

# THERAMOVES IS PROUD TO PRESENT SENSORY SMART™ STRATEGIES FOR REAL LIFE CHALLENGES

**PRESENTER: LINDSEY BIEL, MA OTR/L**

*CO-AUTHOR OF RAISING A SENSORY SMART CHILD: THE DEFINITIVE HANDBOOK FOR HELPING YOUR CHILD WITH SENSORY PROCESSING ISSUES*

## WHEN

**MONDAY, DECEMBER 7, 2020**

**12:30PM—3:00 PM EST**

## WHERE

### LIVE WEB CONFERENCE

**(WILL BE RECORDED\*** access up to one week following the webinar)

**FEE SPECIAL \$69 - GROUP OF 3+ 10% SAVINGS**

**2.5 CONTACT HOURS, 0.25 AOTA CEUS, 2.5 NBCOT PDUS, 2.5 CTLE HOURS, 3 NY PTS**

Credits listed are offered by TheraMoves for full attendance

LEARNING OUTCOMES WILL BE COMPLETED ON THE COMPUTER VIA AN ON-LINE SURVEY. A SCORE OF 70% OR MORE IS REQUIRED IN ORDER TO RECEIVE THE CERTIFICATE OF COMPLETION.



**TO REGISTER EMAIL**

**INFO@THERAMOVES.COM**

**WWW.THERAMOVES.COM**

**347-379-1359**

TheraMoves is an AOTA Approved Provider of continuing education “The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.” (APP # 11168) Approved by AOTA for .25 CEU, 2.5 contact hours, beginner/intermediate domain of OT performance skills.

## COURSE DESCRIPTION:

This presentation will demystify sensory processing difficulties in school-age children, emphasizing practical strategies and solutions for maximizing participation in self-care, learning, and playing.

### Topics will include:

- How to pinpoint sensory processing problems and connect the dots between sensory issues and behavior
- Techniques for decreasing sensitivity to noise, touch, movement, visuals, taste and smell while improving ability to handle multisensory input
- Practical strategies for daily life challenges such as toothbrushing and sitting time
- Fun, easy-to-implement sensory activities that help kids reach and maintain an optimal state of arousal

**TARGET AUDIENCE:** OTs, OTAs, PTs and PTAs, special educators, any clinician working with children

TheraMoves Services, LLC is recognized by the NYSED’s State Board for physical therapy as an approved provider of PT & PTAs continuing education, Approved for 3 contact hours

Approved by NYSED for Continuing Teacher and Leader Education (CTLE hours) (CTLE approval 23490)

# AGENDA

- 7:00-8:00 What is Sensory Processing Disorder?  
Demystifying sensory processing and SPD  
Understanding the senses and how they impact behavior and learning  
Empirical research  
Basic assessment techniques
- 8:00-9:30 Intervention Strategies that Work  
Strategies for coping with sensitivity to noise, visuals, touch, and other sensory challenges  
Problem-solving for daily challenges: toothbrushing and sitting/attention span  
Sensory activities that help children stay regulated and engaged  
Q & A

## LEARNING OBJECTIVES: AT THE END OF THIS SEMINAR THE PARTICIPANT WILL BE ABLE TO...

1. Define sensory processing and recognize sensory processing challenges in school-age children
2. Detail how sensory challenges impact behavior and learning
3. Select appropriate strategies to cope with sensitivity to noise, touch, movement, sights, taste and smell and sensory overload
4. Implement at least 10 sensory activities to help kids stay optimally aroused and engaged

## INSTRUCTIONAL METHODS LECTURE, SLIDES, VIDEOS AND ONLINE RESOURCES

## LEVEL OF INSTRUCTION BEGINNER/INTERMEDIATE

**REFUND POLICY:** A full refund less \$15 dollars administrative fee per course will be given for cancellations received up to 3 days prior to the course. After that no refunds will be given for cancellations.

**CANCELLATION POLICY:** We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable arrangements until you contacted us &/or received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

**TO REGISTER EMAIL [INFO@THERAMOVES.COM](mailto:INFO@THERAMOVES.COM)**

Visit [WWW.THERAMOVES.COM](http://WWW.THERAMOVES.COM) **347-379-1359**

# PRESENTER'S BIO

**Lindsey Biel, M.A., OTR/L** is a pediatric occupational therapist with a private practice in New York City where she evaluates and treats children, adolescents, and young adults with sensory processing issues, developmental delays, autism spectrum disorders, and other challenges. With the COVID-19 pandemic, she now offers teletherapy to families and schools nationwide.

Lindsey is co-author of the award-winning *Raising a Sensory Smart Child: The Definitive Handbook for Helping Your Child with Sensory Processing Issues*, with a foreword by Temple Grandin. She is also the author of *Sensory Processing Challenges: Effective Clinical Work with Kids & Teens* and has authored two chapters in Dr. William Steele's book *Optimizing Learning Outcomes* as well as contributed to the all-new edition of Kim West's classic *Good Night, Sleep Tight*.

Visit Lindsey's websites at [www.sensorysmarts.com](http://www.sensorysmarts.com) and [www.sensoryprocessingchallenge.com](http://www.sensoryprocessingchallenge.com) for downloadable checklists, articles, webcasts and more

**DISCLOSURE: Financial:** Lindsey Biel, MA, OTR, will receive a speaker's honorarium from TheraMoves Services for the presentation. **Non-Financial:** She has no non-financial relationships to disclose.

*Please contact the office with any special needs request*