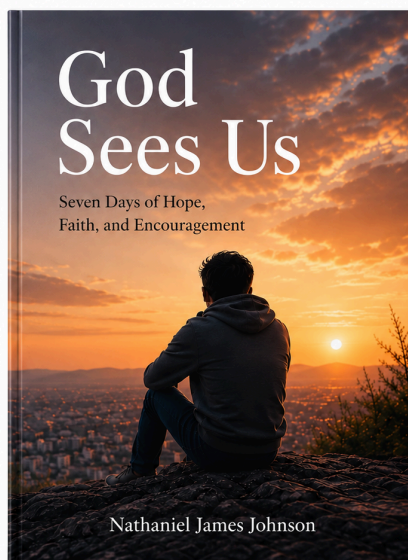
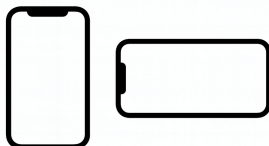




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GOD SEES US

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Published by: **Publishers Publishing Group, LLC**

Faith Resources: ThankGodAmen.com

Faith-Based Publishing: PublishersPublishingGroup.com

Scripture quotations used are for teaching, study, and commentary purposes.

Dedicated To Sister Servant:

Thanks for being my sunflower.

Why This Book Is Free

Hi, [I'm Pastor Nate](#), and I wrote this book for you.

There have been seasons in my life when I needed hope.
Seasons when I needed encouragement. Seasons when I needed
someone to remind me that God hadn't forgotten me.
Maybe that's why you're here.

If so, I want you to know something before you read another
page.

God sees you.

That's why this book is free.

I believe what God gives us isn't meant to stop with us. It's
meant to be shared.

Jesus said,

"If you love me, feed my sheep." (*John 21:17*)

I believe every act of giving is one way we can help feed His
sheep.

This book is my gift to you.

My prayer is simple. I hope this book reminds you that you are
seen, you are loved, and you are never alone.

When you finish reading, I invite you to read the final page.
There I'll share the mission God has placed on my heart and
how, together, we can help feed even more sheep.

— **Pastor Nate**

How To Use This Book

This book was designed to be read one chapter at a time.

While you can read it in a single sitting, we encourage you to **read one chapter each day for seven days.**

Each chapter contains three simple parts:

A Story – A biblical example that reminds us how God works in the lives of ordinary people.

A Lesson – A truth we can apply to our own lives.

A Step – One small action you can take today.

The goal isn't to do everything at once. The goal is to take one small step each day.

Small steps become habits. Habits become growth.
Growth becomes transformation.

As you read, remember that this isn't just a book about people in the Bible. It's a book about us.

God saw them. God helped them. God walked with them.

And He still sees, helps, and walks with us today.

So take your time. Read one chapter. Take one step.

Trust God with the rest.

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Join the Mission

Day 1: God Sees Our Pain

Thou God seest me. — Genesis 16:13

Story

Sometimes when we're hurting, it feels like nobody sees us.

We go to work. We take care of our responsibilities. We smile when people ask how we're doing. But deep down, we're carrying things that nobody knows about.

Hagar knew what that felt like.

Hagar was the servant of Abraham and Sarah. After Sarah no longer wanted her there, Hagar was sent away with nothing but her son into the desert. Alone, tired, and unsure of what would happen next, she reached a place where she believed all hope was gone.

Think about that for a moment. Just a mother and her child alone in the desert.

As time passed, their water ran out. Hagar became overwhelmed with grief. She believed her son was going to die. The situation looked hopeless.

But God saw what Hagar couldn't see.

The very thing she needed was already there.

She just couldn't see it yet.

When Hagar looked up, she saw a well of water nearby. The provision she needed was there all along.

God had not forgotten her. God had not abandoned her. God was still with her.

Lesson

Sometimes pain has a way of capturing our attention.

When we're hurting, it's easy to focus on what we're missing, what we've lost, or what's gone wrong.

But Hagar's story reminds us that God is still at work, even when we can't see it yet.

The answer wasn't far away. The provision wasn't gone. The well was already there.

Hagar just needed God to open her eyes.

The same is true for us.

God sees our pain. God sees our hurt. And God hasn't forgotten us.

And often, He is already working in ways we haven't noticed yet.

Step

Take a moment and sit still.

Close your eyes and take a deep breath.

Remember that the same God who saw Hagar sees you too.

Take one more deep breath and thank God for being with you every step of the way.

Day 2: God Sees Our Struggles

*But he knoweth the way that I take: when he hath tried me,
I shall come forth as gold. — Job 23:10*

Story

Everybody struggles. Some struggles are physical.
Some are emotional. Some are financial. Some are spiritual.

If we're alive long enough, we'll all face seasons that test us.

Job knew what that felt like.

Job was a man who loved God. He had a family, a home, and a good life. But almost overnight, everything changed.

