



ALPHA SIGMA PHI
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101 NON-HAZING ACTIVITIES FOR NEW MEMBERS

"If you have to ask if it's hazing, it is. If in doubt, call your advisor/coach/Fraternity HQ. If they won't pick up the phone, you have your answer. Don't B.S. yourself. If you haze, you have low self-esteem. If you allow hazing to occur, you are a 'hazing enabler.' Failure to stop hazing will result in death..."

-Will Keim, Ph.D., *The Power of Caring*

1. Participate in a leadership retreat/weekend with a ropes course and team building activities.
2. Incorporate teambuilding activities into the regular meetings of the new member class and solicit the participation for the chapter leadership.
3. Develop a community volunteer service project for the chapter to be performed on a regular basis.
4. Create a senior recognition ceremony, demonstrating the continued involvement of members and commitment to the organization.
5. Sponsor/host a career skills development and planning workshop for all members (can be held in conjunction with resources available on campus).
6. Attend an educational speaker as a chapter with the new member class. Process and discuss what was presented as a large group.
7. Institute a book club focused on leadership and growth comprised of all members of the chapter.
8. Invite faculty members to lunch with new members.
9. Have a discussion facilitated by a chapter advisor, staff liaison, or chapter officer in relation to the values and purpose of the organization.
10. Sponsor or host a study skills workshop for the chapter membership (can be held in conjunction with resources available on campus).
11. Host an alumni speaker each week for formal dinner and/or chapter meeting.
12. Host a ritual education session.
13. Participate in a recruitment retreat and/or workshop with the entire chapter membership.
14. Invite officers of the IFC/PHC or the undergraduate leaders of the Greek community to speak about governance, involvement, and relationships of the community.
15. Invite the Fraternity and Sorority Life campus professional to speak about the resources available from his/her office.
16. Host a dinner and movie for the new member class and/or the chapter membership.
17. Shadow an officer of the chapter and assist in the planning and execution of a program or event.
18. Shadow an alum/advisor in your field of study to generate better relationship among constituents of the chapter and yourself.
19. Develop semester or annual goals and objectives for the chapter and a series of action plans and strategies for accomplishing these benchmarks.
20. Plan and execute a fundraiser to help offset initiation cost and membership fees.

101 NON-HAZING ACTIVITIES FOR NEW MEMBERS | CONTINUED

21. Include all new members in chapter meetings or a portion thereof.
22. Include all new members in regular programming and activities.
23. Host/sponsor a speaker on health and wellness.
24. Encourage members to become involved in activities in the community and campus outside of the organization.
25. Evaluate the new members' progress before, during, and after (ask for the opinions of constituents and those outside the organization).
26. Host a father's weekend.
27. Host a mother's weekend.
28. Host a family and friends weekend.
29. Ask a representative from the Alpha Sigma Phi Headquarters and/or advisor to provide a presentation or information on available programs and resources.
30. Host a discussion on the finances of the chapter and the breakdown of each expense; facilitating conversation on the dues to the IFC/Greek Council and Alpha Sigma Phi Headquarters.
31. Attend or host a IFC/PHC/NPHC/ NALFO or Greek Council meeting.
32. Participate in Greek community sponsored events (athletic events, speakers, and philanthropy projects).
33. Review parliamentary procedure, its purpose, and necessary areas of use.
34. Work with University/College involvement/ leadership programming to develop a presentation and discussion on motivation and group dynamics.
35. Host/sponsor a presentation from the University/ College alumni association and/or Foundation to encourage involvement with host institution after graduation.
36. Host a certified instructor to administer the Myers-Briggs Personality Type Indicator.
37. Ask a faculty member or University/College staff to provide a presentation on ethical decision-making.
38. Ask a faculty member or University/College staff to provide a presentation/discussion on diversity.
39. Host/sponsor a campus health educator to provide a presentation on suicide, eating disorders, depression, sexual assault, and other health issues.
40. Create and execute an alumni pen pal or writing campaign among the members.
41. Discuss risk management liability with the University/College legal counsel.
42. Brainstorm new methods of positive recruitment and education.
43. Host an all campus/community event to "meet the members."
44. Encourage new members to play on the chapter intramural teams.
45. Schedule a weekend each season devoted to the maintenance and up-keep on internal and external facilities. Invite parents and alumni to help.
46. Develop an academic incentive program for new members and the entire chapter membership.
47. Conduct regular roundtable, candlelight, and/or gavel pass ceremonies.
48. Host/sponsor a speaker to present on the history of the Greek organizations.
49. Brainstorm new methods for improving scholarship performance of members.
50. Attend a campus performance or athletic event chosen by the new member class.
51. Host a speaker from the campus library to provide information regarding effective research methods.
52. Hold a discussion regarding membership standards and expectations.
53. Participate in and attend national leadership programming of the Fraternity.
54. Participate and attend local leadership programming of the University/College.
55. Utilize case studies on hazing and risk management to discuss positive methods of development and additional alternatives.
56. Write a letter to the founders stating your thoughts of the organization, make a copy for yourself.
57. Write a letter to a mentor thanking them for their guidance and leadership.
58. Write a letter to yourself to be mailed in two months or upon a major event stating your goals, aspirations, thoughts, feels, and hopes for continued development.
59. Conduct an open Prudential Board meeting and encourage chapter members to attend.
60. Conduct a joint meeting of the chapter Prudential Board and the new member class officers.
61. Host/sponsor the University/College president to speak about the campus and his/her role and understanding of the Greek community.
62. Host/sponsor a speaker from the University/ College career development and planning center.
63. Host/sponsor a faculty recognition dinner.

