

Meet The Founder Kristin Hoy



CONTACT

- **(757) 374 5795**
- Q Licensed in AZ, CO, DC, FL, GA, IN, MD, MT, NC, NJ, NV, OH, SC, TN, VA, WV, SD, MN
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PEOPLE

- Families & Individuals
- Sole Proprietors
- Small Groups
- Large Groups

PRODUCTS

- Life
- Health
- Dental
- Vision
- Disability
- Voluntary Benefits

PROFILE

Kristin Hoy is a seasoned Life and Health Insurance professional with more than a decade of experience helping individuals, families, and businesses navigate complex benefit choices. Her background spans brokerage, consulting, and third-party administration, giving her a full-spectrum understanding of how benefits impact people at every level, from the self-employed and small business owners to established midsize and large employers.

Known for her client-first approach, Kristin believes that effective benefit design begins with listening. She partners closely with each client to craft solutions that balance coverage, compliance, and cost control while ensuring employees and families feel supported and informed.

After many years serving clients through major regional brokerages and TPA firms, Kristin launched Advanced Benefits LLC to offer a more personal, flexible, and transparent experience. Her focus is on long-term relationships built on trust, education, and measurable value, helping clients grow confidently into the future.

Licensed across multiple states, Kristin continues to bring the same professionalism and responsiveness that have earned her the trust of individuals and companies throughout the Mid-Atlantic.

People First. Always.