



ALPHA SIGMA PHI FRATERNITY
to BETTER the MAN.

Honor is defined in *To Better The Man* as:

“He lives a life of personal integrity, thereby accruing honor. An honorable man lives up to promises made - to others and to himself. A man of honor is not vain and is willing to endure scorn or ostracism rather than conform to the pressures of peers, superiors, or the fashion of the day. He is ethical, honest, and trustworthy.”

Questions:

What does Honor mean to you? You may have a better definition. How might this differ from the definition above?

Do you think our current understanding of Honor is in line with our Founders' intentions?

How have you observed Honor in practice? Can you describe a time that you have displayed Honor?
Can you describe a time when you were not practicing Honor?

Is it easy or hard to be honorable? Why?

What does Honor look like at home? At school? In the workplace? With your friends, brothers? How is it the same and how does it differ? Should it differ?

Active Minds is the non-profit organizational partner with Honor. What connections can you make between Honor and supporting mental health?