

## *\*Client Coaching Agreement\**

This coaching agreement is entered into between LLF Coaching and the above-named client. It will begin and will continue on a monthly/Weekly/Bi-Weekly for a total of for 14 sessions or until such time as the client terminates my services. A reminder email will be sent 24 hours before any scheduled session. The next session will be scheduled during each current coaching session.

### **Services**

The client will be provided with monthly coaching services via telephone, or zoom call unless otherwise specified by the coach or client. I will call you at the agreed-upon time to begin the call. If you do not answer, you are allowed one call back five minutes after the scheduled time, or the appointment will be canceled.

The purpose of the life coaching sessions is to provide the client with information based on their defined goals. This service includes but is not limited to: brainstorming techniques, identifying action plans, follow-up procedures to maintain client motivation, educating the client as well as asking and answering questions.

### **Termination**

Termination of this agreement may occur at the coach's discretion when an impasse is reached with the client. As long as the client adheres to the Coaching Success Guidelines and the coach adheres to professional practices and standards, the relationship will continue. The goal is to better your business, so all efforts will be made towards that end.

Examples of terminable offenses:

- Lack of payment
- Lack of adherence to Coaching Success Guidelines
- Indifference on the part of the client to prescribed session action items

## Confidentiality

Anything said or revealed in the sessions between coach and client is privileged information and will not be disclosed to any outside party. The exception is if the information revealed includes disclosure of illegal, unethical, or criminal activities. Or expressing harm to self or to others.

The methods employed by LLF Coaching do not guarantee results. They are guidelines that the client must follow through on to see any type of change. Therefore, the client agrees to hold the coach free of any liability and responsibility for adverse reactions as a result of advice given in the coaching sessions.

**By signing below, you signify that you agree with the information laid out in this document in full.**

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Client

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Date

*Raquelle Williams*  
Life Coach