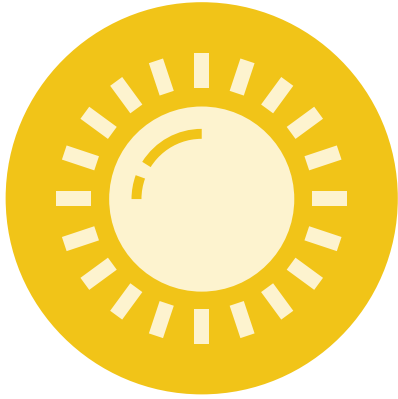




PACIFIC
provisions

*Seasonal
Produce Guide*



Summer

PAGE 3



Autumn

PAGE 9



Winter

PAGE 15



Spring

PAGE 21

Summer

PACIFIC



provisions

December

APPLES

Granny Smith Apple
Pink Lady Apple
Royal Gala Apple

ASIAN VEG

Betel Leaf
Bok Choi
Choi Sum
Gai Lan
Lobok
Pak Choi

AVOCADOS

Avocados (Hass)

BABY VEG

Baby Corn
Baby Fennel
Baby Kale
Baby Leek
Baby Parsnip
Baby Tri Colour Capsicum
Baby Turnip
Carrots
Carrots (Dutch)
Carrots (Purple)
Carrots (Yellow)
Gold Beetroot
Target Beetroot
Teenage Leek
Watermelon Radish

BERRIES

Blackberry
Blueberry
Boysenberry
Raspberry
Red Currants
Strawberry

CITRUS

Lemons
Lemons (Imported)
Limes
Orange (Valencia)

FRUIT

Banana (Cavendish)
Banana (Ladyfinger)
Grapes (Green Seedless)
Grapes (Imported)
Grapes (Red/Black Seedless)
Kiwi Fruit
Pear (Corella)
Pear (Packham)

January

APPLES

Granny Smith Apple
Pink Lady Apple
Royal Gala Apple

ASIAN VEG

Betel Leaf
Bok Choi
Choi Sum
Gai Lan
Lobok
Pak Choi

AVOCADO

Avocados (Hass)
Avocados (Sheppard)

BABY VEG

Baby Corn
Baby Kale
Baby Leek
Baby Parsnip
Baby Turnip
Baby Capsicum
Fennel Baby
Carrots (Dutch)
Carrots (Purple)
Carrots (White)
Carrots (Yellow)
Gold Beetroot
Target Beetroot
Teenage Leek
Watermelon Radish

BERRIES

Blackberry
Blueberry
Raspberry
Red Currants
Strawberry

CITRUS

Grapefruit (Marsh)
Grapefruit (Ruby)
Lemons (Imported)
Limes
Orange (Imported)
Orange (Valencia)
Pomello

FRUIT

Banana (Cavendish)
Banana Ladyfinger
Grapes (Currant)
Grapes (Green Seedless)
Grapes (Red/Black Seedless)
Kiwi Fruit
Pear (Williams)

February

APPLES

Granny Smith Apple
Pink Lady Apple
Red Delicious Apple
Royal Gala Apple (New Season)

ASIAN VEG

Betel Leaf
Bok Choi
Choi Sum
Gai Lan
Lobok
Pak Choi

AVOCADOS

Avocados (Sheppard)

BABY VEG

Baby Corn
Baby Kale
Baby Leek
Baby Parsnip
Baby Turnip
Baby Tri Colour Capsicum
Carrots (Dutch)
Carrots (Purple)
Carrots (White)
Carrots (Yellow)
Fennel Baby
Gold Beetroot
Target Beetroot
Teenage Leek
Watermelon Radish

BERRIES

Blueberry
Raspberry
Strawberry

CITRUS

Grapefruit (Marsh)
Grapefruit (Ruby)
Lemons
Limes
Navel Orange (Imported)
Orange (Valencia)
Pomello

FRUIT

Banana (Cavendish)
Banana (Ladyfinger)
Grapes (Currant)
Grapes (Green Seedless)
Grapes (Red/Black Seedless)
Kiwi Fruit
Pear (Nashi)
Pear (Williams)

December

HEAVY PRODUCE

Beetroot (Large)
Carrot (Large)
Onion (Brown)
Onion (Red)
Onion (Pickling)
Onion (White)
Potato (Brushed)
Potato (Chat Washed)
Potato (Cocktail Chat Washed)
Potato (Desiree Large)
Potato (Desiree Medium)
Potato (Desiree Chat)
Potato (Dutch Cream)
Potato (Golden Delight)
Potato (Kipfler Washed)
Potato (Large Washed)
Potato (Medium Washed)
Potato (Purple Congo)
Potato (Red Foo)
Pumpkin (Butternut)
Pumpkin (Grey)
Pumpkin (Jap)
Swede
Sweet Potato
Turnip

HERBS

Alfalfa
Basil
Basil (Red)
Basil (Thai)
Bay Leaf
Bean Sprouts
Broccoli Sprouts
Chervil
Chives
Coriander
Crunchy Combo
Curry Leaf
Dill
Galangal
Kaffir Lime Leaf
Lavendar
Lemongrass
Lemon Thyme
Marjoram
Micorgreens
Mint
Mung Beans
Parsley (Curly)
Parsley (Flat Leaf)
Red Lentil Sprouts
Rosemary
Sage
Snow Pea Sprout Punnets
Tarragon
Thyme
Vietnamese Mint

January

HEAVY PRODUCE

Beetroot (Large)
Carrot (Large)
Onion (Brown)
Onion (Pickling)
Onion (Red)
Onion (White)
Potato (Brushed)
Potato (Chat Washed)
Potato (Cocktail Chat Washed)
Potato (Desiree Chat)
Potato (Desiree Large)
Potato (Desiree Medium)
Potato (Dutch Cream)
Potato (Golden Delight)
Potato (King Edward)
Potato (Kipfler Washed)
Potato (Large Washed)
Potato (Medium Washed)
Potato (Nicola)
Potato (Purple Congo)
Potato (Red Foo)
Pumpkin (Butternut)
Pumpkin (Grey)
Pumpkin (Jap)
Pumpkin (Minikin)
Swede
Sweet Potato
Turnip

HERBS

Alfalfa
Basil
Basil (Red)
Basil (Thai)
Bay Leaf
Bean Sprouts
Broccoli Sprouts
Chervil
Chives
Coriander
Crunchy Combo
Curry Leaf
Dill
Galangal
Kaffir Lime Leaf
Lavendar
Lemongrass
Lemon Thyme
Marjoram
Microgreens
Mint
Mung Beans
Parsley (Curly)
Parsley (Flat Leaf)
Red Lentil Sprouts
Rosemary
Sage
Snow Pea Sprout Punnets
Tarragon
Thyme
Vietnamese Mint

February

HEAVY PRODUCE

Beetroot Large
Carrot (Large)
Onion (Brown)
Onion (Red)
Onion (Pickling)
Onion (White)
Potato (Brushed)
Potato (Chat Washed)
Potato (Cocktail Chat Washed)
Potato (Desiree Chat)
Potato (Desiree Large)
Potato (Desiree Medium)
Potato (Dutch Cream)
Potato (Golden Delight)
Potato (Large Washed)
Potato (Medium Washed)
Potato (Nicola)
Potato (King Edward)
Potato (Kipfler Washed)
Potato (Purple Congo)
Potato (Red Foo)
Pumpkin (Butternut)
Pumpkin (Grey)
Pumpkin (Jap)
Pumpkin (Minikin)
Swede
Sweet Potato
Turnip

HERBS

Alfalfa
Basil
Basil (Red)
Basil (Thai)
Bay Leaf
Bean Sprouts
Broccoli Sprouts
Chervil
Chives
Coriander
Crunchy Combo
Curry Leaf
Dill
Galangal
Kaffir Lime Leaf
Lavendar
Lemongrass
Lemon Thyme
Marjoram
Microgreens
Mint
Mung Beans
Parsley (Flat Leaf)
Parsley (Curly)
Red Lentil Sprouts
Rosemary
Sage
Snow Pea Sprout Punnets
Thyme
Tarragon
Vietnamese Mint

December

MELONS

Honeydew Melon
Piel de Sapo Melon
Rockmelon
Watermelon (Long)
Watermelon (Seedless)

MUSHROOMS

Button Mushroom
Champignon Mushroom
Cup Mushroom
Enoki Mushroom
Flat Mushroom
Oyster Mushroom
Shemiji Mushroom
Shitake Mushroom
Woodear Mushroom

NATIVE

Finger Limes (Fresh)
Finger Limes (Frozen)
Karkalla
Muntries (Frozen)
Native Basil
Native Thyme
Quandong (Frozen)
River Mint
Samphire
Sea Blite
Sea Parsley

SALADS

Asian Mix
Baby Cos Lettuce
Baby Spinach
Butter Lettuce
Chard Loose Leaf
Endive
Frizee Loose Leaf
Gem Cos Lettuce
Green Coral
Green Oak
Iceberg
Mesculin Mix
Mini Cos Lettuce
Mizuna Loose Leaf
Radicchio
Red Coral
Red Oak
Red Witlof
Snow Pea Tendrils
Spinach Bunch
Tatsoi Loose Leaf
Wild Rocket
Witlof

