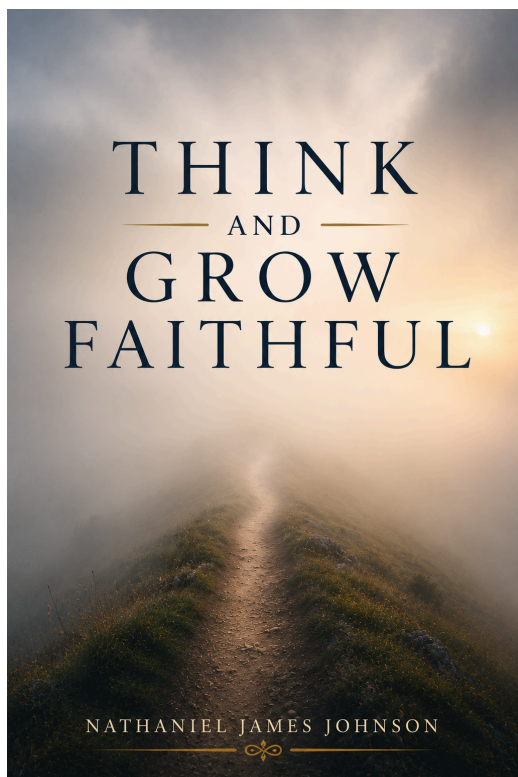
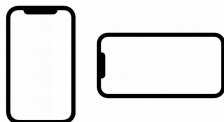




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THINK AND GROW FAITHFUL

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Published by: **Publishers Publishing Group, LLC**

Faith Resources: ThankGodAmen.com

Faith-Based Publishing: PublishersPublishingGroup.com

Scripture quotations used are for teaching, study, and commentary purposes.

Dedicated to every reader who has the courage to
keep walking by faith.

"Well done, good and faithful servant"

— **Matthew 25:21**

Why This Book Is Free

Hi, [I'm Pastor Nate](#), and I wrote this book for you.

There have been seasons in my life when I didn't know what God was doing.

Seasons when my prayers seemed unanswered.

Seasons when I wondered if I was strong enough to keep going.

I also know what it feels like when God sends a blessing **at just the right time.**

Sometimes it's a conversation.

Sometimes it's a kind word.

Sometimes it's a book.

Sometimes it's something simple that reminds you,

"Keep going. God isn't finished with you yet."

That's why this book is free.

This book is my way of passing that blessing on to you.

My prayer is simple. I hope these seven days encourage you to trust God, no matter what season you're in.

When you finish reading, I invite you to read the final pages. There, I'll share the mission God has placed on my heart and how, together, we can encourage even more people.

— **Pastor Nate**

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Day 1 — Be Still

Be still, and know that I am God. — Psalm 46:10

Story

One day, Jesus and His disciples climbed into a boat to cross a lake. As they sailed, a powerful storm rolled in. The wind blew, the waves crashed against the boat, and the disciples became terrified.

But Jesus wasn't panicking.

He was asleep.

The disciples woke Him and cried out, "Lord, save us! We're going to drown!"

Jesus stood up, spoke to the wind and the waves, and suddenly everything became calm.

Then He turned to His disciples and asked, "Why are you so afraid? Where is your faith?"

The storm was real.

The danger felt real.

But Jesus remained at peace because He knew His Father was still in control.

Lesson

Life has storms too. Some storms happen around us. Others happen inside us.

Sometimes it's a difficult decision. Sometimes it's bad news. Sometimes it's fear about tomorrow.

When life gets loud, our minds often become loud too. We rush to find answers, fix every problem, and imagine the worst.

Jesus shows us a different way.

Before the storm around us can settle, the storm inside us often needs to settle first.

Being still doesn't mean pretending problems don't exist. It means choosing to remember that God is with us, even when life feels uncertain.

Faith begins by trusting God's presence before we see God's solution.

Think & Grow Faithful

Find a quiet place. Sit comfortably and take five slow, deep breaths. As you breathe, remember one time God helped you, protected you, or carried you through a difficult season.

When you're finished, quietly say:

Thank You, God, for being faithful then. Help me trust You today.

This is your first faithful step.

Day 2 — Renew Your Mind

Do not conform to the pattern of this world, but be transformed by the renewing of your mind...— Romans 12:2

Story

When David arrived at the battlefield, everyone was talking about Goliath.

The giant had been standing there for forty days, challenging Israel to send someone to fight him. Every soldier saw the same giant. Every soldier heard the same threats. Even King Saul was afraid.

Then David arrived.

He wasn't a soldier. He had only come to deliver food to his brothers.

