

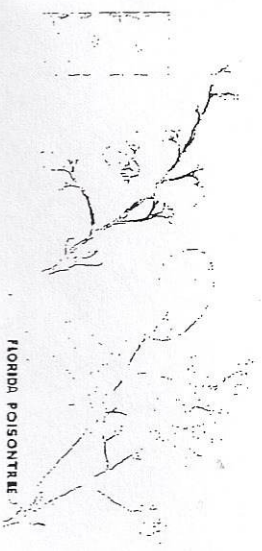
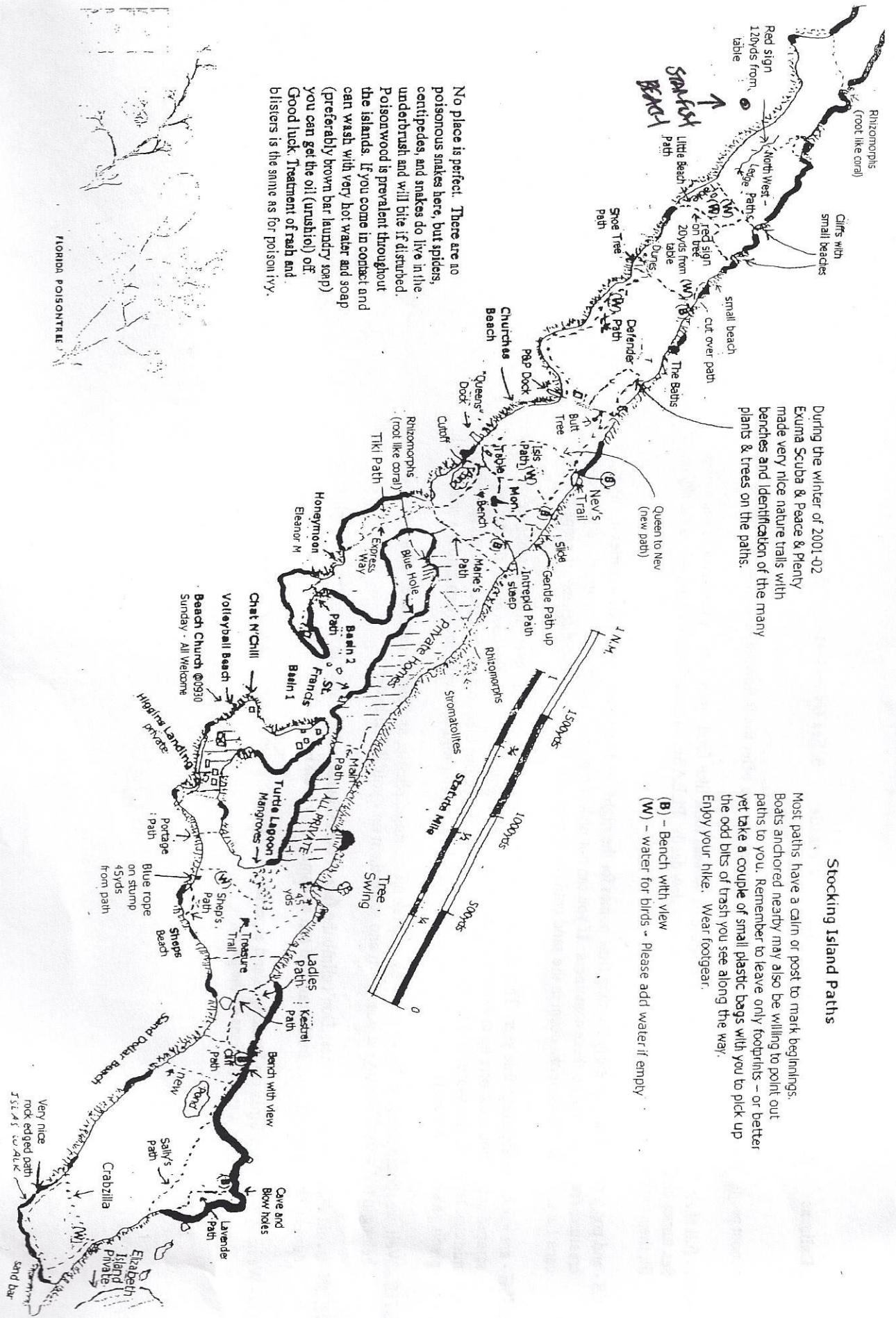
No place is perfect. There are no poisonous snakes here, but spiders, centipedes, and snakes do live in the underbrush and will bite if disturbed. Poisonwood is prevalent throughout the islands. If you come in contact and can wash with very hot water and soap (preferably brown bar laundry soap) you can get the oil (urushiol) off. Good luck. Treatment of rash and blisters is the same as for poison ivy.

