

THE RAMOVES IS PROUD TO PRESENT

# FEEDING THERAPY: IT'S NOT JUST ABOUT SWALLOWING

PRESENTED BY WORLD RENOWNED

**MELANIE POTOCK, MA, CCC-SLP**

*Pediatric feeding therapist, award winning author & lecturer*

WHEN

**NOVEMBER 17 & 18, 2019**

8:00 AM - 4:00 PM

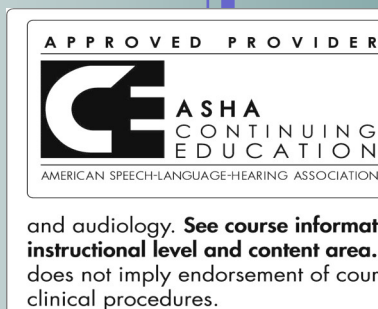
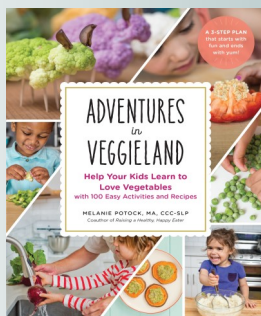
WHERE

1301 East 18th Street  
Brooklyn, NY (Q-Train)

**EACH PARTICIPANT WILL RECEIVE THE BOOK  
"Adventures in Veggieland"**

## COURSE DESCRIPTION

This **unique 2-day course** is for anyone interested in the bigger picture pertaining to **pediatric feeding disorders**. Therapists want **strategies to implement** right away with their clients. Why do children have trouble eating? **How are physiology, motor skills and behavior linked and how do the basic principles of Applied Behavior Analysis (ABA) strengthen that connection?** How do family dynamics and parenting styles influence progress? Why is it that a child eats well in the clinic setting but cannot generalize those skills to the home and school? This course answers those questions, provides **practical strategies to implement** with a variety of clients, and focuses on setting children up for success for meeting functional objectives while **utilizing the premise of ABA**. Participants learn how to problem solve common roadblocks in eating and then continue to build progress by following a **hierarchy of steps to success**. Most importantly, this course emphasizes the importance of **keeping the fun** in feeding while developing consistent positive behaviors at mealtimes so that everyone in the family can enjoy their time together around the family table!



**COST** \$460

**EARLY REGISTRATION\*** \$445

**GROUP RATE 3 or more\*** \$425

*\*Postmarked by October 23, 2019*

**TARGET AUDIENCE:**

SLP'S, OT'S, OTA'S, Special Education

**LEVEL OF INSTRUCTION:**

Intermediate Refreshments

**13 CONTACT HOURS**

13 NBCOT PDUs/1.3 CEUs/

**13 CTLE contact hours**

**certificates will be awarded**

Approved by NYSED for Continuing Teacher and Leader Education (CTLE approval 23490)

**Saint John's University** is  
® approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology

and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This program is offered for 1.3 ASHA CEUs  
(Intermediate Level, Professional Area)



TheraMoves is an AOTA Approved Provider of continuing education "The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA." Approved by AOTA for 1.3 CEU, 13 contact hours, introductory level, domain of OT performance skills.

*Credits listed are offered by TheraMoves for a full seminar attendance.*

Refreshments will be served,  
Lunch is on your own

**TO REGISTER:**

**INFO@THERAMOVES.COM**  
**347-379-1359**

# COURSE OBJECTIVES

After completing this program, you will be able to . . .

