

The Calla Lily

Gazette



Beta Xi Chapter of The National Sorority of Phi Delta Kappa, Inc. (NSPDK)
Volume 1 • Number 2 • February 2026

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Beta Xi Chapter Officers

Basileus

Alice J. Gordon

1st Anti Basileus

Katie May-Taylor

2nd Anti Basileus

Altresse Coleman-Moore

Grammateus

Dr. Deborah Daniels

Epistoleus

Zeta June,

Tamiouchos

Carmen Lamar-Canady

Tamias

Cherry Jones

Dean of Pledges

Doris Jackson

Parliamentarian

Tangela Jones

Executive Advisor

Lillian Lancaster

The Calla Lily Gazette

Newsletter Editor

Dr. Rebekah McCloud

LETTER FROM THE BASILEUS



My Dear Sorors of Beta Xi,

As we celebrate this month honoring our history, let us stay mindful of the fact that we have a history too rich to ignore. We stand on the shoulders of so many great teachers, inventors, doctors, nurses, lawyers, Civil Rights leaders, scientists, dancers, researchers, engineers, actors..... and the list goes on and on.

We are a profession that has and shall always be critical to the success of all other professions. Thank you for the work you are doing and have done through your individual and collective work as teachers, the real super heroes. Give yourself credit for the love you share, the gifts within students that you nurture, and the difference you make in the lives of those we serve.

In all that you're doing, take some time to love on yourselves.

Thank you for your service to the National Sorority of Phi Delta Kappa, incorporated, Beta Xi Chapter.

Sisterly,
Alice J. Gordon
Basileus



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Community Outreach

By Basileus Alice J. Gordon

Here are a few of the pictures from the community outreach. NAMI provided materials for us to share with the families. About 30 parents and their child(ren) stopped by the table and readily accepted the resources provided by NAMI. We were able to share that the services are free and the parents will be able to reach out to NAMI for counseling services/support for their student and the family. It was a very successful event and I want to give a shoutout to Soror Tasha Pierce for bringing this opportunity to Beta Xi.



Photo: Serving for the outreach were (left to right) Sorors Alice Gordon, Tasha Pierce, and Zelda Jones.

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SISTER 2 SISTER WEEKLY CHECK IN

By Soror Altresse Coleman-Moore, Anti-Basileus

Checking in weekly/bi-weekly on our sisters who are caregivers or facing various health challenges. Teams of Sorors will commit to check in on our Sorors to ensure that we are aware of their needs and to let them know that they are dear to Beta Xi.

This is a great way to stay connected and ensure they are supported during this time. We are broken up into teams for this initiative. Hopefully each Soror will receive at least two calls/contacts monthly. Sorors may choose to send cards. Feel free to reach out with any questions or concerns.

SOROR	CHECK-IN TEAM
Tanya Burns	Coleman-Moore/ J D Schofield/ Cox
Mary Dickson	Gordon / M Gordon
Helen Greene	Jackson / M. Jones
Mattie Johnson	Lambert / Poole/R Rumph
Lillian Lancaster	F. Chambers/ McCloud/ D Daniels
Epsie McCleese	Adams / M Daniel
Bertha McGraw	Howard/ S Crockett-Carswell
Patti Moore	June / Poteat/ D Rumph
Willie Means	C Jones / S Jones
Della Paul	Glover / McCaskill-McPherson
Brittany Smith	Lynch- Booker/ Z Jones
Santina Upshaw	C Lamar Canady / May-Taylor
Mildred Wilkerson	D Johnson/Wynn
Clara Walters	T Jones / Galbraith/ Peeples-Tomlinson
Velma Herrington	C Monroe / Pierce



"A sister is a gift to the heart, a friend to the spirit, a golden thread to the meaning of life." — Isadora James

**"If you're afraid to use your voice,
give up your seat at the table." —Michelle Obama**



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Black Child Book Fair

By Sorors Dr. Rebekah McCloud & Dr. Deborah Daniels

Beta Xi Sisters joined together to volunteer at the Black Child Book Fair hosted by the Central Florida Section of the National Council of Negro Women, Inc. (NCNW). Held MLK weekend, this was the first time the event was hosted in Orlando, and it was an incredible success! Nine black authors), from across the nation (including our own Dr. Deborah) were on hand to share their books, their stories, and their enthusiasm for reading and writing. Dr. Deborah Daniels had a manipulative to interactively engage the children and card stock folded in book form for the children to practice their writing skills and become authors themselves. She also gave her book Those Who can TEACH (Transcend, Empower, And Cultivate Humanity) to all of the teachers who visited her table.



Pictured above are members of Beta Xi and members of CFSNCNW. Left to right are as follows: Soror Rose Cooper (Beta Xi), Sister Fontella Jones (CFSNCNW), Soror Tameka Cox (Beta Xi), Soror Doris Jackson (Beta Xi), Soror Dr. Deborah Daniels (Beta Xi), Soror Zelda Jones (Beta Xi), and Sister Dr. Delores Grant (CFSNCNW).

