

6 DINNERS GROCERY LIST (Week of 3/17/25):

Proteins

- ☐ 1.5 lbs large shrimp, peeled and deveined (Recipe 2)
- ☐ 4-5 lb chuck roast (Recipes 1 & 3)
- ☐ 1 rotisserie chicken (Recipes 4 & 6)

Produce

- ☐ 4 heads garlic (All recipes)
- ☐ 4 red bell peppers (Recipes 2, 4, 5)
- ☐ 1 yellow bell pepper (Recipe 2)
- ☐ 3 red onions (Recipes 2, 4, 5)
- ☐ 2 yellow onions (Recipes 1 & 3)
- ☐ 3 limes (Recipe 2)
- ☐ 2 avocados (Recipes 2 & 6)
- ☐ 1 bunch cilantro (Recipes 2 & 6)
- ☐ 4 carrots (Recipe 1)
- ☐ 2 celery stalks (Recipe 1)
- ☐ 4 large red potatoes (Recipe 1)
- ☐ 4 large russet potatoes (Recipe 3, optional for homemade fries)
- ☐ 1 cucumber (Recipe 4)
- ☐ 1 yellow squash (Recipe 5)
- ☐ 2 pints cherry tomatoes (Recipes 4 & 5)
- ☐ 1 lemon (Recipe 4)
- ☐ 3 green onions (Recipe 6)
- ☐ 1 bunch fresh basil (Recipes 4 & 5)
- ☐ 1 bunch fresh parsley (Recipe 4)
- ☐ Fresh rosemary (Recipe 1)
- ☐ Fresh thyme (Recipe 1)
- ☐ 1 lb mushrooms (Recipes 1, 5)

Dairy

- ☐ 1/2 stick butter (Recipe 1)
- ☐ 1 cup sour cream or Mexican crema (Recipes 2 & 6)
- ☐ 1/4 cup cotija or queso fresco, crumbled (Recipe 2, optional)
- ☐ 8 slices provolone cheese (Recipe 3)
- ☐ 1/2 cup feta cheese (Recipe 4)

- ☐ 1/2 cup grated parmesan cheese (Recipe 5)
- ☐ 2 cups shredded Mexican blend cheese (Recipe 6)

Pantry Items

- ☐ Chili powder (Recipe 2)
- ☐ Cumin (Recipe 2)
- ☐ Smoked paprika (Recipe 2)
- ☐ Oregano (Recipe 2)
- ☐ Cayenne pepper (Recipe 2, optional)
- ☐ 1 bottle olive oil (All recipes)
- ☐ 2 bay leaves (Recipe 1)
- ☐ 2 tbsp tomato paste (Recipe 1)
- ☐ 4 cups beef broth (Recipe 1 & 3)
- ☐ 3 cups chicken or vegetable broth (Recipe 4)
- ☐ 1 cup red wine (optional, Recipe 1)
- ☐ 2 tbsp balsamic vinegar (Recipe 4)
- ☐ 1 tbsp Worcestershire sauce (Recipe 3)
- ☐ 4 hoagie rolls or 1 loaf French bread (Recipe 3)
- ☐ 1/4 cup prepared pesto (Recipe 4)
- ☐ 1.5 cups farro, quinoa, or brown rice (Recipe 4)
- ☐ 1/2 cup kalamata olives (Recipe 4)
- ☐ 8 medium flour tortillas (Recipe 6)
- ☐ 2 (15 oz) cans red enchilada sauce (Recipe 6)
- ☐ 1 (4 oz) can diced green chilies (Recipe 6)
- ☐ 1 cup frozen corn (Recipe 6)
- ☐ 1 (15 oz) can black beans (Recipe 6)
- ☐ 2 (16 oz) packages shelf-stable gnocchi (Recipe 5)
- ☐ 2 lbs frozen French fries (Recipe 3, optional if using fresh potatoes)
- ☐ Italian seasoning (Recipe 5)
- ☐ Red pepper flakes (Recipe 5)
- ☐ Salt and pepper (All recipes)
- ☐ Garlic powder (Recipe 3)
- ☐ 8-12 small corn tortillas (Recipe 2)
- ☐ Hot sauce (Recipe 2, optional)