- ⇒ Discuss how protective behaviors develop when GI discomfort, sensory processing challenges, delayed gross and/or fine motor skills impact a child's willingness to eat
- ⇒ Apply gentle, basic principles of Applied Behavior Analysis to the treatment of pediatric feeding clients
- ⇒ List 5 strategies for improving tongue mobility and developing mature swallowing patterns in children
- ⇒ Describe how to teach the following skills to toddlers and older: biting, chewing, swallowing independently, straw and open cup drinking
- ⇒ Implement a hierarchical method of problem solving to meet functional outcomes
- ⇒ Understand how to problem solve new challenges with future clients by systematically breaking the task into smaller steps and teaching one step at a time

## AGENDA

### DAY 1

- 8:00 - 09:30 Introduction to Course & Understanding the Four Foundations for Learning to Eat
- 9:30 - 09:45 break
- 9:45 - 10:30 Understanding the Four Foundations for Learning to Eat (Cont.)
- 10:30 - 11:30 Basic Principles of Applied Behavior Analysis (ABA)
- 11:30 -12:00 Establishing Stable Oral Motor Patterns for Eating
- 12:00—1:00 Lunch (on your own)
- 1:00—2:15 How to Keep the Fun in Feeding: Consistent Progress with ABA
- 2:15—2:30 break
- 2:30—4:00 Setting Kids up for Success: Adapting Food and Parenting Strategies at Home

### DAY 2

- 8:00 to 8:30 Problem Solving Challenges in the School Cafeteria
- 8:30 to 9:45 Case Study #1
- 9:45 to 10:00 break
- 10:00 to 12:00 Case Study #2 & #3
- 12:00 to 1:00 Lunch (on your own)
- 1:00 to 2:00 Case Study #4 with Q & A
- 2:00 to 2:15 break
- 2:15 to 2:45 Oral Motor Strategies for Developing the Mature Swallow Pattern
- 2:45 to 3:30 A Hierarchical Approach to Problem Solving Common Road-blocks: Refusing to Sit, Eating Too Slowly, Throwing Food and More.
- 3:30 to 4:00 Self Reflection Requirement (for CEUs) and Final Thoughts

**REFUND & CANCELLATION POLICY:** A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to 7 days prior to the course. After that no refunds will be given for cancellations. We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable travel arrangements until you contacted us &/or received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

## ABOUT THE PRESENTER:

**Melanie Potock, MA, CCC-SLP**, treats children birth to teens who have difficulty eating. Melanie's advice has been shared in a variety of television and print media, including *The New York Times*, *CNN.com*, *Huffington Post* and *Parents Magazine* and *The ASHA Leader* and *ASHA Leader Blog*. She is the co-author of the award-winning [Raising a Healthy Happy Eater: A Stage-by-Stage Guide to Setting Your Child on the Path to Adventurous Eating](#) (2015) and [Baby Self-Feeding: Solutions for Introducing Purees and Solids to Create Lifelong Healthy Eating Habits](#) (2016). Melanie is the author of [Happy Mealtimes with Happy Kids](#) (2010) and the producer of the award-winning kids' CD [Dancing in the Kitchen: Songs that Celebrate the Joy of Food!](#) The tips in her latest book, [Adventures in Veggieland: Help Your Kids Learn to Love Vegetables with 100 Easy Activities and Recipes](#) (2018) are based on the research and Melanie's 20 years of success as a pediatric feeding therapist. Melanie is an active volunteer and co-writer of The Doctor Yum Preschool Food Curriculum bringing food education to hundreds of preschoolers in the United States. Melanie's live and online courses for parents and professionals can be found at [www.MelaniePotock.com](http://www.MelaniePotock.com), along with her contact information.

## DISCLOSURE:

**FINANCIAL:** Ms. Potock receives royalties from products that she created on her website, including four books, children's music CD and video courses. Ms. Potock is sometimes paid for writing articles or providing expert advice to various media, and the information in those articles may or may not be shared today. However, Ms. Potock does not benefit financially if you view or share those articles. Ms. Potock receives an honorarium for presenting her courses. **NON-FINANCIAL:** Ms. Potock is a volunteer for the non-profit The Doctor Yum Project and the research on a preschool curriculum co-developed by Ms. Potock may be briefly discussed in this course. Ms. Potock volunteered her time to write monthly blog posts for The ASHA Leader blog for almost four years and has contributed content to the ASHA Leader Magazine on a volunteer basis.

Please contact the office with any special needs requests.

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**WWW.THERAMOVES.COM**

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