SPECIALTY

Ghost Chilli
Red Vein Sorrel
Salsify

January

MELONS

Honeydew Melon
Piel de Sapo Melon
Rockmelon
Watermelon (Long)
Watermelon (Seedless)

MUSHROOMS

Button Mushroom
Champignon Mushroom
Cup Mushroom
Enoki Mushroom
Flat Mushroom
Oyster Mushroom
Shemiji Mushroom
Shitake Mushroom
Woodear Mushroom

NATIVE

Finger Limes (Fresh)
Finger Limes (Frozen)
Karkalla
Muntries (Frozen)
Native Basil
Native Thyme
Quandong (frozen)
River Mint
Samphire
Sea Blite
Sea Parsley

SALADS

Asian Mix
Baby Cos Lettuce
Baby Spinach
Butter Lettuce
Chard Loose Leaf
Endive
Frizee Loose Leaf
Gem Cos Lettuce
Green Coral
Green Oak
Iceberg
Mesculin Mix
Mini Cos Lettuce
Mizuna Loose Leaf
Radicchio
Red Oak
Red Coral
Snow Pea Tendrils
Spinach Bunch
Tatsoi Loose Leaf
Wild Rocket
Witlof
Witlof (Red)

SPECIALTY

Ghost Chilli
Red Vein Sorrel
Salsify

February

MELONS

Honeydew Melon
Piel de Sapo Melon
Rockmelon
Watermelon (Long)
Watermelon (Seedless)

MUSHROOMS

Button Mushroom
Champignon Mushroom
Cup Mushroom
Enoki Mushroom
Flat Mushroom
Oyster Mushroom
Shemiji Mushroom
Shitake Mushroom
Woodear Mushroom

NATIVE

Finger Limes (New Season - Fresh)
Finger Limes (Frozen)
Karkalla
Muntries (Frozen)
Native Basil
Native Thyme
Quandong (Frozen)
River Mint
Samphire
Sea Blite
Ice Plant
Sea Parsley

SALADS

Asian Mix
Baby Cos Lettuce
Baby Spinach
Butter Lettuce
Chard Loose Leaf
Endive
Frizee Loose Leaf
Gem Cos Lettuce
Green Coral
Green Oak
Iceberg
Mini Cos Lettuce
Mizuna Loose Leaf
Mesculin Mix
Radicchio
Red Oak
Red Coral
Snow Pea Tendrils
Spinach Bunch
Tatsoi Loose Leaf
Treviso
Witlof
Witlof (Red) - Limited
Wild Rocket

SPECIALTY

Carolina Reaper Chilli
Horseradish
Red Vein Sorrel
Sunflower Sprouts
Salsify

December

STONE FRUIT

Apricots
Cherries Australian
Nectarine
Plums
White Peaches
Yellow Peaches

TOMATO

Cherry Tomato
Grape Tomato
Heirloom Tomato
Kumato Cherry Tomato
Roma Tomato
Round Tomato (Salad)
Truss Tomato
Yellow Cherry Tomato

TROPICAL

Coconut (Drinking)
Coconut (Mature)
Dates
Figs
Lychee
Mango (Nam doc mai)
Mango (R2E2)
Mango (Kensington Pride)
Passionfruit (Black)
Passionfruit (Panama)
Papaya (Skybury Red)
Pawpaw (Yellow)
Pineapple
Pomegranate (Imported)

VEGETABLES

Asparagus (Australian)
Capsicum (Green)
Broccoli
Broccolini (Baby Broc)
Brussel Sprouts
Cabbage (Drumhead)
Cabbage (Red)
Cabbage (Savoy)
Cabbage (Sugarloaf)
Capsicum (Red)
Capsicum (Yellow)
Cauliflower
Celery
Celery
Chilli (Birdseye - green)
Chilli (Birdseye - red)
Chilli (Habanero)
Chilli (Jalapeno)
Chilli (Long Green)
Chilli (Long Red)

January

STONE FRUIT

Apricots
Cherries (Australian)
Nectarine
Peaches (White)
Peaches (Yellow)
Plums

TOMATO

Cherry Tomato
Grape Tomato
Heirloom Tomatoes
Kumato Cherry Tomato
Roma Tomato
Round Tomato (Salad)
Truss Tomato
Yellow Cherry Tomato

TROPICAL

Coconut (Drinking)
Coconut (Mature)
Dates
Dragon Fruit (White)
Dragon Fruit (Yellow)
Figs
Lychee
Mango (Kensington Pride)
Mango (Nam doc mai)
Mango (R2E2)
Papaya (Skybury Red)
Pawpaw (Yellow)
Passionfruit (Black)
Passionfruit (Panama)
Pineapple
Pomegranate (Imported)
Rambutan

VEGETABLES

Asparagus (Australian)
Broccoli
Broccolini (Baby Broc)
Brussel Sprouts
Butter Bean
Cabbage (Drumhead)
Cabbage (Red)
Cabbage (Savoy)
Cabbage (Sugarloaf)
Capsicum (Green)
Capsicum (Red)
Capsicum (Yellow)
Cauliflower
Celery
Celery
Chilli (Birdseye - green)
Chilli (Birdseye - red)
Chilli (Habanero)
Chilli (Jalapeno)
Chilli (Long Green)

February

STONE FRUIT

Apricots (imported)
Cherries (Australian) - until mid Feb
Nectarine
Peaches (Yellow)
Peaches (White)
Plums - Queen Garnett

TOMATO

Cherry Tomato
Grape Tomato
Oxheart Tomatoes
Mixed Heirloom Tomatoes
Kumato Cherry Tomato
Roma Tomato
Round Tomato (Salad)
Truss Tomato
Yellow Cherry Tomato

TROPICAL

Coconut (Drinking)
Coconut (Mature)
Dates
Dragon Fruit (Red)
Dragon Fruit (White)
Dragon Fruit (Yellow)
Figs
Lychee
Mango (Kensington Pride & Pearl)
Mango (Nam doc mai)
Papaya (Skybury Red)
Passionfruit (Panama)
Passionfruit (Black)
Pawpaw (Yellow)
Persimmon (Australian)
Pineapple
Pomegranate (Imported)
Quince - New Season
Rambutan
Rosella
Tamarillo

VEGETABLES

Artichoke (Globe)
Artichoke (Jerusalem)
Asparagus (mix of Aus & Imported)
Broccoli
Broccolini (Baby Broc)
Brussel Sprouts
Butter Bean
Cabbage (Drumhead)
Cabbage (Red)
Cabbage (Savoy)
Cabbage (Sugarloaf)
Capsicum (Green)
Capsicum (Red)
Capsicum (Yellow)
Cauliflower
Celery
Celery
Chilli (Birdseye - green)
Chilli (Birdseye - red)
Chilli (Habanero)

December

VEGETABLES

Chilli (Sweet)
Choko
Corn (Sweet)
Cucumber (Continental)
Cucumber (Lebanese)
Cucumber (Pickling)
Eggplant
Eggplant (Lebanese)
Eschallots (Green)
Fennel (Large)
Garlic (Australian)
Garlic
(Imported peeled prepacked 500g)
Garlic
(Imported peeled prepacked 1kg)
Ginger Old Season
Globe Artichoke
Gold Shallot
Green Bean (Handpicked)
Kale
Leek
Okra
Parsnip
Peas Green/Garden
Rhubarb
Silverbeet
Snake Bean
Squash
Snow Peas
Sugar Snap Peas
Wombok
Zucchini
Zucchini (Gold)

January

VEGETABLES

Chilli (Long Red)
Chilli (Sweet)
Choko
Corn (Sweet)
Cucumber (Continental)
Cucumber (Lebanese)
Cucumber (Pickling)
Eggplant
Eggplant (Lebanese)
Eschallots (Green)
Fennel (Large)
Garlic (Australian)
Garlic
(Imported prepacked peeled 500g)
Garlic
(Imported prepacked peeled 1kg)
Ginger (New Season)
Ginger (Old Season)
Gold Shallot
Globe Artichoke
Green Bean (Handpicked)
Kale
Leek
Okra
Parsnip
Peas (Green/Garden)
Rhubarb
Silverbeet
Snake Bean
Squash
Snow Peas
Sugar Snap Peas
Wombok
Zucchini

February

VEGETABLES

Chilli (Jalapeno)
Chilli (Long Red)
Chilli (Long Green)
Chilli (Sweet)
Choko
Corn (Sweet)
Cucumber (Continental)
Cucumber (Lebanese)
Cucumber (Pickling)
Eggplant
Eggplant (Lebanese)
Eschallots (Green)
Fennel (Large)
Garlic (Australian)
Garlic
(Imported prepacked peeled 500g)
Garlic
(Imported prepacked peeled 1kg)
Ginger (New Season)
Ginger (Old Season)
Gold Shallot
Green Bean (Handpicked)
Kale
Leek
Okra
Parsnip
Peas Green/Garden
Rhubarb
Silverbeet
Snake Bean
Snow Peas
Squash
Sugar Snap Peas
Wombok
Zucchini