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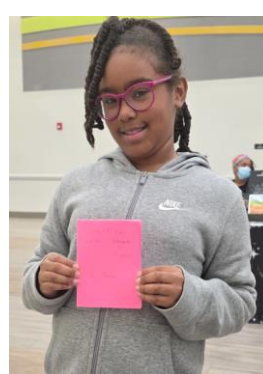


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Sorors Dr. Deborah Daniels and Dr. Rebekah McCloud performed double duty. They are both members of the CFSNCNW and were on the committee that planned this event. Partnering with NCNW (National Council of Negro Women), Beta Xi Sorors were on hand to assist as needed at the Black Children's Book Fair. Beta Xi provided Black History bookmarks to attendees. Our own Soror, Dr. Rebekah McCloud, pictured below with Basileus Alice Gordon, coordinated the event. Beta Xi Soror Tameka Cox (pictured below) showed a child what it is like to be an author at the Black Children's Book Fair.

Many of the authors sold out of books and each has committed to returning in 2027 bringing more remarkable black authors. Over 70 families attended the event.



Above, Beta Xi Sorors volunteered for the day (left to right): Rose Cooper, Tameka Cox, Doris Jackson, Dr. Deborah Daniels, and Zelda Jones.



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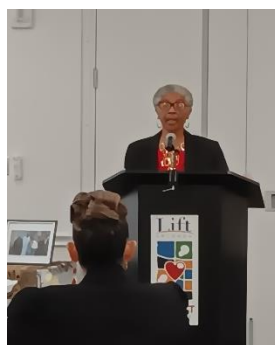
Beta Xi's Academic Issues and Current Trends in Education Program

By Soror Patti Moore

Beta Xi's Annual Academic Issues and Current Trends in Education program was a big success! Over 60 were in attendance. Our Dynamic Guest Speaker Dr. Joseph Webster was simply amazing and very informative! The meal served "Fit for a King" was delicious and a big thanks to Beta Xi's January Hospitality Hostesses who graciously provided and served!!



And honored on program were 8 Beta Xi "Outstanding Unsung Heroes": Sorors Cherry Jones, Tangela Jones, Dr. Deborah Daniels, Gorsha Galbraith, Dr. Rebekah McCloud, Amozene Lambert, Shunta (Shaun) Crockett-Carswell, and Katie May Taylor.



"Beta Xi On Fire as We Lead, Support, Strengthen and Celebrate Our Teachers, Our Community and Our Sisterhood"



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February is Heart Health Month

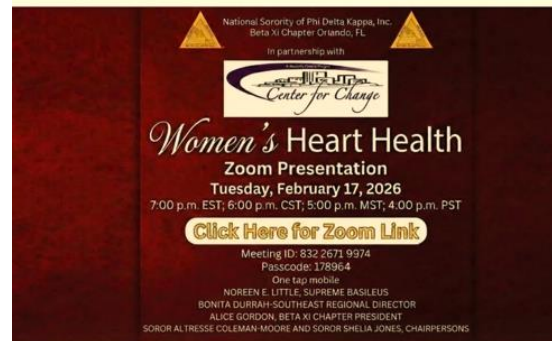
By Kelli Armwood Bryant, National Health, Hypertension, and Nutrition

Sorors from Beta Xi joined with other NSPDK Sorors for the Walk for Heart Health Initiative. We recorded our steps from February 9th -13th in recognition of February being Heart Health Month. Our goal was to record 2000 steps a day and 10,000 steps for five days, as we strived to collectively surpass the 948,000 steps from 2025.

“Slavery is white history. How we survived it is Black History.”
—Malcolm Jamal-Warner

Sorors, our heart health matters!

Please join Beta Xi for a Women's Heart Health Presentation on Tuesday, February 17th, in recognition of American Heart Health month.



Zoom ID: 832 2671 9974 | Passcode: 178964

Please register at the link below:

<https://forms.gle/z8fuV4CPE8WKvJXcA>



Happy Birthday—February

RITA	RUMPH	2/11
FELICIA	CHAMBERS	2/16
JOHNNIE	GLOVER	2/17
ROSALYN	CASTILE	2/19
DORIS	JACKSON	2/24

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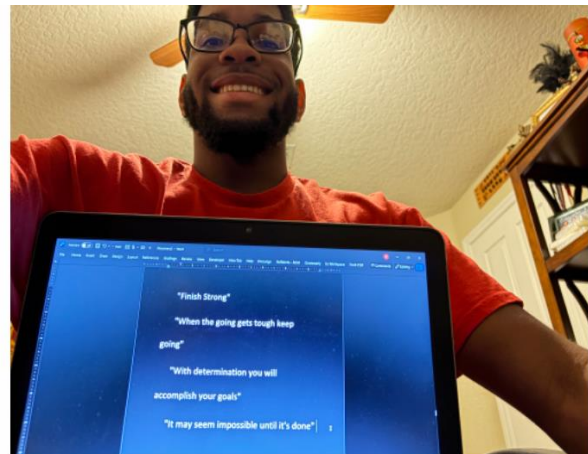
Beta Xi KOT Encourages Xinos & Kudos Alum

By Soror Dr. Deborah Daniels

Beta Xi KOT Zachary Rivers sent inspirational quotes to our high school students who are Xinos (young ladies) and a Kudo (young man), to encourage them to finish the school year strong as they work towards completing this semester of studies.

