

2019 Amanda Kupillas Dance Winter and Spring Class Descriptions

Mondays:

Drop in Free Play ~ 0-2 years with caregiver

Monday: 10:45-11:45

Dates: Every Monday pending weather or holiday. No Classes: 1/21, 2/18, 4/15, 4/22, 5/27

Class Description: Little tots will have a chance to roam around the studio exploring scarves, tunnels, etc. while parents have a chance to meet other parents and a fun place to play with their tot in the cold winter months.

Cost: \$10 per walk-in

Boys Ballet ~ 15 weeks

Monday: 4:30-5:15

Dates: 1/28, 2/4, 2/11, 2/25, 3/4, 3/11, 3/18, 3/25, 4/1, 4/8, 4/29, 5/6, 5/13, 5/20, 6/3

Class Description: Boys ballet introduces young male students to the fundamentals of ballet and movement in a nurturing, all-boys classroom setting. This is a beginner class. Dancers will develop musicality, coordination, flexibility and physical fitness in a fun environment. Dancers will have the chance to learn about choreographers as well as create their own choreography. Each week dancers will also work towards a dance that they will perform in a recital in June.

Dress Code: Boys should wear comfortable clothing to move in and ballet slippers.

Cost: \$345

Tuesday's:

Movement class ~ 2/3-year-old ~ 16 weeks

Tuesday: 11:00-11:30

Tuesday Dates: 1/22, 1/29, 2/5, 2/12, 2/26, 3/5, 3/12, 3/19, 3/26, 4/2, 4/9, 4/23, 4/30, 5/7, 5/14, 5/21

Class Description: This class uses musical instruments, and props. Each class starts with a warm up, "waking up" their bodies, and moves onto creative movement. Much of this class uses the imagination as we use movement to create different adventures each class.

Dress Code: Children should come to class in clothing they can move in

Cost: \$320

Open Ballet – Tuesday (For student 3,4 and 5 years old) ~ 18 weeks

Tuesday: 1:00-1:45

Dates: 1/22, 1/29, 2/5, 2/12, 2/26, 3/5, 3/12, 3/19, 3/26, 4/2, 4/9, 4/23, 4/30, 5/7, 5/14, 5/21, 5/28, 6/4

Class Description: This class is open to children who are turning 3, 4 and 5 years old. This class starts with the basics of ballet, while also in a warm and fun environment fun for both boys and girls. Classes begin with stretching then move to the introduction of ballet positions. Children learn a few "barre" combinations then proceed to centre, where they learn movements for across the floor. Free style dance is also incorporated. Children are encouraged to make up their own dances while given parameters. Education about classical ballet, and its choreography is also included in this class. Each week dancers will also work towards a dance that they will perform in a recital in June.

Dress Code: Girls: pink tights, leotard and ballet slippers (skirts welcome) Please put children's hair in a Bun or Pony. Boys: should wear comfortable clothing to move in, and wear ballet slippers.

Cost: \$414

Ballet 2: Kindergarten and 1st Grade. ~ 18 weeks

Tuesday: 4:15-5:15

Dates: 1/22, 1/29, 2/5, 2/12, 2/26, 3/5, 3/12, 3/19, 3/26, 4/2, 4/9, 4/23, 4/30, 5/7, 5/14, 5/21, 5/28, 6/4

Class Description: This class is an extension for students who took Ballet 1 or who would like to take a beginner ballet class. This class builds further on a beginner ballet curriculum. Classes will include barre-work, basic vocabulary and positions, and simple combinations of steps in the center. This class will focus on correct alignment, port de bras, turn-out, and footwork, while in a warm and fun environment. Dancers will still get to explore creative movement, and learn more about the great ballets and their choreography. Each week dancers will also work towards a dance that they will perform in a recital in June.

Dress Code: Girls: pink tights, leotard and ballet slippers (skirts welcome) Please put children's hair in a Bun or Pony. Boys: should wear comfortable clothing to move in, and wear ballet slippers.

