs

Credits listed are offered by TheraMoves for full attendance

LEARNING OUTCOMES WILL BE COMPLETED ON THE COMPUTER VIA AN ON-LINE SURVEY

CERTIFICATES WILL BE AWARDED



TheraMoves is an AOTA Approved Provider of continuing education "The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA." (APP # 11168) Approved by AOTA for .35 CEU, 3.5 contact hours, beginner/intermediate domain of OT performance skills.

TheraMoves Services, LLC is recognized by the NYSED's State Board for physical therapy as an approved provider of PT & PTAs continuing education, Approved for 4.2 contact hours

Approved by NYSED for Continuing Teacher and Leader Education (CTLE hours) (CTLE approval 23490)

TO REGISTER

INFO@THERAMOVES.COM

WWW.THERAMOVES.COM

347-379-1359

AGENDA

- 12:20pm - 1:00pm The neurobiology of Fear Paralysis Reflex: Understand how behavior is affected by reflexes.
- 1:00pm – 1:45pm Introduction to Inner core strengthening and alignment. Demonstrate techniques to improve inner core strength and alignment and how it effects reflex integration.
- 1:45pm-2:00pm Testing for the FPR Learn how to test the Fear Paralysis Reflex.
- 2:00pm-4:00pm Fear Paralysis Reflex integration: Learn a repertoire of Techniques to integrate the Fear Paralysis Reflex
Questions/Answers

One 10 minute break will be taken when needed during the lecture

LEARNING OBJECTIVES: AT THE END OF THIS SEMINAR THE PARTICIPANT WILL BE ABLE TO...

- Identify the neurobiology of the Fear Paralysis Reflex.
- Identify how behavior is affected by reflexes.
- Detail how alignment and inner/outer core strength effects reflex integration.
- Demonstrate techniques to improve inner core strength and alignment.
- Detail and demonstrate how to test the Fear Paralysis Reflex.
- Detail and demonstrate a repertoire of techniques to integrate the Fear Paralysis Reflex.

REFUND POLICY: A full refund less \$20 dollars administrative fee per course will be given for cancellations received up to one day prior to the course. After that no refunds will be given for cancellations. This policy will be waived if a replacement participant is found

CANCELLATION POLICY: We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable arrangements until you contacted us &/or received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

DISCLOSURE: Financial: Miriam Manela, OTR, will receive a speaker's honorarium from TheraMoves Services for the presentation. **Non-Financial:** She has no non-financial relationships to disclose.

Please contact the office with any special needs request

PRESENTERS BIO:

Miriam Manela, OTR, is the founder of The Thrive Group which specializes in helping children, adults, their families and educators with behavioral, academic, social, emotional and physical challenges. She conducts interactive educational workshops and presentations worldwide including universities, therapist conferences, as well as numerous educational and professional venues. She is the legislative co-chair of the New Jersey Occupational Therapy Association and the former representative for the representative assembly of the American Occupational Therapy Association. In 2013, she won the CBS Radio women's achievement award. Miriam has been awarded Top Doctor's in New Jersey award four consecutive years. Miriam is the author of the groundbreaking parenting book 'The Parent-Child Dance': A guide to Help You Understand and Shape Your Child's Behavior. Her popular blog, Thethrivegroup.co, is followed by thousands of professionals and laypeople and she's been interviewed on WCBS Radio and at PsychCentral.com.

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