

Ubuntu Psychotherapy group Services Referral Form



UBUNTU PSYCHOTHERAPY GROUP, LLC
Discovering new version of ourselves

Date of Referral: _____

Services Seeking: ☐ Group Therapy ☐ Adult Individual/Family Therapy ☐ SOAP/ Substance Use IOP ☐
Marital/Couple Therapy ☐ Providers Group Therapy ☐ CBT/DBT ☐ Teenager men/women Group Therapy

Referral Source

Referring Provider Name _____ Agency _____ Contact Phone # _____

PATIENT DEMOGRAPHIC INFORMATION

Patient's Name _____ Medical Record Number (if applicable) _____

Address (incl. zip code) _____

Home Phone # _____ Cell Phone # _____ Social Security # _____ DOB ____/____/____

Sex _____ Race _____ Marital Status ☐ Single ☐ Married ☐ Divorced ☐ Widow

Insurance Type: ☐ Medical Assistance # _____ ☐ Medicare # _____ ☐ Other

Name/# _____ Emergency Contact Name _____ Relationship to Patient

_____ Contact # _____ Primary Care Physician _____

Clinic Name _____ Phone _____ Current Type of Housing (e.g., group

home): _____ Veteran ☐ Yes ☐ NO Potential Transportation Issues? ☐ No ☐ Yes Explain _____

CLINICAL INFORMATION

Reason for Referral _____

Diagnosis (list confirmed if known, if not, list suspected)

Primary Psychiatric Diagnosis _____

Secondary Psychiatric Diagnoses (including substance abuse) _____

Relevant Medical Diagnoses _____

Relevant Social Factors _____

Past Psychiatric History (hx) and Treatment (please check appropriately)

Former patient in clinic referred to? ☐ No ☐ Yes, details _____

Hx of violence? ☐ No ☐ Yes, details _____

Hx of suicide attempts? ☐ No ☐ Yes, details _____

Hx of psychiatric hospitalizations? ☐ No ☐ Yes, details _____

Previous symptoms and diagnoses. _____

Current Psychiatric Treatment & History

Current Symptoms _____

Current suicidal/homicidal thoughts? ☐ No, ☐ Yes, details _____

Does the patient have a current outpatient mental health provider? ☐ No ☐ Yes, details _____

Reason not returning _____

Additional Information. _____

Current Psychiatric Medications (name & dose, attach list if preferred)

Signature of Referral Source _____ Date / Time _____