Zachary sent them quotes in the fall and now, to encourage them to finish the school year strong!!!

Soror Claudette Monroe will share the quotes with them during their next meeting.



Inspirational quotes

"Finish Strong"

"When the going gets tough keep going"

"With determination you will accomplish your goals"

"It may seem impossible until it's done"



Beta Xi Anthropos continue to encourage our KOT by sending a care package of cash cards that will help sustain him as he completes the remainder of his semester and work a job simultaneously. We are very proud of KOT Zachary. We want him to know we support him and we are here for him.



Beta Xi KOT



Reach as you climb!!



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Shout Outs

- Shout out to Soror Rose for sending out daily Black History articles! The articles have been informative and educational. Hopefully you have learned some new facts and learned about African American accomplishments you did not know about.
- Shout out to Soror Katie Mae Taylor for sending out the daily inspiration. They are encouraging, heart warming, and right on time.
- Shout out to Soror Lillian Lancaster for her submission to the National Sorority of Phi Delta Kappa, Inc. (NSPDK) Southeast Regional Newsletter. Beta Xi had two pages of events included in the newsletter. Way to represent!!
- Shout out to Soror Dr. Clara Walters. She was on TV (Spectrum News 13) Wednesday evening speaking on Black History.

WE ASK TEACHERS TO BE SUPERHEROES, BUT WE OFTEN FORGET TO GIVE THEM A CAPE

HERE IS WHAT TEACHERS ACTUALLY NEED TO BE THEIR BEST:

- TRUST IN THEIR EXPERTISE**
Teachers are educated professionals. They need the autonomy to make decisions for their classrooms without constant micromanagement.
- PROTECTION OF THEIR TIME**
Burnout doesn't come from teaching; it comes from the crushing weight of administrative tasks. Teachers need streamlined paperwork and "protected time" for planning and grading so they can fol.
- REAL MENTAL HEALTH SUPPORT**
Wellness isn't a yoga seminar once a year. It's having manageable class sizes, the ability to disconnect after hours without guilt, and a school culture that validates their stress rather than dismissing it.
- RELEVANT PROFESSIONAL GROWTH**
Stop the "one-size-fits-all" training. Teachers crave personalized development that actually solves the specific challenges they face in their classroom, not generic workshops that feel like a box checking exercise.

Teachers, what is ONE thing that would make your job sustainable today?

ezzidan

Shout out to Soror Dr. Nikita McCaskill who served as a panelist for the 5th Annual Ladies Night event. Way to go, Beta Xi Sorors on the move!

Central Florida Urban League

5th Annual Ladies' Night

FEBRUARY 11TH
5:30-7:00PM

Empowering Young Ladies in Our Community.

Hosted by: Future Leaders United (FLU)

2804 Belco Drive,
Orlando, FL 32808

Zoom Meeting ID: 892 3688 0750
Passcode: 792094

Moderator
Sandra Fatmi-Hall
Founder & C.E.O
United Foundation of Central Florida

Panelists

 Dr. Nikita McCaskill Executive Director & Founder of DREAMS 4 Life, LLC	 Nicole Nellis Mincey Contractor	 Seneville Mincey Contractor	 Captain Lenita King FHP	 Trooper Migdalis Garcia FHP	 Lieutenant Kathleen Elia OCISO	 Sergeant Kaitlin Zimmer OCISO	 Deputy Gladys Diaz OCISO	 Deputy Savannah Lewis OCISO	 Chief Dr. Lovetta Quinn-Henry AFS
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This event is sponsored by the Office of Attorney General James Uthmeier.

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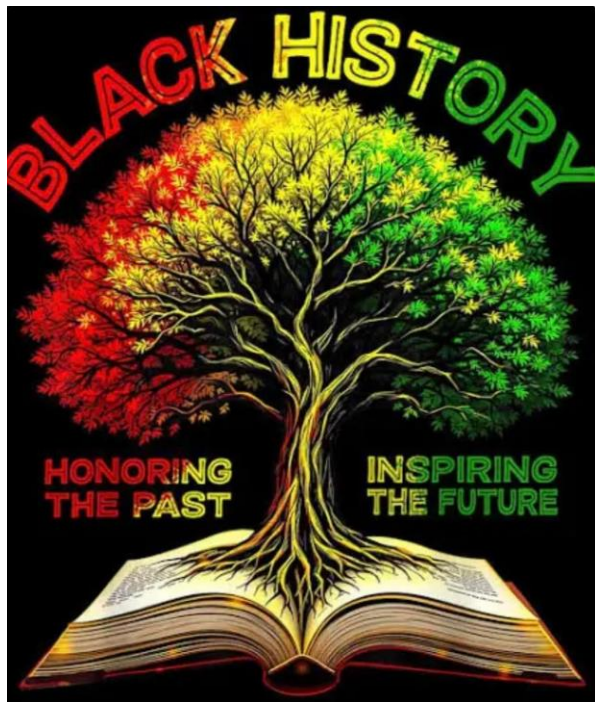


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Beta Xi Chapter 2026 Black History Month Celebration

By Soror Rose Cooper



The National Sorority of Phi Delta Kappa, Inc. Black History theme for year 2026 is “A Century of Black History Commemorations”. This theme honors the 100th anniversary of the Negro History Week, founded in 1926 by Dr. Carter G. Woodson.

