

PRAYER FOR HEALING THE FAMILY TREE

Rev. John H. Hampsch, CMF

Heavenly Father, I come before you as your child,
in great need of your help.

I have physical health needs, emotional needs,
spiritual needs, and interpersonal needs.

Many of my problems have been caused
by my own failures, neglect and sinfulness,
for which I humbly beg your forgiveness, Lord.

But I also ask you to forgive the sins of my ancestors
whose failures have left their effects on me
in the form of unwanted tendencies,
behavior patterns, and defects in body, mind and spirit.
Heal me, Lord, of all these disorders. –pause–

With your help I sincerely forgive everyone,
especially living or dead members of my family tree,
who have directly offended me or my loved ones in any way,
or those whose sins have resulted
in our present sufferings and disorders.

In the name of your divine Son Jesus,
and in the power of the Holy Spirit, I ask you, Father,
to deliver me and my entire family tree
from the influence of the evil one. – pause –

Free all living and deceased members of my family tree,
including those in adoptive relationships,
and those in extended family relationships,
from every contaminating form of bondage.

By your loving concern for us, heavenly Father,
and by the shed blood of your Precious Son Jesus,
I beg you to extend your blessing to me
and all my living and deceased relatives.

Heal every negative effect transmitted
through all past generations,
and prevent such negative effects
in future generations of my family tree. – pause –

I symbolically place the cross of Jesus
over the head of each person in my family tree,
and between each generation.

I ask you to let the cleansing blood of Jesus

purify the bloodlines in my family lineage.
Set your protective angels to encamp around us,
and permit Archangel Raphael, the patron of healing,
to administer your divine healing power to all of us,
even in areas of genetic disability.

Give special power to our family members' guardian angels
to heal protect, guide and encourage each of us in all our needs.
Let your healing power be released at this very moment,
and let it continue as long as our sovereignty permits.

In our family tree, Lord, replace all bondage
with a holy bonding in family love.
And let there be an ever deeper bonding with you, Lord,
by the Holy Spirit, to your Son Jesus.
Let the family of the Holy Trinity pervade our family
with its tender, warm, loving presence,
so that our family may recognize
and manifest that love in all our relationships.
All of our unknown needs we include with this petition
that we pray in Jesus' precious name.
Amen, Amen and Amen

PRAYER FOR INTERGENERATIONAL HEALING

Based upon a prayer and the writings of Dr. Kenneth McAll

In the name of Jesus, and by his authority,
I come against any and every curse
that may have been directed to any member of our family.

I call down the Precious Blood of Jesus Christ
and I break any curse on my family or person
in the Holy name of Jesus.

I forgive and bless those who sent them.
Lord bless our enemies—do so by sending
your Holy Spirit to lead them to repentance,
to healing and to freedom.

I now break in the name of Jesus Christ
all psychic heredity and any demonic hold
upon my family line as a result of the
disobedience of any of my ancestors.

I declare all of this to be absolutely null and void.

In the Holy Name of Jesus.

In the Holy Name of Jesus.

In the Holy Name of Jesus.

In the Name of Jesus Christ,
I renounce all the work of evil,
together with any occult practices of my ancestors.

I subscribe myself to Jesus Christ,
my Lord and Savior, both now and forever.

HEALING THE FAMILY TREE - GENOGRAM

A HEALING SERVICE: The mass is a healing service. This is true when we gather together in large charismatic celebrations, and when we come individually to our daily parish Masses. I recommend my book, *Healing through the Mass* for a deeper study of this great truth. The more we get in touch with the power and life of Jesus within the context of the Mass, the more we will be able to receive His healing and release from bondage.

In the following pages I want to touch upon some important elements of generational healing that can be experienced during the eucharistic celebration.

THE GENOGRAM: [A copy of Father John Hampsch's Genogram is included here.] You may copy it and use it, or simply sketch a "tree". Include mother and father and their brothers and sisters, their mother, father, brothers and sisters, etc., for about five generations. When names are unknown, simply put GGF for great grandfather, etc. Include on the charts beside the names any known information about unholy, unloving deaths. Include suicides, murders, violence, insanity, abortions, miscarriages, stillbirths, violent deaths, occult involvement. Record all who died without love and without a Christian burial. ¹

Q What defects should I look for in my family tree?
A Potentially, there are thousands of kinds of defects that one could look for. Generically, these can be classified into groups of disorders:

1. Inherited spiritual defects - anything from prayerlessness to atheism.
2. Inherited physical defects - anything from dandruff to diabetes.
3. Inherited emotional defects - anything from shyness to suicide tendencies.
4. Inherited psychosocial defects - anything from poor inter-spouse communication to psychopathic murder.
5. Inherited societal defects (defects common to entire families, and even nations or ethnic groups) - anything from in-law aloofness to Mafia families.

