

TheraMoves Presents

EMOTION TO MOTION

Firing and Wiring Productive Relationships
Between Senses, Motor Skills, and Function

PRESENTER:

IRENE INGRAM, OTR/L

WHEN

Tuesday & Wednesday

February 11 & February 12, 2020

8:00 am - 3:30 pm

WHERE

1580 Coney Island Avenue
Brooklyn, New York (Q-Train)

COURSE DESCRIPTION:

The course focuses on **developmental & foundational movement patterns** and their connection to the **autonomic nervous system, rhythm and primitive reflexes**. The program emerged from an effort to remove barriers caused by our **autonomic nervous system's** perception of safe versus unsafe state of arousal, and its **impact on movement, thought, and coordination**. Therapist will receive **hands on experience** that will result in a **toolbox of techniques for treatment**. These tools include **tissue release techniques; Rhythmic Release and Restoration (RRR) techniques; Suck, Swallow, & Breathe Program; Oral Core, Step Forward Program** and Rhythm Triangles.

"The course is for anyone working with kids with motor and emotional challenges. It's for the kid that needs treatment through the emotional system to get full physical expression. It is for the kids that need to get in whole brain."

TO REGISTER email - INFO@THERAMOVES.COM

Call (347) 379-1359 WWW.THERAMOVES.COM @THERAMOVES

TARGET AUDIENCE:

OT'S, COTA'S, SLP'S, PT'S,
PTA'S, SPECIAL EDUCATORS

LEVEL OF INSTRUCTION:

BEGINNER TO INTERMEDIATE

INSTRUCTIONAL METHODS:

INTERACTIVE APPROACH
POWERPOINT PRESENTATION,
HANDS-ON LAB

COST: \$455

EARLY REGISTRATION * \$435
GROUP OF 3 OR MORE * \$410
*POSTMARKED BY JAN 16, 2020

CEU'S 12 CONTACT HOURS

12 NBCOT PDUS/1.2 CEUS,
12 CTLE CREDIT HOURS

CERTIFICATES WILL BE AWARDED



TheraMoves is an AOTA Approved Provider of continuing education "The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA." (APP # 11168) Approved by AOTA for 1.2 CEU, 12 contact hours, beginner/intermediate domain of OT performance skills.

TheraMoves Services, LLC is recognized by the NYSED's State Board for PT as an approved provider of PT & PTAs continuing education (14.4 credit hours)

Approved for 12 contact hours by NYSED's State Board for **speech-language pathologists**

Approved by NYSED for Continuing Teacher and Leader Education (CTLE hours) (CTLE approval 23490)

Credits listed are offered by TheraMoves for a full day's attendance Partial credit will be issued for partial attendance

Please contact us with any special needs requests

LEARNING OBJECTIVES:

AT THE END OF THIS SEMINAR THE PARTICIPANT WILL BE ABLE TO...

- Present a background of the autonomic nervous system's effect on the muscular skeletal system and sensory systems in reference to recruited patterns. Develop efficiency in techniques for integrating suck swallow breathe with rhythm and movement patterns.
- Develop clinical reasoning skills for evaluation of patterns of movement and progression of more mature patterns with reference to breath, reflex development, rhythmicity, and emotion
- Develop efficiency in Rhythmic Release and Restoration (RRR) techniques for release of stress, and improved use of whole body.
- Develop efficiency in techniques of BREATH RELEASE , RHYTHM TRIANGLES, and ORAL CORE for integrating suck, swallow, breathe with rhythm and movement patterns
- Develop efficiency in the Step Forward Program techniques for coordination of three planes of movement with senses and motor control.
- Demonstrate new treatment protocols for children by using movement to effect change with arousal issues, developmental problems, learning difficulties, sensory, reflex immaturity, and motor control issues.
- Develop diagnosis specific movement programs to support the child's development in clinic sessions, home programs, and the classroom

AGENDA

8:00am – 12:00pm	DAY 1 -Emotion to Motion Introduction. Present a background of the autonomic nervous system's effect on the muscular skeletal system and sensory systems in reference to recruited patterns. Develop efficiency in techniques for integrating suck swallow breathe with rhythm and movement Initial Part of Session 2 - Develop clinical reasoning skills for evaluation of patterns of movement and progression of more mature patterns with reference to breath, reflex development, rhythmicity
12:00pm- 1:00 pm	Lunch break (on your own) (Refreshments will be served)
1:00pm-3:15pm	(Continued from above) Develop clinical reasoning skills for evaluation of patterns of movement and progression of more mature patterns with reference to breath, reflex development, rhythmicity, and emotion. Develop efficiency in Rhythmic Release and Restoration (RRR) techniques for release of stress, and improved use of whole body.
3:15pm-3:30pm	conclusion & questions
8:00 am-10:30 am	DAY 2 - Develop efficiency in techniques of BREATH RELEASE , RHYTHMICITY, and ORAL CORE for integrating suck, swallow, breathe with rhythm and movement patterns
10:30 am – 12:00pm	Develop efficiency in the Step Forward Program techniques for coordination of three planes of movement with senses and motor control
12:00pm – 1:00pm	Lunch break (on your own) (Refreshments will be served)
1:00pm – 2:00pm	Establishment of new treatment protocols for children by using movement to effect change with arousal issues, developmental problems, learning difficulties, sensory, reflex immaturity, and motor control issues.
2:00pm – 3:15pm	Develop diagnosis specific movement programs to support the child's development in clinic sessions, home programs, and the classroom
3:15 pm -3:30 pm	Conclusions & questions

2 fifteen minute breaks will be taken on day one and two as needed

PRESENTERS BIO:

IRENE INGRAM, OTR is a 1978 graduate of the Medical University of South Carolina. She is a pediatric occupational therapist who loves learning, problem solving and helping each child reach their potential. Irene specializes in treating emotion as the doorway into other issues from a developmental approach. She creatively uses reflexes to integrate their systems. She cleverly pulled together methods to treat Early patterns of movement (with Patti Oetter) from a pre-birth perspective. Irene's creativity and vision is her gift to the profession and children. She sees layers of the healing process in each kid and addresses her teachings accordingly. Irene has taught nationally and uses a hands on approach so that therapists leave with take away skills. She is founder of Therapeutic Designs and Services, which is a sensory integration clinic in operation for 41 years. She has a vast range of **study** that includes: Sensory integration certification , Sensory processing, Sensory defensiveness, Auditory integration with use of Therapeutic Listening and Samonas Sound Therapy, and AIT, Intensive work combining Lindamood-Bell programs and brain integration programs for bringing foundational skills into the child's reading, math, spelling and comprehension, Work with the arousal system for the child's modulation, self management, and attention, Development of function in the body and hands for function in the home, self help, fine motor, gross motor, and visual perceptual skills and Cranial sacral therapy and lymphatic drainage of the brain for assisting the body to improve its information processing and overall health

DISCLOSURE:

Financial disclosure: Irene Ingram receives a speaking fee from TheraMoves Services, LLC. Non financial disclosure: Speaker has no non-financial relationships to disclose.

CANCELLATION POLICY: We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable travel arrangements until you contacted us &/or received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

REFUND POLICY: A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to **10** days prior to the course. After that no refunds will be given for cancellations unless a replacement participant registered.