We will explore the impact and meaning of a century of Black History celebrations, from 1926 to modern-day. The context is to emphasize the continued necessity of telling an accurate, inclusive history, particularly in the face of efforts to restrict Black History in education.

The Beta Xi Chapter will celebrate the memory of Black History Week and the “Desegregation (Fishbowl) Experience” of the 1960’s. The celebration will take place after the February Chapter Meeting, February 28, 2026, at the

Heart of West Lakes, 710 S Tampa Ave., Orlando, FL 32805.

“If you see something that is not right, not fair, not just, you have a moral obligation to do something about it.”

—John Lewis

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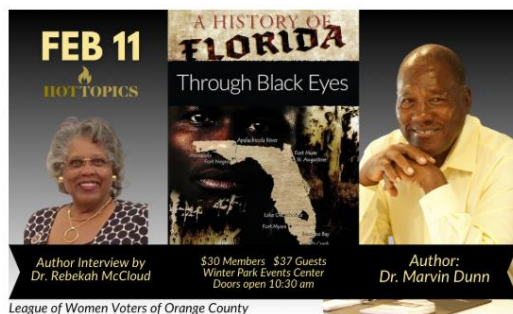
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Upcoming Black History Month Events



February 11th—The League of Women Voters, Black History Month "Hot Topics" will feature our own Dr. Rebekah McCloud as the moderator. This session is a conversation with Dr. Marvin Dunn about his 2016 book: *A History of Florida: Through Black Eyes*. The talk is in recognition of ASALH's 2026 National Black History Month theme, "Century of Black History Commemorations" marking 100 years of national

observances dedicated to honoring the lives, struggles, and achievements of African Americans. The link is below:

https://lwvoc.org/content.aspx?page_id=22&club_id=907481&module_id=380215

February 12th—Bethune-Cookman University Concert Chorale

Dr. Phillips Performing Arts Center Alexis & Jim Pugh Theater 7:30 p.m. *Lift Every Voice and Sing: A Choral Celebration of Love and Heritage*, featuring the world-renowned Bethune-Cookman University Concert Chorale, is a riveting concert that honors love in its many forms. Here, love of community, love of faith and love of history are engendered through a rich tapestry of choral works, ensembles and dynamic soloists. This concert celebrates voices shaped by resilience, hope and shared memory, drawing connections between past and present through song.

February 18th—Learning Post Black History Month Program (Mt. Moriah Missionary Baptist Church, Winter Park, 5:30pm -7:30pm). Dr. Rebekah McCloud will present the history of Negro History Week/Black History Month. Mayor Jerry Demings will be the guest speaker.

February 22nd—The City of Orlando 6th Annual MLK Gospel Concert 7pm in the Dr. Phillips Center Frontyard Festival. Admission is free but registration is required. Guests are encouraged to bring non-perishable food items, which will be collected upon entry. Donations will be distributed by Second Harvest Food Bank to various community and school food pantries. The Gospel and Spiritual spectacular is produced and directed by Grammy Award Winner, Dr. Jefferey Redding with Dr. Kelly Miller, Mr. Terrance Lane, Mr. Clay Price, and features the UCF



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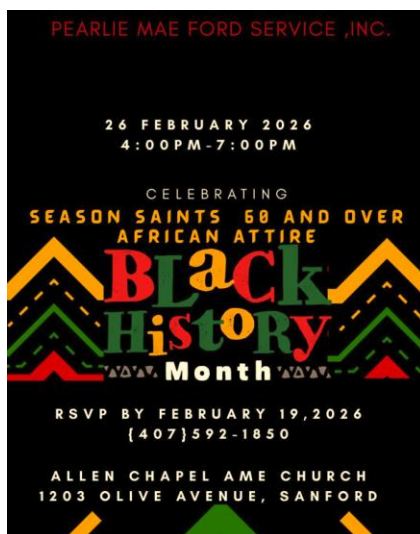
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University Singers, UCF Women's Choir, Orlando Choral Society, Garden Choir, Voci del Cuore, the Aeolians from Oakwood University Encore, Jones High School, St. Mark AME Choir, Tuskawilla United Methodist Church Choir, and more.



February 28th—ASALH DTJ Black History Month Breakfast 2026. OUR ANNUAL SIGNATURE EVENT The 2026 Black History Theme is " A CENTURY OF BLACK HISTORY COMMEMORATIONS " which marks a century of national commemorations of Black history.

February 28th — HeART & Soul: A Celebration of Black Culture presents The African American Story at the Winter Park Library (1:00pm-4:00pm). The experience will celebrate and reflect upon Black history in the United States and recognize the contributions of African Americans to art, music, literature, and civic engagement.