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64. Create and develop an event with a non-Greek organization on campus.
65. Host/sponsor CPR and FIRST AID certification for all members of the chapter.
66. Host/sponsor a city council representative and/or Mayor to speak to the chapter.
67. Encourage members to register to vote.
68. Host/sponsor a financial advisor to discuss credit and personal finances.
69. Produce an educational project researching the founding and evolution of the organization.
70. Encourage members to write an editorial essay on thoughts from the book "Wrongs of Passage," by Hank Nuwer.
71. Host/sponsor a domestic abuse speaker with another organization on campus.
72. Develop an alternative spring break program for all members.
73. Recognize positive contributions to the chapter from alumni members, parents, and volunteers.
74. Recognize the positive contributions of one member in each class year.
75. Encourage members who attend local or national leadership programming to provide testimonials and speak of their experiences.
76. Conduct a chapter fundraiser to sponsor a member to attend UIFI, FuturesQuest, or LeaderShape.
77. Hold a discussion on the symbols and insignia of the Fraternity.
78. Research and review publications and materials from other organizations to learn of resources and programs each provides.
79. Develop and create a parents alliance for the chapter membership.
80. Dedicate a weekend to clean, repair, and refurbish any and all ritual regalia and equipment.
81. Encourage new members to schedule at least one hour each day for personal development and reflection.
82. Host/sponsor a campus health professional to discuss personal fitness and dietary facts.
83. Dedicate an evening to officer transition and election for the new member class. Ask each chapter officer to provide a five minute testimonial on their role and responsibilities.
84. Identify a chapter gift for the University/College and begin to allocate the proper budgeting.
85. Eliminate the creation of new member class paddles, mugs, nick names, canisters, etc.
86. Host/sponsor a speaker on etiquette.
87. Gather once a week for dinner and lunch in a formal dining hall.
88. Invite chapter advisors to new member meetings.
89. Visit the Alpha Sigma Phi Headquarters as a chapter and/or new member class.
90. Host an event for an Alpha Sigma Phi philanthropic partner.
91. Host/sponsor a sorority recognition week in conjunction with Women's Awareness Month.
92. Recognize a member of the week or MVP throughout the semester, who receives a special badge, medallion, or specific artifact of the chapter.
93. Celebrate the birthdays of members in the new member class with a jointly signed card.
94. Encourage the consistent practice of thank you cards and correspondence of members to all constituents.
95. Develop a new member class journal with pictures and inspirational quotes to capture the experience and thoughts of the class.
96. Develop a mentoring program with a local elementary school, where members visit once a week to spend time with their designated student.
97. Visit a local retirement center and volunteer service to the staff or simply spend time with the residents.
98. Develop and construct a neighborhood and community relationship plan, fostering good relationships among neighbors.
99. Donate clothing and food to local pantries and shelters.
100. Meet with local alumni to learn about their experience and speak to the current happenings of the chapter.
101. Host/sponsor a BBQ and welcome reception for international students.