Autumn

PACIFIC
 provisions

March

APPLES

Fuji Apple
Granny Smith Apple
Pink Lady Apple
Red Delicious Apple
Royal Gala Apple

ASIAN VEG

Betel Leaf
Bok Choi
Choi Sum
Gai Lan
Lobok
Pak Choi

AVOCADOS

Avocados (Hass)
Avocados (Sheppard)

BABY VEG

Baby Bello Rosso Capsicum
Baby Corn
Baby Fennel
Baby Kale
Baby Leek
Baby Parsnip
Baby Tri Colour Capsicum
Baby Turnip
Carrots (Dutch)
Carrots (Purple)
Carrots (White)
Carrots (Yellow)
Gold Beetroot
Target Beetroot
Teenage Leek
Spring Onions
Watermelon Radish

BERRIES

Blueberry
Kiwi berry
Raspberry
Strawberry

CITRUS

Grapefruit (Marsh)
Grapefruit (Ruby)
Lemons
Limes
Mandarin (Imperial)
Orange (Imported)
Orange (Valencia)
Pomello

FRUIT

Banana (Cavendish)
Banana (Ladyfinger)
Grapes (Green Seedless)
Grapes (Red/Black Seedless)

April

APPLES

Fuji Apple
Granny Smith Apple
Pink Lady Apple
Red Delicious Apple
Royal Gala Apple

ASIAN VEG

Betel Leaf
Bok Choi
Choi Sum
Gai Lan
Lobok
Pak Choi

AVOCADOS

Avocados (Hass)
Avocados (Sheppard)

BABY VEG

Baby Bello Rosso Capsicum
Baby Corn
Baby Fennel
Baby Kale
Baby Leek
Baby Parsnip
Baby Tri Colour Capsicum
Baby Turnip
Baby Zucchini
Carrots (Dutch)
Carrots (Purple)
Carrots (White)
Carrots (Yellow)
Gold Beetroot
Spring Onions
Target Beetroot
Teenage Leek
Watermelon Radish

BERRIES

Blueberry
Raspberry
Strawberry

CITRUS

Grapefruit (Marsh)
Grapefruit (Ruby)
Lemons
Limes
Mandarin (Imperial)
Orange (Imported)
Orange (Valencia)
Pomello

FRUIT

Banana (Cavendish)
Banana (Ladyfinger)
Grapes (Green Seedless)
Grapes (Red/Black Seedless)

May

APPLES

Fuji Apple
Granny Smith Apple
Pink Lady Apple
Red Delicious Apple
Royal Gala Apple

ASIAN VEG

Betel Leaf
Bok Choi
Choi Sum
Gai Lan
Lobok
Lotus Root
Pak Choi

AVOCADOS

Avocados (Hass)
Avocados (Sheppard)

BABY VEG

Baby Bello Rosso Capsicum
Baby Corn
Baby Fennel
Baby Kale
Baby Leek
Baby Parsnip
Baby Tri Colour Capsicum
Baby Turnip
Baby Zucchini
Carrots (Dutch)
Carrots (Purple)
Carrots (White)
Carrots (Yellow)
Gold Beetroot
Spring Onions
Target Beetroot
Teenage Leek
Watermelon Radish

BERRIES

Blueberry
Raspberry
Strawberry

CITRUS

Cumquat
Grapefruit (Marsh)
Grapefruit (Ruby)
Lemons
Limes
Mandarin (Imperial)
Orange (Navel)
Orange (Imported)
Orange (Valencia)
Pomello

FRUIT

Banana (Cavendish)
Banana (Ladyfinger)
Grapes (Green Seedless)
Grapes (Red/Black Seedless)

Autumn

March

FRUIT

Kiwi Fruit
Pear (Beurre bosc)
Pear (Corella)
Pear (Josephine)
Pear (Nashi)
Pear (Packham)
Pear (Red Sensation)
Pear (Williams)

HEAVY PRODUCE

Beetroot (Large)
Carrot (Large)
Onion (Brown)
Onion (Pickling)
Onion (Red)
Onion (White)
Potato (Brushed)
Potato (Chat Washed)
Potato (Cocktail Chat Washed)
Potato (Desiree Large)
Potato (Desiree Medium)
Potato (Desiree Chat)
Potato (Dutch Cream)
Potato (King Edward)
Potato (Kipfler Washed)
Potato (Large Washed)
Potato (Medium Washed)
Potato (Nicola)
Potato (Pink Eye)
Potato (Purple Congo)
Potato (Red Foo)
Pumpkin (Grey)
Pumpkin (Butternut)
Pumpkin (Jap)
Pumpkin (Minikin)
Sweet Potato
Swede
Turnip

HERBS

Alfalfa
Basil
Basil (Red)
Basil (Thai)
Bay Leaf
Bean Sprouts
Broccoli Sprouts
Chervil
Chives
Coriander
Crunchy Combo
Curry Leaf
Dill
Galangal
Kaffir Lime Leaf
Lavendar
Lemongrass
Lemon Thyme
Marjoram
Micorgreens
Mint
Mung Beans

April

FRUIT

Kiwi Fruit
Pear (Beurre bosc)
Pear (Corella)
Pear (Josephine)
Pear (Nashi)
Pear (Packham)
Pear (Red Sensation)
Pear (Williams)

HEAVY PRODUCE

Beetroot (Large)
Carrot (Large)
Onion (Brown)
Onion (Red)
Onion (Pickling)
Onion (White)
Potato (Brushed)
Potato (Chat Washed)
Potato (Cocktail Chat Washed)
Potato (Desiree Large)
Potato (Desiree Medium)
Potato (Desiree Chat)
Potato (Dutch Cream)
Potato (King Edward)
Potato (Kipfler Washed)
Potato (Large Washed)
Potato (Medium Washed)
Potato (Nicola)
Potato (Pink Eye)
Potato (Purple Congo)
Potato (Red Foo)
Pumpkin (Butternut)
Pumpkin (Grey)
Pumpkin (Jap)
Pumpkin (Minikin)
Swede
Sweet Potato
Turnip

HERBS

Alfalfa
Basil
Basil (Red)
Basil (Thai)
Bay Leaf
Bean Sprouts
Broccoli Sprouts
Chervil
Chives
Coriander
Crunchy Combo
Curry Leaf
Dill
Galangal
Kaffir Lime Leaf
Lavendar
Lemongrass
Lemon Thyme
Marjoram
Micorgreens
Mint
Mung Beans

May

FRUIT

Kiwi Fruit
Pear (Beurre bosc)
Pear (Corella)
Pear (Josephine)
Pear (Nashi)
Pear (Packham)
Pear (Red Sensation)
Pear (Williams)

HEAVY PRODUCE

Beetroot (Large)
Carrot (Large)
Onion (Brown)
Onion (Pickling)
Onion (Red)
Onion (White)
Potato (Brushed)
Potato (Chat Washed)
Potato (Cocktail Chat Washed)
Potato (Desiree Chat)
Potato (Desiree Large)
Potato (Desiree Medium)
Potato (Dutch Cream)
Potato (King Edward)
Potato (Kipfler Washed)
Potato (Large Washed)
Potato (Medium Washed)
Potato (Nicola)
Potato (Pink Eye)
Potato (Purple Congo)
Potato (Red Foo)
Pumpkin (Butternut)
Pumpkin (Grey)
Pumpkin (Jap)
Pumpkin (Minikin)
Swede
Sweet Potato
Turnip

HERBS

Alfalfa
Basil
Basil (Red)
Basil (Thai)
Bean Sprouts
Broccoli Sprouts
Chervil
Chives
Coriander
Crunchy Combo
Curry Leaf
Dill
Galangal
Kaffir Lime Leaf
Lavendar
Lemon Thyme
Marjoram
Micorgreens
Mint
Mung Beans
Parsley (Curly)
Parsley (Flat Leaf)

March

HERBS

Parsley (Curly)
Parsley (Flat Leaf)
Red Lentil Sprouts
Rosemary
Sage
Thyme
Tarragon
Snow Pea Sprout Punnets
Vietnamese Mint

MELONS

Honeydew Melon
Piel de Sapo Melon
Rockmelon
Watermelon (Long)
Watermelon (Seedless)

MUSHROOMS

Button Mushroom
Champignon Mushrooms
Cup Mushrooms
Enoki Mushroom
Flat Mushroom
Oyster Mushroom
Shemiji Mushroom
Shitake Mushroom
Slippery Jack Mushroom
Pine Mushroom
Woodear Mushroom

NATIVE

Finger Limes (Fresh)
Finger Limes (Frozen)
Karkalla
Muntries (Frozen)
Native Basil
Native Thyme
Quandong (Frozen)
River Mint
Rosella
Samphire
Sea Blite
Sea Parsley

SALADS

Asian Mix
Baby Cos Lettuce
Baby Spinach
Butter Lettuce
Chard Loose Leaf
Endive
Frizee Loose Leaf
Green Coral
Gem Cos Lettuce
Green Oak
Iceberg
Mesculin Mix
Mini Cos Lettuce
Mizuna Loose Leaf
Radicchio

April

HERBS

Parsley (Curly)
Parsley (Flat Leaf)
Red Lentil Sprouts
Rosemary
Sage
Snow Pea Sprout Punnets
Tarragon
Thyme
Vietnamese Mint

