

Weekly Log

Week #1				Week 2			
Category	Amount	Amount allowed	balance	Category	Amount	Amount allowed	balance
Income	\$			Income	\$		
Gifts/ Donations	\$			Gifts/ Donations	\$		
Housing	\$			Housing	\$		
Utility Bills	\$			Utility Bills	\$		
Education	\$			Education	\$		
Wellness/ Beauty	\$			Wellness/ Beauty	\$		
Fees/ Charges	\$			Fees/ Charges	\$		
Auto Transportation	\$			Auto Transportation	\$		
Food/ Dining	\$			Food/ Dining	\$		
Children	\$			Children	\$		
Health & Fitness	\$			Health & Fitness	\$		
Shopping	\$			Shopping	\$		
entertainment / pets	\$			entertainment / pets	\$		
Week #3				Week #4			
Category	Amount	Amount allowed	balance	Category	Amount	Amount allowed	balance
Income	\$			Income	\$		
Gifts/ Donations	\$			Gifts/ Donations	\$		
Housing	\$			Housing	\$		
Utility Bills	\$			Utility Bills	\$		
Education	\$			Education	\$		
Wellness/ Beauty	\$			Wellness/ Beauty	\$		
Fees/ Charges	\$			Fees/ Charges	\$		
Auto Transportation	\$			Auto Transportation	\$		
Food/ Dining	\$			Food/ Dining	\$		
Children	\$			Children	\$		
Health & Fitness	\$			Health & Fitness	\$		
Shopping	\$			Shopping	\$		
entertainment / pets	\$			entertainment / pets	\$		

At the end of each week transfer your daily totals over to this worksheet based on category totals. The amount allowed column will be the same for all 4 weeks. It's the same amount you designate in the beginning of the month when allocating your budget. Remember- not all months will equal that amount. Some weeks will be over, some under - this is where you'll find your strengths and weaknesses.