



OSHA 10-HOUR CONSTRUCTION COURSE

INTENDED AUDIENCE

The OSHA 10-Hour Construction Safety Course is intended for workers and employees who need an OSHA 10-Hour Card. Users must spend at least 10 hours in the course with supplemental material.

- Construction Workers
- Foremen and Job Supervisors
- Construction Site Inspectors
- All Personnel Responsible for Construction-related Projects
- Workers on publicly-funded projects of varying amounts

LEARNING OBJECTIVES

The OSHA 10-Hour Construction Safety Course will teach you about recognition, avoidance, abatement and prevention of safety and health hazards in the workplace. This course focuses on federal OSHA construction industry standards, pointing out any differences with State standards, and is a proven way to get your OSHA-10 Hour Construction Card and achieve the safety level required by your company for work in the construction industry. You are encouraged to learn company policies on these subjects, which might be different and more stringent.

Following this OSHA 10 training course, students should be able to:

- Recognize what worker rights are protected under OSHA
- Recognize what responsibilities an employer has under OSHA
- Identify major fall hazards
- Identify common caught-in or -between hazards
- Identify common struck-by hazards
- Identify types of electrocution hazards
- Identify ways to select appropriate PPE and lifesaving equipment
- Identify major health hazards common to the construction industry
- Recognize how to protect oneself from material handling hazards
- Identify major hand & power tool hazards
- Recognize role of the workforce in improving the current culture
- Recognize the role of management in improving the current culture