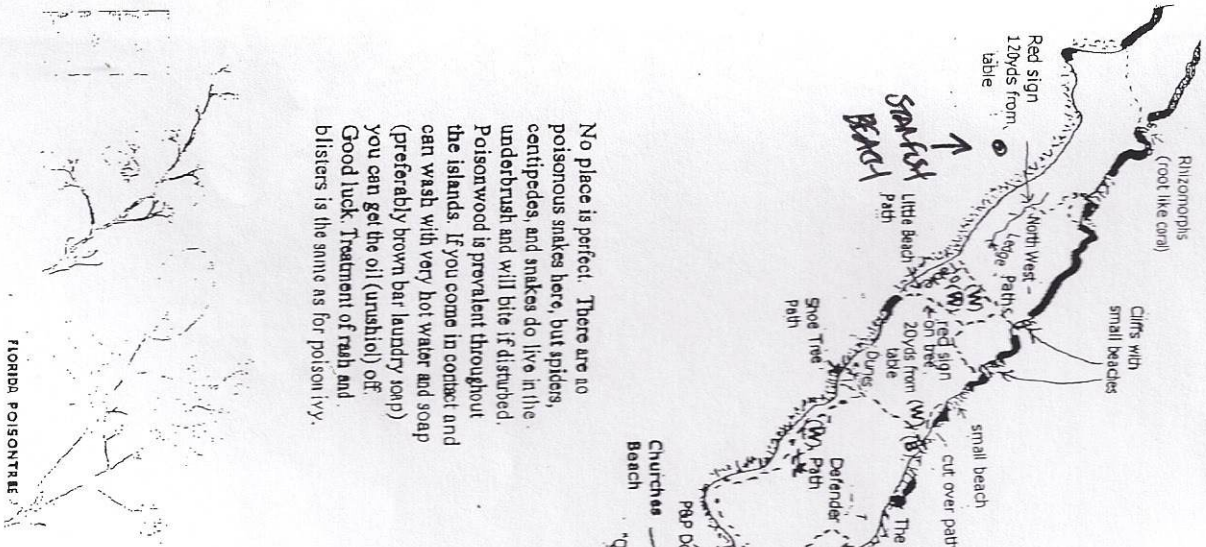
During the winter of 2001-02 Exuma Scuba & Peace & Plenty made very nice nature trails with benches and identification of the many plants & trees on the paths.

Stocking Island Paths

Most paths have a cairn or post to mark beginnings. Boats anchored nearby may also be willing to point out paths to you. Remember to leave only footprints - or better yet take a couple of small plastic bags with you to pick up the odd bits of trash you see along the way. Enjoy your hike. Wear footgear.