MELONS

Honeydew Melon
Piel de Sapo melon
Rockmelon
Watermelon (Long)
Watermelon (Seedless)

MUSHROOMS

Button Mushroom
Champignon Mushroom
Cup Mushroom
Enoki Mushroom
Flat Mushroom
Oyster Mushroom
Pine Mushroom
Shemiji Mushroom
Shitake Mushroom
Slippery Jack Mushroom
Woodear Mushroom

NATIVE

Finger Limes (Fresh)
Finger Limes (Frozen)
Karkalla
Muntries (Frozen)
Native Basil
Native Thyme
Quandong (Frozen)
River Mint
Rosella
Sea Blite
Sea Parsley

SALADS

Asian Mix
Baby Cos Lettuce
Baby Spinach
Butter Lettuce
Chard Loose Leaf
Endive
Frizee Loose Leaf
Gem Cos Lettuce
Green Coral
Green Oak
Iceberg
Mesculin Mix
Mini Cos Lettuce
Mizuna Loose Leaf
Radicchio

May

HERBS

Red Lentil Sprouts
Rosemary
Sage
Snow Pea Sprout Punnets
Tarragon
Thyme
Vietnamese Mint

MELONS

Honeydew Melon
Piel de Sapo melon
Rockmelon
Watermelon (Long)
Watermelon (Seedless)

MUSHROOMS

Button Mushroom
Champignon Mushroom
Chestnut Mushroom
Cup Mushroom
Enoki Mushroom
Flat Mushroom
Nameko Mushroom
Oyster Mushroom
Pine Mushroom
Shemiji Mushroom
Shitake Mushroom
Slippery Jack Mushroom
Woodear Mushroom

NATIVE

Finger Limes (Fresh)
Finger Limes (Frozen)
Karkalla
Muntries (Frozen)
Native Basil
Native Thyme
Quandong (Frozen)
River Mint
Rosella
Sea Blite
Sea Parsley

SALADS

Asian Mix
Baby Cos Lettuce
Baby Spinach
Butter Lettuce
Chard Loose Leaf
Endive
Frizee Loose Leaf
Gem Cos Lettuce
Green Coral
Green Oak
Iceberg
Mesculin Mix
Mini Cos Lettuce
Mizuna Loose Leaf
Radicchio

March

SALADS

Red Coral
Red Oak
Snow Pea Tendrils
Spinach Bunch
Tatsoi Loose Leaf
Wild Rocket
Witlof
Witlof (Red)

SPECIALTY

Horseradish
Red Vein Sorrel
Salsify

STONE FRUIT

Nectarine
Peach (White)
Peach (Yellow)
Plums

TOMATO

Cherry Tomato
Cherry Tomato (Yellow)
Grape Tomato
Heirloom Tomatoes
Kumato Cherry Tomato
Roma Tomato
Round Tomato (Salad)
Truss Tomato

TROPICAL

Coconut (Drinking)
Coconut (Mature)
Custard Apple
Dates
Dragon Fruit (Red)
Dragon Fruit (White)
Dragon Fruit (Yellow)
Feijoa
Figs
Papaya (Skybury Red)
Passionfruit (Panama)
Passionfruit (Black)
Pawpaw (Yellow)
Pineapple
Persimmon (Australian)
Quince
Rambutan
Rosella
Tamarillo

VEGETABLES

Artichoke (Globe)
Artichoke (Jerusalem)
Asparagus (Imported)
Berlotti Bean
Broccoli
Broccolini (Baby Broc)
Brussel Sprouts

April

SALADS

Red Oak
Red Coral
Snow Pea Tendrils
Spinach Bunch
Tatsoi Loose Leaf
Wild Rocket
Witlof
Witlof (Red)

SPECIALTY

Horseradish
Rapini
Red Vein Sorrel
Salsify

STONE FRUIT

Nectarine - mid April
Peach - mid April
Plum - mid April

TOMATO

Cherry Tomato
Cherry Tomato (Yellow)
Grape Tomato
Heirloom Tomato
Kumato Cherry Tomato
Roma Tomato
Round Tomato (Salad)
Truss Tomato

TROPICAL

Coconut (Drinking)
Coconut (Mature)
Custard Apple
Dates
Dragon Fruit (Red)
Dragon Fruit (White)
Dragon Fruit (Yellow)
Feijoa
Figs
Papaya (Skybury Red)
Passionfruit (Black)
Passionfruit (Panama)
Pawpaw (Yellow)
Persimmon (Australian)
Pineapple
Pomegranate (Australian)
Quince
Rambutan
Rosella
Tamarillo

VEGETABLES

Artichoke (Globe)
Artichoke (Jerusalem)
Asparagus (Imported)
Broccoli
Broccolini (Baby Broc)
Brussel Sprouts
Butter Bean

May

SALADS

Red Oak
Red Coral
Snow Pea Tendrils
Spinach Bunch
Tatsoi Loose Leaf
Wild Rocket
Witlof
Witlof (Red)

SPECIALTY

Horseradish
Rapini
Red Vein Sorrel
Romanesco
Salsify

STONE FRUIT

N/A

TOMATO

Cherry Tomato
Cherry Tomato (Yellow)
Grape Tomato
Heirloom Tomatoes
Kumato Cherry Tomato
Roma Tomato
Round Tomato (Salad)
Truss Tomato

TROPICAL

Coconut (Drinking)
Coconut (Mature)
Custard Apple
Dates
Dragon Fruit (Red)
Dragon Fruit (White)
Dragon Fruit (Yellow)
Feijoa
Figs
Papaya (Skybury Red)
Passionfruit (Panama)
Passionfruit (Black)
Pawpaw (Yellow)
Persimmon (Australian)
Pineapple
Pomegranate (Australian)
Quince
Rosella

VEGETABLES

Artichoke (Globe)
Artichoke (Jerusalem)
Asparagus (Imported)
Berlotti Bean
Broad Bean
Broccoli
Broccolini (Baby Broc)

Autumn

March

VEGETABLES

Butter Bean
Cabbage (Drumhead)
Cabbage (Red)
Cabbage (Savoy)
Cabbage (Sugarloaf)
Capsicum (Red)
Capsicum (Green)
Capsicum (Yellow)
Cauliflower
Celeriac
Celery
Chilli (Birdseye - green)
Chilli (Birdseye - red)
Chilli (Habanero)
Chilli (Jalapeno)
Chilli (Long Green)
Chilli (Long Red)
Chilli (Sweet)
Choko
Corn (Sweet)
Cucumber (Continental)
Cucumber (Lebanese)
Cucumber (Pickling)
Eggplant
Eggplant (Lebanese)
Eschallots (Green)
Fennel (Large)
Garlic (Australian)
Garlic (Imported prepacked peeled 500g)
Garlic (Imported prepacked peeled 1kg)
Ginger (New Season)
Ginger (Old Season)
Gold Shallot
Green Bean (Handpicked)
Kale
Leek
Okra
Parsnip
Peas Green/Garden
Rhubarb
Silverbeet
Snake Bean
Snow Peas
Squash
Sugar Snap Peas
Wombok
Zucchini

April

VEGETABLES

Cabbage (Drumhead)
Cabbage (Red)
Cabbage (Savoy)
Cabbage (Sugarloaf)
Capsicum (Green)
Capsicum (Red)
Capsicum (Yellow)
Cauliflower
Celeriac
Celery
Chilli (Birdseye - green)
Chilli (Birdseye - red)
Chilli (Habanero)
Chilli (Jalapeno)
Chilli (Long Green)
Chilli (Long Red)
Cucumber (Continental)
Cucumber (Lebanese)
Cucumber (Pickling)
Chilli (Sweet)
Choko
Corn (Sweet)
Eggplant
Eggplant (Lebanese)
Eschallots (Green)
Fennel (Large)
Garlic (Australian)
Garlic (Imported prepacked peeled 500g)
Garlic (Imported prepacked peeled 1kg)
Ginger (New Season)
Gold Shallot
Green Bean (Handpicked)
Kale
Leek
Okra
Parsnip
Peas (Green/Garden)
Rhubarb
Silverbeet
Snake Bean
Snow Peas
Squash
Sugar Snap Peas
Wombok
Zucchini
Zucchini (Gold)

May

VEGETABLES

Brussel Sprouts
Butter Bean
Cabbage (Drumhead)
Cabbage (Red)
Cabbage (Savoy)
Cabbage (Sugarloaf)
Cauliflower
Capsicum (Green)
Capsicum (Red)
Capsicum (Yellow)
Celeriac
Celery
Chilli (Birdseye - green)
Chilli (Birdseye - red)
Chilli (Habanero)
Chilli (Jalapeno)
Chilli (Long Green)
Chilli (Long Red)
Chilli (Sweet)
Choko
Corn (Sweet)
Cucumber (Continental)
Cucumber (Lebanese)
Cucumber (Pickling)
Eggplant (Lebanese)
Eschallots (Green)
Fennel (Large)
Garlic (Australian)
Garlic (Imported prepacked peeled 500g)
Garlic (Imported prepacked peeled 1kg)
Ginger (New Season)
Ginger (Old Season)
Gold Shallot
Green Bean (Handpicked)
Kale
Leek
Okra
Parsnip
Rhubarb
Silverbeet
Snake Bean
Snow Peas
Squash
Sugar Snap Peas
Wombok
Zucchini
Zucchini (Gold)