The use of a genogram will be helpful in this review of your family tree. As you write down the names or initials of persons, their illness or tendencies will come to mind for each. ²

The way the information is laid out on the page is not so important as the depth of loving commitment to the healing process. These written records are then placed on the altar during Mass.¹

GENOGRAM SYMBOLS

The symbols [shown with the Genogram] may be used - or any others of your personal preference - with names or initials of persons in the family tree that can be remembered. This very simplified genogram lists only the vertical lines from one's ancestors through oneself to the descendants. This may be expanded on a separate larger paper to include also horizontal relationships of consanguinity, or even adoptive relationships (more remotely connected with healing the family tree). In the horizontal relationships, one may include brothers, sisters, cousins, uncles, aunts, step-brother or sisters, half-brothers or sisters, etc. Question marks may be used for unknown persons, forgotten names, even possible ancestors of whose existence you may not be sure. Since this is not a scientific genealogy, but only a prayer-focusing tool, its completeness is not particularly relevant. God knows the individuals in the family tree, especially those who may need our prayerful help for release from bondage.

If you like to supply more detail, you might add numbers to signify present age or age at time of death. Color codes may be used for various personality characteristics or publicly known disorders, like addictions, practice of witchcraft, invalid marriages, etc. or diseases or abnormalities.

Remember that the genogram is meant only to help you specify your prayer intentions - thus also helping to intensify your faith. It can provide a visual framework for you to call the blood of Jesus upon individuals, living or dead, to help them, and to be applied, as it were, between each generation to block the transmission of sins' effects. It can also help to recognize situations in which there are repeated behavioral patterns or disorders.²

¹*Intergenerational Healing*, Fr. Robert De Grandis, s.b.j., with Mrs. Linda Schubert, available from: 108 Aberdeen Street, Lowell, MA. 01850 USA.

²*Healing Your Family Tree*, John H. Hampsch, c.m.f., Our Sunday Visitor, Inc. Huntington, Indiana 46750, 1989.

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PREPARING THE GENOGRAM

Generational Healing is similar to the parable of Jesus in which the Kingdom of Heaven is compared to a net which is thrown into the sea and collects fish of every kind (Mt. 13:37). Once the net is retrieved the fishermen will sit down and separate the GOOD from the BAD. This is what Healing of the Family Tree is all about. We know that we come into the world with a mixture of healthy and unhealthy traits. What we need to do is to sit down with JESUS and keep what is good in our family history and throw away that which is destructive. In the sacrifice of the mass, Jesus will communicate healing of those negative and destructive traits in our families which are the result of the sins of our ancestors.

To prepare for a mass being offered for generational healing the following preparations should be done.

Step 1. We need to learn what we can about our immediate ancestry and prepare a genogram. The genogram should include not only our ancestors as far back as we are able to remember but also our brothers, sisters, cousins, nephews, nieces, aunts, uncles, step-parents, adoptive relationships, step brothers and sisters, etc.

Step 2. Once you have finished the genogram then go through and identify anyone who died without a Christian burial or anyone who suffered from a violent or sudden death. For example indicate which ancestors died as a result of war, missing in action, murder, capital punishment, accident, drowning, fire, suicide, abortion, miscarriage, stillbirth or untimely death.

Step 3. The next step is to identify dysfunctional behavior, negative or destructive traits in our family history up to and including the present. This would include anyone involved with mediums, fortune telling, palm reading, tarot cards, ouiji boards, Satanism, witchcraft, voodoo, dungeons and dragons, new age practices, cults, pagan religions, etc. Include as well anyone who professed or engaged in unchristian behavior or attitudes such as Freemasonry, Communism, Nazism, KKK, pornographic involvement, Mafia, gangs, drugs, criminal behavior, invalid marriages, infidelity, sexual perversions, etc. Finally, include any relatives or ancestors with dysfunctions whether it be physical diseases that do not respond to treatment, addictions to drugs, alcohol, sex, food, gambling or emotional illnesses such as depression, suicidal tendencies, mental illnesses, or spiritual defects such as atheism, unforgiveness, prejudices, taboos, superstitious practices, anger, envy, pride, laziness, etc.