As he listened, David noticed something everyone else had forgotten.

They were talking about Goliath. No one was talking about God.

David asked, "Who is this uncircumcised Philistine that he should defy the armies of the living God?"

The battlefield didn't change. The giant didn't get smaller. David simply looked at the situation differently.

Before David ever picked up a stone, he had already settled in his mind who his God was.

Lesson

The biggest battle David fought wasn't against Goliath. It was against the way everyone else was thinking. The soldiers believed the giant was too big to defeat.

David believed God was too great to fail.

They were all looking at the same giant. But they weren't all seeing the same thing. That's how our minds work.

Two people can face the same problem and walk away with two completely different futures.

One person sees an ending. Another sees a beginning. One person sees a reason to quit. Another sees a reason to keep going.

The situation hasn't changed. **The thinking has.**

And changing the way we think is the first step toward changing the way we live.

Think & Grow Faithful

Write down one giant you're facing today.

Complete these two sentences:

Fear says...

Faith says...

Which voice will you believe today?

Day 3 — Move Before the Miracle

By faith Noah, being warned of God of things not seen as yet, moved with fear, prepared an ark... — Hebrews 11:7

Story

God told Noah something no one had ever heard before.
A flood was coming.

The problem was, there wasn't any rain. No dark clouds. No rising water. No sign that anything was about to happen.

Still, Noah believed God.

Day after day, he cut wood. Hammer after hammer, he built the ark.

People probably laughed. They probably questioned him.
Some may have thought he had lost his mind.

But Noah kept building. He didn't wait for the rain before he obeyed. He obeyed because he believed.

At first, no one understood why Noah was building the ark.
Then the rain came. Suddenly, everything God had said made sense.

Sometimes people won't understand your faith while you're building. That's okay. They don't have to see what God has shown you. Keep building.

Lesson

Most people wait for proof before they move. Faith moves before the proof arrives. That's what made Noah different.

The ark wasn't built in one day. It was built one board at a time. One nail at a time. One faithful day at a time.

Sometimes we ask God for a miracle while waiting to take the first step.

But throughout the Bible, we see the same pattern.

Noah built before it rained. Abraham left before he knew where he was going. Peter stepped out before he walked on water.

Faith doesn't wait for perfect conditions. Faith trusts God and moves anyway.

The first step may seem small.

But small steps, taken in faith, often become the beginning of something much bigger.

Think & Grow Faithful

Look at what you wrote yesterday. Choose one small action that matches your **Faith says...** statement.

Do it today. Don't wait until everything feels perfect. Move.

The miracle begins when you move.

Day 4 — Faithful in the Little Things

Well done, good and faithful servant. You have been faithful over a few things. I will make you ruler over many things.

— Matthew 25:21

Story

Jesus once told a story about a master who was going on a journey. Before he left, he entrusted three servants with his money.

One received five talents. Another received two. Another received one.

While the master was away, the servant with five talents put his to work and turned them into ten. The servant with two did the same and turned his into four. But the servant with one talent became afraid. Instead of using what he had, he buried it in the ground.

When the master returned, he asked each servant what they had done with what they were given.

The first two servants had used what they had, and the master told them, Well done, good and faithful servant.

The third servant returned only what he had buried.

The master took his talent and gave it to the servant who had proven faithful.

The difference wasn't how much they started with. It was what they chose to do with what they had.

Lesson

It's easy to believe we'd do great things if we had more. More money. More time. More opportunities. But faith doesn't begin with more. It begins with what you already have.

God often prepares us for bigger responsibilities by watching how we handle today's responsibilities.

We ask God for a nicer home... But are we taking care of the one we already have? We ask for a better job... But are we giving our best where we are today? We ask for more opportunities... But are we making the most of the opportunities already in front of us?

The little things aren't little to God. They're practice. Every promise you keep. Every act of kindness. Every small step of obedience. They're all teaching you to become someone God can trust with more.

Before God gives us more to manage, He teaches us to be faithful with what we already have.

Think & Grow Faithful

Think of one small responsibility you've been putting off.

Do it today. Don't wait for a bigger opportunity.

Be faithful with what's already in your hands.

Faithfulness begins with today's opportunity.

Day 5 — Faith Over Fear

Have I not commanded you? Be strong and courageous.

Do not be afraid...— Joshua 1:9

Story

When God called Moses to lead His people out of Egypt, Moses didn't believe he was the right person.

He asked, "Who am I, that I should go unto Pharaoh?"

God answered, "Certainly I will be with thee."

But Moses still had questions. "What if they do not believe me or listen to me?"

God told Moses, "Thus shalt thou say... I AM hath sent me unto you."