Cost: \$432

Wednesday's:

Ballet 3: 1st and 2nd Grade. ~ 17 weeks

Wednesday: 5:00-6:00

Dates: 1/23, 1/30, 2/6, 2/13, 2/27, 3/6, 3/13, 3/20, 3/27, 4/3, 4,10, 4/24, 5/1, 5/8, 5/15, 5/29, 6/5

Class Description: This class is an extension for students who took Ballet 2 or for a student looking for a more advanced class. This is not a beginner class, some dance experience required. This class builds further on Ballet 2's curriculum. Classes will include barre-work, extend our vocabulary and positions, and will continue building on simple combinations of steps in the center. This class will focus on correct alignment, port de bras, turn-out, and footwork, while in a warm and fun environment. Dancers will still get to explore creative movement, and learn more about the great ballets and their choreography. Each week dancers will also work towards a dance that they will perform in a recital in June.

Dress Code: Girls should come to class in pink tights and a leotard. All girls should have ballet slippers. Skirts are permitted. Please put children's hair in a Bun or Pony. Boys should wear comfortable clothing to move in.

Cost: \$408

Thursday's

Mommy and Me (For 12month -2 years) ~ 14 weeks

Thursday: 11:15-12:15

Dates: 1/24, 1/31, 2/7, 2/14, 2/28, 3/7, 3/14, 3,28, 4/4, 4/11, 4,25, 5/2, 5/9, 5/16

Class Description:

Come and join the fun in this mommy and me class that is geared for Caregiver and Tots 12 month to 2years old. Each class Tots and Caregiver will explore a teacher led group for ½ hour which will include, songs, story's, movement and more! The last ½ hour of each class will be time for Tots to explore and play with their fellow friends in a free play area.

Cost: \$280

3's Ballet~ (For 3-year old's only) ~ 16 weeks

Thursdays: 12:30- 1:10 (40 min class)

Dates: 1/24, 1/31, 2/7, 2/14, 2/28, 3/7, 3/14, 3,28, 4/4, 4/11, 4,25, 5/2, 5/9, 5/16, 5/30, 6/6

Class Description: This class is open to 3-year old's only. This is a creative ballet class that introduces the basics of ballet, while also in a warm and fun environment fun for both boys and girls. Classes begin with stretching then move to the introduction of creative ballet with exploratory movement, and free style dance. Children will be encouraged to get creative by making up their own dances. Stories about classical ballet are included in this class. Each week dancers will also work towards a dance that they will perform in a recital in June.

Dress Code: Girls: pink tights, leotard and ballet slippers (skirts welcome) Boys: should wear comfortable clothing to move in, and wear ballet slippers.

Cost: \$368

Storytime Dance ~ (For 4 and 5 year old's only)~ 14 weeks

Thursdays: 1:20:2:05 (45 min class)

Dates: 1/24, 1/31, 2/7, 2/14, 2/28, 3/7, 3/14, 3,28, 4/4, 4/11, 4,25, 5/2, 5/9, 5/16

Class Description: This creative dance class will have children creating their very own dances! Each class we will read and explore a new story through movement. This class also focuses on exploratory movement and exercises with using fun props and lots of imagination. This class does not perform at the recital.

Dress Code: Girls: Clothing kids can move in. No shoes required.

Cost: \$322

Adult Ballet ~ 14 weeks ~ NOTE: You can pay for the series or pay \$20 per class as a drop-in

Beginner/Intermediate: Thursday: 8:15-9:15

Dates: 1/24, 1/31, 2/7, 2/14, 2/28, 3/7, 3/14, 3,28, 4/4, 4/11, 4,25, 5/2, 5/9, 5/16

Class Description: This class is a great reason to get out of the house and have fun with fellow moms. This is a beginner /Intermediate ballet class. Most importantly this class is built for students to learn or relearn ballet technique in a fun environment.

Dress Code: Clothing that you can move in. Ballet slippers are preferable, but not necessary.