February 28th —History Harvest will take place at Hopper Academy in Sanford (10:00am – 2:00pm). Participants will be able to participate in oral history interviews, educational workshops, and digital preservation of photographs, letters, diaries, documents, or 3-D objects to scan for digital preservation.



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On This Day in February...Black History Facts

- **February 6, 1867** – Robert Tanner Jackson became the first African American to receive a degree in dentistry.
- **February 7, 1926** – Dr. Carter G. Woodson, president of the Association for the Study of African American Life and History (ASALH), created Negro History Week. In 1976 it became Black History Month.
- **February 9, 1964** – Arthur Ashe, Jr. became the first African American on U.S. Davis Cup team.
- **February 10, 1989** – Attorney Ronald Brown became the first African American elected national chairman of the Democratic Party.
- **February 12, 1909** – The NAACP was founded in New York City.
- **February 13, 1965** – Malcolm X's home was bombed. He was assassinated eight days later **February 21, 1965** at the Audubon Ballroom in Harlem, NY.
- **February 16, 1874** – Frederick Douglass was elected president of Freedman's Bank and Trust.
- **February 19, 1919** – Dr. W.E.B. Du Bois organized the Pan-African Congress.
- **February 19, 1923** – In the Moore vs. Dempsey decision, the U.S. Supreme Court guaranteed due process of law to Black people in state courts.
- **February 22, 1989** – Colonel Frederick Gregory became the first African American to command a space shuttle mission.
- **February 27, 1988** – Debi Thomas became the first African American to win a medal (bronze) at the Winter Olympics.

5 Things to Do When You Feel Mentally Cluttered

1. Write down the ONE thing stressing you most. Name it so it shrinks.
2. Do a 30 second tidy. Counters, shoes, sink, it does not matter.
3. Drink a full glass of water. Your brain is 100 percent needier when dehydrated.
4. Move your body for 60 seconds, put your arms above your head or walk outside.
5. Say out loud: "I can do hard things slowly."

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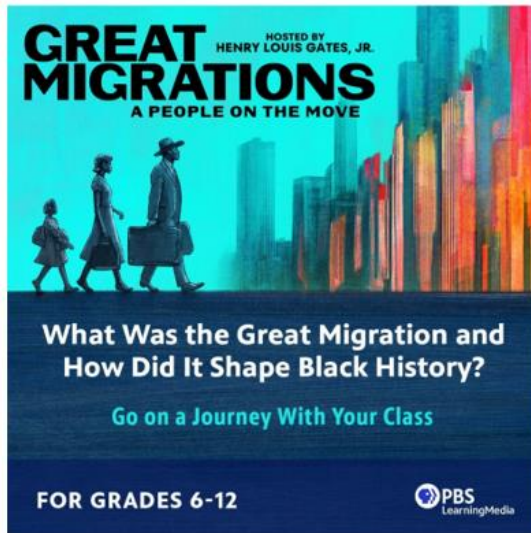
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GREAT MIGRATIONS: A PEOPLE ON THE MOVE, the latest history series from Henry Louis Gates, Jr., explores the transformative impact of Black



migration on American culture and society. From the waves of Black Americans to the North—and back South—over the last century to the growing number of immigrants from Africa and the Caribbean today, the film shows how movement is a defining feature of the Black experience. Designed for middle and high school students, the series has collaborated with TeachRock and Thinking Nation to create four standards-based, classroom-ready lessons that include video segments from the series, discussion questions, vocabulary, and student-led activities.

Professional Development: Developing the Students Dr. Clara Walters Style

By Dr. Deborah Daniels

After spending time in the store interacting with students spending their N.O.B.L.E Bucks, Dr. Clara Walters taught a group of students the importance of listening and learning with her “It Pays to Listen” activity. She shared information with them and checked to see how well they listened. The students were rewarded with a one-dollar bill if they were able to answer a question correctly when called upon. The student who answered the most challenging question correctly received two dollars.



PURSUIT OF EXCELLENCE: A CHALLENGE TO FULFILL



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Beta Xi Chapter Programming February-June 2026

FEBRUARY	WOMEN'S HEART HEALTH (1st WEEK), HIV/ AIDS AWARENESS, DEADLINE FOR SCHOLARSHIP APPLICATIONS, AFRICAN AMERICAN HISTORY PROGRAM & APPOINTMENT OF ELECTION COMMITTEE
MARCH	YOUTH VIOLENCE PREVENTION WEEK (last week in March), SLATE OF OFFICERS PRESENTED FOR VOTING, READ ACROSS AMERICA (READ ACROSS NSPDK) & RECRUIT XINOS / KUDOS
APRIL	SOUTHEAST REGIONAL CONFERENCE IN TENNESSEE / APRIL 9-12, 2026, NATIONAL CHILD ABUSE PREVENTION MONTH, & GIFT OF TEACHING LUNCHEON
MAY	TEACHER APPRECIATION WEEK (MAY 2-6), FOUNDER'S DAY & HYPERTENSION EDUC MTH/ NAT'L STROKE AWARENESS MTH
JUNE	NSPDK, INC. SOUTHEAST REGIONAL YOUTH CONFERENCE JUNE 11-14, 2026, INSTALLATION OF CHAPTER OFFICERS & YEAR END ACTIVITIES

Nominations & Elections Update

We will elect officers in 2026 for: 1st Anti Basileus, 3rd Anti Basileus, Epistoleus, Tamiouchos, Public Relations Director, and Dean of Pledges. Please let it be known that you would be willing to be on the slate. The elections committee will be appointed in February and the slate of officers will be presented for voting in March.