Winter

PACIFIC
provisions



June

APPLES

Fuji Apple
Granny Smith Apple
Pink Lady Apple
Red Delicious Apple
Royal Gala Apple

ASIAN VEG

Betel Leaf
Bok Choi
Choi Sum
Gai Lan
Lobok
Lotus Root
Pak Choi

AVOCADOS

Avocados (Hass)

BABY VEG

Baby Bello Rosso Capsicum
Baby Corn
Baby Fennel
Baby Kale
Baby Leek
Baby Parsnip
Baby Tri Colour Capsicum
Baby Turnip
Baby Zucchini
Carrots (Dutch)
Carrots (Purple)
Carrots (White)
Carrots (Yellow)
Gold Beetroot
Spring Onions
Target Beetroot
Teenage Leek
Watermelon Radish

BERRIES

Blueberry
Raspberry
Strawberry

CITRUS

Cumquat
Grapefruit (Marsh)
Grapefruit (Ruby)
Lemons
Limes
Mandarin (Hickson)
Mandarin (Imperial)
Orange (Blood)
Orange (Cara Cara)
Orange (Navel)

FRUIT

Banana (Cavendish)
Banana (Ladyfinger)
Grapes (Green Seedless)
Grapes (Red/Black Seedless)

July

APPLES

Fuji Apple
Granny Smith Apple
Pink Lady Apple
Red Delicious Apple
Royal Gala Apple

ASIAN VEG

Betel Leaf
Bok Choi
Choi Sum
Gai Lan
Lobok
Lotus Root
Pak Choi

AVOCADOS

Avocados (Hass)

BABY VEG

Baby Bello Rosso Capsicum
Baby Corn
Baby Fennel
Baby Kale
Baby Leek
Baby Parsnip
Baby Tri Colour Capsicum
Baby Turnip
Baby Zucchini
Carrots (Dutch)
Carrots (Purple)
Carrots (Yellow)
Carrots (White)
Gold Beetroot
Spring Onions
Target Beetroot
Teenage Leek
Watermelon Radish

BERRIES

Blueberry
Gooseberry
Raspberry
Strawberry

CITRUS

Cumquat
Grapefruit (Marsh)
Grapefruit (Ruby)
Lemons
Limes
Mandarin (Hickson)
Mandarin (Imperial)
Mandarin (Murcott)
Orange (Blood)
Orange (Cara Cara)
Orange (Navel)

FRUIT

Banana (Cavendish)
Banana (Ladyfinger)
Grapes (Green Seedless)
Grapes (Imported)

August

APPLES

Fuji Apple
Granny Smith Apple
Pink Lady Apple
Red Delicious Apple
Royal Gala Apple

ASIAN VEG

Betel Leaf
Bok Choi
Choi Sum
Gai Lan
Lobok
Lotus Root
Pak Choi

AVOCADOS

Avocados (Hass)

BABY VEG

Baby Bello Rosso Capsicum
Baby Corn
Baby Fennel
Baby Kale
Baby Leek
Baby Parsnip
Baby Tri Colour Capsicum
Baby Turnip
Baby Zucchini
Carrots (Dutch)
Carrots (Purple)
Carrots (White)
Carrots (Yellow)
Gold Beetroot
Spring Onions
Target Beetroot
Teenage Leek
Watermelon Radish

BERRIES

Blueberry
Gooseberry
Raspberry
Strawberry

CITRUS

Cumquat
Grapefruit (Marsh)
Grapefruit (Ruby)
Lemons
Limes
Mandarin (Arfourer)
Mandarin (Hickson)
Mandarin (Murcott)
Orange (Blood)
Orange (Cara Cara)
Orange (Navel)

FRUIT

Banana (Cavendish)
Banana (Ladyfinger)
Grapes (Green Seedless)
Grapes (Imported)

June

FRUIT

Kiwi Fruit
Pear (Beurre bosc)
Pear (Corella)
Pear (Josephine)
Pear (Nashi)
Pear (Packham)
Pear (Red Sensation)

HEAVY PRODUCE

Beetroot (Large)
Carrot (Large)
Onion (Brown)
Onion (Pickling)
Onion (Red)
Onion (White)
Potato (Brushed)
Potato (Chat Washed)
Potato (Cocktail Chat Washed)
Potato (Desiree Chat)
Potato (Desiree Large)
Potato (Desiree Medium)
Potato (Dutch Cream)
Potato (Golden Delight)
Potato (King Edward)
Potato (Kipfler Washed)
Potato (Large Washed)
Potato (Medium Washed)
Potato (Nicola)
Potato (Pink Eye)
Potato (Purple Congo)
Potato (Red Foo)
Pumpkin (Butternut)
Pumpkin (Grey)
Pumpkin (Jap)
Pumpkin (Minikin)
Swede
Sweet Potato
Turnip

HERBS

Alfalfa
Basil
Basil (Thai)
Bay Leaf
Bean Sprouts
Broccoli Sprouts
Chervil
Chives
Coriander
Crunchy Combo
Curry leaf
Dill
Galangal
Kaffir Lime Leaf
Lavendar
Lemongrass
Lemon Thyme
Marjoram
Microgreens
Mint
Mung Beans
Parsley (Curly)

July

FRUIT

Grapes (Red/Black Seedless)
Kiwi Fruit
Pear (Beurre bosc)
Pear (Corella)
Pear (Josephine)
Pear (Nashi)
Pear (Packham)

HEAVY PRODUCE

Beetroot (Large)
Carrot (Large)
Onion (Brown)
Onion (Red)
Onion (Pickling)
Onion (White)
Potato (Brushed)
Potato (Chat Washed)
Potato (Cocktail Chat Washed)
Potato (Desiree Large)
Potato (Desiree Medium)
Potato (Desiree Chat)
Potato (Dutch Cream)
Potato (Golden Delight)
Potato (King Edward)
Potato (Kipfler Washed)
Potato (Large Washed)
Potato (Medium Washed)
Potato (Nicola)
Potato (Pink Eye)
Potato (Purple Congo)
Potato (Red Foo)
Pumpkin (Butternut)
Pumpkin (Grey)
Pumpkin (Jap)
Pumpkin (Minikin)
Swede
Sweet Potato
Turnip

HERBS

Alfalfa
Basil
Basil (Thai)
Bay Leaf
Bean Sprouts
Broccoli Sprouts
Chervil
Chives
Coriander
Crunchy Combo
Curry leaf
Dill
Galangal
Kaffir Lime Leaf
Lavendar
Lemongrass
Lemon Thyme
Marjoram
Microgreens
Mint
Mung Beans
Parsley (Curly)

August

FRUIT

Kiwi Fruit
Pear (Beurre bosc)
Pear (Corella)
Pear (Josephine)
Pear (Nashi)
Pear (Packham)

HEAVY PRODUCE

Beetroot (Large)
Carrot (Large)
Onion (Brown)
Onion (Pickling)
Onion (Red)
Onion (White)
Potato (Brushed)
Potato (Chat Washed)
Potato (Cocktail Chat Washed)
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Potato (Desiree Large)
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Potato (Dutch Cream)
Potato (Golden Delight)
Potato (King Edward)
Potato (Kipfler Washed)
Potato (Large Washed)
Potato (Medium Washed)
Potato (Nicola)
Potato (Pink Eye)
Potato (Red Foo)
Pumpkin (Butternut)
Pumpkin (Grey)
Pumpkin (Jap)
Pumpkin (Minikin)
Swede
Sweet Potato
Turnip

HERBS

Alfalfa
Basil
Basil (Thai)
Bay Leaf
Bean Sprouts
Broccoli Sprouts
Chervil
Chives
Coriander
Crunchy Combo
Curry leaf
Dill
Galangal
Kaffir Lime Leaf
Lavendar
Lemongrass
Lemon Thyme
Marjoram
Microgreens
Mint
Mung Beans
Parsley (Curly)

Winter

June

HERBS

Parsley (Flat Leaf)
Red Lentil Sprouts
Rosemary
Sage
Snow Pea Sprout Punnets
Tarragon
Thyme
Vietnamese Mint

MELONS

Honeydew Melon
Piel de Sapo Melon
Rockmelon
Watermelon (Long)
Watermelon (Seedless)

MUSHROOMS

Button Mushroom
Champignon Mushroom
Chestnut Mushroom
Cup Mushroom
Enoki Mushroom
Flat Mushroom
Nameko Mushroom
Oyster Mushroom
Shemiji Mushroom
Shitake Mushroom
Wood ear Mushroom

NATIVE

Finger Limes (Frozen)
Karkalla
Muntries (Frozen)
Native Basil
Native Thyme
Quandong (Frozen)
River Mint
Sea Blite
Sea Parsley

SALADS

Asian Mix
Baby Cos Lettuce
Baby Spinach
Butter Lettuce
Chard Loose Leaf
Endive
Frizee Loose Leaf
Gem Cos Lettuce
Green Coral
Green Oak
Iceberg
Mesculin Mix
Mini Cos Lettuce
Mizuna Loose Leaf
Radicchio
Red Coral
Red Oak
Snow Pea Tendrils
Spinach Bunch
Tatsoi Loose Leaf

