



**Barbara Grant, MMFT, CAS, NCC** is a certified Neurodiverse Couples Coach ([IANDCM](#) & [AANE](#)) and a Certified Autism Resource ([IBCCES](#)). She has a Master in Marriage & Family Therapy, and been coaching since 2005, working with individuals, couples, groups, and business owners. Her practice includes working with neurodiverse individuals, couples, and families, as well as offering neurotypical and neurodiverse support groups.

**Competencies:**

- Neurodiverse Couples Coaching
- Neurotypical Individual Coaching
- Neurodiverse Individual Coaching
- Neurotypical Support Groups
- Separation & Divorce Discernment
- Divorce Support & Life Redirection
- Life Coaching for ND Adults or Teens
- Neurodiverse Parenting Coaching
- Neurodiverse Pre-Marriage Coaching



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