He lost his wealth. He lost his children. He lost his health.
Yet through it all, Job kept seeking God.

Did he have questions? Yes. Did he get frustrated? Yes.
Did he understand everything that was happening? No.

But he kept going. That's what makes Job's story so powerful.

He didn't overcome his struggle because he was perfect.
He overcame it because he refused to quit.

And eventually, the season changed.

What felt endless came to an end.

What felt like a test became a testimony.

What felt hopeless became hopeful.

Lesson

Sometimes when we're struggling, we start believing that things will never get better.

We tell ourselves that this is just the way things are.

But Job's story reminds us of something important:

Struggles have seasons.

No winter lasts forever.

No storm lasts forever.

No night lasts forever.

And no struggle lasts forever.

The season you're in today is not the season you'll be in forever.

Step

Take a moment and sit still.

Close your eyes and take a deep breath.

Remember that every struggle has a season, and every season comes to an end.

Take one more deep breath and thank God for giving you the strength to keep going.

Day 3: God Sees Our Efforts

*Thus did Noah; according to all that God commanded him,
so did he. — Genesis 6:22*

Story

Sometimes the hardest part isn't starting. It's continuing.

We pray. We work. We try. We keep showing up.
But sometimes it feels like our efforts aren't making a
difference.

Noah knew what that felt like.

Noah was a man who trusted God. One day, God told him to
build an ark because a great flood was coming.

There was just one problem. Noah had been asked to build
something he had never built before, for rain nobody had ever
seen.

Imagine working toward a vision that nobody else could see.
Imagine trying to explain it to other people. Imagine spending
years building something that nobody understands.

Yet Noah kept building.

One nail at a time. One board at a time. One day at a time.

He didn't stop because the work was difficult.

He didn't stop because people didn't understand.

He didn't stop because he trusted God.

Lesson

We live in a world that celebrates results.

But before there are results, there is effort. Before there is a harvest, there is planting. Before there is success, there is obedience.

Noah didn't build the ark in a day. He built it one step at a time.

The same is true for us. God sees the effort that nobody else sees.

He sees the prayers. He sees the studying. He sees the building. He sees the times we try again after falling short.

Every small step matters. Every faithful effort counts.

Eventually, Noah finished the ark. His family entered the ship. Then it started to rain. But there was one problem. Noah couldn't close the door. There are some things only God can do.

Noah built the ark. God sent the rain. Noah prepared the ship. God closed the door.

When we do our part, we can trust God to do what only He can do.

Step

Take a moment and sit still. Close your eyes and take a deep breath.

Remember that even when the results haven't arrived yet, God still sees our efforts.

Take one more deep breath and thank God for the progress you've made and trust Him with the rest.

Day 4: God Sees Our Tears

The Lord is nigh unto them that are of a broken heart.

— Psalm 34:18

Story

Sometimes the pain becomes so heavy that the only thing left to do is cry. Sometimes all we have are tears.

Hannah knew what that felt like.

More than anything, Hannah wanted a child.

Year after year, she prayed. Year after year, she waited.
And year after year, her heart was broken.

One day, Hannah went to the temple and poured out her heart before God.

She wept. She prayed. And she brought her pain to Him.

The people around her didn't understand what she was going through.

But God did. God saw every tear. God heard every prayer. And in His perfect time, God answered.

Hannah gave birth to a son named Samuel. He would grow up to become one of Israel's greatest prophets, faithfully serving God throughout his life.

God had not forgotten Hannah. And He had not ignored her tears.

Lesson

Hannah's tears were real. Her pain was real.
Her disappointment was real.

But her tears were not the end of her story.

The same is true for us. There will be seasons when we cry.
There will be seasons when our hearts feel heavy.

But the scripture says,

Weeping may endure for a night, but joy cometh in the morning.

Tears are part of the journey. They are not the end of the story. And when the tears come, we don't have to carry them alone.

God is near to the brokenhearted. And He cares about everything we go through.

Step

Take a moment and sit still.

Close your eyes and take a deep breath.

Remember that weeping may endure for a night, but joy comes in the morning.

Take one more deep breath and thank God for the joy that is on the way.

Day 5: God Sees Our Faith

And he said unto her, Daughter, be of good comfort: thy faith hath made thee whole; go in peace. — Matthew 9:22

Story

Faith is believing before we see the result. Faith is trusting before we have all the answers. Faith is moving forward even when we don't know exactly where we are going.

There was a woman with an issue of blood.

For twelve years, she had suffered from an affliction that no one could cure. She had spent her time, her energy, and her resources searching for help. Yet nothing seemed to change.

Then one day, she heard that Jesus was passing by.

She believed that if she could just touch the hem of His garment, she would be healed. So she made her way through the crowd. She reached out. And she touched His garment. Immediately, she was healed.

Jesus turned and said,

Daughter, be of good comfort: thy faith hath made thee whole.

The miracle didn't happen when she heard about Jesus.
The miracle happened when she reached for Him.

