

Spring 2025 Weekly Class Schedule (1/13 ~ 6/6)

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B
8:00 AM			Adult Beg. Ballet 8:00-9:00									
8:30 AM	Adult Latin/Hip Hop w/ Brianna 8:45-9:45				Adult Strength & Conditioning 8:30-9:15		Adult Latin/Hip Hop w/ Brianna 8:30-9:30		Adult Pilates w/ Maxine 8:30-9:30			
9:00 AM												
9:30 AM					Adult Pilates w/ Maya 9:30-10:30		Little & You 9:45-10:45 5/15-6/17					
10:00 AM											Adult Afro Beats w/ Kailah 10:00-11:00	
10:30 AM												
11:00 AM												
11:30 AM									Adult Pop Dance w/ Rob 12:30-1:30		Adv A Ballet 11:30-12:30	Pre-K Movement 11:30-12:15
12:00 PM												
12:30 PM											Adv A Rehearsal 12:30-1:30	K-1st Movement 12:30-1:15
1:00 PM							Adult Workout w/ Nicole 1:15-2:00					
1:30 PM												
2:00 PM												
2:30 PM					2's Class 2:30-3:00						Birthday Slots	
3:00 PM												
3:30 PM	Beg. Elementary Hip Hop (1st-4th) 3:30-4:30	Elementary Tap 3:30-4:15	Pre-K 3:30-4:15		Pre-K 3:30-4:15	1st-2nd Pop 3:30-4:15	2nd Ballet 3:40-4:40		MS Modern Dance 3:30-4:30	Hip Hop (Invite Only) 3:30-4:30		
4:00 PM				MS Broadway Dance 4:00-5:00				1st Ballet 4:10-4:55				
4:30 PM	Adv Hip Hop w/ Brianna (Invite Only) 4:30-5:45	K Ballet 4:30-5:15	3rd-4th Ballet 4:30-5:30	2nd-4th Broadway Dance 5:00-5:45	Entry Level (4th-8th) Open Ballet 4:20-5:20	MS Tap 4:20-5:20	Mix Adv A/B Ballet (Invite Only) 4:45-5:45			Break Dance Beg/Int 4:30-5:30		
5:00 PM								Elementary Lyrical 5:00-6:00	Adv B Ballet 4:40-6:00			
5:30 PM		MS Lyrical 5:30-6:30	Mix A/B Ballet (Invite Only) 5:30-6:30				Pre-Pointe/Pointe 5:45-6:15			Age 14+ Hip Hop 5:40-6:40		
6:00 PM	Beg/Int. Hip Hop (1st-4th) 5:45-6:45			2nd-5th Improv 6:00-7:00	3rd-6th Pop 5:30-6:30				Rehearsal 6:00-6:30			
6:30 PM			Mix A/B Rehearsal/ Variations 6:30-7:30				Turns & Leaps 6:20-7:20	2nd-5th Turns & Leaps 6:30-7:15				
7:00 PM	Adv A Technique Barre/Pointe 7:00-8:15	Adult Contemporary w/ Megan 7:00-8:00			MS Pop 6:45-7:45							
7:30 PM							Music Video Ages 9-13 7:30-8:30					
8:00 PM	Rehearsal 8:15-8:45				MS Lyrical 7:50-8:50							
8:30 PM												
	Pre-K & Movement Based	Elementary	Upper Elementary /MS Mix		Middle School or High School		Advance A	Advance B	Mix A/B	Adult		