

# 2019/20 Amanda Kupillas Dance Fall and Winter Class Descriptions For Pre-K

## Tuesdays:

### Movement class ~ 2/3-year-old ~ 15 weeks

Tuesday: 12:00-12:30

Dates: 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26, 12/3, 12/10, 12/17, 1/7, 1/14, 1/21, 1/28

**Class Description:** This class uses musical instruments, and props. Each class starts with a warm up, "waking up" their bodies, and moves onto creative movement. Much of this class uses the imagination as we use movement to create different adventures each class. This class does not participate in the Nutcracker.

**Dress Code:** Children should come to class in clothing they can move in. Ballet slippers are not necessary.

**Cost:** \$300

### Open Ballet – Tuesday (For student 3,4 and 5 years old) ~ 17 weeks

Tuesday: 1:00-1:45

Dates: 9/17, 9/24, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26, 12/3, 12/10, 12/17, 1/7, 1/14, 1/21, 1/28

**Class Description:** This class is open to children who are turning 3, 4 and 5 years old. This class starts with the basics of ballet, while also in a warm and fun environment fun for both boys and girls. Classes begin with stretching then move to the introduction of ballet positions and will learn dance combinations in centre. Free style dance is also incorporated. Children are encouraged to make up their own dances while given parameters. Education about classical ballet, and its choreography is also included in this class. Each week dancers will also work towards a dance for the Nutcracker production.

**Dress Code:** Girls: pink tights, leotard and ballet slippers (skirts welcome) Please put children's hair in a Bun or Pony. Boys: should wear comfortable clothing to move in, and wear ballet slippers.

**Cost:** \$391

## Wednesday's:

### Yoga/Body Shapes ~ (For 3 & 4)~ 14 weeks

Wednesday: 1:00-1:45

Dates: 9/18, 9/25, 10/2, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 12/4, 12/11, 12/18, 1/8, 1/15

**Class Description:** This class is geared towards smaller children. This class is a mix of children's yoga and exploring movement through shapes and animals. This is a class where children will get to explore their creative side. While also learning about how their bodies move.

. This class does not perform in the Nutcracker

**Dress Code:** Girls: Clothing kids can move in. No shoes required.

**Cost:** \$368

### Movement class ~ 2/3-year-old ~ 14 weeks

Wednesday: 2:00-2:30

Dates: 10/2, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 12/4, 12/11, 12/18, 1/8, 1/15, 1/22, 1/29

**Class Description:** This class uses musical instruments, and props. Each class starts with a warm up, "waking up" their bodies, and moves onto creative movement. Much of this class uses the imagination as we use movement to create different adventures each class. This class does not participate in the Nutcracker.

**Dress Code:** Children should come to class in clothing they can move in. Ballet slippers are not necessary.

**Cost:** \$280

## Friday's

### 3's Ballet~ (For 3-year old's only) ~ 17 weeks

Friday: 12:00-12:40

Dates: 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22, 12/6, 12/13, 12/20, 1/10, 1/17, 1/24, 1/31

**Class Description:** This class is open to 3-year old's only. This is a creative ballet class that introduces the basics of ballet, while also in a warm and fun environment fun for both boys and girls. Classes begin with stretching then move to the introduction of creative ballet with exploratory movement, and free style dance. Children will be encouraged to get creative by making up their own dances. Stories about classical ballet are included in this class. Each week dancers will also work towards a dance for the Nutcracker Production.

**Dress Code:** Girls: pink tights, leotard and ballet slippers (skirts welcome). Hair should be up in a bun. Boys: should wear comfortable clothing to move in, and wear ballet slippers.

**Cost:** \$391

### Storytime Dance ~ (For 4 and 5 year old's only)~ 13 weeks

Friday: 1:00-1:45

Dates: 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22, 12/6, 12/13, 12/20

**Class Description:** This creative dance class will have children creating their very own dances! Each class we will read and explore a new story through movement. This class also focuses on exploratory movement and exercises with using fun props and lots of imagination. This class does not perform at the recital.

**Dress Code:** Clothing kids can move in. No shoes required.

**Cost:** \$299

### Pre-K Ballet ~Friday (For 4 & 5 year olds) ~ 17 weeks

Friday: 3:45-4:30

Dates: 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22, 12/6, 12/13, 12/20, 1/10, 1/17, 1/24, 1/31

**Class Description:** This class is open to 4- and 5-year old's and students previously enrolled in Open Ballet, or other students who have participated in a dance program. This is a great extension class. This class builds further on the curriculum learned in Open Ballet, while in a warm and fun environment, and also allowing new students to grow in the class. Each week dancers will also work towards a dance for the Nutcracker Production.

**Dress Code:** Girls should come to class in pink tights and a leotard. All girls should have ballet slippers. Hair should be up in a bun or up off their faces. Skirts are permitted. Boys should wear black boys ballet tights and white ballet shirt.

**Cost:** \$391