July

HERBS

Parsley (Flat Leaf)
Red Lentil Sprouts
Rosemary
Sage
Snow Pea Sprout Punnets
Tarragon
Thyme
Vietnamese Mint

MELONS

Honeydew Melon
Piel de Sapo Melon
Rockmelon
Watermelon (Long)
Watermelon (Seedless)

MUSHROOMS

Button Mushroom
Champignon Mushroom
Chestnut Mushroom
Cup Mushroom
Enoki Mushroom
Flat Mushroom
Nameko Mushroom
Oyster Mushroom
Shemiji Mushroom
Shitake Mushroom
Wood ear Mushroom

NATIVE

Finger Limes (Frozen)
Karkalla
Muntries (Frozen)
Native Thyme
Quandong (Frozen)
River Mint
Sea Blite
Sea Parsley

SALADS

Asian Mix
Baby Cos Lettuce
Baby Spinach
Butter Lettuce
Chard Loose Leaf
Endive
Frizee Loose Leaf
Gem Cos Lettuce
Green Coral
Green Oak
Iceberg
Mesculin Mix
Mini Cos Lettuce
Mizuna Loose Leaf
Radicchio
Red Oak
Red Coral
Snow Pea Tendrils
Spinach Bunch
Tatsoi Loose Leaf

August

HERBS

Parsley (Flat Leaf)
Red Lentil Sprouts
Rosemary
Sage
Snow Pea Sprout Punnets
Tarragon
Thyme
Vietnamese Mint

MELONS

Honeydew Melon
Piel de Sapo Melon
Rockmelon
Watermelon (Long)
Watermelon (Seedless)

MUSHROOMS

Button Mushroom
Champignon Mushrooms
Chestnut Mushroom
Cup Mushroom
Enoki Mushroom
Flat Mushroom
Oyster Mushroom
Nameko Mushroom
Shemiji Mushroom
Shitake Mushroom
Wood ear Mushroom

NATIVE

Finger Limes (Frozen)
Karkalla
Muntries (Frozen)
Native Thyme
Quandong (Frozen)
River Mint
Sea Blite
Sea Parsley

SALADS

Asian Mix
Baby Cos Lettuce
Baby Spinach
Butter Lettuce
Chard Loose Leaf
Endive
Frizee Loose Leaf
Mini Cos Lettuce
Mizuna Loose Leaf
Gem Cos Lettuce
Green Coral
Green Oak
Iceberg
Mesculin Mix
Radicchio
Red Coral
Red Oak
Snow Pea Tendrils
Spinach Bunch
Tatsoi Loose Leaf

June

SALADS

Trevisio
Witlof
Witlof (Red)
Wild Rocket

SPECIALTY

Horseradish
Rapini
Red Vein Sorrel
Romanesco
Salsify

STONE FRUIT

Cherries (Imported)

TOMATO

Cherry Tomato
Cherry Tomato (Yellow)
Grape Tomato
Heirloom Tomato
Kumato Cherry Tomato
Roma Tomato
Round Tomato (Salad)
Truss Tomato

TROPICAL

Carambola (Star Fruit)
Coconut (Drinking)
Coconut (Mature)
Custard Apples
Dates
Figs
Papaya (Skybury Red)
Passionfruit (Black)
Passionfruit (Panama)
Pawpaw (Yellow)
Persimmon (Imported)
Pineapple
Pomegranate (Australian)
Quince
Rosella
Tamarillo

VEGETABLES

Artichoke (Globe)
Artichoke (Jerusalem)
Asparagus (Imported)
Berlotti Bean
Broad Bean
Broccoli
Broccolini (Baby Broc)
Brussel Sprouts
Butter Bean
Cabbage (Drumhead)
Cabbage (Red)
Cabbage (Savoy)
Cabbage (Sugarloaf)
Capsicum (Green)
Capsicum (Red)
Capsicum (Yellow)
Cauliflower

July

SALADS

Trevisio
Wild Rocket
Witlof
Witlof (Red)

SPECIALTY

Horseradish
Rapini
Red Vein Sorrel
Romanesco
Salsify

STONE FRUIT

Cherries (Imported)

TOMATO

Cherry Tomato
Cherry Tomato (Yellow)
Grape Tomato
Heirloom Tomato
Kumato Cherry Tomato
Roma Tomato
Round Tomato (Salad)
Truss Tomato

TROPICAL

Carambola (Star Fruit)
Coconut (Drinking)
Coconut (Mature)
Custard Apples
Dates
Figs
Mango (Kensington Pride)
Mango (Nam doc mai)
Papaya (Skybury Red)
Passionfruit (Black)
Passionfruit (Panama)
Pawpaw (Yellow)
Persimmon (Imported)
Pineapple
Tamarillo

VEGETABLES

Artichoke (Globe)
Artichoke (Jerusalem)
Asparagus (Australian)
Asparagus (Imported)
Broad Bean
Broccoli
Broccolini (Baby Broc)
Brussel Sprouts
Butter Bean
Cabbage (Drumhead)
Cabbage (Red)
Cabbage (Savoy)
Cabbage (Sugarloaf)
Capsicum (Green)
Capsicum (Red)
Capsicum (Yellow)
Cauliflower

August

SALADS

Trevisio
Wild Rocket
Witlof
Witlof (Red)

SPECIALTY

Horseradish
Rapini
Red Vein Sorrel
Romanesco
Salsify

STONE FRUIT

Cherries (Imported)

TOMATO

Cherry Tomato
Cherry Tomato (Yellow)
Grape Tomato
Heirloom Tomato
Kumato Cherry Tomato
Roma Tomato
Round Tomato (Salad)
Truss Tomato

TROPICAL

Carambola (Star Fruit)
Coconut (Drinking)
Coconut (Mature)
Custard Apples
Dates
Figs
Mango (Kensington Pride)
Mango (Nam doc mai)
Mango (R2E2)
Papaya (Skybury Red)
Passionfruit (Panama)
Passionfruit (Black)
Pawpaw (Yellow)
Persimmon (Imported)
Pineapple
Pomegranate (Imported)
Tamarillo

VEGETABLES

Artichoke (Globe)
Artichoke (Jerusalem)
Asparagus (Australian)
Asparagus (Imported)
Broad Bean
Broccoli
Broccolini (Baby Broc)
Brussel Sprouts
Butter Bean
Cabbage (Drumhead)
Cabbage (Red)
Cabbage (Savoy)
Cabbage (Sugarloaf)
Capsicum (Green)
Capsicum (Red)
Capsicum (Yellow)
Cauliflower

June

VEGETABLES

Celeriac
 Chilli (Long Red)
 Chilli (Long Green)
 Chilli (Birdseye - red)
 Chilli (Birdseye - green)
 Chilli (Habanero)
 Chilli (Jalapeno)
 Chilli (Sweet)
 Choko
 Corn (Sweet)
 Cucumber (Continental)
 Cucumber (Lebanese)
 Cucumber (Pickling)
 Eggplant
 Eggplant (Lebanese)
 Eschallots (Green)
 Fennel (Large)
 Garlic (Australian)
 Garlic (Imported prepacked peeled 500g)
 Garlic (Imported prepacked peeled 1kg)
 Ginger (Old Season)
 Gold Shallot
 Green Bean (Handpicked)
 Kale
 Leek
 Parsnip
 Rhubarb
 Silverbeet
 Snake Bean
 Snow Peas
 Squash
 Sugar Snap Peas
 Wombok
 Zucchini
 Zucchini (Gold)

July

VEGETABLES

Celeriac
 Celery
 Chilli (Birdseye - green)
 Chilli (Birdseye - red)
 Chilli (Habanero)
 Chilli (Jalapeno)
 Chilli (Long Green)
 Chilli (Long Red)
 Chilli (Sweet)
 Choko
 Corn (Sweet)
 Cucumber (Continental)
 Cucumber (Lebanese)
 Cucumber (Pickling)
 Eggplant
 Eggplant (Lebanese)
 Eschallots (Green)
 Fennel (Large)
 Garlic (Imported prepacked peeled 500g)
 Garlic (Imported prepacked peeled 1kg)
 Ginger (Old Season)
 Gold Shallot
 Green Bean (Handpicked)
 Kale
 Leek
 Parsnip
 Peas Green/Garden
 Rhubarb
 Silverbeet
 Snake Bean
 Snow Peas
 Sugar Snap Peas
 Squash
 Wombok
 Zucchini
 Zucchini (Gold)

August

VEGETABLES

Celeriac
 Celery
 Chilli (Birdseye - green)
 Chilli (Birdseye - red)
 Chilli (Habanero)
 Chilli (Jalapeno)
 Chilli (Long Green)
 Chilli (Long Red)
 Chilli (Sweet)
 Choko
 Corn (Sweet)
 Cucumber (Continental)
 Cucumber (Lebanese)
 Cucumber (Pickling)
 Eggplant
 Eggplant (Lebanese)
 Eschallots (Green)
 Fennel (Large)
 Green Bean (Handpicked)
 Garlic (Imported prepacked peeled 500g)
 Garlic (Imported prepacked peeled 1kg)
 Ginger (Old Season)
 Gold Shallot
 Kale
 Leek
 Rhubarb
 Snake Bean
 Parsnip
 Peas (Green/Garden)
 Silverbeet
 Snow Peas
 Squash
 Sugar Snap Peas
 Wombok
 Zucchini
 Zucchini (Gold)

