

Barbara Grant, MMFT, CAS, NCC is a certified Autism/ ADHD Relationship Coach ([IANDCM](#) & [AANE](#)) and a Certified Autism Resource ([IBCCES](#)). She has a Master in Marriage & Family Therapy, and been coaching since 2005, working with individuals, couples, groups, and business owners. Her practice includes working with ASD/ADHD individuals, couples, and families, as well as offering spousal support groups for women.

Competencies:

- Autism / ADHD Couples Coaching
- Non-ASD/ADHD Individual Coaching
- Autism / ADHD Individual Coaching
- Non-ASD/ADHD Support Groups
- Separation & Divorce Discernment
- Divorce Support & Life Redirection
- Autism / ADHD Parenting Coaching
- Autism / ADHD Pre-Marriage Coaching



1-on-1 premiere coaching packages, women's support groups and the *Restored Hope & Healing* online community for women.

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