

TheraMoves Presents



Power Up! Your Moves

Support Staff & Teachers Working Together to Flip the Learning Switch
Using Effective, Evidence Based Neurodevelopmental Movement
Created by Dr. Debra Em Wilson, MA, DPST

FACILITATED BY

DR. JESSICA GILSON, PT, DPT

CERTIFIED S'COOL MOVES TRAINER

WHEN & WHERE

Wednesday, April 29, 2020

8:00 am—3:30 pm

83-10 188th Street, JAMAICA ESTATES, QUEENS

COURSE DESCRIPTION:

Participants learn how to easily incorporate therapy based movement into the **classroom setting** to enhance learning potential for all students. **Nine student learner profiles are discussed (i.e. dyslexic, developmental [preschool], muddled learner/reader) with innovative and novel movement activities to support each type of learner.** Participants learn ways to transfer skills taught in the therapy room to the classroom setting for optimizing learning. **Through the use of S'cool Moves activities students improve motor planning, rhythm, timing, core strength, vestibular activation, hemispheric integration, and sensory-motor systems within the context of academic skill acquisition.** As always, S'cool Moves is all about collaboration, so therapists and teachers will grow in their understanding of approaching learning and reading as a team sport. **This course deepens participants' understanding of how to support learners and struggling readers using a neurodevelopmental approach.**

*****Please note that S'cool Moves Level 1 Course is recommended but not mandatory prior to taking this course. This course builds on the research, theory, and activities learned in the ORIGINAL course.**

TARGET AUDIENCE:

OTs, OTAs, SLPs, PTs, PTAs, SPECIAL EDUCATORS, EDUCATORS, READING COACHES AND SPECIALTY STAFF

LEVEL OF INSTRUCTION:

INTERMEDIATE TO ADVANCED

COST \$329

EARLY REGISTRATION * \$319
GROUP OF 3 OR MORE * \$309
* **POSTMARKED BY APRIL 2, 2020**

CEU'S 6 CONTACT HOURS

6 NBCOT PDUS/.6 CEUS,
6 CTLE CREDIT HOURS

CERTIFICATES WILL BE AWARDED



TheraMoves is an AOTA Approved Provider of continuing education "The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA." (APP # 11168) Approved by AOTA for .6 CEU, 6 contact hours, mixed level domain of OT performance skills.

TheraMoves Services, LLC is recognized by the NYSED's State Board for PT as an approved provider of PT & PTAs continuing education **(7.2 credit hours)**

Approved for 6 contact hours by NYSED's State Board for **speech-language pathologists**

Approved by NYSED for Continuing Teacher and Leader Education (CTLE hours) (CTLE approval 23490)

Credits listed are offered by TheraMoves for a full day's attendance Partial credit will be issued for partial attendance

**TO REGISTER, PLEASE EMAIL
INFO@THERAMOVES.COM**

Call: **(347) 379-1359**

Follow us on Instagram
@TheraMoves

AGENDA

- 7:45-8:00 Registration
- 8:00-10:15 Developmental Learner Profile, 0-3 Resources, Preschool Foundation Moves, and Connect 12 Lab
- 10:15 -12:00 Energy Expenditure Model, Power Up! Coaching Manual, and Four Learner Profiles
- 12:00 - 1:00 Lunch (on your own)
- 1:00 – 2:45 Power Up! Playbook, Drills for Academic Skills, and Five Learner Profiles
- 2:45-3:30 Brain Spark Flip Book Activities, Power Up! Profile Think Sheet, and Reflection on Day's Learning
- 2– Fifteen minute breaks will be taken mid-morning and mid-afternoon as needed

REFRESHMENTS WILL BE SERVED. LUNCH IS ON YOUR OWN

LEARNING OBJECTIVES:

AT THE END OF THIS SEMINAR THE PARTICIPANT WILL BE ABLE TO...

1. Demonstrate 5 specific ways to provide support for children with cognitive delays that are affecting learning and literacy skills.
2. Demonstrate proficiency in the use of the intervention activities in a variety of settings: clinic, school or home.
3. Articulate the 9 profiles of learners (dyslexic, developmental, reluctant, muddled, and theta learner/reader) and explain 5 therapeutic activities to support each type of learner.
4. Differentiate learning for small group and one on one instruction with a focus on integrating academics with physical foundation skills.
5. Demonstrate 7-10 techniques to improve student's overall coordination, motor planning skills, body awareness, and visual tracking skills as they relate to academic skills in the classroom.
6. Articulate 5 ways to provide therapeutic interventions for literacy challenges
7. List 4 multisensory approaches that support students with co-morbid ADHD, sensory processing dysfunction, dyslexia, developmental delays, or autism spectrum.

INSTRUCTIONAL METHODS:

INTERACTIVE APPROACH INCLUDING VIDEO, POWERPOINT PRESENTATION, HANDS-ON LAB, AND SMALL GROUP DISCUSSIONS

DISCLOSURE: Financial: Jessica Gilson will receive a speaker's honorarium from TheraMoves Services for the presentation. Non-Financial: She has no non-financial relationships to disclose.

CANCELLATION POLICY: We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable travel arrangements until you contacted us &/or received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

REFUND POLICY: A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to **10** days prior to the course. After that no refunds will be given for cancellations unless a replacement participant registered.

TO REGISTER - EMAIL—INFO@THERAMOVES.COM

OR CALL (347) 379-1359 VISIT WWW.THERAMOVES.COM

WHAT MATERIALS DO I RECEIVE? **(\$325 VALUE)**

- Foundation Moves, set of 20 different posters
- Connect 12 Activities Booklet
- Word Ping Pong Color Card
- Quadrant Word Tap Color Card
- Transition Tune-ups Color Booklet
- Power Up! Your Moves Activity Booklet
- Drills for Academic Skills Color Booklet
- Set of Tapping Sticks
- Brain Spark Reading Flipbook Sample Color Activities (4)
- Carry Bag

PRESENTERS BIO:

Dr. Jessica Gilson, PT, DPT is a physical therapist who received her Doctorate in Physical Therapy from Touro College and her Bachelors of Science from Yeshiva University Stern College for Women. Jessica primarily works with children and young adults ranging in age from birth to 21 years old in a variety of settings. These include a private therapy center, both the general and special education school systems, and in the home within the early intervention model. She has worked and collaborated with teachers, paraprofessionals, social workers, occupational therapists, speech therapists, and physical education teachers. She is a S'cool Moves Certified Trainer. S'cool Moves is a program founded by Dr. Debra Em Wilson.

Please contact us with any special needs requests at least 2 weeks prior to course