Remember

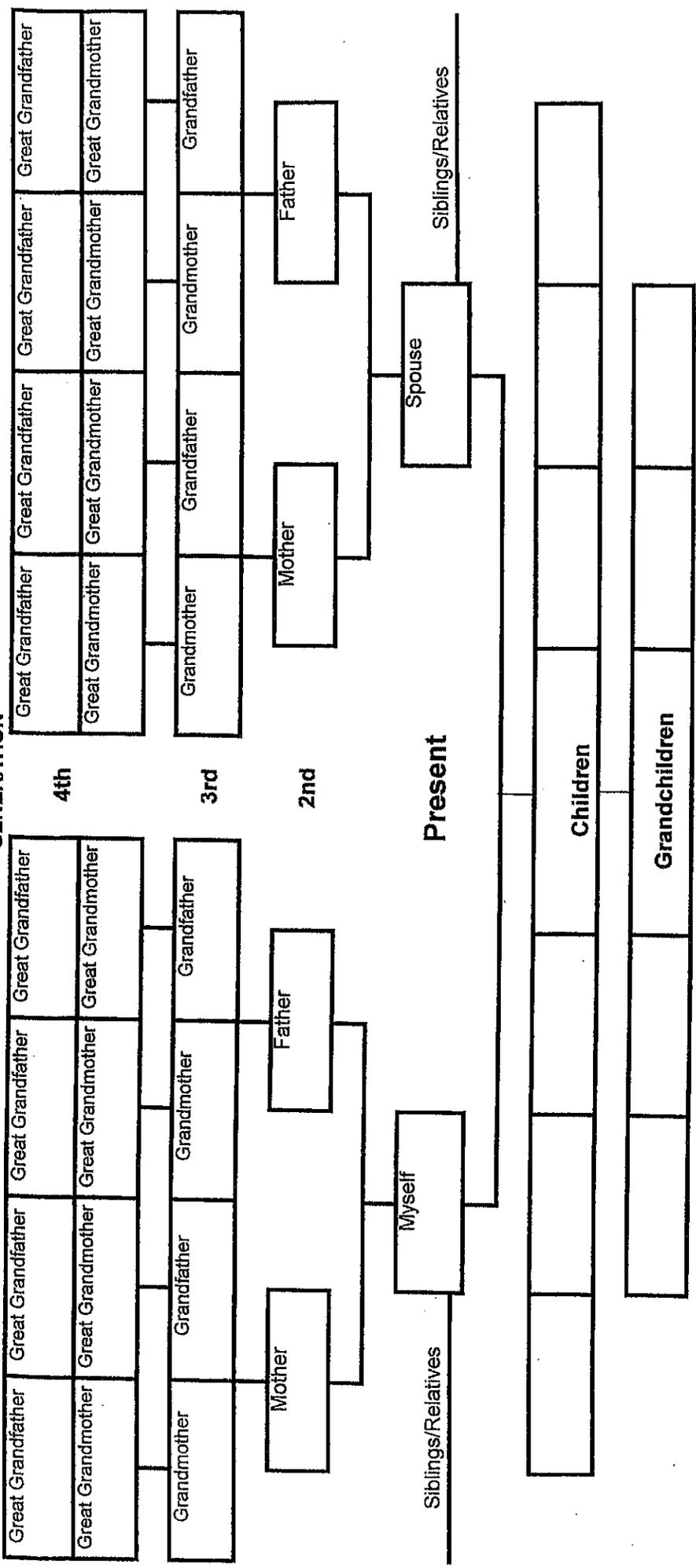
1. The genogram is not a scientific geneology, but only a tool to help specify our prayer intentions.
2. In the Healing the Family Tree Eucharist we are praying for our deceased relatives. The basic belief is that people can leave this world with "unfinished business" in other words with sins not yet atoned for and we members of the Mystical Body of Christ which knows no space or time can help make up for their sins and deficiencies by our prayers and sacrifices.
3. We will also pray for the living asking the Lord through the power of the Eucharist to heal the wounds in our family that were caused by the sins of our ancestors. This can have a tremendous benefit on all our living relatives present and future.

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GENOGRAM

GENERATION



Instructions:
 Fill up the genogram as complete as possible.
 Write down their character traits, behavioral patterns or disorders on each side.
 For deceased relatives, write down the cause of death and age on each side.
 Some distant relatives may be unknown to us. God knows the individuals in the family tree.

- How you can help the Souls of your family
- Have masses offered for them.
- Pray the Stations of the Cross.
- Pray the Rosary.
- Offer up all your pains and suffering for the relief of the Holy Souls.
- Adopt any other insights the Holy Spirit inspires in your heart.
- Participate in the Celebration of the Eucharist often.

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