Still, Moses struggled. "O my Lord, I am not eloquent... I am slow of speech."

God reminded Moses that He was the One who made man's mouth.

Every time Moses gave God another reason he couldn't, God gave Moses another reason he could.

Finally, Moses stopped looking at his weakness and started trusting God's strength.

He still had fears. But he moved anyway.

Lesson

Fear and faith both ask you to believe something you cannot yet see.

Fear says the worst is going to happen. Faith says **God is already working, even when I can't see it yet.**

Fear tells you to stay where it's comfortable. Faith reminds you that God goes with you wherever He calls you.

God didn't wait for Moses to become fearless before He used him. He asked Moses to trust Him anyway.

Courage isn't pretending you're not afraid. Courage is choosing to trust God's promise more than your fear.

Every time you choose faith over fear, your faith grows stronger.

Think & Grow Faithful

Write down one fear that's been holding you back.

Now write one small step you believe God is calling you to take. Pray over it.

Ask God to give you the courage to take that step.

Courage begins when faith becomes your loudest voice.

Day 6 — Love Through Action

*Little children, let us not love in word, neither in tongue;
but in deed and in truth. — 1 John 3:18*

Story

The night before Jesus went to the cross, He did something His disciples never expected.

He took a towel. He poured water into a basin. Then He began washing His disciples' feet.

Peter couldn't believe it. He said, "Lord, dost thou wash my feet?"

Jesus answered,

"What I do thou knowest not now; but thou shalt know hereafter."

Peter still struggled to understand. But Jesus wasn't just washing dirty feet. He was showing His disciples what love looks like.

When He finished, He said,

"I have given you an example, that ye should do as I have done to you."

Jesus didn't simply tell people to love. He showed them how.

Lesson

Love is easy to talk about. It's harder to live. Anyone can say they care. Faith asks us to show it.

A phone call to someone who's lonely. A kind word to someone who's discouraged. Forgiving someone who hurt you.
Helping someone without expecting anything in return.

Those small acts may not seem important. But that's what love looks like.

Faith isn't just what we believe. It's how we treat people.

When our faith becomes action, people don't just hear about God's love.

They experience it.

Think & Grow Faithful

Write down one person you can encourage today.

Now write one simple way you can show them love.

Then, when you have the opportunity, do it.

Love grows when it becomes action.

Day 7 — Rest

*And on the seventh day God ended his work which he had made;
and he rested on the seventh day from all his work which
he had made. — Genesis 2:2*

Story

When God created the heavens and the earth, He worked for six days.

He created the light. The sky. The land. The sea. The plants.
The animals. And finally, mankind.

When His work was finished, God rested on the seventh day.

God didn't rest because He was tired.

The Creator of heaven and earth doesn't grow weary.

He rested because His work was complete.

By resting, God gave us an example.

There is a time to work. And there is a time to rest.

Lesson

Sometimes we think faith means always doing more.
Working harder. Trying longer. Never slowing down.

But faith also knows when to rest. Rest isn't giving up.
It's trusting God enough to stop striving for a moment.

After you've prayed...

After you've obeyed...

After you've taken the next faithful step...

There comes a time to place the outcome in God's hands.
Rest reminds us that God is still working, even when we aren't.

Sometimes the most faithful thing you can do is trust God enough
to leave tomorrow in His hands.

Think & Grow Faithful

Take a few quiet minutes today. Thank God for how He's been
faithful to you this week.

Write down one way you've grown in your faith.
Then pray,

"Lord, I trust You with what I cannot control."

Rest in His promises today.

Faith finds peace by trusting God's finished work.

Join the Mission

There are people who are hungry.

People who feel forgotten.

Families who are trying their best.

People who need hope but don't know where to find it.

We are those people.

We've known seasons of uncertainty.

We've experienced loss.

We've started over.

We've prayed for answers.

Through it all, God has never stopped being faithful.

Now it's our turn.

Jesus said,

"If you love me, feed my sheep." (John 21:17)

I believe that calling is for all of us.

That's why **Thank God Amen** exists. Every book we create, every resource we share, and every person we reach is another opportunity to help someone grow closer to God.

I'd like to invite you to be part of that mission.

Below, you'll find ways to take part.

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A Final Prayer

Father, thank You for the person reading these words. Protect them and the people they love. Bless their home, their family, their health, and the work of their hands. Provide what they need. Open the right doors, close the wrong ones. When they are tired, renew their strength. When they are afraid, remind them that You are with them. When they feel lost, direct their steps. And in every season, help them remember that every blessing comes from You.

In the Mighty name of Jesus, amen.