Lesson

Faith is more than believing. Faith moves.

The woman didn't just believe Jesus could help her. She acted on what she believed.

The same pattern appears throughout the Bible.

By faith, Noah built the ark before the rain came.

By faith, Abraham left home before he saw the promise.

By faith, Peter stepped out of the boat before he walked on the water.

The same is true for us.

Faith isn't just believing that God can. Faith is taking a step because we believe He can.

God sees every prayer we pray. He sees every step we take. He sees every moment we choose faith over fear.

Whether we see the answer immediately or not, faith reminds us to keep moving forward and keep trusting God.

Step

Take a moment and sit still. Close your eyes and take a deep breath.

Remember a time when God made a way for you.

Take one more deep breath and thank God for being faithful then and faithful now.

Day 6: God Sees Our Growth

Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ.

— **Philippians 1:6**

Story

Growth takes time. We all have things we'd like to change. We all have mistakes we'd like to undo. We all have parts of our lives we wish were different.

Paul knew what that felt like.

Before he was known as Paul, he was known as Saul.

Saul spent his time persecuting Christians. He believed he was doing the right thing.

In fact, many people feared him because of the harm he had caused.

While traveling on the road to Damascus, Saul had an encounter with Jesus. That's when everything changed.

The very man who once persecuted Christians would eventually help build churches.

The man who once tried to stop God's work would eventually become part of it.

The man who once fought against the gospel would eventually spend his life sharing it.

God didn't just change Saul's name. He changed Saul's life.

Lesson

Sometimes we spend so much time looking at who we used to be that we forget who God is helping us become.

We think about our mistakes. We think about our failures.
We think about the things we wish we had done differently.

But Paul's story reminds us that our past does not have to determine our future. Growth begins when we stop letting yesterday define today. It begins when we learn from the past but keep moving forward.

God sees every effort we make to become better. He sees every lesson we learn. He sees every step we take. He sees every time we choose growth over regret.

We may not be where we want to be yet.

But thank God we're not where we used to be anymore.

God is still working in us.

Step

Take a moment and sit still.

Close your eyes and take a deep breath.

Remember that God is still working in us, one step at a time.

Take one more deep breath and thank God for the growth you've already experienced.

Day 7: God Sees Our Future

For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end.

— **Jeremiah 29:11**

Story

The future can be exciting. But sometimes it can also feel uncertain. We don't always know what's coming next. We don't always understand why things happen the way they do. Joseph knew what that felt like.

As a young man, Joseph had dreams about his future. He dreamt that one day his older brothers would bow down before him.

When Joseph shared the dream, his brothers became jealous. They wanted to kill him, but they threw him into a pit instead and later sold him into slavery.

Years later, Joseph was falsely accused of a crime and thrown into prison. From Joseph's perspective, this probably didn't look anything like the future God had shown him. But God was still at work.

Joseph didn't know he would live in a palace when he was in the pit. He didn't know he would be promoted while he was in prison. He didn't know there was purpose in his pain. But God did. Joseph eventually became second only to Pharaoh in Egypt.

The same man who had been sold as a slave became a leader of a nation and helped save many lives, including the very brothers that had betrayed him.

God had been preparing Joseph for a future he could not yet see.

Lesson

Sometimes we look at our lives and wonder where we're headed.

We wonder if our efforts matter. We wonder if our prayers are being heard. We wonder if things will ever get better.

Joseph's story reminds us that God sees what we cannot see.

That's why Jeremiah 29:11 says,

For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end.

God sees the future even when we can't. Just because we don't understand the path doesn't mean God isn't making one.

Our current situation is not our final destination.

God is still working. God is still leading. And God is still preparing us for what comes next.

Step

Take a moment and sit still.

Close your eyes and take a deep breath.

Remember that God is already working on tomorrow, even while we are living today.

Take one more deep breath and thank God for the future He has prepared for you.

Join the Mission

There are people who are hungry.

People who feel forgotten.

Families who are trying their best.

People who need hope but don't know where to find it.

We are those people.

We've known seasons of uncertainty.

We've experienced loss.

We've started over.

We've prayed for answers.

Through it all, God has never stopped being faithful.

Now it's our turn.

Jesus said,

"If you love me, feed my sheep." (John 21:17)

I believe that calling is for all of us.

That's why **Thank God Amen** exists. Every book we create, every resource we share, and every person we reach is another opportunity to help someone grow closer to God.

I'd like to invite you to be part of that mission.

Below, you'll find ways to take part.

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A Final Prayer

Father, thank You for the person reading these words. Protect them and the people they love. Bless their home, their family, their health, and the work of their hands. Provide what they need. Open the right doors, close the wrong ones. When they are tired, renew their strength. When they are afraid, remind them that You are with them. When they feel lost, direct their steps. And in every season, help them remember that every blessing comes from You.

In the Mighty name of Jesus, amen.