Winter

Spring

PACIFIC

 provisions

September

APPLES

Fuji Apple
Granny Smith Apple
Pink Lady Apple
Red Delicious Apple
Royal Gala Apple

ASIAN VEG

Betel Leaf
Bok Choi
Choi Sum
Gai Lan
Lobok
Pak Choi

AVOCADOS

Avocados (Hass)

BABY VEG

Baby Bello Rosso Capsicum
Baby Corn
Baby Fennel
Baby Kale
Baby Leek
Baby Parsnip
Baby Tri Colour Capsicum
Baby Turnip
Baby Zucchini
Carrots (Dutch)
Carrots (Purple)
Carrots (White)
Carrots (Yellow)
Gold Beetroot
Target Beetroot
Teenage Leek
Spring Onions
Watermelon Radish

BERRIES

Blueberry
Gooseberry
Raspberry
Strawberry

CITRUS

Cumquats
Lemons
Limes
Mandarin (Arfourer)
Mandarin (Murcott)
Orange (Blood)
Orange (Cara Cara)
Orange (Navel)
Orange (Valencia)

FRUIT

Banana (Cavendish)
Banana (Ladyfinger)
Grapes (Green Seedless)
Grapes (Imported)
Kiwi Fruit
Pear (Beurre bosc)

October

APPLES

Granny Smith Apple
Pink Lady Apple
Royal Gala Apple
Red Delicious Apple

ASIAN VEG

Betel Leaf
Bok Choi
Choi Sum
Gai Lan
Lobok
Pak Choi

AVOCADOS

Avocados (Hass)

BABY VEG

Baby Bello Rosso Capsicum
Baby Corn
Baby Fennel
Baby Kale
Baby Leek
Baby Parsnip
Baby Tri Colour Capsicum
Baby Turnip
Baby Zucchini
Carrots (Dutch)
Carrots (Purple)
Carrots (White)
Carrots (Yellow)
Gold Beetroot
Spring Onions
Target Beetroot
Teenage Leek
Watermelon Radish

BERRIES

Blueberry
Mulberry
Raspberry
Strawberry

CITRUS

Lemons
Lemons (Imported)
Limes
Mandarin (Arfourer)
Orange (Blood)
Orange (Navel)
Orange (Valencia)

FRUIT

Banana (Cavendish)
Banana (Ladyfinger)
Grapes (Green Seedless)
Grapes (Imported)
Grapes (Red/Black Seedless)
Kiwi Fruit

November

APPLES

Granny Smith Apple
Pink Lady Apple
Royal Gala Apple

ASIAN VEG

Betel Leaf
Bok Choi
Choi Sum
Gai Lan
Lobok
Pak Choi

AVOCADOS

Avocados (Hass)

BABY VEG

Baby Bello Rosso Capsicum
Baby Corn
Baby Fennel
Baby Kale
Baby Leek
Baby Parsnip
Baby Tri Colour Capsicum
Baby Turnip
Baby Zucchini
Carrots (Dutch)
Carrots (Purple)
Carrots (Yellow)
Carrots (White)
Gold Beetroot
Spring Onions
Target Beetroot
Teenage Leek
Watermelon Radish

BERRIES

Blueberry
Boysenberry
Mulberry
Raspberry
Strawberry

CITRUS

Lemons
Lemons (Imported)
Limes
Orange (Blood)
Orange (Navel)
Orange (Valencia)

FRUIT

Banana (Cavendish)
Banana (Ladyfinger)
Grapes (Green Seedless)
Grapes (Imported)
Grapes (Red/Black Seedless)
Kiwi Fruit

September

FRUIT

Pear (Corella)
Pear (Josephine)
Pear (Nashi)
Pear (Packham)

HEAVY PRODUCE

Beetroot (Large)
Carrot (Large)
Onion (Brown)
Onion (Pickling)
Onion (Red)
Onion (White)
Potato (Brushed)
Potato (Chat Washed)
Potato (Cocktail Chat Washed)
Potato (Desiree Chat)
Potato (Desiree Large)
Potato (Desiree Medium)
Potato (Dutch Cream)
Potato (Golden Delight)
Potato (King Edward)
Potato (Kipfler Washed)
Potato (Large Washed)
Potato (Medium Washed)
Potato (Nicola)
Potato (Pink Eye)
Potato (Red Foo)
Pumpkin (Butternut)
Pumpkin (Grey)
Pumpkin (Jap)
Pumpkin (Minikin)
Swede
Sweet Potato
Turnip

HERBS

Alfalfa
Basil
Basil (Thai)
Basil (Red)
Bay Leaf
Bean Sprouts
Broccoli Sprouts
Chervil
Chives
Coriander
Crunchy Combo
Curry Leaf
Dill
Galangal
Kaffir Lime Leaf
Lavendar
Lemongrass
Lemon Thyme
Marjoram
Microgreens
Mint
Mung Beans
Parsley (Curly)
Parsley (Flat Leaf)
Rosemary
Red Lentil Sprouts
Sage

October

FRUIT

Pear (Beurre bosc)
Pear (Corella)
Pear (Josephine)
Pear (Packham)

HEAVY PRODUCE

Beetroot (Large)
Carrot (Large)
Onion (Brown)
Onion (Pickling)
Onion (Red)
Onion (White)
Potato (Brushed)
Potato (Chat Washed)
Potato (Cocktail Chat Washed)
Potato (Desiree Chat)
Potato (Desiree Large)
Potato (Desiree Medium)
Potato (Dutch Cream)
Potato (Golden Delight)
Potato (King Edward)
Potato (Kipfler Washed)
Potato (Large Washed)
Potato (Medium Washed)
Potato (Nicola)
Potato (Pink Eye)
Potato (Red Foo)
Pumpkin (Butternut)
Pumpkin (Grey)
Pumpkin (Jap)
Swede
Sweet Potato
Turnip

HERBS

Alfalfa
Basil
Basil (Red)
Basil (Thai)
Bay Leaf
Bean Sprouts
Broccoli Sprouts
Chervil
Chives
Coriander
Crunchy Combo
Curry Leaf
Dill
Galangal
Kaffir Lime Leaf
Lavendar
Lemongrass
Lemon Thyme
Marjoram
Microgreens
Mint
Mung Beans
Parsley (Curly)
Parsley (Flat Leaf)
Red Lentil Sprouts
Rosemary
Sage

November

FRUIT

Pear (Beurre bosc)
Pear (Corella)
Pear (Packham)

HEAVY PRODUCE

Beetroot (Large)
Onion (Brown)
Carrot (Large)
Onion (Red)
Onion (Pickling)
Onion (White)
Potato (Brushed)
Potato (Chat Washed)
Potato (Cocktail Chat Washed)
Potato (Desiree Chat)
Potato (Desiree Large)
Potato (Desiree Medium)
Potato (Dutch Cream)
Potato (Kipfler Washed)
Potato (Large Washed)
Potato (Medium Washed)
Potato (Purple Congo)
Potato (Red Foo)
Pumpkin (Butternut)
Pumpkin (Grey)
Pumpkin (Jap)
Swede
Sweet Potato
Turnip

HERBS

Alfalfa
Basil
Basil (Red)
Basil (Thai)
Bay Leaf
Bean Sprouts
Broccoli Sprouts
Chervil
Chives
Coriander
Crunchy Combo
Curry Leaf
Dill
Galangal
Kaffir Lime Leaf
Lavendar
Lemongrass
Lemon Thyme
Marjoram
Microgreens
Mint
Mung Beans
Parsley (Curly)
Parsley (Flat Leaf)
Red Lentil Sprouts
Rosemary
Sage

September

HERBS

Snow Pea Sprout Punnets
Tarragon
Thyme
Vietnamese Mint

MELONS

Honeydew Melon
Piel de Sapo Melon
Rockmelon
Watermelon (Long)
Watermelon (Seedless)

MUSHROOMS

Button Mushroom
Champignon Mushrooms
Chestnut Mushroom
Cup Mushroom
Enoki Mushroom
Flat Mushroom
Nameko Mushroom
Oyster Mushroom
Shemiji Mushroom
Shitake Mushroom
Woodear Mushroom

NATIVE

Finger Limes (Frozen)
Karkalla
Muntries (Frozen)
Native Basil
Native Thyme
Quandong (Frozen)
River Mint
Samphire
Sea Blite
Sea Parsley

SALADS

Asian Mix
Baby Cos Lettuce
Baby Spinach
Butter Lettuce
Chard Loose Leaf
Endive
Frizee Loose Leaf
Gem Cos Lettuce
Green Coral
Green Oak
Iceberg
Mesculin Mix
Mini Cos Lettuce
Mizuna Loose Leaf
Radicchio
Red Coral
Red Oak
Snow Pea Tendrils
Spinach Bunch
Tatsoi Loose Leaf
Trevisio
Wild Rocket
Witlof
Witlof (Red)

