

Updated Adult Summer!

ADULT HIP HOP LATIN FUSION w/ *Brianna*
Monday 8:45-9:45am

BEGINNER/INT BALLET w/ *Amanda*
Tuesday 8:30-9:30am

STRENGTHEN/CONDITION w/ *Amanda*
Wednesday 8:30-9:15am

ADULT PILATES w/ *Maya*
Wednesdays 9:30-10:30am

ADULT STRETCH & STRENGTHEN w/ *Amanda*
Friday's 9:30-10:15am

ADULT AFRO BEATS w/ *Kailah*
Saturday 10:00-11:00am

AMANDA
KUPILLAS
DANCE