- (B) - Bench with view
- (W) - water for birds - Please add water if empty





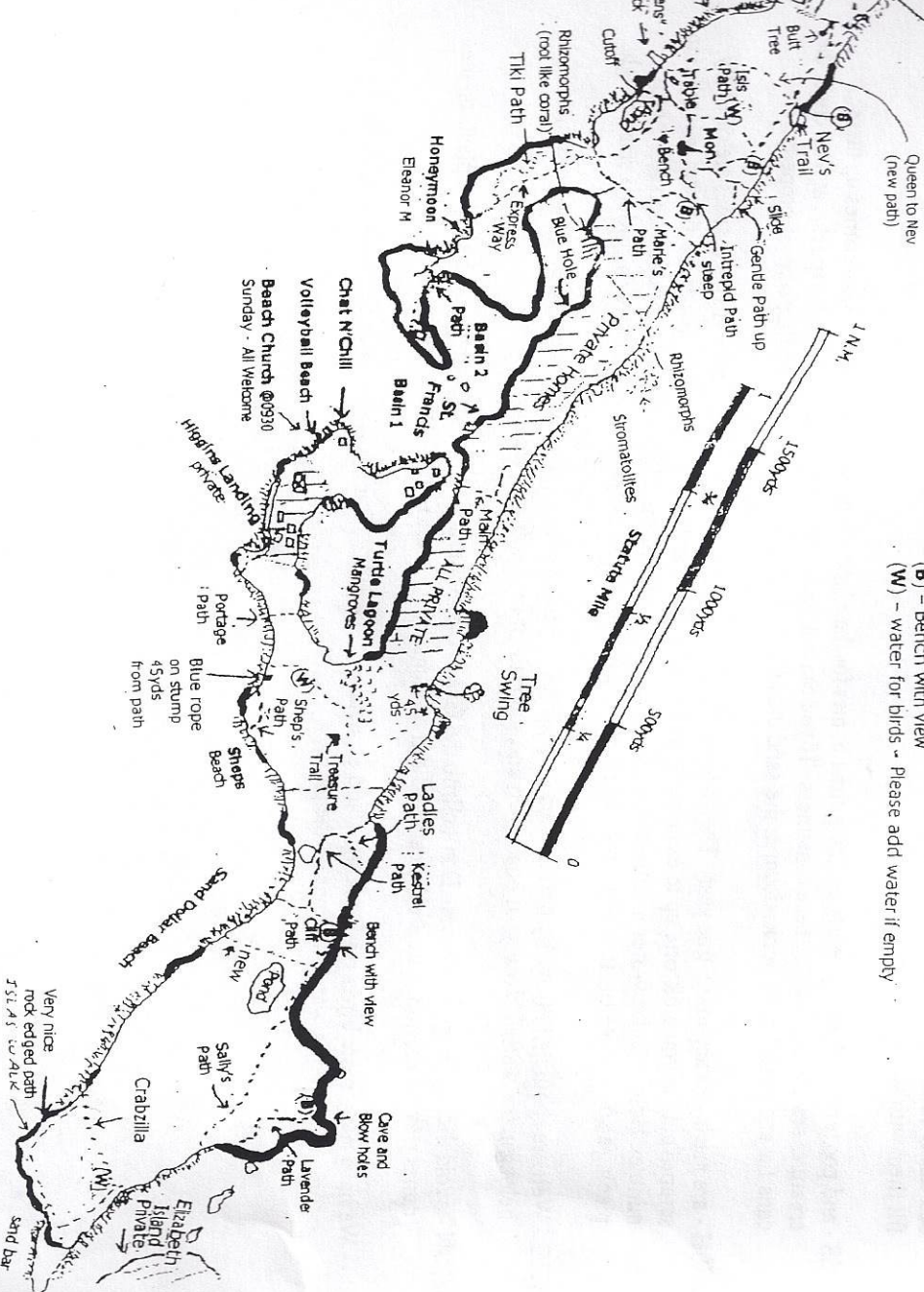
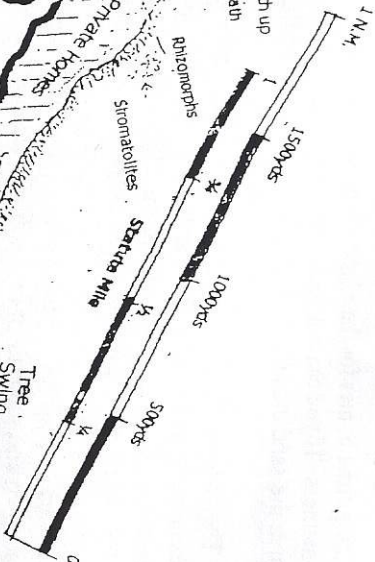
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Very nice rock edged path ISLAND WALK sand bar