Next Chapter Meeting

Our next Beta Xi Chapter meeting is Saturday, February 28, 2026 at 10:00am at the Heart of West Lakes, 710 S Tampa Ave., Orlando, FL 32805.



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New Chapter Photo Taken



Sorors of the Beta Xi Chapter of NSPDK recently donned their red and gold and gathered to take the 2026 Chapter photograph.

Pictured in the first row are as follows: Sorors Johnnie Glover, Lillian Lancaster (Executive Advisor), Kathi Wynn, Cherry Jones (Tamias), Katie Mae Taylor (1st Anti Basileus), Alice J. Gordon (Basileus), Altresse Coleman-Moore (2nd Anti Basileus), Dr. Deborah Daniels (Grammateus), Valerie Peebles-Tomlinson, and Rose Cooper.

Pictured in the second row are as follows: Carman Lynch-Booker, Tameka Cox, Doris Jackson (Dean of Pledges), Santina Upshaw, Sonya Poteat, Tasha Pierce, and Felicia Chambers.



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Beta Xi Chapter Makes A Huge Difference

By Dr. Deborah Daniels

Beta Xi is making an impact and a difference in more ways than we know. When visiting the Beta Xi N.O.B.L.E Knights Store, Basileus Gordon and the Sorors in attendance were able to speak with the students and find out how they felt about the store and what the store means to them. The students are very excited about having the store on their campus. We were pleased to see how eager they were. Some of them had sandwich bags with quite a few paper bucks they had earned. They shared with us they earned the bucks for attendance, participation, good behavior, etc.



The staff member shared with us the unique way the store is stocked. She has sectioned the store off with materials and uses the names the students are familiar with such as The Dollar Store, Wal-Mart, The Disney Store, Toys R Us, etc., the students find in those stores. She has sticker prices on the items. Items are marked up on purpose to encourage the students to work hard to earn the bucks to pay for the items. There are even bikes in the store. Students work hard all year to earn bucks to purchase bikes.

The most heartwarming moment of the day was when one of the little boys went into the store, bought himself an item and bought a billfold clutch for, get this, his grandmother, yes, his grandmother. When asked why he bought the purse he stated he (continued on next page)

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wanted his grandmother to have it because his mother has died and he lives with his grandmother. His Grandmother is raising him right.

The staff at Ivey Lane is making a great impact on the students and Beta Xi is instrumental in encouraging excellence not only in the class but also in life for the students and providing them with ways to show their family members how much they mean to them and how much they appreciate them.



**Beta Xi Supports the N.O.B.L.E. Knights Store at
Ivey Lane Elementary School!**



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Spotlight on Financial Literacy & Economic Empowerment

Having a buffer of savings for emergencies can help families cope with fluctuations in income and with unexpected expenses. The share of adults who would pay for an unexpected \$400 expense with cash or the equivalent was unchanged from 2023, while the share who said they had rainy day funds to cover three months of expenses edged up from 2023.

Relatively small, unexpected expenses, such as a car repair or a modest medical bill, can be a hardship for many families, especially those without a financial cushion. When faced with a hypothetical expense of \$400, 63 percent of all adults said they would have covered it exclusively using cash, savings, or a credit card paid off at the next statement. Of the remainder, 24 percent said they would have paid by borrowing or selling something and 13 percent of all adults said they would be unable to pay the expense by any means.

Source: Board of Governors of the Federal Reserve System

<https://www.federalreserve.gov/publications/2025-economic-well-being-of-us-households-in-2024-savings-and-investments.htm>

Every penny counts. Start saving today; develop a plan that fits you!

6-month savings goal/weekly check
\$1,000 = \$38.50 per check
\$2,000 = \$77.00 per check
\$3,000 = \$115.38 per check
\$4,000 = \$153.85 per check
\$5,000 = \$192.30 per check
\$10,000 = \$384.62 per check

Weekly Savings Goal
\$1 per day = \$365
\$10/week = \$520
\$20/week = \$1,040
\$40/week = \$2,080
\$50/week = \$2,600
\$60/week = \$3,120



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Ethiopia Cultural & Mission Travel

Group Name: National Sorority of Phi Delta Kappa, Inc. (NSPDK)

Travel Dates: June 22 – July 4, 2026

Organized by: Guzo World Travel Services

Contact: Segi Desta, 817-917-6618 | segi@guzoworldtravelservices.com



Overview

The Ethiopia Cultural & Heritage Journey, scheduled from June 22 to July 4, 2026, presents an extraordinary opportunity to explore one of the world's most historically rich and culturally distinctive nations. Frequently called the Cradle of Humanity, Ethiopia offers a wealth of history, faith, and culture. This carefully curated itinerary is designed for members of NSPDK, providing a comprehensive blend of heritage exploration and community engagement. Participants will visit Addis Ababa, Gondar, Lalibela, and Aksum, each offering a unique perspective on Ethiopia's vibrant legacy.