Cost: \$252 or \$20 walk in

Friday's

Ballet 1 ~Friday (For 3's class and Pre-K) ~ 17 weeks

Friday: 3:30-4:15

Dates: 1/25, 2/1, 2/8, 2/15, 3/1, 3/8, 3/15, 3/22, 3/29, 4/5, 4/12, 4/26, 5/3, 5/10, 5/17, 5/31, 6/7

Class Description: This class is open to 4- and 5-year old's and students previously enrolled in Open Ballet. This is a great extension class. This class builds further on the curriculum learned in Open Ballet, while in a warm and fun environment, and also allowing new students to grow in the class. Each week dancers will also work towards a dance that they will perform in a recital in June.

Dress Code: Girls: pink tights, leotard and ballet slippers (skirts welcome) Boys: should wear comfortable clothing to move in, and wear ballet slippers.

Cost: \$391

Ballet 4 ~ (For 2nd and 3rd grade) ~ 17 weeks

Friday: 4:30-5:30

Dates: 1/25, 2/1, 2/8, 2/15, 3/1, 3/8, 3/15, 3/22, 3/29, 4/5, 4/12, 4/26, 5/3, 5/10, 5/17, 5/31, 6/7

Class Description: This is a more advanced class 2nd and 3rd graders to expand their ballet knowledge. This is not a beginner class. This class builds further on Ballet 3 curriculum. Classes will include barre-work, extend our vocabulary and positions, and will continue building on simple combinations of steps in the center. This class will focus on correct alignment, port de bras, turn-out, and footwork, while in a warm and fun environment. Dancers will still get to explore creative movement, and learn more about the great ballets and their choreography. Each week dancers will also work towards a dance that they will perform in a recital in June.

Dress Code: Girls should come to class in pink tights and a leotard. All girls should have ballet slippers. Skirts are permitted. Boys should wear comfortable clothing to move in.

Cost: \$408

Saturday

Ballet 5 ~ (For 3rd and 4th grade) ~ 15 weeks

Saturday: 10:00-11:00

Dates: 1/26, 2/2, 2/9, 2/16, 3/2, 3/9, 3/16, 3/30, 4/6, 4/13, 4/27, 5/4, 5/11, 5/18, 6/1

Class Description: This class is for 3rd and 4th graders looking to take a fun ballet class. Classes will include barre-work, extend our vocabulary and positions, and will continue building on simple combinations of steps in the center. This class will focus on correct alignment, port de bras, turn-out, and footwork, while in a warm and fun environment. Dancers will still get to explore creative movement, and learn more about the great ballets and their choreography. Each week dancers will also work towards a dance that they will perform in a recital in June.

Dress Code: Girls should come to class in pink tights and a leotard. All girls should have ballet slippers. Skirts are permitted. Boys should wear comfortable clothing to move in.

Cost: \$360

Ballet 5 ~ (For 3rd and 4th grade) ~ 15 weeks

Saturday: 10:00-11:00

Dates: 1/26, 2/2, 2/9, 2/16, 3/2, 3/9, 3/16, 3/30, 4/6, 4/13, 4/27, 5/4, 5/11, 5/18, 6/1

Class Description: This class is an extension for students who took Ballet 1 or who would like to take a beginner ballet class. This class builds further on a beginner ballet curriculum. Classes will include barre-work, basic vocabulary and positions, and simple combinations of steps in the center. This class will focus on correct alignment, port de bras, turn-out, and footwork, while in a warm and fun environment. Dancers will still get to explore creative movement, and learn more about the great ballets and their choreography. Each week dancers will also work towards a dance that they will perform in a recital in June.

Dress Code: Girls: pink tights, leotard and ballet slippers (skirts welcome) Please put children's hair in a Bun or Pony. Boys: should wear comfortable clothing to move in, and wear ballet slippers.

Cost: \$360

All Registration Forms Can Be Mailed To: Amanda Kupillas ~ 12 Maple Lane, Hastings-on-Hudson, NY 10706

Make Checks Payable to Amanda Kupillas LLC or Cash *Non-Refundable