

# The Five Steps to Speed Study Guide

*from the Cello Guru*



- 1. Scales:** Learn the fingerings of the different scales and become very familiar with each key. Start with C major.
- 2. Rhythm:** Learn the Galamian Scale Method and begin to add rhythms to your scales, moving faster and faster.
- 3. Arpeggios:** Learn the arpeggios for each key and add rhythms to these as well.
- 4. Articulation:** Play your scales with separate notes and then slur in twos, threes etc.
- 5. Mindwork:** Have appreciation for your adventurous self and the willingness to put the time in on something new.

*Practice these five things daily to start your new musical journey!*