

THE RAMOVES IS PROUD TO PRESENT

Beyond the Clock: A Deeper Understanding of Executive Function Based Time Management and Planning Skills

PRESENTER: SARAH WARD, M.S. CCC/SLP

AN INTERNATIONALLY RECOGNIZED EXPERT ON EXECUTIVE FUNCTION SKILLS

WHEN: Monday August 17, 2020

7:00 pm—9:30 pm EST

WHERE: LIVE WEB CONFERENCE

2.5 CONTACT HOURS, 0.25 AOTA CEUS, 2.5 NBCOT PDUS 0.25 ASHA CEUS, 2.5 CTLE credit hours

CERTIFICATES WILL BE AWARDED. CREDITS LISTED ARE OFFERED BY

THE RAMOVES FOR FULL ATTENDANCE. NO PARTIAL CREDIT WILL BE ISSUED

FEE: \$69 GROUPS OF 3 OR MORE SAVE 10%

TARGET AUDIENCE: SLPS, OTS, OTAS, SOCIAL WORKERS, EDUCATORS, SPECIAL EDUCATORS

TheraMoves is an AOTA Approved Provider of continuing education "The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA." Approved by AOTA for 0.25 CEU, 2.5 contact hours, introductory level, domain of OT performance skills.



Saint John's University is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

LEARN WAYS TO HELP YOUR STUDENTS/ CLIENTS BY:

- Teaching how to estimate how long tasks will take, change or maintain their pace, and carry out routines and tasks within the allotted time frames.
- Teaching how to plan hourly, daily & weekly/ monthly time.
- Tips on Self-regulation/ pacing, temporal reasoning & complex skills

• AND MORE

CLIENT AGE RANGE
grades prek-12

Level - Intermediate

Method of Instruction -

Lecture, PowerPoint, Video

Approved for **Social Workers** by the NY State ED Dept. #SW-0499

Approved by NYSED for Continuing Teacher and Leader Education (CTLE approval 23490)

TO REGISTER Email:

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This program is offered for 0.25 ASHA CEUs (Intermediate Level, Professional area).

COURSE DESCRIPTION

See and Sense the Passage of Time is a fundamental skill that students with lagging executive function skills need to develop! Learn how to help them accurately and effortlessly estimate how long tasks will take, change or maintain their pace, and carry out routines and tasks within allotted time frames. Teach students how to plan hourly, daily and weekly/monthly time. Long Term Project Management is a challenge for students with executive dysfunction as they struggle to see into the future to plan ahead for completing the smaller parts of the project. **Learn how to help students visually break large projects into smaller steps, to estimate time to complete and schedule these steps, to visually learn the impact of procrastination and to prioritize steps of the project. Self regulation/pacing, temporal reasoning and complex planning skills will be taught.**

COURSE OBJECTIVES

1. Define the features of time and the language of time and the impact on executive function skills
2. Describe how poor time management impacts the learner's success in and outside of the classroom 🧐
3. Use visual based time tools to improve a student's comprehension of time for following routines, planning tasks, doing assignments and preparing for exams.
4. State the equation students can use to calculate a temporal spatial window
5. Name 5 tools (physical and digital) that can be used to develop a student's capacity to see and sense the passage of time.

AGENDA 2.5 HOURS

- 30 minutes- Defining the Features and language of time and their Relationship to Executive Function Skills
- 30 minutes- Treatment technique: See and Sense Hourly Time, Pace Performance and Plan tasks
- 25 minutes: The equation for calculating a temporal window
- 25 minutes: Treatment technique: See and Sense weekly and monthly time
- 30 Minutes: Treatment technique: See and Sense Extended Time frames (month/s) for long term projects, preparing for exams, etc.
- 10 minutes: Q and A

Please contact the office with any special needs requests

ABOUT THE PRESENTER:

Sarah Ward, MS CCC-SLP has over 25 years of experience in assessment and treatment of executive function skill. Ms. Ward holds a faculty appointment at the Massachusetts General Hospital Institute of Health Professions. A recognized authority on executive function skills she has conducted numerous presentations at international and national conferences and has consulted to over 1400 schools on the programs and strategies she has developed with her Co-Director Kristen Jacobsen. Their 360 Thinking Executive Function Program received the Innovative Promising Practices Award from the National Organization CHADD. Awards received include Bette Ann Harris Distinguished Professional (2017), Innovative Promising Practices Award by CHADD, The National Resource on ADHD (November 2015), the MGH Expertise in Clinical Practice Award, the Distinguished Alumni Award, the Faculty in Excellence Award from the Massachusetts General Hospital Institute of Health Professions (2002, 2011) and ACE awards (2013, 2016, 2018) from American Speech and Language Hearing Association

REFUND & CANCELLATION POLICY:

A full refund less \$10 dollars administrative fee per course will be given for cancellations received up to 3 days prior to the course. After that no refunds will be given for cancellations. We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable arrangements until you contacted us &/or received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

DISCLOSURE:

Financial: Sarah Ward will receive a speaker's honorarium from TheraMoves Services for the presentation. Sarah has intellectual property rights from her company Cognitive Connections, LLP for products discussed at the course. Ms. Ward has no nonfinancial relationships to disclose.