

Summary of Youth Soccer Rules

Washington County United Soccer

	U6	U8	U10	U12	U14
Ball Size	3	3	4	4	5
# of Players	4 v 4 NO Goalie	4 v 4 NO Goalie	7 v 7 1 must be a Goalie	9 v 9 1 must be a Goalie	11 v 11 1 must be a Goalie
Duration of Game	Four 10 minute Qtrs 5 min half time	Four 10 minute Qtrs 5 min half time	Two 25 min Halves 5 min half time	Two 30 min Halves 10 min half time	Two 35 min Halves 10 min half time
Playing Time	Each player must play AT LEAST half of the game	Each player must play AT LEAST half of the game	Each player must play AT LEAST half of the game	Each player must play AT LEAST half of the game	Each player must play AT LEAST half of the game
Equipment	Must wear provided uniform Shin-guards Socks must cover shin-guards Soccer Shoes (no toe cleat) No Jewelry	Must wear provided uniform Shin-guards Socks must cover shin-guards Soccer Shoes (no toe cleat) No Jewelry	Must wear provided uniform Shin-guards Socks must cover shin-guards Soccer Shoes (no toe cleat) No Jewelry	Must wear provided uniform Shin-guards Socks must cover shin-guards Soccer Shoes (no toe cleat) No Jewelry	Must wear provided uniform Shin-guards Socks must cover shin-guards Soccer Shoes (no toe cleat) No Jewelry
Slide Tackles	NOT ALLOWED	NOT ALLOWED	NOT ALLOWED	Allowed, but not from behind	Allowed, but not from behind
Headers	NOT ALLOWED	NOT ALLOWED	NOT ALLOWED	Minimal (restricted)	Allowed
Free Kicks	Kickoffs Goal Kicks (NO PUNTING) *Attacking team behind the halfway line on goal kicks	Kickoffs Goal Kicks (NO PUNTING) *Attacking team behind the halfway line on goal kicks	FIFA *Attacking team behind the halfway line on goal kicks. NO PUNTING on goal kicks	FIFA	FIFA
Fouls/Dangerous Plays	Direct Free Kick (5 yards)	Direct Free Kick (5 yards)	FIFA	FIFA	FIFA
Offsides	No	No	Yes	Yes	Yes
Throw-ins	No	2 Attempts	No Retry	No Retry	No Retry
Corner Kicks	No	Yes	Yes	Yes	Yes
Substitutions	Any stoppage of play	Any stoppage of play	Substitutions on any dead ball.	Both Teams on <i>your</i> teams throw-ins. Any Goal Kicks After Goals For injury	Both Teams on <i>your</i> teams throw-ins. Any Goal Kicks After Goals For injury
Coaching	Coach allowed on field	Coach allowed on field	Coach on sideline	Coach on sideline	Coach on sideline
Referee	Coaches Referee	Coaches Referee	1 Ref	1-3 Refs	3 Refs