Handout for CD #14

HEALING IN THE EUCHARIST

A **Before Celebration**

- Prepare
- Center on Jesus
- Choose personal theme
- Recall physical & interior aspects

B

C **Opening Rite**

- Focus on personal theme
- Praise God with this issue

D

E **Penitential Rite**

- Where necessary, ask God's forgiveness in this issue
- Let go - seek no return
- Ask how participation mystique is at work in you
- Ask to be freed of it

F

G **Liturgy Of The Word**

- Allow God's word to saturate your issue and take it over
- What is God saying about your issue through the readings

H

I **Liturgy Of The Eucharist**

- Unite the physical aspects with the bread
- Unite the psychological and spiritual aspects with the wine

J

K **Eucharistic Prayer**

- Believe that what you united with the bread and wine enters Jesus' heart
- Give control of the issue to Jesus
- Believe Jesus brings your gifts to God

L

M **Doxology and Amen**

- Let your heart praise God
- Renewal is coming into this area of your life
- Believe it even if you are not aware of what God is doing to renew it

N

O	**Communion Rite**	- During the Our Father • Sacrifice your ego • Let Jesus' attitudes become yours	**P**
Q	**Rite of Peace**	• Choose to reach out to everyone as Jesus would	**R**
S	**Elevation**	• Believe you are renewed and healed through Jesus in the Eucharist • Only say the word and my soul shall be healed	**T**
U	**Receive Communion**	• Jesus is completely present and is renewing you	**V**
W	**After Receiving Communion**	• Ask God to reveal to you what He is doing to renew your personal theme so you can cooperate with Him	**X**
Y	**Dismissal Rite**	• Thank God	**Z**

Go in peace glorifying the Lord by your life.

The material in this handout is taken from and / or inspired by Theodore E. Dobson's, SAY BUT THE WORD: How the Lord's Supper Can Transform Your Life,1984, Easter ministries inc. Paulist Press: New York, 1984, Used by permission of Paulist Press.

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