

# KINESIOTAPING TECHNIQUES:

*Achieve Developmental Progression in Children  
with Neurodevelopmental Disorders*

## PRESENTER:

**CHRYS KUB**, PT, YACEP, C-IAYT

## WHEN

Monday, **April 27, 2020**

8:15 am - 3:30 pm

## WHERE

1580 Coney Island Avenue

Brooklyn, New York (Q-Train, Ave M Stop)

## COURSE DESCRIPTION:

Children with neuromotor impairment benefit from hands on treatment and kinesiotaping to **improve therapeutic outcomes**. Best practice emphasizes use of therapeutic interventions that can be carried over in the natural environment. Instructing caregivers in therapeutic taping will **improve functional outcomes** in the young child with neuromotor impairment.

In this **hands on** and **interactive course**, empower participants to implement kinesiology taping for the most common problems in the **pediatric patient with neuromotor disorders** such as: truncal hypotonia, shoulder girdle instability, and extremity dysfunction. The participants will leave with **kinesiology taping skills they can integrate into their toolbox** the next day to **improve therapeutic outcomes**.

**TO REGISTER EMAIL - [INFO@THERAMOVES.COM](mailto:INFO@THERAMOVES.COM)**

**for more information visit [WWW.THERAMOVES.COM](http://WWW.THERAMOVES.COM)**

## TARGET AUDIENCE:

PTs, PTAs, OTs, OTAs

## LEVEL OF INSTRUCTION:

BEGINNER TO INTERMEDIATE

## INSTRUCTIONAL METHODS:

LECTURE WITH POWERPOINT  
PRESENTATION, SLIDES, VIDEOS  
HANDS-ON PRACTICE

## COST: \$289

EARLY REGISTRATION \*\$269  
GROUP OF 3 OR MORE \*\$249  
\*POSTMARKED BY APRIL 2, 2020

## CEUs 6 CONTACT HOURS

6 CEUS/ 6 NBCOT PDUS,  
6 CTLE CREDIT HOURS

**Application has been made to  
NJBPTE for CE credit approval**

## CERTIFICATES WILL BE AWARDED



TheraMoves is an AOTA Approved Provider of continuing education "The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA." (APP # 11168) Approved by AOTA for 6 CEU, 6 contact hours, beginner/intermediate domain of OT performance skills.

TheraMoves Services, LLC is recognized by the NYSED's State Board for PT as an approved provider of PT & PTAs continuing education **(7.2 credit hours)**

This continuing education program is available to all physical therapists and physical therapist assistants in the state of NJ/NY on a non-discriminatory basis.

*Credits listed are offered by  
TheraMoves for a full day's attendance  
Partial credit will be issued for  
partial attendance*

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# LEARNING OBJECTIVES:

## AT THE END OF THIS SEMINAR THE PARTICIPANT WILL BE ABLE TO...

- Classify the purpose and most effective handling and sensory-motor input techniques for the pediatric patient with motor control issues such as hypotonia, spasticity and ataxia.
- Utilize key points of control to facilitate improved quality of movement through developmental positions for the pediatric patient.
- Implement evidence-based taping techniques for common dysfunctions in the neurological pediatric patient.
- Characterize the application and precautions of kinesiology taping to parents and caregivers in order to include this modality in a home program.
- Examine case study practice to gain the indications and protocols for applying handling and therapeutic taping interventions.

## AGENDA

8:15 am - 12:30 pm

### 1. Foundations of Treatment Interventions

- Evidence Based Practice, NDT Overview, Motor Control Overview: Dynamic Systems Model and Group Neuronal Selection Theory, Goal Setting, Assessment and Treatment Session Components for Success

### 2. Components of Neurodevelopmental Approach for Postural Control

- Postural Control Foundations, Perception Action Approach Principles

12:30 – 1:15 pm – (45 min Lunch—On your own)

### 3. Video review and Lab Practice of Handling Techniques through Developmental Positions and Transitions

- Hypotonia, Hypertonia, Ataxia

### HANDS ON LAB

#### 4. Kinesiotaping for the Pediatric Patient with Neurological Disorders

- Fundamentals and General Principles, Shapes and Tape Application, Taping Instructions for Caregivers/Parents

#### 5. Master the Application of Specific Taping Protocols for Most Common Dysfunctions in the Neurological Pediatric Patient

- Trunk, Shoulders, Extremities

### HANDS ON LAB

3:30 pm – Course Adjourns

There will be a 15-minute break in the morning and in the afternoon

Please dress comfortably so that you are comfortable with movement and skin can be exposed, particularly on your back, shoulders, arms and knees down. Bring scissors and a large towel or yoga mat for labs.

***Each participant will receive Kinesio Tape to use right away***

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## PRESENTER'S BIO:

**CHRYS KUB, PT, C-NDT** is NDT certified in Pediatrics and an integrative physical therapist with over 30 years of clinical experience. Chrys has developed and taught courses in evidenced based treatment techniques for children with neurodevelopmental disorders as well as courses in therapeutic yoga applications for children and adults throughout the US and online. She has extensive experience in multiple settings including outpatient neurological rehabilitation, the school, Private Practice, Outpatient Sensory Integration Clinic, NeoNatal Home Health, and Early Intervention. Through her work in pediatric physical therapy, she has utilized treatment techniques such as myofascial release, joint mobilization, kinesiotaping, and therapeutic yoga integrated with traditional pediatric neurological modalities. Chrys currently works for Early Bird Early Intervention Services. She established FitYogaTherapy, an organization dedicated to the education of practitioners in yoga therapy and pediatric physical therapy. Chrys is a member of the International Association of Yoga Therapists and an ACE Certified Personal Trainer and CEU provider. For additional information, visit [www.fityogatherapy.com](http://www.fityogatherapy.com).

Please contact us with any special needs requests

**DISCLOSURE:** Financial disclosure: Chrys Kub, receives a speaking fee from TheraMoves Services, LLC. Non financial disclosure: Speaker has no non-financial relationships to disclose.

**CANCELLATION POLICY:** We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable travel arrangements until you contacted us &/or received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

**REFUND POLICY:** A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to **10** days prior to the course. After that no refunds will be given for cancellations unless a replacement participant registered.

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