

MON

8:45AM-9:45AM

Latin Fusion
w/ Brianna

TUES

8:30AM-9:30AM

Beg. Ballet
w/ Amanda

WED

8:30AM-9:15AM

Dance Strengthening
w/ Amanda

WED

9:30AM-10:30AM

Pilates Mat
w/ Maya

WED

7:50PM-8:50PM

Contemporary
w/ Megan

THURS

8:30AM-9:30AM

Latin/Hip Hop
w/ Brianna

FRI

8:30AM-9:30AM

Grateful Pilates
w/ Maxine

FRI

11:15AM-12:15PM

Pop Dance
w/ Rob

SAT

1:30PM-2:30PM*

Flamenco
w/ Mary

FALL 2024 ADULT DANCE CLASSES

AMANDA
KUPILLAS
DANCE



*LIMITED DATES
SEE FULL SCHEDULE! -->