October

HERBS

Snow Pea Sprout Punnets
Tarragon
Thyme
Vietnamese Mint

MELONS

Honeydew Melon
Piel de Sapo Melon
Rockmelon
Watermelon (Long)
Watermelon (Seedless)

MUSHROOMS

Button Mushroom
Champignon Mushrooms
Cup Mushroom
Enoki Mushroom
Flat Mushroom
Oyster Mushroom
Pine Mushroom
Shemiji Mushroom
Shitake Mushroom
Slippery Jack Mushroom
Woodear Mushroom

NATIVE

Finger Limes (Frozen)
Karkalla
Muntries (Frozen)
Native Basil
Native Thyme
Quandong (Frozen)
River Mint
Samphire
Sea Blite
Sea Parsley

SALADS

Asian Mix
Baby Cos Lettuce
Baby Spinach
Butter Lettuce
Chard Loose Leaf
Endive
Frizee Loose Leaf
Gem Cos Lettuce
Green Coral
Green Oak
Iceberg
Mesculin Mix
Mini Cos Lettuce
Mizuna Loose Leaf
Radicchio
Red Oak
Red Coral
Snow Pea Tendrils
Spinach Bunch
Tatsoi Loose Leaf
Trevisio
Wild Rocket
Witlof
Witlof (Red)

November

HERBS

Snow Pea Sprout Punnets
Tarragon
Thyme
Vietnamese Mint

MELONS

Honeydew Melon
Piel de Sapo Melon
Rockmelon
Watermelon (Long)
Watermelon (Seedless)

MUSHROOMS

Button Mushroom
Cup Mushroom
Champignon Mushroom
Enoki Mushroom
Flat Mushroom
Oyster Mushroom
Pine Mushroom
Shemiji Mushroom
Shitake Mushroom
Slippery Jack Mushroom
Woodear Mushroom

NATIVE

Finger Limes (Fresh)
Finger Limes (Frozen)
Karkalla
Muntries (Frozen)
Native Basil
Native Thyme
Quandong (Frozen)
River Mint
Samphire
Sea Blite
Sea Parsley

SALADS

Asian Mix
Baby Cos Lettuce
Baby Spinach
Butter Lettuce
Chard Loose Leaf
Endive
Frizee Loose Leaf
Gem Cos Lettuce
Iceberg
Green Coral
Green Oak
Mesculin Mix
Mini Cos Lettuce
Mizuna Loose Leaf
Radicchio
Red Oak
Red Coral
Snow Pea Tendrils
Spinach Bunch
Tatsoi Loose Leaf
Trevisio
Witlof
Witlof (Red)
Wild Rocket

September

SPECIALTY

Horseradish
Red Vein Sorrel
Salsify

STONE FRUIT

Peaches (White)
Peaches (Yellow)

TOMATO

Cherry Tomato
Cherry Tomato (Yellow)
Grape Tomato
Heirloom Tomato
Kumato Cherry Tomato
Roma Tomato
Round Tomato (Salad)
Truss Tomato

TROPICAL

Coconut (Drinking)
Coconut (Mature)
Custard Apples
Dates
Figs
Mango (Kensington Pride)
Mango (Nam doc mai)
Mango (R2E2)
Papaya (Skybury Red)
Passionfruit (Panama)
Passionfruit (Black)
Pawpaw (Yellow)
Persimmon (Imported)
Pineapple
Pomegranate (Imported)
Tamarillo

VEGETABLES

Artichoke (Globe)
Artichoke (Jerusalem)
Asparagus (Australian)
Broad Bean
Broccoli
Broccolini (Baby Broc)
Brussel Sprouts
Butter Bean
Cabbage (Drumhead)
Cabbage (Red)
Cabbage (Savoy)
Cabbage (Sugarloaf)
Capsicum (Green)
Capsicum (Red)
Capsicum (Yellow)
Cauliflower
Celeriac
Celery
Chilli (Birdseye - green)
Chilli (Birdseye - red)
Chilli (Habanero)

October

SPECIALTY

Horseradish
Red Vein Sorrel
Salsify
White Asparagus

STONE FRUIT

Nectarine
Peaches (White)
Peaches (Yellow)

TOMATO

Cherry Tomato
Cherry Tomato (Yellow)
Grape Tomato
Heirloom Tomato
Kumato Cherry Tomato
Roma Tomato
Round Tomato (Salad)
Truss Tomato

TROPICAL

Coconut (Drinking)
Coconut (Mature)
Dates
Figs
Mango (Kensington Pride)
Mango (Nam doc mai)
Mango (R2E2)
Papaya (Skybury Red)
Passionfruit (Panama)
Passionfruit (Black)
Pawpaw (Yellow)
Pineapple
Pomegranate (Imported)
Sapote (Black)
Sapote (Mamey)

VEGETABLES

Artichoke (Globe)
Artichoke (Jerusalem)
Asparagus (Australian)
Broccoli
Broccolini (Baby Broc)
Broad Bean
Brussel Sprouts
Butter Bean
Cabbage (Drumhead)
Cabbage (Red)
Capsicum (Red)
Cabbage (Savoy)
Cabbage (Sugarloaf)
Capsicum (Green)
Capsicum (Yellow)
Cauliflower
Celeriac
Celery
Chilli (Birdseye - green)
Chilli (Birdseye - red)
Chilli (Habanero)

November

SPECIALTY

Horseradish
Red Vein Sorrel
Salsify
White Asparagus

STONE FRUIT

Cherries (Australian)
Nectarine
Peaches (Yellow)
Peaches (White)
Plums

TOMATO

Cherry Tomato
Cherry Tomato (Yellow)
Grape Tomato
Heirloom Tomato
Kumato Cherry Tomato
Roma Tomato
Round Tomato (Salad)
Truss Tomato

TROPICAL

Coconut (Drinking)
Coconut (Mature)
Dates
Figs
Mango (Kensington Pride)
Mango (Nam doc mai)
Mango (R2E2)
Papaya (Skybury Red)
Passionfruit (Panama)
Passionfruit (Black)
Pawpaw (Yellow)
Pineapple
Pomegranate (Imported)
Sapote (Black)
Sapote (Mamey)

VEGETABLES

Artichoke (Globe)
Asparagus (Australian)
Broad Bean
Broccoli
Broccolini (Baby Broc)
Brussel Sprouts
Butter Bean
Cabbage (Drumhead)
Cabbage (Red)
Cabbage (Savoy)
Cabbage (Sugarloaf)
Capsicum (Green)
Capsicum (Red)
Capsicum (Yellow)
Cauliflower
Celeriac
Celery
Chilli (Birdseye - green)
Chilli (Birdseye - red)
Chilli (Habanero)
Chilli (Jalapeno)

September

VEGETABLES

Chilli (Jalapeno)
Chilli (Long Green)
Chilli (Long Red)
Chilli (Sweet)
Choko
Corn (Sweet)
Cucumber (Continental)
Cucumber (Lebanese)
Cucumber (Pickling)
Peas (Green/Garden)
Eggplant
Eggplant (Lebanese)
Eschallots (Green)
Fennel (Large)
Garlic (Australian)
Garlic (Imported prepacked peeled 500g)
Garlic (Imported prepacked peeled 1kg)
Ginger (Old Season)
Gold Shallot
Green Bean - Handpicked
Kale
Leek
Okra
Parsnip
Rhubarb
Silverbeet
Snake Bean
Snow Peas
Squash
Sugar Snap Peas
Wombok
Zucchini
Zucchini (Gold)

October

VEGETABLES

Chilli (Jalapeno)
Chilli (Long Red)
Chilli (Long Green)
Chilli (Sweet)
Choko
Corn (Sweet)
Cucumber (Continental)
Cucumber (Lebanese)
Cucumber (Pickling)
Eggplant
Eggplant (Lebanese)
Eschallots (Green)
Fennel (Large)
Garlic (Australian)
Garlic (Imported prepacked peeled 500g)
Garlic (Imported prepacked peeled 1kg)
Ginger (Old Season)
Gold Shallot
Green Bean (Handpicked)
Kale
Leek
Okra
Parsnip
Peas (Green/Garden)
Rhubarb
Silverbeet
Snake Bean
Snow Peas
Squash
Sugar Snap Peas
Wombok
Zucchini
Zucchini (Gold)

November

VEGETABLES

Chilli (Long Green)
Chilli (Long Red)
Chilli (Sweet)
Choko
Corn (Sweet)
Cucumber (Continental)
Cucumber (Lebanese)
Cucumber (Pickling)
Eggplant
Eggplant (Lebanese)
Eschallots (Green)
Fennel (Large)
Garlic (Australian)
Garlic (Imported prepacked peeled 500g)
Garlic (Imported prepacked peeled 1kg)
Ginger (Old Season)
Gold Shallot
Green Bean (Handpicked)
Kale
Leek
Okra
Parsnip
Peas (Green/Garden)
Rhubarb
Silverbeet
Snake Bean
Snow Peas
Squash
Sugar Snap Peas
Wombok
Zucchini
Zucchini (Gold)