- **Addis Ababa** is the capital and largest city of Ethiopia, stands as the country's political, cultural, and diplomatic center. Established in 1886, it is the seat of the African Union
- **Gondar**, often called the "Camelot of Africa," served as the imperial capital in the 17th and 18th centuries. The city is renowned for Fasil Ghebbi, a UNESCO World Heritage Site
- **Lalibela** is one of Christianity's most revered pilgrimage destinations, celebrated for its extraordinary churches carved directly from volcanic rock between the 12th and 13th centuries.
- **Aksum**, acknowledged as one of Africa's most significant ancient cities, was the capital of the Aksumite Empire from the 1st to the 7th centuries AD. The city is famous for its towering granite stelae (obelisks), royal tombs, and striking archaeological sites.

Payment Schedule

- Double Occupancy (per person) \$4,984.45
- Single Supplement \$677.00
- A non-refundable registration fee of \$250 is due at the time of registration.
- Registration deadline: February 9, 2026.
- Registration is accepted on a first-come, first-served basis. No exceptions will be made.



The Calla Lily

Gazette



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Call for Writers for the 2026 Krinon

The overall theme for the 2026 Krinon is: *NSPDK, Incorporated in the Third Millennium – Humanizing Pedagogy*. This Sororal Year each Region is asked to focus on a unique dimension of the *Humanizing Pedagogy*—*empathy, collaboration, culture, innovation, and reflection*, stemming from the overall theme.

Encouraging the goal of balanced participation and thematic unity across Regions, submitted articles for publishing in the Krinon 2026 Edition are to be guided by the overall theme's subtopics that are delineated for each Region. Writers in this Region are to focus on empowering students as co-creators in the learning process, in person and online.

The Krinon 2026 Edition Theme: NSPDK, Incorporated in the Third Millennium - Humanizing Pedagogy		
Aim and Scope The Krinon serves as the official journal of the National Sorority of Phi Delta Kappa, Inc. Its primary purpose is to provide current and relevant facts regarding educational initiatives and trends that will impact students, educators, parents, and the community. Its secondary purpose is to promote and advance the interest of the National Sorority of Phi Delta Kappa, Incorporate members.	Submitted Articles Lesson plans, articles, creative writings, poems, and artistic drawings should emphasize the strategies for today's learners in the areas of this year's theme, and topics by Region. Topics by Region allow you to express your ideas encompassing roles such as teaching, classroom dynamics, administration, counseling, parenthood, community involvement, and the broader perspective of citizenship, at educational levels spanning from elementary to high school and collegiate tiers.	Structure Length: Maximum 800 words typed. Format: Double-spaced, 1-inch margins Font = Times Roman 12 Author ID: Place at the end of article Name Chapter (include location) Region Email Address Headshot (jpg format) attach to your email submission.
References (Maximum = 3) Follow the Publication Manual of the American Psychological Association (6 th edition) style guidelines for publication. If you submit copyrighted tables, lengthy quotes, poetry, and graphics from another source, be sure you also include a signed agreement from the copyright holder that allows the material to be reprinted.	Illustrations We recommend high-quality original photographs and original artwork that support the article. How to Submit - The author is to submit the article electronically as an editable Microsoft Word document . Do not use Google Docs. Email to: NSPDKChiefEditor2529@gmail.com Dr. Sharrie R. Dean-Collins Chief Editor of the Krinon	Limitations Sorority members/affiliate group members submit articles. The Editorial Committee has final authority as to what articles will be published. All submissions are subject to editing for clarity and length. Submissions must be relevant to the topics for your specific Region. The submission deadline is February 26, 2026.

Email your submissions by February 26, 2026, to Dr. Sharrie R. Dean-Collins (Chief Editor of the Krinon) at NSPDKChiefEditor2529@gmail.com.



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Colds, Flu & Aftercare

Colds, flu, and virus are running rampant. The Center for Disease Control (CDC) notes, "Influenza (flu) and the common cold are both contagious respiratory illnesses, but they are caused by different viruses. Flu is caused by influenza viruses only, whereas the common cold can be caused by a number of different

Signs and Symptoms	Cold	Flu
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

#FIGHT FLU CDC

viruses, including rhinoviruses, parainfluenza, and seasonal coronaviruses. Seasonal coronaviruses should not be confused with SARS-CoV-2, the virus that causes COVID-19. Because flu and the common cold have similar symptoms, it can be difficult to tell the difference between them based on symptoms alone. In general, flu is worse than the

common cold, and symptoms are typically more intense and begin more abruptly. Colds are usually milder than flu. People with colds are more likely to have a runny or stuffy nose than people who have flu. Colds generally do not result in serious health problems, such as pneumonia, bacterial infections, or hospitalizations. Flu can have serious associated complications." Source:

<https://www.cdc.gov/flu/about/coldflu.html>

Once you recover from being sick aftercare is important. Gina Kelly provides 10 Ways to Regain Your Energy After Being Sick. Read the entire article at <https://www.alive.com/health/10-ways-to-regain-your-energy-after-being-sick/>.

1. Restore nutrients
2. Stay hydrated
3. Ease back into your workout routine
4. Carve out time to rest and relax
5. Get enough sleep
6. Practice yoga or meditation
7. Take a break from alcohol
8. Limit your sugar intake
9. Get some sun
10. Ask for help

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Did You Know?

National Honorary membership is conferred upon an individual who has made a contribution of significance in education or related fields and/or has shown evidence of successful civic or professional activity which shall be known internationally, nationally, or regionally.

1. Dr. Merze Tate*, Howard University, Washington, DC
2. Dr. Mary Bethune McLeod*, Bethune-Cookman College, Daytona Beach, FL
3. The Honorable Dr. Shirley Chisholm*, U.S. Congresswoman, Brooklyn, NY
4. Mary Williams*, Charleston, WV
5. The Honorable Emma Henderson*, Detroit, MI
6. Ella P. Stewart*, the nation's first Black female pharmacist when she earned her degree from the University of Pittsburgh in 1916, Toledo, OH
7. Frances Lawrence Antonin*, the third African American woman appointed to the Superior Court of New Jersey, Jersey City, NJ
8. Madame Zelma George*, Delegate to United Nations General Assembly, Cleveland, OH
9. Charlemae Hill Rollins*, was a pioneering librarian, author and storyteller in the area of African-American literature, Chicago, IL
10. Anna Arnold Hedgeman*, an African-American civil rights leader, politician, educator, and writer, the first African-American woman to hold a cabinet post in New York
11. Dr. Mary Olivia Brooks Ross*, president of the National Baptist Convention, USA, Inc
12. Dr. Annie E. Koontz*
13. First Lady Barbara Bush* - Inducted 1991 at 68th Anniversary Conclave, Nashville, TN
14. Irma P. Hall, Actress (Soul Food "Big Mama"), Dallas, TX – Inducted July 2007, Houston, TX
15. Constance D. Harper*, Journalist, Cleveland Call & Post Newspaper, Shaker Hts., OH – Inducted July 2011, New Orleans, LA
16. Dr. Mary Frances Early, the first African-American to earn a degree from the University of Georgia -- UGA College of Education was officially named in her honor; Education and Civil Rights Activist - Inducted July 19, 2021 during 98th NSPDK Virtual Anniversary Conclave
17. Opal Lee (grandmother of Juneteenth)
18. Pamela Dawson (2023 Grammy Award recipient)

WHERE GREAT MINDS UNITE

1923

NSPDK, INC.
FOUNDED IN
1923

148

148 CHAPTERS
REPRESENTING
NSPDK, INC.

5K

@ 5K CURRENT
SORORAL AND
AFFILIATE MEMBERS

400

REPRESENTING
MORE THAN 400
DISCIPLINES

5

CHAPTERS
LOCATED ACROSS
5 U.S. REGIONS



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A poster for the Southeast Region 59th Conference. The top features the NSPDK logo and the text 'NATIONAL SORORITY OF PHI DELTA KAPPA, INCORPORATED' and 'SOUTHEAST REGION 59TH CONFERENCE'. Below this is the theme 'The Crown of Knowledge: Cultivating Excellence in Education' with a crown icon. The background shows a night view of the Memphis skyline with the Pyramid and the 'MEMPHIS' sign. The bottom section, on a red background, lists the host as Beta Eta Chapter in Memphis, Tennessee, at the Hilton Memphis Hotel, 939 Ridge Lake Boulevard, Memphis, TN 38120, from April 9-12, 2026. A list of organizers follows: Bonita G. Durrah (Regional Director), Felicia Ingram (Member-at-Large), Mary Helen Sinclair (Chapter Basileus), Rose Anderson (Regional Coordinator), Yvonne B. Acey (Chapter Coordinator), Ruby Renfro (Chapter Coordinator), Doris McKinney (Chapter Coordinator), and Noreen Little (Supreme Basileus). A vertical strip of four small images is on the right side of the poster.

NATIONAL SORORITY OF PHI DELTA KAPPA, INCORPORATED
SOUTHEAST REGION 59TH CONFERENCE
*"The Crown of Knowledge:
Cultivating Excellence in Education"*

Host, Beta Eta Chapter - Memphis, Tennessee
Hilton Memphis Hotel
939 Ridge Lake Boulevard
Memphis, TN 38120
April 9-12, 2026

Bonita G. Durrah, Regional Director
Felicia Ingram, Member-at-Large
Mary Helen Sinclair, Chapter Basileus
Rose Anderson, Regional Coordinator
Yvonne B. Acey, Chapter Coordinator
Ruby Renfro, Chapter Coordinator
Doris McKinney, Chapter Coordinator
Noreen Little, Supreme Basileus

Please Note

The following Sorors were elected to represent Beta Xi at the 59th Southeast Region Conference.

Delegates:

Basileus Alice
Gordon &

Carman Canady
Lamar

Alternates:

Dr. Deborah
Daniels &

Dr. Rebekah
McCloud

